



2019 - 2020

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US Bank





TOMMY WOLF AND HIS WEBINAR EVENTS



Tommy Wolf's New Health chiropractic Center held its first webinar event last week. He said, "It's was awesome. It's a great way to educate friends and family in the convenience of their own space on how to be healthy, have more energy, and live a more awesome life." He explained that a webinar is an online meeting or presentation held via the Internet in real-time. To put it simply, it is an online event which connects individuals with viewers across the world. The main feature of live webinars is interactivity, or the ability to discuss, send ideas, and receive information in real-time. Way to go Tommy.

"WILL THE MEETING PLEASE COME TO ORDER"



THOUGHT OF THE DAY: Dave Kemnitz



"Sorry works when a mistake is made but not when trust is broken. So in life, make mistakes but never break a trust. Because forgiving is easy, but forgetting and trusting again is sometimes impossible."

--Nayan Ranjan Sinha



TODAY'S GUESTS



TRUDY TRINER Co-founder of Paleoventures Past President, Walnut Creek Rotary

NANCY & RICH LARSON Members of Tesla Owners Club Today's Speaker

ANNOUNCEMENTS & NEWS

COMMUNITY SERVICES

Director Clayton Worsdell said that one person is on the list for the Home Team. It is a really simple one this time because the notes on the worksheet said the owner wanted someone to "*take a look at her faucet*." That should take **Frank Westphall** all of 10 seconds to complete.

CLUB SERVICES: Crab Fests

Director Barbara Reifschneider announced that we have a full table for the crab fest. It seems that 11 people signed up but the table holds 10. Trudy Triner informed us that her club is having a fest too. It has a Hollywood theme so everyone is encouraged to come as a famous movie star. Their event will be held at the Pleasant Hill Community Center.

The Contra Costa County Civil Grand Jury is requesting volunteers to apply for one year of

service. Applications are on the Treasurer's table.

Call for Hosts

The Contra Costa County Ambassadors Sister City need hosts for students from Kitakami High School on March 27 for two nights. They will be visiting with students at Clayton Valley High School. Talk to **Ewa Sobilo** if you are interested.





Literacy Program

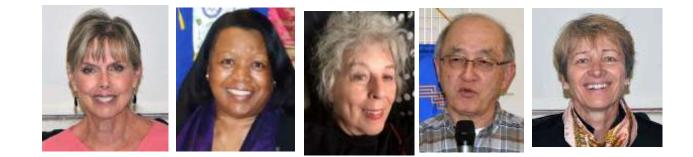
Nancy Larson signed the book presented by President Dawson that will be donated to the Clayton Public Library as part of our Literacy program.





Foundation Day Results

President-elect Vicki Sexton, Past President Irene Davids-Blair, Newsletter Editor Joan D'Onofrio, Rotary Foundation Director Ken Nishimori and Treasurer-elect Ewa Sobilo represented our Club at the 2020/21 Foundation Day Global Grant Management Training session on Saturday. Muffins were served for breakfast and sandwiches for lunch. Everyone said they learned a lot and were amazed to discover how much Rotary does throughout the world. Anyone with ideas for potential grant programs should let Ken know.











It was a packed house, very enlightening, and just plain fun.

Passport to Adventure



Our District Governor Tina Akins says:

"The biggest Rotary event of the year is the **Passport to Adventure**! Ask anyone who's been to a district conference and you'll likely hear "I loved it!" Why? Take your pick... inspirational speakers, Rotary fellowship, awesome pre-conference activities, meaningful breakouts... it all adds up to a weekend you won't want to miss!

Want to see more? Check out the speakers, the agenda, and the Redding which is such a beautiful area: majestic mountains, commanding rivers, and lush green landscape that frame the environment. Breathe crisp, fresh air and take in the views as you explore -- I promise you'll love it.

The 2020 District Conference Passport to Adventure is scheduled for May 1 - 3 at the Sheraton Redding Hotel at the Sundial Bridge, Redding CA. **Register NOW.**"

The Polio Minute



Let's go back in time to the early 1950s, when polio was at its worst. The public was horribly and understandably frightened by polio because there was no prevention and no cure. Everyone was at risk, especially children. Every summer, polio would come on like the Plague. Beaches and pools would close, children had to stay away from crowds, everyone was banned from movie theaters, and bowling alleys. Every stomachache or sniffle caused a panic. Was it polio?

The worst for a kid were the awful photos of children on crutches, in wheelchairs and in iron lungs. Coming back to school in September to see the empty desks where their friends hadn't returned was devastating.

Pakistan used armed support during polio immunization drives.

Can you even imagine this today? In America? No way. But what about the two countries that still report new cases of polio – Pakistan and Afghanistan? Think about it.

Back in 1955, April 12th to be exact, word spread across America that the Salk vaccine was successful. Even without cell phones, the internet or 24/7 news, people rose up together in celebration. President Eisenhower invited Jonas Salk to the White House, where he choked up while thanking Salk for saving the world's children – an iconic moment. Imagine, for a moment, when Polio is eradicated world-wide. Imagine the stories you'll share with your grandchildren. As a Rotarian, you're making history.

NEWS FROM SAN FELIPE

Art Competition Update

Anna McCourt, the San Felipe Youth Development Coordinator, reported that the COBACH school is on its long winter break and will resume at the end of this month. They are planning to start the contest in February and have the students complete their masterpieces by the end of the month or mid-March. Judging will take place in April and awards presented in May.



The Team: Anna McCourt, Tineke Jacobsen, Joan D'Onofrio, Vicki Sexton, Clayton Worsdell, Rich Lueck, Tina Sweeney.



These are the art supplies purchased by Anna and Tina for the Art Competition

HAPPY BUCKS



Jeff Wilson is at it again: He has three new listings and two Eichler's in the pipeline. And again, he keeps showing and closing, closing and showing house after house after house. We're exhausting just reading about it.

Russ Anderson sold a car to a couple who **Dave Kemnitz** sent to him. But guess what? Dave said that the couple donated their 2001 Chevy Tahoe to the Cars2ndChance program and hopes to get \$4900 for it. Talk about Team work!





Larry Hutchings spent the weekend

in Carmel and visited the State Reserve for the very first time. Then he is off to Palm Springs to golf.

Bill Selb is husband of the year. Even though he does this every Super Bowl weekend, it is still an admirable gesture. Bill takes Emily to a hotel in Monterey for three days of room service, drinking cheap wine, and watching their team win.



TODAY'S SPEAKER

"Butts in Seats"



Program Chair Miles Bell introduced us to Nancy Larson, member of two Tesla Owners Clubs, who spoke to us about the Tesla car, owner, and organization. She explained that the Club is a community of owners and enthusiasts committed to advancing Tesla's mission which is to accelerate the world's transition to sustainable energy. Club members help advocate for Tesla by supporting legislative

efforts, offering test-drives, volunteering at shows, educating new and prospective owners, hosting social events and passionately referring friends and family to explore Tesla ownership for themselves.



Here is Nancy with her Tesla and member, Frank Westphall, with his.







ABOUT OUR SPEAKERS

Nancy and **Martin Larson** purchased their first Model S in 2014, traded it in for a 2016 Model S with Autopilot, and a year ago acquired a Model 3. they studies Tesla information daily, and help at the Fremont Delivery Center orienting new owners to their cars. They passionately believe in and support the Tesla Mission, the cars, and the Tesla community.

THE GALLERY



A pink sunrise as viewed from our meeting room this morning from the lens of Clayton Worsdell.

PONDER THIS

Dear Dad,

It is with great regret and sorrow that I'm writing you.

I had to elope with my new girlfriend, because I wanted to avoid a scene with Mum and you. I've been finding real passion with Stacy.

She is so nice, but I knew you would not approve of her because of all her piercing's, tattoos, her tight Motorcycle clothes, and because she is so much older than I am. But it's not only the passion, Dad. She's pregnant. Stacy said that we will be very happy. She owns a trailer in the woods, and has a stack of firewood for the whole winter. We share a dream of having many more children. Stacy has opened my eyes to the fact that marijuana doesn't really hurt anyone. We'll be growing it for ourselves and trading it with the other people in the commune for all the cocaine and ecstasy we want. In the meantime, we'll pray that science will find a cure for AIDS so that Stacy can get better. She sure deserves it!

Don't worry Dad, I'm 15, and I know how to take care of myself. Someday, I'm sure we'll be back to visit so you can get to know your many grandchildren.

Love,

Your son, Joshua

P.S. Dad, none of the above is true. I'm over at Jason's house. I just wanted to remind you that there are worse things in life than my report card that I left on the kitchen table. Call when it is safe for me to come home!

What Life was Like Exactly100 Years Ago

What a difference a century makes. Here are some statistics from the Year 1919:

>The average life expectancy for men was 47 years.

>Fuel for cars was sold in drug stores only.

>Only 14 percent of the homes had a bathtub, only 8 percent of the homes had a telephone.

>The maximum speed limit in most cities was 10 mph.

>The tallest structure in the world was the Eiffel Tower.

>The average US wage in 1919 was 22 cents per hour.

>The average US worker made between \$200 and \$400 per year.

>A competent accountant could expect to earn \$2,000 per year, a dentist \$2,500,

veterinarian between \$1,500 and \$4,000 and, a mechanical engineer about \$5,000

>More than 95 percent of all births took place at home

>Ninety percent of all Doctors had NO COLLEGE EDUCATION! Instead, they attended so-called medical schools, many of which were condemned in the press AND the government as "substandard."

Sugar cost four cents a pound, eggs fourteen cents a dozen, coffee fifteen cents a pound. Most women only washed their hair once a month, and used Borax or egg yolks for shampoo.

>Eighteen percent of households had at least one full-time servant or domestic help...

>There were about 230 reported murders in the ENTIRE U.S.A.

>The American flag had 45 stars.

>The population of Las Vegas, Nevada was only 30.

>There was neither a Mother's Day nor a Father's Day.

>Two out of every 10 adults couldn't read or write

>Only 6 percent of all Americans had graduated from high school.

>The Five leading causes of death were:

- 1. Pneumonia and influenza
- 2. Tuberculosis
- 3. Diarrhea
- 4 Heart disease
- 5. Stroke

>Marijuana, heroin, and morphine were all available over the counter at local corner drugstores. Back then pharmacists said, "Heroin clears the complexion, gives buoyancy to the mind, regulates the stomach, bowels, and is, in fact, a perfect guardian of health"

Just imagine, to send this to someone else you won't have to retype it and it will be sent to others all over the WORLD all in a matter of seconds. It is impossible to imagine what it may be like in another 100 years. We've come a long way....OR have we?

. . . That's all folks.