

THE VALLEY SUNRISE



WINNER OF BEST NEWSLETTER OF THE YEAR 11/19/2020

2020 - 2021

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IMPORTANT MEETINGS 2020

12/8 Board Meeting 7 AM
Zoom
TBA Charitable Fund 5:30 PM
Zoom



HAVE A SAFE & HEALTHY THANKSGIVING



Traditionally, the days around Thanksgiving are the ones that would see some of the heaviest travel in the United States. But, due to the ongoing COVID-19 pandemic, travel will be a lot lighter this year, and road trips will be the dominant form of travel. The AAA predicts that Travelers will drive shorter distances and reduce the number of days they are away; If you're planning to drive, they advise that your car be travel-ready, so it won't break down on the way. In fact, AAA is expecting to rescue more than 413,000 Americans on the roadside this Thanksgiving. If you must travel this year, please be careful. Our Club has a significant amount of events, committees, fundraisers, and business to attend to when we reassemble, so **please stay safe and healthy and wear your mask.**

“Will the Meeting Please Come to Order”

President Vicki Sexton called the 20th meeting to order. (Actually, it's our 34th zoom meeting.)



THOUGHT FOR THE DAY: Jeff Wilson

If people are doubting how far you can go,
go so far that you can't hear them anymore.

– Michele Ruiz

TODAY'S GUESTS



VICTORIA BIANCO
Art Teacher



TOM GUTSHALL
Reverend



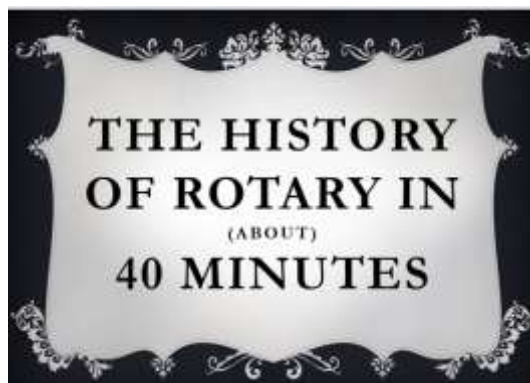
JENNY BELISLE
Arts & Culture Commission
Managing Director



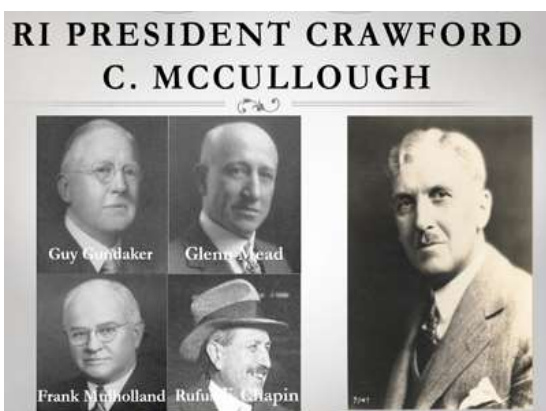
DON NIEMEYER
Toastmaster Fellow

A ROTARY MINUTE

Clayton Worsdell Brings You
The History of Rotary in 40 Minutes—One Minute at a Time



1921 – A New Name for Rotary

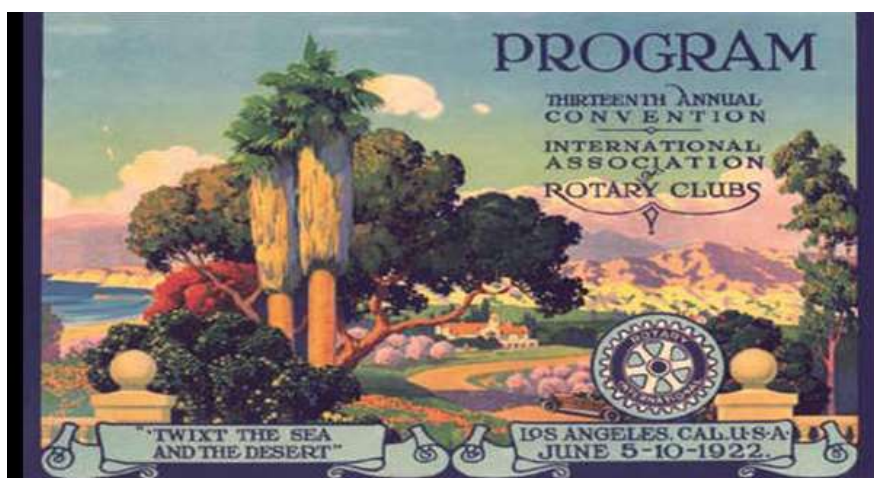
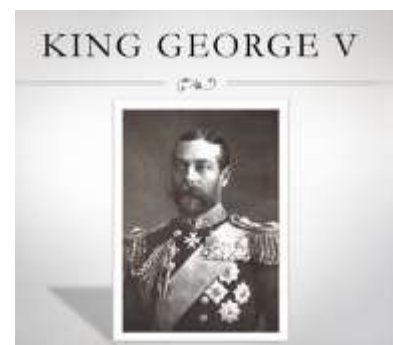


In June, 1921, President **Crawford C. McCullough** led a group of Rotary International past presidents and the president of the Rotary Club of London to a meeting at Buckingham Palace with no less than **King George V**. After Rotary ideals had been explained to King George he is reported to have said:

"I want to see Rotary International spread to every corner of the British Empire."

Later that year, when a committee of Rotarians met in Chicago to craft various amendments to the Constitution and Bylaws of Rotary, someone must have recalled that

interview with King George and asked the question, "Why not change our name from the International Association of Rotary Clubs to Rotary International?"



The idea caught on and "Rotary International" was written into the Constitution. The name was adopted at the **1922 Convention in Los Angeles**. In light of what has transpired since, many believe that the movement was given impetus and vision by this action.

Thank you. This has been the 17th minute of the History of Rotary in (about) 40 Minutes.

ANNOUNCEMENTS

President Vicki Sexton welcomed us to this morning's meeting and reminded us that we will be dark on the following days: 11/26, 12/24, and 12/31. Then she made the following announcements:



FOOD BANK UPDATE

Larry Hutchings reported that our Club and the Lamorinda Club are almost ready to present the Food Bank with another \$25,000 check which will bring the total contribution up to \$75,000—that means only \$25,000 will be left to collect to reach our \$100,000 goal. When the next \$25,000 is presented, Larry said that the TV news will be on hand making this a truly phenomenal endeavor.

ECONOMIC DATA: Irene Davids-Blair Reporting

Beyond the election, US Bank is also paying close attention to a wide range of economic data and key market indicators. Economic growth remains positive, helped by low interest rates and government stimulus. However, growing coronavirus infections across Europe and the U.S. are risks to growth. China and parts of Asia are leading the economic recovery because coronavirus infections remain well contained.'



- U.S gross domestic product (GDP) for the third quarter came in at 33.1%. leaving U.S. economic activity just 2.9% lower than a year ago.
- Consensus earnings estimates for the S&P 500 in 2020 and 2021 are \$136 and \$167 per share, respectively.
- Benign inflation, low interest rates, ongoing monetary and fiscal stimulus policies and medical progress for COVID-19 bolster our glass half-full outlook.

UGANDA ART PROGRAM UPDATE

Our art program is sure going international as we live up to the 'Inner Wheel Campaign' and reach out to young children through art. Our goal is to have students from each continent throughout the world, participate in art challenges and competitions. We have already completed a test in Uganda where students between the ages of 13 to 18 drew portraits of their heroes. **Deb Luyima** presented the medals and pins to the recent student winners and the photos of the presentation will be highlighted in the December 3rd meeting.



PROPOSED SECRETARY POSITION



Larry Hutchings announced that **Joan D'Onofrio** agreed to assume the position of Secretary for the remainder of the current term and the new term when Monica Fraga assumes the presidency. Joan said, "No way am I replacing Fred because no one can. But I am willing to lend a hand until Monica takes over as Secretary in 2022-2023."

CARS 2ND CHANCE

Mary Kemnitz reported that this 2005 Cadillac was donated to our project by Samuel of the Walnut Creek Rotary. It sold today to Angel and Katrina, a young couple just beginning their lives together. *"Look at the excitement on their faces,"* Mary said. *"They were sooooo cute. They reminded Dave and me of when we were young. We bonded with them. They will be back when they need repairs."*



Larry Hutchings told us that the C2C team will present at the Orinda Rotary Club to get them on board the C2C program.



WINE BARREL & WINE TASTING FUNDRAISERS

WINE BARREL AUCTION

Larry Hutchings said this is our friendly reminder that this is a club project, so please contribute 2 bottles of good wine (\$20 per bottle at least) or give \$40 to Monica and she will buy it for you.

WINE TASTING

Larry reported that we are going to have a virtual wine tasting (tentative date is Sunday December 13 at 5:00 p.m.) It is a just-for-fun event, but it will also be promoting our club's wine barrel auction.

Landmark Vineyards at Kenwood and Russian River will host with their wine specialists and winemaker. They make premium chardonnays and pinot noirs. They are offering Larry's wine club discount on 3 wines. The total is \$88.00 plus tax. Please confirm with Larry: (925) 209-4611 or lwhutchings@yahoo.com. Larry will purchase all the wines and pick them up in order to avoid shipping costs. He and Bill Selb will deliver to your doorstep if you are in the immediate area. If you have friends or relatives who would like to join, they can order directly—they just have to notify me so that they will get the discount.



FUNDRAISING COMMITTEE

FUND  RAISING NEWSLETTER #6

COMMITTEE REPORT *Choose Your Fun: Walk or Run for Rotary*



WE'RE OFF AND RUNNING TODAY

JEFF REPORTS THAT AS OF THURSDAY MORNING'S ZOOM MEETING WE ARE NOW UP TO 55 REGISTRANTS AND \$1,400 IN REVENUE. VICKI SAID THAT SHE HAS \$130 CONTRIBUTED BY THOSE WHO PREFER NOT TO PARTICIPATE THROUGH THE *ACTIVE.COM* WEBSITE. SO WE STILL HAVE TIME FOR REGISTRANTS AND/OR DONATIONS BEFORE NEXT WEEK.

HOPEFULLY SOME OF YOU HAVE BEEN ABLE TO SEND THE FLYER OUT TO FAMILY AND FRIENDS THAT MIGHT ENJOY PARTICIPATING OR JUST MAKING A DONATION TO OUR WORTHY CAUSES.

THIS TUESDAY MORNING THE FUND RAISING COMMITTEE WILL HAVE A ZOOM MEETING TO DISCUSS THIS EVENT AND BEGINNING PLANNING FOR OUR NEXT FUNDRAISER. THAT WILL BE A VIRTUAL VERSION OF OUR TRADITIONAL WINE BARREL THAT WAS CONDUCTED MANY YEARS BY OUR DEAR FRIEND JOHN WOLFE.

PRIOR TO THE WINE BARREL AUCTION LARRY HUTCHINGS HAS OFFERED TO SCHEDULE A VIRTUAL WINE TASTING EVENT WITH LANDMARK WINERY. THIS WILL BE HELD A WEEK OR SO BEFORE THE AUCTION. STAY TUNED FOR DATES AND DETAILS.



TODAY'S SPEAKERS

Building Veterans' Self-Understanding through Self-Portraiture



Today's speakers, **Victoria Bianco** and **Reverend Thomas Gutshall**, spoke to us about the **ABOUTFACE** program. It is the Arts and Culture Commission of Contra Costa County's program that works with Veterans throughout the County by offering FREE self-portrait painting classes as a way of saying "Thank you for your service." The program was established in 2015 by the Arts and Culture Commission, the California Arts Council, and the Physical Rehabilitation Service at Veterans Affairs Health Care. ABOUTFACE was developed for the purpose of addressing the needs of veterans and improve their lives through art programming based on the belief that individuals have the capacity to heal themselves through art.

Veronica said, "Many veterans experience some hardships and bumps in the road when transitioning back into civilian life, and they end up internalizing their feelings. I value connecting with them and sharing the wisdom of self-understanding through self-expression and using my experience to draw out the creative potential from within each one of them."

The three-day ABOUTFACE workshops will be taught virtually by the teaching artist, Veronica, and Veteran coordinator, Jeffrey Geronimo. Interested Veterans and family members are encouraged to participate. No painting experience is necessary. Nothing is being sold, art supplies are provided, and there are no registration fees. To participate and sign up: staff@ac5.cccounty.us. The Workshop Registration form is: <https://forms.gle/eKjUohd9E61GBuYc6> Questions: (510) 255-1582.



ABOUT OUR SPEAKERS

Victoria Bianco is a local artist who has been practicing creative arts in the Bay area her entire adult life. She earned a B.A. from Western Carolina University in North Carolina, a PhD in Philosophy, and was a Residential Artist at More University. Since 2013 she has been working with the Martinez VA Physical Therapy and Rehabilitation Department in the role of teaching artist. Her seven years of experience working in a therapeutic environment gives her a unique perspective of the healing arts. In 2016 she joined the ABOUTFACE Project teaching watercolor painting to hospital patients in a therapeutic atmosphere.

Thomas Gutshall began his love of military as the son of a former WW II Army Engineer. He enlisted in the US Army in 1967, was trained as a photo lab specialist at Fort Monmouth New Jersey, and assigned to the photo Signal Battalion field forces in Vietnam 1968. During his tour of duty he was also trained as a combat photographer and had assignments with units from Viet Nam. After He left the military, he began a career with the state Hospital system as a psychiatric technician and retired in 1992. In 1995, he began theological studies and was ordained an Anglican Priest where he served as archdeacon and continues to work with other men and women in recovery.

HAPPY / GRUMPY BUCKS

Compiled by Barbara Reifschneider



LARRY HUTCHINGS gave \$5 bucks after listening to the inspirational story speaker Tom Gutshall told about his battles with alcohol and his salvation through art.



BOB SUNDBERG gave \$20 happy bucks for finally being able to spend time with his family in Eureka. He also told us that he bought his first camera when he was 12- years-old with money he earned himself.



KEN NISIMORI gave \$5 happy bucks for Russ Anderson's generous donations to the PolioPlus program.



JULIA DAWSON gave \$1 happy buck for being back from vacation and spending time with her son

JEFF WILSON gave \$40 happy bucks for his 40th birthday that he celebrated with his family.



BILL SELB gave \$5 Happy bucks, because he says he misses the in-person meetings, but still enjoys seeing everybody on zoom



RICH LUECK was sad to announce that his cousin passed away last week from cancer. Seems his cousin put off seeking medical attention. Let that be a lesson to us all.



JENNY BELISLE, our guest, gave a \$50 donation for the work Rotary does for the PolioPlus Foundation. Jenny told us that her grandfather was a victim of polio.

WEEKLY RAFFLE



President-elect Monica Fraga selected the winner this week, and it was **President Vicki Sexton**. She selected the gift certificate to the Mudville Grill in Clayton.



if you attend the zoom meetings, your name will be put in the drawing. Among the prizes left to pick from are a beautiful thermos and an olive oil and Balsamic vinegar set,

BUT you have to be in it to win it. So be sure to log on to our Thursday zoom meetings, and your name will automatically be put in the drawing.



COME AND GET IT



Torsten Jacobsen invites anyone who needs firewood to come to his house and help yourselves to as much or as little as you want. It is all stacked neatly in the driveway entrance.



ALWAYS LEAVE 'EM LAUGHING ...



CHEATING COUPLE

The young couple was engaged in a most affectionate embrace when there came the sound of a key in the front door.

The young lady broke away at once, eyes wide with alarm. "Heavens," she cried, "it's my husband! Quick, jump out the window."

The young man, equally alarmed, made a quick step toward the window, and then demurred. "I can't," he said, "we're on the thirteenth floor."

"For heaven's sake," cried the young lady in exasperation, "This is not a good time to be superstitious!"

OY EVAY: THE FIRST FEMALE PRESIDENT

The year is 2028 and the United States has elected the first female president who happens to be Jewish named Sarah Goldstein.

President-elect Goldstein calls up her mother a few weeks after Election Day and says, "So, Mom, I assume you'll be coming to my inauguration?"

"I don't think so. It's a ten-hour drive, your father isn't as young as he used to be, and my arthritis is acting up again."

"Don't worry about it, Mom, I'll send Air Force One to pick you up and take you home. And a limousine will pick you up at your door."

"I don't know. Everybody will be so fancy-schmantzy; what on earth would I wear"?

Sarah replies, "I'll make sure you have a wonderful gown, custom-made by the best designer in New York."

"But Honey," Mom complains, "you know I can't eat those rich foods you and your friends like to eat."

The President-to-be responds, "Don't worry Mom. The entire affair is going to be handled by the best caterer in New York; kosher all the way Mom, I really want you to come."

So Mom reluctantly agrees and on January 20, 2029, Sarah Goldstein is being sworn in as President of the United States. In the front row sits the new President's mother, who leans over to a senator sitting next to her and says, "You see that woman over there with her hand on the Torah becoming President of the United States?"

The senator whispers back, "Yes, I do."

Mom says proudly, "Her brother is a doctor."

LATE NIGHT CALL

.It was two o'clock in the morning and a husband and wife were asleep, when suddenly the phone rang.

The husband picked up the phone and said, "Hello? (Pause as he listens.) How the heck do I know? What am I, the weather man?" and promptly slammed the phone down.

His wife rolls over and asks, "Who was that?"

The husband replies, "I don't know. Some guy who wanted to know if the coast was clear."

ENGLISH SIGNS FROM AROUND THE WORLD

From Rich Lueck

On the menu of a Swiss Restaurant:

OUR WINES LEAVE YOU NOTHING TO HOPE FOR.

Hotel in a Tokyo Bar:

SPECIAL COCKTAILS FOR THE LADIES WITH NUTS.

Hotel, Yugoslavia:

THE FLATTENING OF UNDERWEAR WITH PLEASURE IS THE JOB OF THE CHAMBERMAID.

Hotel, Japan:

YOU ARE INVITED TO TAKE ADVANTAGE OF THE CHAMBERMAID.

In the lobby of a Moscow Hotel, across from a Russian Orthodox Monastery:

YOU ARE WELCOME TO VISIT THE CEMETERY, WHERE FAMOUS RUSSIAN AND SOVIET COMPOSERS, ARTISTS, AND WRITERS ARE BURIED DAILY, EXCEPT THURSDAY

Hotel, Zurich:

BECAUSE OF THE IMPROPRIETY OF ENTERTAINING GUESTS OF THE OPPOSITE SEX IN THE BEDROOM, IT IS SUGGESTED THAT THE LOBBY BE USED FOR THIS PURPOSE.

Advertisement for donkey rides, Thailand:

WOULD YOU LIKE TO RIDE ON YOUR OWN ASS?

Airline ticket office, Copenhagen:

WE TAKE YOUR BAGS AND SEND THEM IN ALL DIRECTIONS.

A Laundry in Rome:

LADIES, LEAVE YOUR CLOTHES HERE AND THEN SPEND THE AFTERNOON HAVING A GOOD TIME.

CAT IN HEAVEN

A cat died and went to heaven. St. Peter met the cat at the gate and said, "Welcome. Is there anything you didn't have on Earth that I can get for you, here in Heaven?"

The cat thought for a moment and said, "Yes, I always had to sleep on a hard floor, could I get a warm soft bed?". St. Peter arranged for it.

Next, four mice died and went to heaven. St. Peter asked the same question, and the mice thought a moment and said, "Yes, we were always running on Earth, could we get roller skates here in heaven?" St. Peter of course granted their wish.

About a month went by and St. Peter saw the cat and asked how he liked his bed. The cat said, "I like it a lot, but what I really like are those Meals on Wheels."

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His wife rolls over and asks, "Who was that?"

The husband replies, "I don't know. Some guy who wanted to know if the coast was clear."

...that's all folks.

PARTNER LIST

MEMBER	PARTNER	CONTACT	TITLE	PHONE
	Alhambra High School	Karen Sloper		925-335-5810
Mary Kemnitz	AUTOMOTIVE SERVICE COUNCILS	Gloria Peterson	Admin	916-290-5828
	Bay Area Crisis Nursery	Tara Bartholomew	Exec Dir	925-685-8052
	Blue Star Moms Contra Costa	Loretta Masnada		925-775-5084
	Buttercup Farms Organization	Jorie Hanson	Manager	925-963-4104
	California Reentry Institute	Collette Carroll,	Exec Dir	925-549-1416
	CALIFORNIA VOCATIONS/PARADISE	Bob Irving	Director	530-519-4146
	CCRIM Real Estate in Motion	Ryan Keller	CEO	925-295-9223
	Crohn's & Colitis Foundation	Derek Aitken, Esq		415-356-2232
Monica Fraga	CVCHS # ROTARY Interact	Monica Fraga		925-672-9840
Richard Lueck	Delta Blues Festival Scholarships	Frank Giovanni		209-603-7240
	DIABLO CHORAL ARTISTS	Mark Tuning		925-930-0516
	Dogs and Katz Rescue	Kathleen Stercks		925-852-1217
Clayton Worsdell	FIRST PRESBYTERIAN CHURCH	Clayton Worsdell		925-207-2509
	Food Bank	Joel Sjostrom	CEO	925-676-7543
	Highlands Elementary	David Swider	President	925-672-5252
	HISTORICAL SOCIETY CONCORD	Vivian Boyd		925-827-3380
	Historical Society Contra Costa	John Greitzer	President	925-229-1042
Vicki Sexton	MOBILITY MATTERS	Elaine Welch		925.284.2207
	MONUMENT CRISIS Center	Sandra Scherer	Exec Dir	925-222-6868
Richard Lueck	Mt. Diablo Amateur Radio Club	Rich Lueck	Admin	925-683-7865
	North Creek Academy	Erin James		925-954-6300
	OAKLAND RITECARE CHILDHOOD CENTER	Nan Busse		<u>510-839-1513</u>
	POA EMERGENCY FUND CONCORD	Ron Bruckert	President	925-676-8298
Richard Lueck	RotaCare Concord	MELISSA ALLAN NP	Chair	925-429-6409
	Solo Opera – San Francisco	Sylvia Amorino		925-685-4945
	ST JOHN'S EPISCOPAL Clayton	Rev. Audrey Miskelley	Vicar	925-672-8855
	St. Agnes School	Jill Lucia	Principal	925-689-3990
	Veteran's Affordable Home Ownership	Jim Etherington	President	530-662-2237
Mary Kemnitz	White Elephant Museum BOD	Lori Fogarty	Director CEO	510-839-5919
Mary Kemnitz	White Pony Express	Eve Birge	Exec Dir	925-322-0604
	YGNACIO VALLEY MUSIC BOOSTERS	YV Instrumental Music	C. Adams	925-685-8414

