THE VALLEY SUNRISE



10/8/2020

WINNER OF BEST NEWSLETTER OF THE YEAR

2020 - 2021

EDITORIAL STAFF Joan D'Onofrio: Editor Clayton Worsdell: Photographer Mary Kemnitz Rich Lueck

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Milt Smith: Assistant DG

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Thought of the Day Announcements / News Milestones International News Happy Bucks The Gallery

IMPORTANT MEETINGS 2020 10/13 Board Meeting 7 AM Zoom

TBA Charitable Fund 5:30 PM Zoom



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BLASTS FROM THE PAST



THE SON, THE FATHER, AND DAVE KEMNITZ

Deb and Louis Roessler donated this beautiful bright orange 1974 Datsun 710 wagon. When going through the vehicle's documents with them, **Mary Kemnitz** realized that they purchased the vehicle at Oakland Datsun Volvo in 1974 while **Dave Kemnitz** was working there. Looking into the vehicle further Dave realized that he had actually installed the after-market air conditioning in it. Talk about coincidence! After 46 years what are the chances of this vehicle still being on the road and Dave meeting up with it again!

But, the surprise doesn't end there.

Mary said that they advertised it on Facebook market place and received 50 messages of interest. Everyone wanted this vehicle! She said: "Then a call came from one young man who touched us to the core. His father actually had owned the same vehicle back in the 70's. Dad was going through chemotherapy, and the son wanted to surprise him with the vehicle. So on Monday morning, that is what we did. We sold the car for \$6,000."

"Will the Meeting Please Come to Order"

President Vicki Sexton called the 14th meeting to order. (Actually, it's our 28th zoom meeting.)



THOUGHT FOR THE DAY: Torsten Jacobsen

"Better to be thought a fool,

than speak out and remove all doubt"—Abraham Lincoln

"Never smack a man who is chewin' tobacco"—Will Rogers

GUESTS





HERBERT MUYINGA Former District Governor

DEB LUYLIMA International Services



SAMMY MWMANJE Past President



JERRY WALTON Director of H.O.P.E. House

Representing the Rotary Club of Muyenga, Uganda

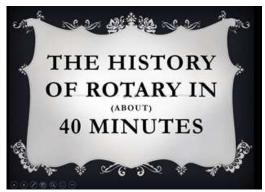
A ROTARY MINUTE

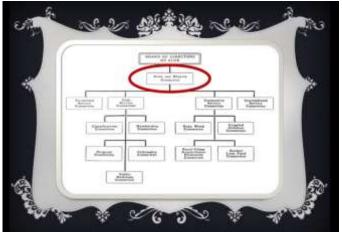
Clayton Worsdell Brings You The History of Rotary in 40 Minutes—One Minute at a Time

THE AIMS AND OBJECTS COMMITTEE

The early organizational chart of Rotary was very simple.

Everything was managed by the Aims and Objects Committee. In 1912 Rotary's original object, which emphasized the promotion of each other's business interests, was discontinued. Personal gain was officially eliminated as a driving force behind membership.





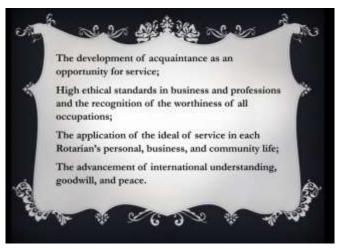
Over the years Rotary constantly tweaked its definition of itself until finally in 1951 the decision was made that Rotary really only has one object: (paraphrasing)

"To encourage and foster the ideal of service as a basis of

worthy enterprise," The rest are just examples of how Rotarians can accomplish the Object:

FIRST: The development of acquaintance as an opportunity for service





SECOND: High ethical standards in business and professions and the recognition of the worthiness of all occupations

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life

FORTH: The advancement of international understanding, goodwill, and peace.

This has been the 12th minute of the History of Rotary in (about) 40 Minutes

ANNOUNCEMENTS/NEWS

PRESIDENT VICKI SEXTON REPORTS

President Vicki Sexton welcomed us and introduced today's guest speaker who is Jerry Walton who spoke to us about H.O.P.E. House after which we covered a myriad amount of topics and news. Let's get started with **Adopt-A-Street**.



COMMUNITY SERVCES

CLAYTON VALLEY / CONCORD

Sunrise Rotary Club

Concord



Director Ben Wentling announced that Adopt-A-Street is back. Saturday, Octobr 10th will be the first street cleaning in a very long time. Everyone will meet up at Lisa Trusedell's parking lot at 9 am, and Ben will hand out the vests, tools, and bags but, sadly, there will not be any doughnts or coffee. When he asked for volunteers, Vicki, Barbara, and Julia raised their hands. So come on guys, get with program

"WHEN DID I BECOME A ROTARIAN"?

It was a surprise to learn that Tommy Wolf was a Rotarian when he lived in Florida in the Lake Buena Vista area. However, He wasn't there long before he moved to the Bay area and knew he wanted to join another Rotary Club. He did a thorough investigation of which club to choose—and he went to many—and the rest is history.

When he landed on ours, he was impressed. They had a raffle which piqued his interest, but it was the personality of the members and the fun that ensued at the meetings that got to him. He joined in 2013 and four year later, Bill Fuller convinced him to run for President, which he did. Tommy was an active member and a fun President. It wasn't until he completed his goal of building those batting cages that clinched it for him. He said: "When every one of those kids thanked me with high-fives that I knew I was a Rotarian."



A VERY SAD NOTE

Irene Davids-Blair told us that Max's mother had a stroke and is in a coma. Max flew off to Chicago to be by her side, but doctors have said there is no hope. Our prayers go out to Irene and Max.

WE'RE THINKING OF YOU FRED...AND HE'S THINKING OF US



Secretary Fred Nelson may not be absent, but he is still working on Rotary issues. He called the other day to make sure we knew about the situation in San Felipe and our scholarship students. He even sent along photos.

Be sure to give Fred a call on his cell phone 925 915-1015.



Tina Sweeney wanted our scholarship sponsors to know that due to the continuing Covid Pandemic the Governor of Baja announced that schools will continue to be held online the entire school year, and they will not be having their scholarship social in November.

Tina said, "Last Saturday we handed out cinch bags filled with needed school supplies to over 160 scholarship students. The students arrived to pick up their supplies and received a letter with your email if you gave me permission for them to have it. They will send you a photo and a thank you. I hope you will receive it, and the students would love to hear back from you. This is an unusual year and if you have any questions please email me. Thank you for your continued willingness to sponsor our San Felipe students in their education." Tina Sweeney email is: <u>bajatinas@gmail.com</u>



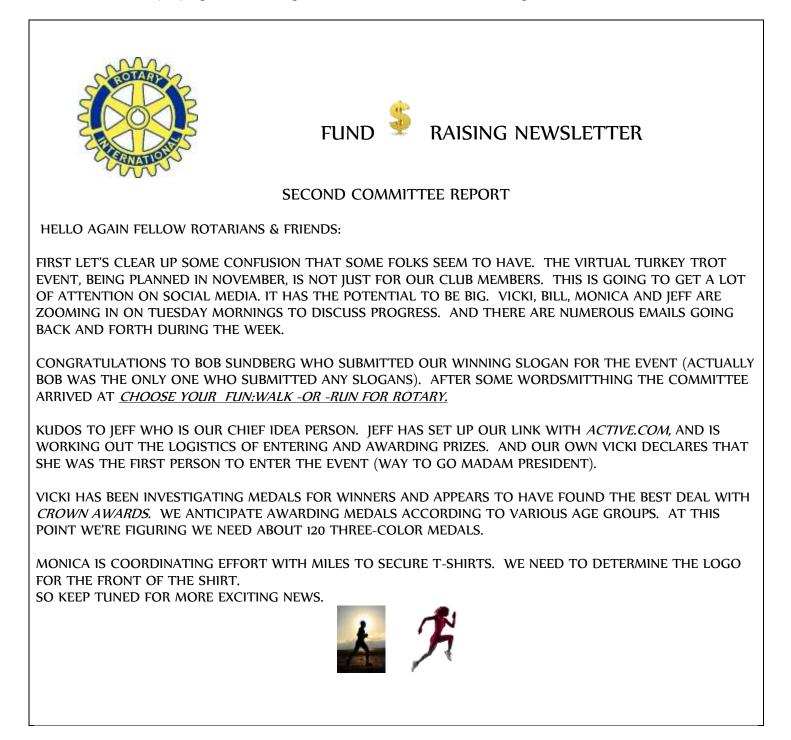






FUNDRAISING TEAM UPDATE

Here is the second Newsletter the Fundraising Team will be sending to keep all of you up to speed as the virtual events taking place. **Bill Selb** congratulated **Bob Sundberg** who created the slogan for the virtual race: **CHOOSE YOUR FUN, WALK OR RUN. Jeff Wilson** reported that 11 members have signed up for the race and for those who don't want to run, a \$30 donation will show your support. You can sign up on <u>active.com</u> and go to choose your fun, walk or run. **President Vicki** reminded everyone that since we are not paying \$75 meeting fees so a \$30 donation is a bargain.



WORLD POLIO DAY OCTOBER 24

We're all set to celebrate PolioPlus Day. **Director Ken Nishimori** reviewed the two PolioPlus programs and Clayton Worsdell sent photos of the huge banners hanging in various locations throughout the town.

Ken reviewed the two programs. One is that if you donate \$100 you will receive 100 club recognition points. Deadline is between July 1 and December 31, 2020.

The other is joining the PolioPlus Society and donate \$100each year until the world is Polio free.





TODAY'S SPEAKER



Program Chair Miles Bell introduced us to today's speaker, **Jerry Walton**, who is the Director of H.O.P.E. House, which stands for hope, opportunity, prayer, and encouragement.

The organization opened its doors in 2011 with only 14 volunteers, but the need for volunteers has since grown, as the team continues to help more and

more people in the community. Jerry said, "Volunteers are a very special component of H.O.P.E. House, because you are dealing with folks who are experiencing hard times, poor health or are just lonely, and sometimes a warm smile, a hug or something as simple as kind words makes a huge difference in someone's life."

It started out as a little white house with red shutters next to a daycare center, and for the last nine years it's been the H.O.P.E. House, where almost 1,400 clients receive food, clothes, books and toys on a monthly basis. Along with food, they have a supply of toothbrushes, toothpaste, can openers, and assorted toiletries for our clients who may need them.

They serve food to 600 families every month and costs \$2,500 a month to run. Due to the virus, the food is brought out to the families waiting patiently to receive it. The origination receives food and freezers from the Food Bank, help from White Pony Express, the Oakley Grocery Store, excess food from farmer's crops, donations, and grants. Some people even donated their stimulus checks to them. Contra Costa County Food Bank delivers fresh produce and food on the second and fourth Tuesday of every month to those coming from Brentwood, Discovery Bay, Bethel Island, and Knightsen. Because they are considered an essential business, they never close; In fact, they are open every Monday and Wednesday from 9am to noon.

ABOUT THE SPEAKER

JERRY WALTON started working for Longs Drugs in 1975 and advanced to Store Manger before CVS Drug Stores bought the 500 Longs Drug store

chain. He continued working with CVS until he retired in 2015 after 40 years with the 2 companies. He and his wife moved to Discovery Bay that year to be closer to their two boys and their families. They started attending the Methodist Church in Brentwood and became involved in their biggest outreach program, H.O.P.E. House, a Food and Clothing Pantry. In 2018 he became the Director of H.O.P.E. House. They support all their clients and due to COVID there are a lot of new NEEDY folks in the community which includes Antioch, Brentwood, Byron, Knightson, and Oakley, and some of the Homeless that live in the Brentwood area.





WEEKLY RAFFLE: and the winner is...



President-elect Monica Fraga brought us to the fun part of the

morning meeting. She decorated dice with each member's name and only put those attending this morning in the drawing. Twenty one members attended, and it was lucky **Miles Bell** whose name was drawn. Miles selected the oil and vinegar set as his prize. Joan donated the bottle of wine she won last week to the wine barrel fundraiser that will either be a raffle or an auction item that will take place in December.



if you attend the zoom meetings, your name will be put in the drawing, and among the prizes you could win are a beautiful thermos, an olive oil and Balsamic vinegar set, very sophisticated wine (no two buck Chuck), and gift certificates to various restaurants in the area.

BUT you have to be in it to win it, so log on to our Thursday zoom meetings and your name will automatically be put in the drawing.



CONTRIBUTIONS FROM ROTARIANS

THOUGHTS AND THINKING

By Torsten Jacobsen



Currently we see that politics and thinking do not necessarily go hand in hand, and the F word is now part of "normal" vernacular. Why even the "first lady" uses it. Some additional comments on "Thoughts about Thinking": Recognized are two types: one is intuitive-rapid and automatic cognition-and two is reflective-slower and effortful. Type one makes us vulnerable to BS. Cognitive style leads to better capacity to detect and reject BS. For example, "Today, science tells us that the essence of nature is joy." Or: "We are in the midst of a selfawareness blossoming of being that will align us with the nexus itself." Sounds profound but is BS. Higher intelligence and analyticity makes it less likely to take such a statement as profound. Conversely, those

most receptive to pseudo-profound BS are also more prone to "conspiratorial ideation, are more likely to hold religious and paranormal beliefs. and alternative self-care. Skepticism should be based on evidence and logic which is all the more important these days due to reckless and misleading BS. We must step back and use your cognitive thinking to avoid abundant BS influencing us and the country.

HAPPY/GRUMPY BUCKS

TOMMY WOLF is way happy to be off this weekend again to play with that pontoon boat his parents recently bought. He is also happy that three of his patients are showing signs of improvement dealing with depression.



JULIA DAWSON is happy that Frank Westphall came over and fixed her piping problems. And, oh yes, her physical therapy is going very well.

TORSTEN JACOBSEN is

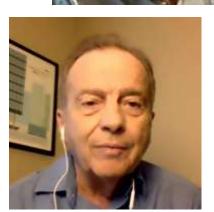
happy to have joined NCAPDA the organization (started by April Rovero who gave us a talk a few weeks ago), that strives to

diminish opioid overdose that is killing over 70K - mainly young ones- each year and "Discovering" THE best news service for concise, objective, efficient and relevant world and U.S. news-Germany's Reuters (comparable to BBC or NPR). Go to Roku (via Netflix) and then to Reuters.



MONICA FRAGA is \$6 happy that her tree trimmers are doing a phenomenal job and \$4 happy that four family members signed up,

LARRY HUTCHINGS sure is happy that the gym at Rossmoor has re-opened but can only have 10 members at a time in the room. And they all must wear masks. Better something than nothing.







REMEMBERING WARREN TAYLOR

We just learned that **Warren Taylor**, a former member of our club, has died. Here are the photos, moments, and memories of Warren that were sent to us by Rich Lueck and Clayton Worsdell.



Here is Warren and his wife Jan at an auction party the year he was President. One of his favorite programs was helping at the Food Bank

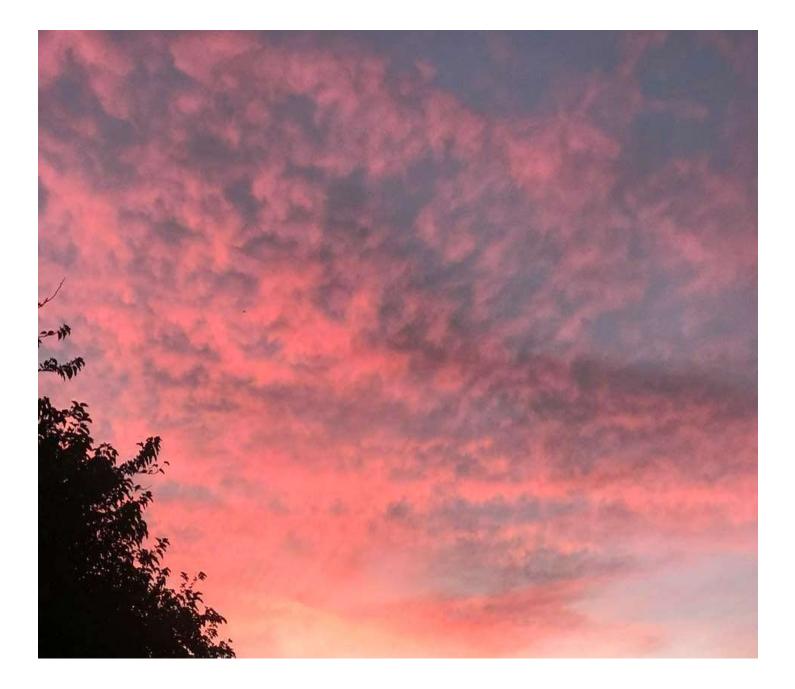






Mary Kemnitz writes: "Dave and I are very sad to hear of Warren Taylor's passing. We will miss him; he was a loyal customer and a good friend. He always came in with a smile and many jokes to brighten our day. He loved his boat and we shared many boating stories. Warren was pretty excited to be moving to his new home when he semi-retired. He loved cars and knew the vehicle he was driving inside and out. After he moved he still made it a point to drop in whenever in Concord. RIP Warren."

THE GALLERY From the lens of Barbara Reifschneider.







Thanks, Barbara

ON THE LIGHTER SIDE

SOUND FAMILIAR

A man was the first to arrive at work one morning. The phone rang and he answered. When the caller asked for some specific information, the man explained that it was before normal business hours but that he would help if he could.

"What's your job there?" the caller asked.

The man replied, "I'm the company president."

There was a pause. Then the caller said, "I'll call back later. I need to talk to someone who knows something about what's going on."

HARD WORKING FARMER

A farmer and his recently hired hand were eating an early breakfast of biscuits and gravy, scrambled eggs, bacon and coffee that the farmer's wife had prepared for them. Thinking of all the work they had to get done that day, the farmer told the hired man he might as well go ahead and eat his lunch too.

The hired man didn't say a word, but filled his plate a second time and proceeded to eat. After a while the farmer said, "We've got so much work to do today, you might as well eat your supper now too."

Again, the hired man didn't respond but refilled his plate a third time and continued to eat. Finally, after eating his third plate of food, the hired man pushed back his chair and began to take off his shoes.

"What are you doing"? The farmer asked.

The hired man replied, "I don't work after supper."

AFTER SURGERY

A man was just waking up from anesthesia after surgery, and his wife was sitting by his side.

His eyes fluttered open and he said, "You're beautiful." Then he fell asleep again.

His wife had never heard him say that, so she stayed by his side. After a short nap, his eyes fluttered open and he said, "You're cute!"

The wife was disappointed. She asked her husband's doctor, "When my husband first woke up, he called me beautiful, but just a minute ago, he woke up again and called me cute. What happened to 'beautiful'?"

The doctor replied, "The drugs are wearing off."

That's all Folks except for the Partnership Chart below.

PARTNER LIST: New & Updated

MEMBER	PARTNER	CONTACT	TITLE	PHONE
	Alhambra High School	Karen Sloper		925-335-5810
Mary Kemnitz	AUTOMOTIVE SERVICE COUNCILS	Gloria Peterson	Admin	916-290-5828
	Bay Area Crisis Nursery	Tara Bartholomew	Exec Dir	925-685-8052
	Blue Star Moms Contra Costa	Loretta Masnada		925-775-5084
	Buttercup Farms Organization	Jorie Hanson	Manager	925-963-4104
	California Reentry Institute	Collette Carroll,	Exec Dir	925-549-1416
	CALIFORNIA VOCATIONS/PARADISE	Bob Irving	Director	530-519-4146
	CCRIM Real Estate in Motion	Ryan Keller	CEO	925-295-9223
	Crohn's & Colitis Foundation	Derek Aitken, Esq		415-356-2232
Monica Fraga	CVCHS # ROTARY Interact	Monica Fraga		925-672-9840
Richard Lueck	Delta Blues Festival Scholarships	Frank Giovanni		209-603-7240
	DIABLO CHORAL ARTISTS	Mark Tuning		925-930-0516
	Dogs and Katz Rescue	Kathleen Stercks		925-852-1217
Clayton Worsdell	FIRST PRESBYTERIAN CHURCH	Clayton Worsdell		925-207-2509
	Food Bank	Joel Sjostrom	CEO	925-676-7543
	Highlands Elementary	David Swider	President	925-672-5252
	HISTORICAL SOCIETY CONCORD	Vivian Boyd		925-827-3380
	Historical Society Contra Costa	John Greitzer	President	925-229-1042
Vicki Sexton	MOBILITY MATTERS	Elaine Welch		925.284.2207
	MONUMENT CRISIS Center	Sandra Scherer	Exec Dir	925-222-6868
Richard Lueck	Mt. Diablo Amateur Radio Club	Rich Lueck	Admin	925-683-7865
	North Creek Academy	Erin James		925-954-6300
	OAKLAND RITECARE CHILDHOOD CENTER	Nan Busse		<u>510-839-1513</u>
	POA EMERGENCY FUND CONCORD	Ron Bruckert	President	925-676-8298
Richard Lueck	RotaCare Concord	MELISSA ALLAN NP	Chair	925-429-6409
	Solo Opera – San Francisco	Sylvia Amorino		925-685-4945
	ST JOHN'S EPISCOPAL Clayton	Rev. Audrey Miskelley	Vicar	925-672-8855
	St. Agnes School	Jill Lucia	Principal	925-689-3990
	Veteran's Affordable Home Ownership	Jim Etherington	President	530-662-2237
Mary Kemnitz	White Elephant Museum BOD	Lori Fogarty	Director CEO	510-839-5919
Mary Kemnitz	White Pony Express	Eve Birge	Exec Dir	925-322-0604
	YGNACIO VALLEY MUSIC BOOSTERS	YV Instrumental Music	C. Adams	925-685-8414