THE VALLEY SUNRISE



WINNER OF BEST NEWSLETTER OF THE YEAR

10/3/2020

2020 - 2021

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IMPORTANT MEETINGS 2020

10/13 Board Meeting 7 AM Zoom TBA Charitable Fund 5:30 PM





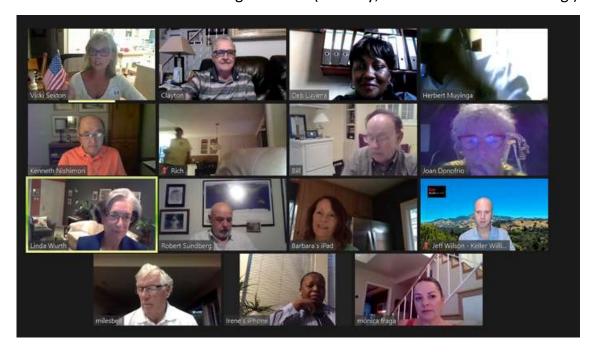
KEN NISHIMORI CELEBRATING 40 YEARS AS A ROTARIAN



Forty years ago—1980 to be exact—**Ken Nishimori** became a member of the Concord/Diablo Rotary. Twenty years later, December 2000, he joined our club. Ever since we can remember, Ken has served as our Rotary Foundation Director. He was president in 2010/2011, twice a Rotarian of the year, and member of the Paul Harris Society. Ken experienced many changes throughout his membership and highlighted the admittance of woman to the organization as an example of a significant change. He was skeptical at first, but it didn't take long for him to realize that it was a nice balance. Eliminating attendance tracking, on the other hand, was not, and he felt that attendance suffered as a result. Ken, and his wife Phyllis, devoted countless hours to Rotary events, programs, and committees, and he is our major spokesman for Paul Harris and PolioPlus programs.

"Will the Meeting Please Come to Order"

President Vicki Sexton called the 13th meeting to order. (Actually, it's our 27th zoom meeting.)



THOUGHT FOR THE DAY: Bill Selb

Bill said that for sure "Women are here to Stay."

"And diversity is nothing without inclusivity."

When RBG was asked when will there be enough women on the Supreme Court, she said: "When there are nine."

GUESTS



HERBERT MUYINGA Former District Governor



DEB LUYLIMA International Services Representing the Rotary Club of Muyenga, Uganda



LINDA WURTH Owner & Founder Better Care Choices

A ROTARY MINUTE

Clayton Worsdell Brings You
The History of Rotary in 40 Minutes—One Minute at a Time

"MAD AS A HATTER"—THE STATISTICIAN

We're all familiar with the term "As Mad as a Hatter". Did you know that the term originates from an incident at the Rotary Club of Oakland in 1909 when Paul T. Carroll who held the



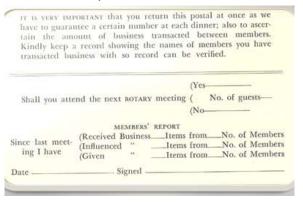
classification as "hatter", stormed in late, red-

faced, and exploded. "Just before I came in this room I made it my business to check the hats parked in the cloakroom just to see how many Paul T. Carroll labels were tucked inside. I found only six out of 125 hats with my name. Do you call that lovalty?"

Paul T. Carroll, the "Mad Hatter" quit the club and was promptly replaced with another Oakland hat merchant.

Is it the truth? Well, no. "Mad as

a hatter" has more to do with dementia and mercury poisoning than with Rotary.



But, it's a fun way to illustrate the tension that existing in Rotary in its early days where each week the "Statistician" would keep detailed

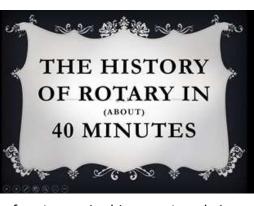
records of the business being conducted between members.

There was talk in some cities in which Rotary existed of boycotting the businesses of Rotarians in protest of their exclusive dealings. Could a club whose object was to benefit each

other's businesses survive? Would the addition of the 3rd object – the application of the ideal of service - be enough?

Well, I would suggest that the fact that you are all here today, thriving in **fellowship and service** provides the answer.

Thank you. This has been the 11th minute of the History of Rotary in (about) 40 Minutes.



IS IT THE TRUTH?

ANNOUNCEMENTS/NEWS



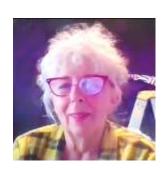
PRESIDENT VICKI SEXTON REPORTS

President Vicki Sexton welcomed us and introduced today's guest speaker who is Linda Wurth the owner and founder of the Better Care Choice program in Lafayette. She also introduced Deb and Herbert who she said are not really guests anymore as we welcome them as members.

UGANDA ART PROJECT



Deb Luyima told us that 12 more students entered the art program, 10 of whom were girls. They will be sent later next week. **Joan D'Onofrio** reported that the 21 works of art have been judged and five received the largest votes. They will appear in a special newsletter. She thanks all of you who let us know which drawings appealed to you the most.



WORLD POLIO DAY OCTOBER 24: What you need to know

Rotary Foundation Director Ken Nishimori reports that there are now two PolioPlus contribution programs for CVCS Rotarians to choose from.

The **first** is the CVCS PolioPlus donation program that was announced at last week's meeting where, for every \$100 that is donated to the PolioPlus Fund, Rotarians can receive 100 <u>club</u> recognition points, up to a maximum of 200 club recognition points. Contributions must be made between July 1 and December 31, 2020 to qualify for the <u>club</u> matching recognition points.



The **second** program is the **District 5160 PolioPlus Society membership program** that was just announced. In this program, Rotarians are encouraged to join the PolioPlus Society in which you pledge to donate a minimum of \$100 each year to the PolioPlus Fund until the world is certified polio free by the World Health Organization. Society members will receive a PolioPlus Society membership pin, certificate and an "End Polio Now" bracelet. Additional information can be found on the PolioPlus Society" flyer and the PolioPlus Society pledge form that you will all be receiving. More information will be provided as needed.

For those who make contributions, be sure to let Ken know so that he can transfer the recognition points to your (or another individual's) Rotary Foundation account.

CARS 2ND CHANCE UPDATE

President Vicki reported that a 1904 Toyota Sienna sold for \$4,500 from D&H lot, four vehicles were sold thru Copart generating \$5,798, 12 vehicles were sent to Copart in the last two weeks making this a total of 20 vehicles waiting for sale at Coparts. There is also five vehicles awaiting sale at D&H: 1988 Nissan 300zx \$7,995, 2005 Cadillac Deville \$5,000, 2010 Honda CRV \$8,995, 1986 Jaguar XJS \$9,500, and a 1974 Datsun Wagon \$5,995



Larry Hutchings reports that as he has been saying for the last several weeks, the Cars2ndChance committee is looking for suggestions from you to be potential new partners. If you know of a non-profit that you have a direct interest in or contact with, contact Larry. He will send you a form to fill out. Larry will provide you more information about how the program works and provide you with promotional materials. If they would like a presentation to their organization or their board, he will arrange for one of the committee members to contact them.

This is an opportunity for you to do your very own fundraiser for the club--just by getting them on board can open up an easy way for them and us to make money for their and our projects. Just yesterday, we sold a 2004 Toyota Sequoia that we received days before. Within an hour after we posted it for sale on Facebook, it sold for a net \$3,400. That means the partner will get \$1,700 and our two Rotary Clubs will split the other \$1,700. See the Partnership Chart at the end of the newsletter.

MILESTONES: Birthdays







Today, October 1st, is **Secretary Fred Nelson's** birthday and we are sorry to report that he could not be with us today. He is honoring Kaiser Hospital with that treat. If you wish to give him a call his cell phone is 925 915-1015, but a direct number to his room is 925 295-5717. Get better good buddy.

Today is also **Bill Selb's** birthday. He would not tell us how old he is, only that he is the oldest member of our club—33 years. He did say he is donating \$84 to the club and \$100 to his Paul Harris account. Hmmmm, so is he 84 or 100?

Monica Fraga, our President-elect, celebrated her 19th wedding anniversary last week, now here she goes having a birthday on October 2nd. She said she is Bill's age, only opposite, and admits to being 48-years-old. But don't relax yet, because on October 20th she will be celebrating nine years of service in Rotary.

FUNDRAISING TEAM UPDATE

Here is the Newsletter the Fundraising Team will be sending to keep all of you up to speed as the virtual events taking place. **Bill Selb** thanked the Team that meets weekly and congratulated **Bob Sundberg** who created the slogan for the virtual race: CHOOSE YOUR FUN, WALK OR RUN. T-shirts will be available for purchase.





COMMITTEE REPORT

GREETINGS FELLOW ROTARIANS & FRIENDS:

DURING THIS INTERESTING TIME OF COVID-19 LIVING AND RESTRICTIONS, YOUR ROTARY CLUB HAS ESTABLISHED A FUND-RAISING COMMITTEE. SO, YOU SAY, "WHO ARE THESE PEOPLE." WELL, LET ME TELL YOU

CURRENTLY AT WORK, VIA ZOOM, ARE BILL, MONICA, AND JEFF UNDER THE WATCHFUL EYE OF VICKI. SEVERAL MEMBERS HAVE PUT FORTH SOME INTERESTING IDEAS WHICH ARE ALL UNDER CONSIDERATION. OUR FIRST PROPOSED ADVENTURE, SUGGESTED BY JEFF WILSON (RUNNER EXTRODINAIRE), IS A VIRTUAL TURKEY TROT. OTHER TERMINOLOGIES HAVE INCLUDED 5 K, RUN/DON'T RUN, FUN RUN, ETC. AT THIS TIME WE ARE IN THE PRE-PLANNING STAGE FOR THIS EVENT WHICH WE ANTICIPATE HAVING THANKSGIVING WEEK, NOVEMBER 22-28.

JEFF IS ALREADY MAKING ARRANGEMENTS TO POST THIS ACTIVITY TO THE RUNNER'S WEBSITE, *ACTIVE.COM.* ENTRY FEE WOULD BE ABOUT \$30/PERSON. JEFF AND MILES HAVE DISCUSSED DESIGNING T-SHIRTS FOR THE OCCASION.

WE THOUGHT IT MIGHT BE NICE TO HAVE OUR MEMBERS TRY TO COME UP WITH A CATCHY NAME FOR THE EVENT. WE WOULD LIKE TO HAVE SUGGESTIONS BY SEPTEMBER 30TH SO HANG IN THERE FOLKS. MORE EXCITING NEWS TO FOLLOW.



TODAY'S SPEAKER



Program Chair Miles Bell introduced us to today's speaker, **Linda Wurth**, who is the Senior Care Advisor, owner and founder of "Better Care Choices" which focuses on senior care options, resources and communities, specifically in Concord and Clayton.

Linda reviewed the purpose of Better Care Choices and showed us pretty staggering rental prices of the places available for senior care throughout the county most of

them with waiting lists years long. Contact information: 925-932-1400

Here she is in a typical consultation meeting.





Linda helps seniors and families make diligent & informed care-related decisions.

ABOUT THE SPEAKER

Linda received her BA in Social Services from Sacramento State and has worked 40 years in the senior care industry. She worked 15 years for a Bay Area property management firm that specialized in "subsidized senior housing"; she assessed seniors to be sure they were independent and helped them with their HUD paperwork; another 10 years marketing "luxury assisted living" in Central Contra Costa County; and 15 years owner and founder of "Better Care Choices." Linda said that her line of work is rewarding because when people receive help, they are grateful, which is in turn heart-warming.

Linda grew up in Lafayette and has lived in Walnut Creek since 1976. Her married daughter and granddaughter live in Lafayette. Her 92-year-old mother lives in Walnut Creek next door to her brother and his wife. She also has a sister in Santa Rosa and a brother in Healdsburg. Her nephew was recently on the fire lines near Oroville for 3 weeks! Linda's hobbies are her garden and her birds.

WEEKLY RAFFLE: and the winner is...



President elect Monica Fraga caught our attention when she told us about the first raffle our club will be conducting virtually at the end of each meeting. She showed us the various prizes we could win, if you attend the zoom meetings. Among the prizes are a beautiful thermos an olive oil and Balsamic vinegar set, very sophisticated wine (no two buck Chuck), and gift certificates to various restaurants in the area.

You have to be in it to win it, so log on to our Thursday meetings and your name will automatically be put in the drawing.

Joan D'Onofrio was the first winner. She selected the wine and just look, Monica handed it to her right through the computer.

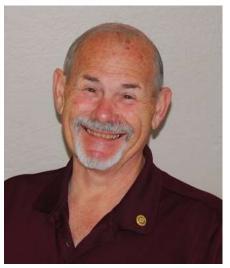




"Thank you, Monica."

"Here you go, Joan. Here is your prize."

VERY SAD NEWS



We just learned that **Warren Taylor**, a former member of our club, has died. No details are available at this time, but we will have more information next week. If you have any moments and memories of Warren, send them to me and we will put them in the next newsletter.

Warren joined in 1994, was a Past President (2005/06) who had a CPA business in Concord and a branch office in Oakland before he retired and moved from Concord to Oakdale. He was very active in the Sea Scouts Makai for many years. The Sea Scout Ship Makai based in Alameda has a few vessels including a 65 foot power boat and a 45 foot sailboat. Many years ago our club had a trail project in Markham Park that Warren headed up. Another hobby of Warren's was Falconry. Warren was active in the Food Bank before he moved away.

HAPPY / GRUMPY BUCKS



BILL SELB sure doesn't look 84. He is a 33-year member and says it 'boggles the mind' why our members don't all join in on our Thursday morning zoom meetings.

VICKI SEXTON is not happy that her boyfriend, John, tested positive for COVID. Because she volunteers driving seniors to various locations, she has been tested and happily reports that she is COVID free.

RICH LUECK reported very sad news. Seems someone in his extended family has six people with COVID and one of them is on life support. And if that wasn't tragic enough, a 16-year-old was at a party and shot in the head as they were playing with guns.

JEFF WILSON, master real estate broker, is helping his friend sell a \$3.1 million dollar home



TOMMY WOLF, on the other hand, is way happy as he will be enjoying some pretty cool boating this weekend on the pontoon boat his parents recently bought.

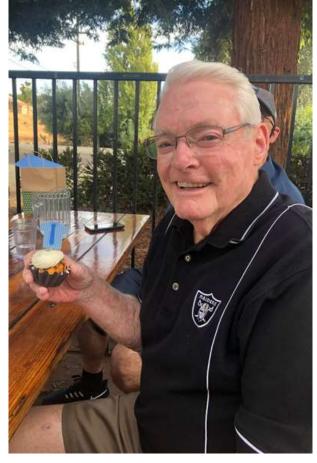
THE GALLERY

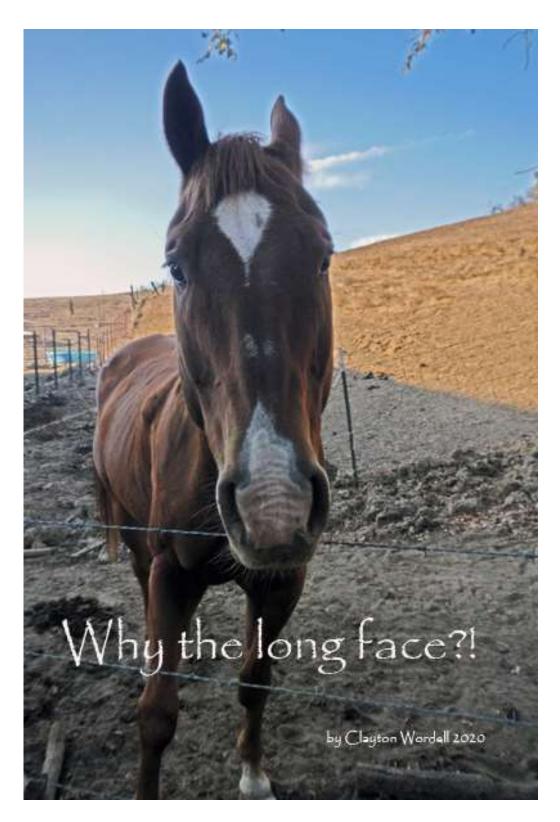
Enjoy these photos that speak for themselves.



Wish we could have been at his 82nd birthday party last week. That's the best looking birthday cake ever.

Save one for us.





Thank you, Clayton

ON THE LIGHTER SIDE

HOUSE COLORS

A woman wants the inside of her house painted and she calls a contractor in to help her. They wander around the house, and she points out the colors she wants. She says, "Now, in the living room, I'd like to have a neutral beige, very soft and warm." The contractor nods, pulls out his pad of paper and writes on it. Then he goes to the window, leans out and yells, "Green side up!"

The woman is most perplexed but she lets it slide. They wander into the next room. She says, "In the dining room I'd like a light white, not stark, but very bright and airy." The contractor nods, pulls out his pad of paper and writes on it. Then he goes to the window, leans out, and yells "Green side up"! The woman is even more perplexed but still lets it slide.

They wander further into the next room. She says, "In the bedroom, I'd like blue. Restful, peaceful, cool blue." The contractor nods, pulls out his pad of paper and writes on it. Then once more he goes to the window, leans out and yells "Green side up"!

This is too much. The woman says, "Every time I tell you a color, you write it down, but then you yell out the window 'Green side up.' What on earth does that mean?"

The contractor shakes his head and says, "I have four blondes laying sod across the street."

BAD FOR YOU

When you drink vodka over ice, it can give you kidney failure.

When you drink rum over ice, it can give you liver failure.

When you drink whiskey over ice, it can give you heart problems.

When you drink gin over ice, it can give you brain problems.

Apparently, ice is really bad for you. Warn all your friends.



That's all Folks except for the Partnership Chart below.

PARTNER LIST: New & Updated

MEMBER	PARTNER	CONTACT TITLE		PHONE
	Alhambra High School	Karen Sloper		925-335-5810
Mary Kemnitz	AUTOMOTIVE SERVICE COUNCILS	Gloria Peterson	Admin	916-290-5828
	Bay Area Crisis Nursery	Tara Bartholomew	Exec Dir	925-685-8052
	Blue Star Moms Contra Costa	Loretta Masnada		925-775-5084
	Buttercup Farms Organization	Jorie Hanson	Manager	925-963-4104
	California Reentry Institute	Collette Carroll,	Exec Dir	925-549-1416
	CALIFORNIA VOCATIONS/PARADISE	Bob Irving	Director	530-519-4146
	CCRIM Real Estate in Motion	Ryan Keller	CEO	925-295-9223
	Crohn's & Colitis Foundation	Derek Aitken, Esq		415-356-2232
Monica Fraga	CVCHS # ROTARY Interact	Monica Fraga		925-672-9840
Richard Lueck	Delta Blues Festival Scholarships	Frank Giovanni		209-603-7240
	DIABLO CHORAL ARTISTS	Mark Tuning		925-930-0516
	Dogs and Katz Rescue	Kathleen Stercks		925-852-1217
Clayton Worsdell	FIRST PRESBYTERIAN CHURCH	Clayton Worsdell		925-207-2509
	Food Bank	Joel Sjostrom	CEO	925-676-7543
	Highlands Elementary	David Swider	President	925-672-5252
	HISTORICAL SOCIETY CONCORD	Vivian Boyd		925-827-3380
	Historical Society Contra Costa	John Greitzer	President	925-229-1042
Vicki Sexton	MOBILITY MATTERS	Elaine Welch		925.284.2207
	MONUMENT CRISIS Center	Sandra Scherer	Exec Dir	925-222-6868
Richard Lueck	Mt. Diablo Amateur Radio Club	Rich Lueck	Admin	925-683-7865
	North Creek Academy	Erin James		925-954-6300
	OAKLAND RITECARE CHILDHOOD CENTER	Nan Busse		<u>510-839-1513</u>
	POA EMERGENCY FUND CONCORD	Ron Bruckert	President	925-676-8298
Richard Lueck	RotaCare Concord	MELISSA ALLAN NP	Chair	925-429-6409
	Solo Opera – San Francisco	Sylvia Amorino		925-685-4945
	ST JOHN'S EPISCOPAL Clayton	Rev. Audrey Miskelley	Vicar	925-672-8855
	St. Agnes School	Jill Lucia	Principal	925-689-3990
	Veteran's Affordable Home Ownership	Jim Etherington	President	530-662-2237
Mary Kemnitz	White Elephant Museum BOD	Lori Fogarty	Director CEO	510-839-5919
Mary Kemnitz	White Pony Express	Eve Birge	Exec Dir	925-322-0604
	YGNACIO VALLEY MUSIC BOOSTERS	YV Instrumental Music	C. Adams	925-685-8414