

2019 - 2020

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## IMPORTANT MEETINGS

8/13 Board Meeting 7 AM  
Buttercup Restaurant  
8/12 Charitable Fund: 6 PM  
US Bank



# “Ending Poverty One Village At a Time”



**District Governor Tina Akins** proudly and happily presents a \$15,000 District Grant check to **Larry Hutchings** and **Torsten Jacobsen** for the computer lab in Uganda. They worked tirelessly to secure the grant and are to be congratulated profusely. **John Wenzel** is part of the team but was not able to be present.

## **“WILL THE MEETING PLEASE COME TO ORDER”**

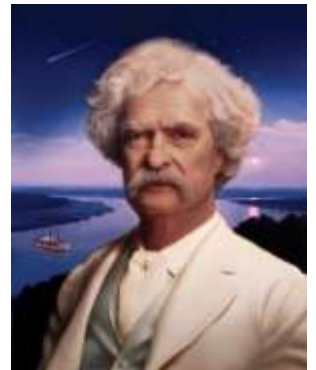


## **THOUGHT OF THE DAY FROM TORSTEN JACOBSEN**



Travel is fatal to prejudice, bigotry, and narrow mindedness, and many of our people need it sorely on their accounts. Broad, wholesome, charitable views of men and things cannot be acquired by vegetating in one little corner of the earth all one's life.

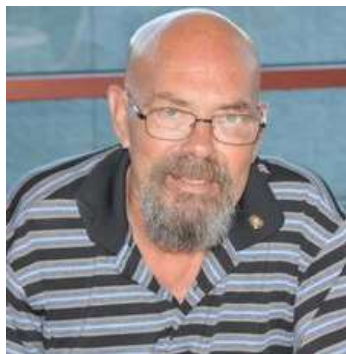
—Mark Twain



## **TODAY'S GUESTS**



**MARK STEEL**  
Owner of Anderson Martelle Co.



**BEN WENTLING**  
Visiting Rotarian



**TINA AKINS**  
District Governor

# GETTING DOWN TO BUSINESS

## *Club Services*

**Club Services Chair Barbara Reifschneider** announced that “**Day at the Races**” will take place on November 22. To make sure she has enough tickets, she asked for a hand count from the members to get an idea of how many tickets to order.

## *Strengthen Your Club: Help is on the way.*

Fall Training Seminars are here and **District Governor Tina Akins** wants us to know that the 2019-20 Rotary term is in full swing! The Fall Seminars are an opportunity for Rotarians from across the District to come together and begin to strengthen our Clubs. The theme of the Seminars is the Rotary 3-legged stool - Public Relations/Branding, Foundation and Membership which is a chance to better understand how these three areas of focus work together to strengthen your Club. **Register now.**



### **Fall Training Seminar - Fairfield**

Saturday, October 5, 2019 Location: Fairfield High School, 205 E. Atlantic Ave, Fairfield

### **Fall Training Seminar - Redding**

Saturday, October 19, 2019 Location: Simpson College 2211 College View Drive, Redding

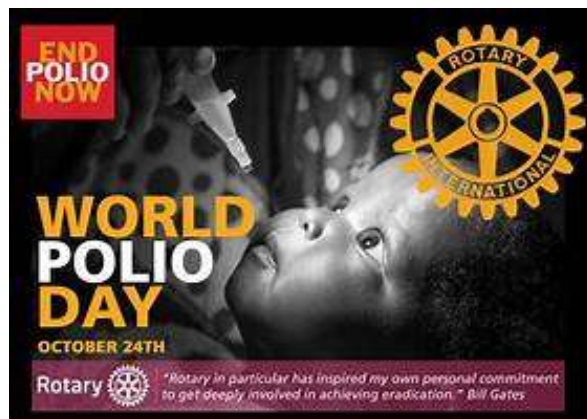
**Questions?** Contact District Trainers Claire Roberts ([cmroberts@comcast.net](mailto:cmroberts@comcast.net)) or Patricia Bergman ([pcochranb@hughes.net](mailto:pcochranb@hughes.net))

## *World Polio Day: October 24*

Polio(myelitis) has existed for thousands of years but major outbreaks started to occur in the late 19th century in Europe and the United States. In the 20th century it became one of the most fearsome childhood diseases in these locations.

Of the \$1.9 billion Rotary has raised and funded since the mid-1980s, \$885 million has come from the Gates Foundation in the form of matching grants. For the past several years and for the foreseeable future, the Gates Foundation matches donations raised through Rotary on a two to one basis, such that a \$1 donation becomes \$3 to fight polio.

The Gates Foundation's total giving for the fight against polio was approximately \$3.7 billion through the end of 2018. Roughly a quarter of its polio funding is made in the form of matching grants to Rotary. Together, Rotary and the Gates Foundation represent more than 28% of all polio funding, including funding from governments. Whatever the reasons for the Gates Rotary partnership or its success, the children who will one day live in a world without polio won't much care who gets the credit





## *Cars 2<sup>nd</sup> Chance*

**Mary Kemnitz** reported that Christine Laszcz-Davis's daughter donated her 2005 Prius to the Cars 2nd Chance and was so moved by the car donations program that our club gave to the citizens of Paradise that she instructed her share of the profits be donated to the Paradise Project/California Vacations Partnership.

The Prius sold for \$6,400. The split between our club and Christine's daughter was \$1,891—\$2,619 was deducted from the sale price for the cost of conditioning the vehicle and all the other expenses incurred. Christine is a member of the Lamorinda Rotary and last year she donated her 2007 Acura MDX.

## *Cars2ndChance Project Mustang at the College Park High Car Show*



**Bill Kinsey** reports that with its promotional theme of "Cars2ndChance: A Great Start for Your Next Project," the Kinsey family's Project Mustang made a parking lot appearance at the College Park High Softball Team Car Show on August 10 in Pleasant Hill. The Mustang was placed on the main walking route into the show's entrance gate. The show included hot rods, resto-mods, race cars, motorcycles, trucks, and other project vehicles. **Bill and Emily Kinsey** attended, and were joined by one of Emily's friends who is a recent College Park graduate.

## *Steve & John Honor the Volunteer Paradise Team*

Remember the cruise **Mary and Dave Kemnitz** contributed to our Rotary Auction? Remember that it was won by **Steve Weir** and **John Hemm**? Well Steve and John are cashing in their winnings and decided to invite the Paradise Team that prepared and drove the 36 donated cars to Paradise where the fire victims were given the cars. The Team comprised of Rich, Bill, Renee, Julia, Clayton, Miles, and Russ. Dave and Mary are making the cruise extra special by taking them to one of the Delta's historic spots, the Ryde Hotel, and treating them to brunch. They will meet at the Riverboat Marina on Sunday, September 22.



## *Women are Changing the World One Cause at a Time*



**Mary Kennitz** is calling our attention to **Days for Girls** the global movement that prepares and distributes sustainable menstrual health solutions to girls who would otherwise miss school during their monthly periods. The nonprofit organization was founded in 2008 by **Celeste Mergens**, an American woman. After visiting an orphanage in Nairobi, Kenya, she discovered that menstruating girls stayed in their dormitories for days, sitting on cardboard to absorb their flow, because they could not afford feminine hygiene products. Her

first response was to organize donations of disposable sanitary pads, but she realized that this was clearly not a sustainable solution — and the girls had no way to dispose of used pads. She then developed the idea of creating washable, reusable pads and providing the girls with a personal kit of all they would need to continue their schooling with hygiene and dignity. By 2018, the Kits and health education programs had reached more than one million girls and women in over 100 countries.



Kits are made by volunteers who either work as "solo sewists" or form "teams," some of which go on to acquire the status of "chapters. These groups have formed in many countries, including Australia, Canada, New Zealand, the United Kingdom, and the United States. Each kit is in a draw-string bag and includes reusable cloth menstrual pads made up of colorful shields and liners; panties; a washcloth and soap; zip-closure plastic bags and other items. The kit enables girls to carry their clean and used pads discreetly and to take care of their own hygiene needs. During the distributions, women and girls also receive health education to break stigmas and cultural taboos associated with menstruation.

In 2012, Days for Girls International launched an Enterprise Program to help local women establish social enterprises to make and distribute kits in their own countries. Close to 70 **Days for Girls** Enterprises now exist in more than a dozen countries across Ghana, Guatemala, Nepal, Uganda, Asia, and Latin America.



## *August Milestones: Updated*



**Vicki Sexton** marked her second year at our Club but did you know that Vicki was a member of the Brentwood Rotary for eight years? So, in fact, Vicki is actually celebrating 10 years of service as a fellow Rotarian. .

**Lisa Truesdell** celebrates 13 years and is the Membership Chair.

**Rich Lueck** hit his 24<sup>th</sup> year. Rich has and is invaluable to our club because he is active in everything.

## *Community Emergency Response Team*



**Rich Lueck** reports that the Community Emergency Response Team (CERT) training promotes is a partnering effort between emergency services and the people that they serve. The goal is for emergency personnel to train members of neighborhoods, community organizations, or workplaces in basic response skills. CERT members are then integrated into the emergency response capability for their area.

The Ham Class and CERT links :for those interested in becoming Ham radio operators: The Ham class online registration link for the **Class starting August 15<sup>th</sup>** :  
<http://www.mdarc.org/activities/education/Classes>

CERT Class registration:

<https://www.eventbrite.com/e/cert-basic-training-september-registration-61450223272>

Ham Test online for those that don't want to take the class but want the Tech license that emergency services use on 2 meters.

<https://www.hamradiolicenseexam.com/try-it.htm>



# HAPPY BUCKS



**Tommy Wolf** was just entered into the Male Fashion Hall of Fame for his new style that is now *de rigueur* in fashion for all doctors in the chiropractic industry to embrace.

**Ken Nishimori** spent two days in the Martinez courthouse hoping to get out of jury duty. Happily he wasn't selected and is free for another year.



**Ewa Sobilo** said it was 110 degrees in her Moose Metal company, so she sent everyone home at 4:00 p.m. instead of 5:00.



**Bob Hooy** attended the Friday Night Live party at Renee and Bill's house and said it was a blast.

**Ben Wentling** said Idaho was nice but now that he is back in Clayton he said: "there is no place like home."



**Rich Lueck** is very happy because all his great grandchildren will be visiting this weekend and he will be treating them to a backyard barbeque.

# TODAY'S SPEAKER

## Preparing for a Nightmare Scenario

There are any numbers of possible outcomes of a large Bay Area earthquake, and an endless series of scenarios about what could happen, each one contingent upon a combination of factors, including our level of preparedness. Perhaps only one thing is certain: The Bay Area is due—some would say overdue—for a major quake. No one wants to think about such a catastrophe, but one thing is for sure: preparedness is essential. **Torsten Jacobsen**, our speaker today, spoke to us about what we should all have on hand when or if we are hit with the dreaded earthquake. He distributed pamphlets on your family's complete history and supplied us with a list of necessary items to have on hand.

The first aid kit should include:

- Sterile water/antiseptic wound wash
- H2O2
- Syringe/irrigation bulb
- Betadine
- Ethyl/benzethonium chloride
- Novocain
- Antibiotic ointment
- Gauze pads/wraps/band aids
- Tape
- Super glue
- Scissors/tweezers

A few other items should also be part of your basic disaster supplies:

- Cash
- One gallon of water
- Wrench/pliers to turn off utilities
- Prescription medications
- Matches in a waterproof container
- Fuel

The 1868 quake killed some 30 people, mostly from building collapses. But at that time Oakland was a town of 12,000 and there were only about 260,000 people living in the entire Bay Area; now there are more than 7 million, more than 2 million of whom live on or near the fault. So take Torsten's advice and **Be Prepared**.



## LITERACY PROGRAM

**Torsten** autographed the book that will be donated to the Clayton public library as part of our Literacy program.



# THE GALLERY

From the lens of Clayton Worsdell.



# ALWAYS LEAVE 'EM LAUGHING

## IF A TREE FALLS IN A FOREST...

if you took a course in philosophy when you were in college, ten years later this is the one question you will remember: "If a tree falls in the forest, does it make a sound?" Well, we're not going to attempt to answer it here, but consider this question:

If a man speaks in the forest, and there is no woman  
around to hear him, is he still wrong?

## GOD MADE A MISTAKE

This farmer's wife prayed to the Lord and asked him, "How old will I be when I die?"

His reply was 96 years old.

She said, "Hot diggity dog, I will have myself fixed up."

She had everything lifted and tucked and was in the doctor's office, making the last payment on her reconstruction. She walked out of the doctor's office, started across the street, and was hit and killed.

She gets to heaven and asks the Lord, "What happened? You told me that I would live to be 96."

His reply: "Well I just didn't recognize you!"

## OH, REALLY?

Wife: "Our new neighbor always kisses his wife when he leaves for work. Why don't you do that?"

Husband: "How can I? I don't even know her."

## GO FIGURE

*Recording on an H&R Block tax help line*

If you understand English, press 1. If you do not understand English, press 2.

## **GUILTY OF ANNOYANCE**

A defendant isn't happy with how things are going in court, so he gives the judge a hard time.

Judge: "Where do you work?"

Defendant: "Here and there."

Judge: "What do you do for a living?"

Defendant: "This and that."

Judge: "Take him away."

Defendant: "Wait; when will I get out?"

Judge: "Sooner or later."

## **JURY SELECTION**

The tiresome jury selection process continued with each side hotly contesting and dismissing potential jurors. Don O'Brian was called for his question session.

"Property holder?"

Yes, I am, Your Honor."

"Married or single?"

"Married for twenty years, Your Honor."

"Formed and/or expressed an opinion?"

"Not in twenty years, Your Honor."

*...that's all folks.*