



2019 - 2020

EDITORIAL STAFF Joan D'Onofrio : Editor Mary Kemnitz Clayton Worsdell: Photographer Rich Lueck: Photographer

ROTARY DISTRICT 5160 Tina Aikens: District Governor Sheryl Wilson: Assistant DG

BOARD OF DIRECTORS

Julia Dawson Aguilar : President Vicki Sexton: President-elect Vicki Sexton: Treasurer Fred Nelson: Secretary Rob Waldman: Sergeant- at-Arms Irene Davids-Blair: Vocational Monica Fraga: New Generations Ken Nishimori: RI Foundation Clayton Worsdell & Bob Huck: Community Services Lisa Truesdell: Membership Ewa Sobilio: International Barbara Reifschneider: Club Services

CHARITABLE BOARD Chris Ruzicka: Chair Vicki Sexton: Vice Chair Steve Weir: Secretary Renee Rushworth: Treasurer

COMMITTEE CHAIRMEN John Wolfe: Program Chair John Wenzel: Webmaster Bill Kinsey: Public Relations Chair

CONTENTS

Call to Order Thought of the Day Guests Club Announcements / News Milestones International News Happy Bucks Service Above Self Guest Speaker The Gallery

IMPORTANT MEETINGS 7/09 Board Meeting 7 AM Buttercup Restaurant

8/13 Charitable Fund: 6 PM US Bank





Rotary Tackles the Honduras WASH Project

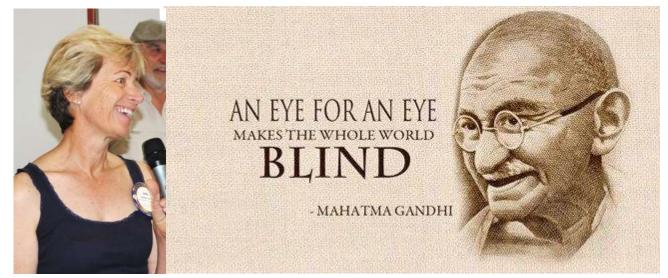


Madam President accepts the newest edition to our banners. Alejandro Flores, a Rotarian from Honduras, was today's speaker along with Michael Barrington the President of the Concord Rotary.

"WILL THE MEETING PLEASE COME TO ORDER"



THOUGHT OF THE DAY FROM EWA SOBILO



GUESTS GALORE



Mark Bottomley of Pulse Systems Potential member



Lauren Utne and Larissa Gallagher Interactors



Michael Barrington & Alejandro Flores Today's speakers

GETTING DOWN TO BUSINESS

Community Services

Community Services Co-Chair Clayton Worsdell said that this Saturday's Home Team service has been cancelled.

Upcoming Fall Seminars





Training Chair Claire Roberts, District Governor Tina Akins, and **Training Chair Patricia Bergman** are shown here planning District 5160 upcoming Fall Seminars.

If you're wondering if this is an event for you, ask yourself these questions:

- Are you a new Rotarian who wants to learn more about our organization?
- Are you a seasoned Rotarian who is seeking new insights into service project and Club success?
- Do you enjoy meeting new Rotary friends and sharing ideas with other Clubs in the District?

If you answered yes, then you won't want to miss out on the fun and fellowship that is being planned for these Seminars. Please mark your calendar for the following dates:

South—**October 5** location to be announced North—**October 19** in Redding at Simpson University

As the dates get closer you will receive a personalized registration invitation. Contact us if you want more information: Patricia Bergman **pcochranb@hughes.net** Claire Roberts **cmroberts@comcast.net**

The Backpack Project

The following letter explains the Family Justice Center and the Backpack project:

Hello Fellow Rotarians,

Many of the children of Contra Costa County Family Justice Center were forced to relocate due to domestic violence and left everything behind. Nearly all of them are in economically distressed households because the primary breadwinner was the abuser. The Family Justice Center has long wanted to provide trauma informed, victim centered support for these children. Four years ago we started the backpack program and this year we have launched Success Academy.

The Family Justice Center is in its fourth year of partnership with Cornerstone Fellowship Walnut Creek to provide well-stocked, grade appropriate backpacks for children affected by Interpersonal Violence. Our partnership began with 50 backpacks, and we finished our third year with an excess of 200 that were provided and filled by eight community partners, including our newest Diablo Valley Rotary. Last year we were also excited to provide 30 desktop computer systems for families participating in the program courtesy of TechExchange.

At the beginning of 2019 we launched our pilot youth program: Success Academy. While the parents are participating in Long-Term Safety educational classes, their children are welcome to attend an open academic support program located onsite. Due to the enormous generosity of our donors last year, we have been able to support our students from 4th grade through their first two years of local Community College. Success Academy provides all of their materials (including backpacks) and makes available the internet, a color printer, mentors for tutoring, school projects, research, and college and career counseling. Students are surprised to learn that they don't have to purchase paints, poster boards, glue, glitter, or any materials needed for schoolrelated projects. We even help research and prepare science fair projects.

We collect throughout the month of July and pack this Sunday. We're shooting for distribution dates of August 1st and 2^{n} at the Family Justice Center in Concord and Richmond. A third Center will open in Antioch and distribution will occur in the first or second week of August.

> Cheers, Cynthia

How Our Club is Helping

Rich Lueck said that 24 backpacks, tons of school supplies, and \$70 were donated by **Barbara Reifschneider**, **Torsten Jacobson**, **Julia Dawson** and **Pam Lueck**. Now we need to put the supplies inside the backpacks and that will be done at the Stuffing Party, Sunday, July 28 at 1:00 p.m. at Cynthia Alfamiran's house.

The completed backpacks will be given to the Contra Costa County

Family Justice Center who will dispense them to children subjected to child abuse. The FJC is in the fourth year of partnering will the Cornerstone Fellowship of Walnut Creek

The Stuffing party is Sunday, July 28th at 1:00 p.m. Cynthia Alfamiran's house 390 N WIGET LANE WALNUT CREEK CA 94598

Pizza and chocolate chip cookies will be served.

Here is the list of materials we are requesting:

- Scientific Calculators, Geometry sets
- Binders, Folders
- Pencil cases, Erasers, correction tape
- (Both Wide Rule/College Rule)
- Notebooks,
- •Composition Books,
- •Filler paper, Printer paper
- Pencils, Pens, Markers, Colored pencils
- First Pencils (for Pre-k, K, and 1st grade)
- Rulers,
- •Glue sticks,
- •Scissors (both blunt and sharp tip)
- Non-perishable snacks,
- Disinfecting wipes,
- •Tissue packs

Please do not donate:

Blue or Red backpacks, pencil boxes/cases, notebooks, binders or folders, Correction fluid, Liquid glue, and Mechanical pencils

Interactors Backpack Event

Past President Chris Ruzcika told us that the Interactors had their first kick-off meeting and put together 48 backpacks with tons of school supplies inside.



Help Wanted: Equipment Custodian and Speakers



Program Chair John Wolfe reported the following:

Equipment Custodian

Volunteers ae needed for the storage, transportation and set up of the electronic equipment used for our presentations—projector, laptop, etc. Rich Lueck said he could help from time to time but others are needed.

Speaker

The open dates for Rotary speakers are August 15 (top priority) as well as September 5, 12, 20 and 27. While he has one potential speaker, no date has been chosen yet. Let John know if you have any ideas for a speaker(s): candjwolfe@aol.com





Dave and Mary Kemnitz reported that Bill Arena will handle the marketing tasks for the Cars 2 ND Chance which consists of posting the vehicles on Facebook Marketplace which is very timeconsuming. Miles Bell also volunteered his time and energy. He will be the "go to buy" volunteer handling car washes, errands, etc.

Calls and texts will be directed to the Facebook Messenger and Dave and Mary will hopefully keep up with that.

Dave will still handle the viewing of the vehicles and negotiating sales. Mary will handle the paperwork and bank deposits generated by the sales.

We can still use more help. Well, while the cars are for sale they need pretty frequent washing which can be done right here at D&H. Please let Mary or Dave know if you can participate. Remember the cars program is how our Club adds money to the treasury.

Camp Royal Update



Chris Ruzicka introduced us to Interactors Lauren Utne and Emily Gallagher who



just completed their week at Camp Royal. Lauren told us that this was her first time away from home and Emily said it was an opportunity to look at myself. Founded in 1979, Camp Royal has become one of the top leadership camps for incoming high school seniors throughout the country. During the weeklong campexperience, students

develop advanced leadership skills by working with professional mentors, counselors, educators, keynote speakers, peers and Rotarians. A day on the "Ropes Course" teaches students experience in team building, trust and successful cooperation. The program is a concentrated week of information, ideas and strategies that will help the camper return to his/her school and community with increased confidence and the tools to be a more effective leader.





Renee Rushworth and her family celebrated her 50th birthday at the Russian River which is the second-largest river flowing through the nine-county Greater San Francisco Bay Area.

Clayton Worsdell and **Carol** celebrated his birthday in Carmel. Here they are having breakfast. Notice there is a picture in the mirror that captured the person who volunteered to take their photo. Totally cool. Clayton also donated \$100 to his Paul Harris fund which is also pretty cool too.



More Moon Landing News



Could that be why the Rotary flag made it to the moon? Notice how Neil seems to be scratching his head wondering how that Rotary flag got there. Did you know that **Neil Armstrong**, the first man on the moon, was a Rotarian? No kidding. He was a member of the Rotary Club of Wapakoneta, Ohio and was honored at the 18th annual Rotary Space Banquet Thursday, March 11, 2004 at the Hyatt Regency Hotel in Houston.





Now here's a mystery. Notice the moon landing sock. No, Neil wasn't wearing them when he landed on the moon, but someone at our Thursday meeting was.

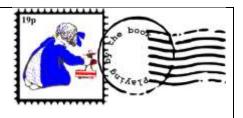
Do you know who it was?

POSTCARDS FROM *Russia*

President-elect and Treasurer Vicki Sexton left for a vacation to Russia with her friend, John. Here is her report—so far:

Hi Clayton Valley/Concord Rotary Member

(John and D had a delay in flight getting into Chicago so we were rerouted to Barcelona, Paris, and finally reached St. Petersburg. Unfortunately our luggage didn't fare as well. Five days later, just as we were leaving St. Petersburg, D finally got my luggage, but poor /John didn't have any such luck. They took him shopping in town so he could buy another pair of pants, a couple of shirts and better walking shoes. He's been a great sport. D wore the same clothes for 5 days and was really excited to put something different on when my luggage arrived, but everything was really wrinkled. D definitely over packed.



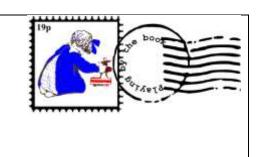
Clayton Valley/Concord Rotary Sunrise PO Box 4 Clayton CA 94517

Vicki

Hello Again,

We've been sailing for 2 days now. The countryside is beautiful. We've had great weather. It's actually been hot. Everywhere we go we see really white bodies sunning themselves, many who just strip down to their underwear just to soak up some rays. It's very prestigious here for people to have tans because it is so rare.

The people are great. *Upon know governments can argue and shake* sabers at one another but folks just want to work, take care of their families and love one another. On that D find there is no difference between the people of Clayton and Russia. Having a great time but truly over packed.



Clayton Valley/Concord Rotary Sunvise PO Box 4 Clayton CA 94517

Vicki.

HAPPY BUCKS



Don Ouimet had a great time in Redding last week where he was partying with his family and learned that his grandson will be playing with the Los Angeles Giants (formerly the New York Giants). Everyone sure was proud of that news. So be on the lookout for number 51 if you watch the game.

Tommy Wolf is always happy and wanted us to know that he and Vanessa were in the city last week for training.





Renee Rushworth filled out an application, paid the state's application fee, took a training course, took the exam, filed her bond, took the oath of office, bought her Notary supplies and guess what? She is now an official Notary Public. She sure is happy and so are we. Way to go, Renee.

SPEAKERS

Concord Rotary Tackles Honduras School Sanitation

Today's speakers **Dr. Michael Barrington**, a Concord Rotarian and **Alejandro Flores** representing Honduras, presented the **WASH in School Target Challenge** project in Honduras to our members this morning. It was an eye-opening experience highlighting the need for such humanitarian attention.





UNICEF identified Haiti and Honduras as the two most needy countries in the Western Hemisphere. Together Dr. Barrington and Mr. Flores explained the WASH program.

We learned that basic education, literacy, water, and sanitation for impoverished schools are the focus of this project. The Rotary Club of Concord and its partners (10 local clubs) are working with the host clubs of Tocoa and Trujillo in Honduras to complete a six-year WASH in Schools Project. Working with civil engineers, and a projected budget of \$450,000, the goal is to provide the full range of WASH services to schools including construction and renovation of bathrooms, provision of clean drinking water, hygiene materials, and WASH training for all teachers, Rotarians and parent groups. Thirty schools and 800 teachers will be trained and the lives of approximately 12,000 students affected.

For more information go to www.my.rotary.org/en/wash-schoolstarget-

LITERACY PROGRAM

Michael and **Alajandro** autographed the book that will be donated to the Clayton public library as part of our Literacy program.



THE GALLERY

Once again Clayton Worsdell dazzles us with these beautiful photos taken right in his backyard.

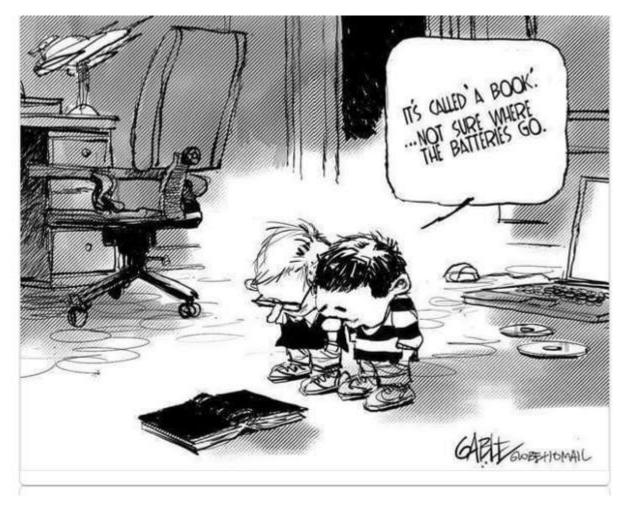








ALWAYS LEAVE 'EM LAUGHING



AN AUTOMOTIVE MOMENT

When my husband and I arrived at an automobile dealership to pick up our car, we were told the keys had been locked in it.

We went to the service department and found a blonde mechanic working feverishly to unlock the driver's side door. As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked.

"Hey," I announced to the technician, "its open!"

To which she replied, "I know — I already got that side."

My dear old grandmother always used to say the way to a man's heart was through his stomach, which is why she lost her job as a cardiac surgeon.

THINGS TO PONDER

I used to eat a lot of natural foods until I learned that most people die of natural causes.

Why do you have to "put your two cents in"... but it's only a "penny for your thoughts"? Where's that extra penny going?

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

What disease did cured ham actually have?

If a deaf person has to go to court, is it still called a hearing?

Why are you IN a movie, but you're ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Why do doctors leave the room while you change? They're going to see you naked anyway.

Why do toasters always have a setting that burns the toast to a horrible crisp, which no decent human being would eat?

Can a hearse carrying a corpse drive in the carpool lane?

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

Why do the Alphabet song and Twinkle, Twinkle Little Star have the same tune?

Why did you just try singing the two songs above?

Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him for a car ride, he sticks his head out the window?

HOW DID THE MAN WHO MADE THE FIRST CLOCK, KNOW WHAT TIME IT WAS?

... that's all folks.