

2019 - 2020

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IMPORTANT MEETINGS

11/12 Board Meeting 7 AM
Buttercup Restaurant
12/10 Charitable Fund
US Bank



ADOPT-A-STREET



From Clayton Road to Ayers and Kirker Pass, our **Adopt-A-Street** volunteers' worked diligently to provide streets so clean you could eat off of them, according to **Clayton Worsdell** and **Bob Huck** the co-chairs of the Community Services Committee.

Ten volunteers participated, seven of whom were club members, while three were Interactors. Check out **Madam President Julia Dawson**.

“WILL THE MEETING PLEASE COME TO ORDER”



THOUGHT OF THE DAY FROM BILL ARENA



“It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and happened to things.”

—Leonardo Da Vinci



TODAY’S VISITORS



TOM MEYER
Retired Financier



JEFFREY REMIS
Today’s Speaker

ANNOUNCEMENTS & NEWS

Club Services



Club Services Chair Barbara Reifschneider reported **Friday Night Live** will be at **President Julia's** house October 25. Costumes are optional, but the pot luck is mandatory: 440 Grenache Circle, Clayton from 6 pm to whenever. Don't forget that Day at the Races is November 16.

Community Services

Clayton Worsdell reported that the streets of Concord are now so clean you can eat on them. Seven members and three Interactors showed up for sweeping duties last week for

the **Adopt-A-Street** event. The next one will be on January 4, 2020.

Next **Home Team** event is scheduled for November 23. If you have questions, consult Clayton or **Bob Huck** who is the co-chair of the Community Services committee.



Ride for Rotary

Torsten Jacobsen announced that this year's Ride for Rotary will be held **January 17 to 29, 2020**. The Rotary District 3181 in India is once again conducting their annual International motorcycle and four wheel drive event in the name of charity. The previous three events for Ride for Rotary were a great success. Fifty members participated from 12 different countries and it turned out to be a wonderful experience. This year the goal is to make it bigger and better by adding four wheel drive to the mix with the intention of promoting international fellowship, exchanging Rotary views, and all the funds raised by this event will completely go to The Rotary Foundation.



Among the event highlights are:

- A 12 day event commencing from Mangalore (India) that can either be a motorcycle ride or a four wheel drive.
- The ride will cover 4 Rotary Districts, many Rotary Clubs along with temples, churches, Tiger Reserves, forests, Beaches and via some breath taking beautiful roads in the lap of nature.
- The route map is Mangalore-Madikeri-Mysore-Wayanad-Ooty-Coimbatore-Munnar-Thekady-Alleppey-Kochi.
- Participants/Riders will be provided motorcycles/cars, fuel, stay, food, riding gears, mechanical and medical support, for the entire event period.
- Indian Heritage, Culture, and Diversity will be showcased.

Participation Fee: For Individual: \$3,000+18% Tax. Last Date for Registration is 31st October 2019. Register now: info@rideforrotary.com. for more information log on to www.rideforrotary.com.

A New Project in San Felipe



Tina Sweeney announced that **Anna McCourt** is the new Youth Development Chairperson for the San Felipe, Mexico Rotary Club and are anxious to participate in an art program proposed by **Joan D'Onofrio**. Anna said: "our students love to draw and everyone is looking forward to participating in this project. Thank you for this wonderful opportunity for our kids." Tina, Anna, and Joan will be working on this project and everyone is encouraged to join the **Arts for San Felipe's Youth** program.



World Polio Day is Next Week!



On World Polio Day, thousands of Rotary Clubs from around the world will hold events and fundraisers to recognize progress in the global fight to end polio. This month's Polio Minute is unique as it asks you to challenge your Club, your PR team, and yourself to get ready for **WORLD ROTARY DAY 2019**. Our goal is to get the word out that we are "this close." Thanks to Clayton Worsdell who hung this sign at the Club, we are ready.



HAPPY BUCKS

Ben Wentling is booked solid but he is really happy to announce that his two daughters who live in Dubai will be back in the states to celebrate Xmas with their Dad.

Renee and Bill Rushworth will be celebrating their 29th Anniversary on the 26th and all sorts of fun stuff will take place. Congrats.



And look who's off to Japan. None other than **Ewa Sobilo** who belongs to The Concord Ambassadors which is an all-volunteer organization that maintains the Sister City relationship between Kitakami, Japan and Concord. It is dedicated to promoting mutual exchanges in the fields of education, culture, social affairs, and economics. Ewa will be touring with the group for 10 days as part of this program.



It's totally amazing that in less than 10 minutes the club collected \$225 for a cause that **Rich Lueck** called to our attention this morning. Seems there is a student at the Mt Diablo Elementary school who needed, but could not afford, a Chrome book. **SAA Rob Waldman** passed the hat and viola, donations came pouring in. Thanks to all who contributed.

TODAY'S SPEAKER

ONE WITH ALL HUMANITY



Bill Arena introduced today's speaker, **Jeffrey Remis**, who spoke to us about "Elevating Our Service" since "Service above Self" is our Rotary mantra. Jeffrey identified his presentation as a transformational session intended to inspire each of us to live an extraordinary life of unconditional service. Highlights of this include: relevance, foundations, definitions, forms, benefits, practiced, and creating an action plan.

Jeffrey, who refers to himself as a Gratitude Ambassador, received degrees from UC Berkeley and Golden Gate University. He lives in the SF Bay area since high school but hails from New York City. He runs two businesses and services Fortune 500 clients and governmental agencies. You can contact him for more information: 925 483-5260 or jremis@yahoo.com



LITERACY PROGRAM

Jeffrey signed a book titled *Soul over Matter* that he authored and will be available to anyone who wants to read it after which it will be donated to the Clayton Library in honor of our Club's literacy program.

THE GALLERY

Once again Clayton Worsdell focused his lens on interesting compositions. Here are two photos he took of abandoned homes and vehicles in the Ghost Town of Bodie State Historic Park.





Fouke House
Bodie State Historic Park, CA

by Clayton Worsell 2019

ALWAYS LEAVE 'EM LAUGHING



“Can I tell you about a few items that aren’t on the menu?”

A MESSAGE FROM BEYOND

A man checked into a hotel. There was a computer in his room, so he decided to send an email to his wife. While typing in her address, he accidentally typed an extra letter and without realizing, sent the email to a widow who just returned from her husband’s funeral.

The widow decided to check her email, expecting condolence messages from friends and relatives. After reading the first email she fainted.

Her son rushed in to check on his mother and saw the computer screen with the message:

“To my loving wife. I know you are surprised to hear from me. They have computers here and we are allowed to email our loved ones. I’ve just been checked in. How are you and the kids? The place is really nice, but I feel lonely without you. I have made necessary arrangements for your arrival tomorrow. I am excited and can’t wait to see you.”

CORRUPT JUROR

Murphy, a dishonest lawyer, bribed a man on his client's jury to hold out for a charge of manslaughter, as opposed to the charge of murder which was brought by the state. One carried a penalty of 15 years while the other was a life sentence.

The jury was out for several days before they returned with the manslaughter verdict.

When Murphy paid the corrupt juror, he asked him if he had a very difficult time convincing the other jurors to see things his way.

"Sure did," the juror replied, "the other eleven wanted to acquit."

EXERCISE FOR PEOPLE OVER 50 THAT REALLY WORKS

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute and then relax.

Each day you'll find that you can hold this position for just a bit longer. After a couple of weeks, move up to 10-lb potato bags.

Then try 50-lb potato bags and then eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. **(I'm at this level.)**

After you feel confident at that level, put a potato in each bag. Careful not to strain yourself.

...that's all folks.

