



Speakers

December 18, 2019

[Tina Cole Kreitz, Author](#)

"The Last Gift Box, a Present to Those Who Follow Me."

December 25, 2019

[No Meeting - Christmas Holiday](#)

January 07, 2020

[Austin Henderson](#)

DACdb training for presidents & presidents elect

January 08, 2020

[Speaker: Members of Supportive Housing Committee](#)

AUCTION of Gift Items from Guatemala

By Grier Graff

Coming to the Rotary meeting this month: An AUCTION of gift items from Guatemala

Dec 11 - Preview of auction items

Dec 18 - Live and silent auction

Items include placemats, purses, pillow cases, table runners, scarves, ornaments, hacky balls, a skirt, a top (both being worn by Linnea) and many other things. The live auction features a bottle of wine with each item.



Events

December 18th

[Auction of Guatemalan Crafts](#)

December 18th

[Communication Committee Meets](#)

December 18th

[Board of Directors Meeting](#)

January 8th

[Membership Committee Meets](#)

March 4th

[Membership Committee Meets](#)

Submit Your Questions for Jan 15 Mental Health Panel

By Frederick C. Collignon

At our Jan. 15 meeting the speaker slot will be taken by club members who provided a 2-hour mental health panel to Rotaracters earlier this month. The topic will be "Mental Health and Mental Illness: A Club Discussion." Drs. O'Neil and Marcia Dillon, Drs. Arlene and Maury Marcus, with the addition of Dr. Lynne Henderson, will answer questions submitted anonymously in advance from club members. Questions can be submitted online here: <https://tinyurl.com/rotarymentalhealth>

Examples of the Rotaracters questions, which some Rotarians may be asking themselves, include:

1. How can I stop comparing myself to others and becoming depressed?
2. How do I comfort a friend caught up in stress (or grief, or other problems)?
3. How can I better balance job, academics, family, and my social life to reduce stress, while meeting my obligations and needs?
4. When and how should I recommend a friend seek professional help for the problems they have shared with me?

Birthdays

[Preston Staley](#)

December 15th

[Larry E. Kinsey](#)

December 15th

[Larry Chernila](#)

December 16th

[Frederick C. Collignon](#)

December 17th

[John Denvir](#)

December 17th

[James Ivan Masters](#)

Solo Mio Panel

By Christopher K. Ahoy

On December 6 Berkeley Rotary member Patricia Lewis participated in the lunch panel presentation at the #RealCollegeCalifornia Basic Needs Summit at Laney College. She

December 19th

[Katherine Campbell King](#)

December 24th

[Frederick G. Fassett](#)

December 29th

[Tom Elkema](#)

December 30th

[Shawn Rowles](#)

January 1st

[Senobia Ellis](#)

January 1st

[Kenneth L. Hickey](#)

January 11th

[Irene R. Hegarty](#)

January 13th

was able to discuss Solo Mio, her project to distribute toiletry bags to the homeless, among other topics. Congratulations to Patricia for this opportunity!



Susun Kim Presents on Family Justice Center work

By Pate D. Thomson

Susun Kim, Executive Director of the Family Justice Centers(FJC) in Contra Costa County spoke about her path through corporate law to a very meaningful career at the FJC addressing societal issues of interpersonal violence, including domestic violence. human trafficking, sexual assault, child and elder abuse. Working with 53 on site partners, including law enforcement, County and City agencies and community based organizations, her three FJC centers provide sites where a broad array of services can be brought under one roof to support impacted victims. The approach is individualized and the case management emphasizes client safety, emotional support, good health, love and belonging and building self-esteem. Other support services include financial support, legal services, cultural and language support, mental health, medical clinic support and job training. These and other services are utilized as they are needed.

Housing plays an important role. Homeless teenagers are prey for recruiters in sex trade and homeless shelters are recruiting grounds where girls and boys in their middle teens are typically recruited into prostitution within 48 hours of becoming homeless. Half of sex trafficked victims are born in the US and have not traveled across borders. Trafficking

also occurs in order to obtain cheap labor. Here victims may be exploited financially and held in work settings through intimidation.

Thanks to Susun's dynamic leadership and her dedicated consortium, there has been rapid growth in the utilization of the FJC services and recognition of her creative approach to serving victims, some 4000 in number in 2019. RotaCare is one of the FJC partners offering medical care to her clients and the clinic is located within the West CC County facility that local Rotary clubs helped remodel to adapt it to medical use.

A special thanks to Susun Kim for stepping up to provide this talk after there was a last minute cancellation from the Deputy District Attorney who was to share the podium.
