

Speakers

October 17, 2018

Mayor Jesse Arreguin, City of **Berkeley**

State of the City

October 18, 2018 Dr. Richard Chin, CEO,

Kindred BioSciences

October 24, 2018

DG Jon DwyerLeadership meeting with DG Visit - Jon Dwyer

Leadership meeting with DG Visit - Jon Dwyer

October 24, 2018

Jonathan Dwyer DG Official Visit

October 31, 2018

Peter Ralston, M.D., UCSF, Neuroscientist

Pain: Treatment and

Addiction

November 07, 2018

Grier Graff, Kurt Hauch, Tina **Etcheverry**

Events

October 17th **Boards of Directors**

October 19th

Guided Tour of the

Natural Sciences Gallery, Oakland Museum

October 24th

Scholarship Committee

October 26th

BARSHEEP TGIF - Hosted by The Rotary Club of San

Pablo

October 26th

Vintage or Vinegar?

October 31st

Communications

Committee

October 31st

Opportunities for Fun (Fund Raising) Committee

Berkeley Rotary Member News

By Elizabeth Roessner

Steve Holland's son Erik has let us know that Steve has moved into Belmont Village and visitors are encouraged. Mornings are usually best, if 2-3 people wanted to see him they can coordinate so that Erik or another family member can get him downstairs to the bistro to socialize.

Cards may be sent to his home address in Kensington (found in the club directory) or to Erik's office at Fidelity Insurance, 801 Allston Way, Berkeley 94710.





In case you missed the recent announcements at club meetings, long-time Rotarian Ed Waller passed away recently. At last week's meeting, Pate Thompson and Fred Collignon shared their memories of Ed as a mentor, a friend, a devoted husband, and a doctor dedicated to eradicating polio worldwide. A funeral service will be held on Monday, Oct. 15 (this week) at 2 pm at St. Clements Church (2837 Claremont Boulevard in Berkeley) for those who wish to attend.

Join our Campaign!

No, we're not talking politics. We are launching a club membership campaign, beginning this month, and asking each and every club member to bring a guest to an upcoming meeting. Next Wednesday Mayor Jesse Arreguin will speak on the State of the City, a topic that should interest everyone. On October 31, UCSF Neuroscientist Peter Ralston will talk about Pain: Treatment and Addiction, an important subject for our nation in light of its aging population and opioid crisis. Bring a friend, a neighbor, or work colleague. Or consider inviting someone from the university to check out our new south campus location.

Mary Alice will make a brief presentation on Wednesday and challenge club members to enter our "Bring a Guest" contest. Every time a member brings a guest, the member's name will be placed in a box for a later drawing and a chance to win a very special prize. The more guests you bring, the more chances you have to win.

Other membership activities are being planned for the New Year, including a Sunday reception for Rotarians who attend with a guest. Details to come.

So take a moment, think about someone who just might enjoy the social interaction, speakers, and—of course—service that Rotary offers. They will thank you for it (and so will we)!

Membership Outreach Subcommittee

November 7th

Membership Committee

November 7th

Supportive Housing

Committee

November 14th

Social Committee

November 14th

Peace Committee

December 13th

Holiday Party

Birthdays

Donald L. Alter
October 15th
Helen Walker
October 21st
Joanne Juliette DickersonHarper
October 29th
Joan H. Collignon
November 3rd
Pate D. Thomson
November 5th
John M. Ferguson
November 11th
Dennis V. Hacker
November 14th

Reinventing the Devil Fish in Mexico

By Sallie Weissinger

On October 10, Mike Mitchell's lively, informative presentation focused on "Reinventing the Devil Fish in Southern Mexico." Originally from Los Angeles, Mike worked for a start-up financial services company in San Francisco before moving to Guatemala in 2012 to work with an urban agriculture/aquaculture project. In 2014 he went to Tabasco, Mexico through a Fulbright research grant to study small-scale fish farming in rural communities.



The "pez diablo," also known as the acari fish, is a highly invasive non-native fish that decimates native species of fish and causes significant soil erosion. Mike came up with the idea of transforming the negative perception of the acari /devil fish as a trash fish and an environmental threat. His idea was to create new economic opportunities for local fishermen by turning the fish into a high-protein, high-value food source and, in the process, reduce their environmental impact.



The acari, which is heavily consumed in Brazil, has invaded a number of other Latin American countries and can be found in Florida and Texas as well. Mike noted that, after a recent hurricane, these fish washed up on people's driveways. They reproduce two to three times faster than other fish species, breathe air like humans, and have plates not scales. He and his partner have begun producing them into food as fish fillets and tasty "El Diablito" jerky. He described the fish as being mild-flavored with a firm texture and, in its jerky form, has a taste similar to beef jerky. It is an excellent source of Omega 3.

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