



Speakers

October 16, 2019

[Alameda County Supervisor Keith Carlson](#)

The 2020 Census and the Importance of Getting an Accurate Count for Alameda County

October 23, 2019

[Wangmo Dixey, Executive Director of Dharma College](#)

October 30, 2019

[Tina Akins, DG, Rotary District 5160](#)

"It All Adds Up"

November 06, 2019

[Grier Graf, Co-Chair of Grants Committee](#)

Events

October 16th

[Communications Committee Meeting](#)

October 16th

[Casting About - Informal discussion of all things Rotary](#)

October 16th

[Scholarship Committee Meeting](#)

October 19th

[Hospital de la Familia - Work Party](#)

October 30th

[Leadership Team Meeting](#)

November 6th

[Membership Committee Meets](#)

November 9th

[BRC Support for SF Walk to End Alzheimer's](#)

Birthdays

[Donald L. Alter](#)

October 15th

[Helen Walker](#)

October 21st

Rotaract Benefit Show for Alzheimer's on Oct 20

By Frederick C. Collignon



Cal Rotaract is hosting its benefit show this year on Oct. 20 with all money raised going to the Alzheimer's Association. The benefit will be at the Anna Head Alumae Hall, off campus on Haste Street. It features numerous student singing and dancing groups, and usually some comic acts. Those who have attended in past years have called it very entertaining and fun. The Bay Area Alzheimer's Association is also showcasing it in their media. The benefit is tied into the Alzheimer's walk in San Francisco, in which our club and the rest of BARSHEEP, as well as other Rotary clubs and many other groups around the Bay Area, are participating. See related story below.

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Berkeley Rotarians Will Walk to End Alzheimers

By Joan H. Collignon

On November 9, Berkeley Rotarians will join BARSHEEP Rotarians in a benefit walk in San Francisco to support research on the prevention and cure of Alzheimer's Disease, this scourge which has affected our club members and their families and all of us. Some of us will walk the one mile or three mile course at Pier 27 in San Francisco. Others are donating funds to support our Team Rotary BARSHEEP. You can do either ♦ Walk or donate or both ♦ by clicking on this link:

<http://act.alz.org/goto/RotaryBARSHEEP>

There ♦s no minimum donation necessary to walk; all you have to do is register. But those who raise \$100 get a nifty purple t-shirt! And the knowledge that you ♦re helping to find a cure.

Please click on the link, walk together with us on November 9 (where we ♦ll all wear Rotary hats!), or donate to the cause. It ♦s easy and fun. All the information is available online, or contact Joan Collignon. GO TEAM ROTARY BARSHEEP!



Remembering Paul Monroe

By Frederick C. Collignon

Although we are saddened to hear of the recent passing of Berkeley Rotarian Paul Monroe, one

[Joanne Dickerson-Harper](#)

October 29th

[Joan H. Collignon](#)

November 3rd

[Pate D. Thomson](#)

November 5th

[John M. Ferguson](#)

November 11th



of the pleasures of our club is learning over time the many amazing things our members have done in their lives and careers. Let me share a few with you about Paul.

He would say one of his greatest points of pride was his family. Many of you who have been active in the Berkeley schools have known and worked with Laura Monroe, Paul's wife, a former school principal and program administrator. They had two children: Karen, who is in her second term as the elected County Superintendent of Schools, and Paul D. Monroe III, who served as a major in the army, following his Dad's choice of vocation.

What one first thinks about with Paul, of course, is his military service. Paul served his country for 46 years in the Army, retiring as a major

general. He was an enlisted man who rose to the top, commanding every level from Platoon through Company, Battalion, and Brigade, culminating in his final assignment as commander of the California National Guard.

[Read More](#)

Neal Grace Seeks to Inspire

By Joanne Dickerson-Harper

Neal Grace, author of *Fresh Eyes Upon the World*, began his October 9 talk with "We are all masterpieces of the Cosmos. We are the product of all of our experiences."

Not following the laws of nature influences our behavior in negative ways. We should ignite, laugh, play, bring creative ideas, live in the now, use fresh eyes, be wild, be spontaneous! Above all we shouldn't take ourselves too seriously. Age is an attitude. The child still lives within all of us, representing purity and innocence.

Support of the human race means that we have to include everyone. The smallest gesture has an impact on people. Every little thing we do accumulates and influences. Being the best we can be requires being compassionate, honorable, and kind. Viewing the world without preconceptions opens us up to learn from others, but more importantly, it makes us be the best we can be. Passing on our experiences to others helps to them to be better people. Every one of us is a genius. If we and our children heard and understood we could all make a huge difference in our communities and our world.

His parting words of wisdom: "What's at the end of life?" No one knows, but we should be on a mission to see and become everything we are meant to be. In that way, we ensure that our future is as good as we can make it.
