



e-Revolutions

Berkeley Rotary Club

AT THE INTERSECTION OF COMMUNITY AND SERVICE SINCE 1916



[Click here](#) for a printable club calendar

Speakers

May 01, 2024

[Grace Karr, Senior Community Engagement Manager, BUILD Bay Area](#)
"Support East Bay High School Entrepreneurs in the BUILD Program"

May 08, 2024

[Professor David Weisblat, Dept. of Molecular + Cell Biology, UC Berkeley](#)
"The Mongolia Program"

May 15, 2024

[Steve Tornallavay, Founder + Director, 9th Street Lab](#)
"9th Street Lab: Learn to Build, Build to Learn"

May 22, 2024

[Alison Simon, Former Director of Amtrak](#)
"The Future of Rail in a Climate-Changing World"

Events

April 30th

[Membership Committee Meeting via Zoom](#)

May 1st

[Supportive Housing Committee Meeting via Zoom](#)

May 1st

[Social Committee Meeting via Zoom](#)

May 5th

[Tour the Tilden Regional Parks Botanical Garden](#)

May 8th

[Communications Committee Meeting via Zoom](#)

May 9th

[Thirsty Thursday](#)

May 11th

[CEID 21st Annual Walk-A-Thon](#)

May 22nd

[Civil Discourse Meeting via Zoom](#)

Birthdays

John Caner

April 30th

David A Wilson Jr.

May 2nd

Club Announcements

Next Meeting. Wednesday, May 1, 2024, 12:30 PM PT (at First Pres and on Zoom): Grace Karr, Senior Community Engagement Manager for BUILD Bay Area (<https://build.org>), will present "**Support East Bay High School Entrepreneurs in the BUILD Program.**" A national organization that teaches entrepreneurship skills to underserved students, BUILD started in the Bay Area in 1999 and partners with several schools in the East Bay. Connecting youth to leaders in the community is an essential part of their delivery model, whether one serves as a business mentor or volunteers at a BUILD event. Learn how you can support BUILD students as they develop their businesses. The speaker is provided by Libby Tyler, Berkeley Rotary President 2023-24.



Rotary Live: May 1, 8 AM PT. Join the discussion on Facebook about how our community raises awareness around mental health and well-being, expands access to mental healthcare, and reduces the stigma around difficult conversations. Anyone on or off Facebook can attend. Register: <https://on.rotary.org/1may-fb>

Mark Your Calendar: June 9, 2024, 2-5:30 PM. In partnership with the Downtown Berkeley

Association, our big fundraiser, **Taste of Downtown Berkeley**, is a walking tour of some of the prime downtown restaurants, where you can stroll and enjoy gourmet bites from local chefs. **Tickets go on sale May 5!** The event will support our important projects like RotaCare, scholarships, and Supportive Housing Hygiene Kits. We need several volunteers to make this event a success. Questions? Contact Tina Etcheverry (etcheverrytina@yahoo.com) or Joan Collignon (joancollignon@gmail.com).



Pro Tip. Thank you, BRC Teams, for bringing us great speakers! In April, we caught up with EBMUD, the Berkeley FireSafe Council, and the Oakland Museum of California, and learned about the biological arrow of time (heady stuff!). If you missed a meeting (or to watch it again), check out our video library:

<https://berkeleyrotary.org/past-speakers.php>



Pamela M. Doolan
May 3rd
Jacqueline Peters Hammond
May 10th
Adrian Vancamper
May 10th
Amit S Randhawa
May 11th
Martin Kaliski
May 12th
Dylan Supencheck
May 14th
Kenneth N. Matsumura
May 15th
Anne Pardee
May 24th
Rebecca Phuong
May 26th
Christopher K. Ahoy
May 29th

BRC Helps BCC Celebrate Its 50th

Berkeley Rotarians helped celebrate the 50th Anniversary of Berkeley City College on April 23. The event drew a large crowd that enjoyed the music, informational tables and giveaways, tacos, and even horse rides! Below, Ken Renworth, BCC President Dr. Denise Richards, Joan Collignon, Fred Fassett, Colette Ford, and Irene Hegarty pose before a display of Rotary posters.



Aging, Entropy, and a Strategy to Break the Biological Arrow of Time

By Volodymyr Goshylyk

Peter Fedichev, Ph.D., Chief Science Officer at Gero (<https://gero.ai>), spoke to the club on April 24 about aging, entropy, and the biological arrow of time.

He explored the complex interplay between aging, entropy, and the theoretical possibilities of altering the natural aging process to “break” the biological arrow of time, and delved into the exponential growth of the human population, advancements in life-extending technologies, and broader societal and ethical considerations.

Population Growth and Its Implications. Dr.

Fedichev began by examining the rapid increase in the human population over historical timescales. This growth is characterized by a rate that surpasses natural attrition, leading to profound demographic shifts. He raised concerns about sustainability and resource management, highlighting the potential societal challenges if current trends continue.

Entropy and Aging. Entropy, commonly associated with disorder within a system, was discussed in relation to biological aging. Dr. Fedichev explained how living organisms exhibit signs of increased entropy as they age, manifesting as cellular and molecular wear and tear. This natural progression leads to typical aging symptoms, such as diminished bodily functions and greater disease susceptibility.

[Read More](#)



Board Notes: April 2024

By Helena Meyer-Knapp



This month's board meetings had a light agenda with no big decisions, either for the Endowment or for the club.

For the Club Board, it is nearly time for a membership changeover. The 2024-25 Rotary year begins July 1, and the new Board for next year has already been chosen. We will, of course, send our thanks to the departing members when their terms actually end.

Let me use this moment to remind new club members that you are always welcome to join any club committee whose work interests you. If participating as a Board Member appeals to you, sometime this summer you could make contact with the Nominating Committee to put your name forward. That committee is always chaired by the President-Elect; for 2024-25 that is Jason Russell.

The Endowment Board had no real new business, which gave us the opportunity to discuss how funding works, to the great benefit of two of the newer members, including your Secretary. An important distinction in our granting process is now clear. Berkeley Rotary offers long-term, sustaining funding only for three projects: College scholarships, the RotaCare Clinic, and Supportive Housing. These three currently receive funding year after year. Other club grants have only a short-term life, as seed money to get a project off the ground, to cover some specific gap, or for a "one-time use" like the EV chargers at the new housing project. Some other short-term grant funds go to collaborative projects with other clubs.

For current members, this funding philosophy has two direct consequences. One is that individual club members should consider themselves free to propose new grants and new recipients. Indeed, no grant can be considered unless sponsored by a member of the club. If you have a pet project, consider submitting a grant in an upcoming funding cycle. The other reality embedded in this funding system is that new projects only become possible if we make unrestricted contributions to the Endowment. Designated funds are unlikely to be available to fund new needs.

Welcome, Colette Ford!

Another new club member was inducted this week . . . we're on a roll!

Colette Ford grew up in Cohasset, Massachusetts, a small coastal town 20 miles south of Boston. Being Irish Catholic and a big Kennedy supporter, after high school she moved to Washington DC, attended college, and worked on Robert Kennedy's campaign for president in 1968. After his assassination, Colette decided to continue her education at the University of Massachusetts at Amherst, where she got a degree in English. She moved to Guam and taught language arts to seventh and eighth graders for two years while getting her masters degree in psychology. Then she moved again to Phoenix, Arizona, where she continued her graduate work at Arizona State University. She worked as a school guidance counselor, and as a marriage and family therapist.

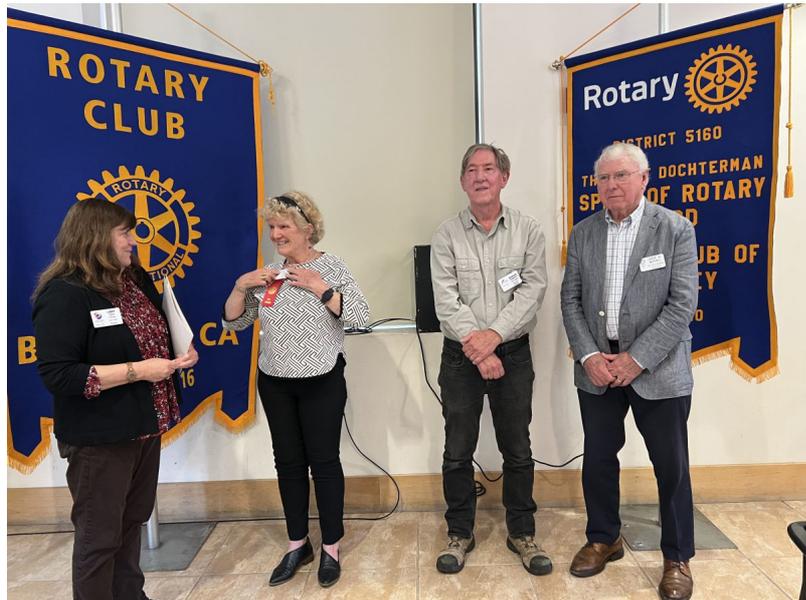
In 1982 she moved to Berkeley and started a catering company, then several years later decided to study real estate and become a realtor. Colette has worked as a real estate agent for 30+ years. She has loved her work as a realtor and currently works with a highly successful team of five agents at The Grubb Company.

Colette has been an active member of the community. She's worked on many political campaigns on a local and national level over the years. She was on the Claremont/Elmwood neighborhood association board for many years. She has also been an active member at her church, Newman Hall, Holy Spirit Parish, serving on its board and on a board within the church called Loaves and Fishes, which has won awards for their service to the homeless population of the bay area.

Colette continues to support many organizations that provide services to our less fortunate neighbors locally, nationally, and internationally with a special interest in education.

Welcome to Berkeley Rotary, Colette!

Below: President Libby inducts Colette as Ken Renworth (Membership Chair) and Jack McPhail (Colette's sponsor) look on.



Welcome Back, Luisa!



Many longstanding club members remember Luisa Buada when she was a member of our club during the “Lordships” days. Her work took her to Palo Alto for a number of years, but now she’s back! Luisa recently transferred her membership from Palo Alto to Berkeley (their loss; our gain).

Her professional achievements are impressive. Luisa received her Bachelor of Science degree in Nursing from the University of California, San Francisco (UCSF) School of Nursing in 1977 and her Master’s degree in Public Health (MPH) Policy and Administration from the University of California, Berkeley in 1990. She was the founding Executive Director of both Clinicas de Salud in the Salinas Valley and

Berkeley Primary Care Access Clinic. She co-founded LifeLong Medical Care in Berkeley as part of a merger with Over 60 Health Center in 1996.

[Read More](#)

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Club Calendars: Linda Cogozzo (online); Anne Pardee (printed)

Copy Deadline: Send to hgrty@sbcglobal.net by Saturday noon for next week’s e-Rev.