## **Speakers**

### April 15, 2020

Speaker from UC Local Government and Community Relations

"Presentation on People's Park Proposal for Student Housing and Supportive Housing for the Formerly Homeless"

April 29, 2020 Joanna Pfaelzer, Artistic Director, Berkeley Repertory Theater

## **Events**

April 8th Social Committee may meet via Zoom April 8th Peace Committee may meet via Zoom April 15th **Casting About** April 15th **Board of Directors** Meeting April 18th Jepson Prairie - Cancelled April 22nd **Communications Committee Meeting** April 22nd **Opportunities for "Fun" Raising Committee Meets** 

## **Birthdays**

John Caner

Yanick Louis Lindquist April 10th Arlin R Peters Jr. April 12th Kenneth Renworth April 20th George Luna April 20th David Hugh Malcolm April 21st Morton H. Orenstein April 22nd Mac Lingo April 24th Philip R. Henry April 28th

## **Club Announcements**

By Joan H. Collignon

The speaker for our next meeting on Wednesday, April 8 will be popular SF Chronicle columnist Carl Nolte, entertaining us with stories from the Bay Area s colorful past. The Zoom connection opens at 12:15, and the meeting will begin at 12:30. You I receive a Zoom invitation on Wednesday morning.

Need some Zoom proficiency? Peter Campbell will be giving a Zoom training on Monday, April 6 at 7 PM. And O�Neil Dillon will lead a training the following Monday, April 13, at 10:00 AM. Register for ongoing Zoom training by e-mailing <u>oneilsdillon@gmail.com</u>.

Finding it difficult to relax? Lynne Henderson will be leading guided meditations and exercises based on the research and work of Kristen Neff, Chris Germer, Paul Gilbert and her own book on increasing self-compassion. These will be designed to help us reduce stress and increase well-being and interconnectedness during these challenging times. The first session will take place via Zoom on Tuesday, April 7 at 2:30 PM. For more information, please email Lynne at <u>Ihenderson@rivcons.com</u>.

Contribute to our Wednesday slide show! Linda Cogozzo (<a href="locgozzo@icloud.com">locgozzo@icloud.com</a>) is gathering photos snapped by Berkeley Rotarians on their daily walks around town. Austin Henderson will put these up on our Zoom screens during the fifteen minutes before our regular Berkeley Rotary Club meetings. Email your photos to Linda, and please put Photo for Slideshow in the Subject heading. This will be a continuing project, so keep us posted as you wander the neighborhoods.

Looking for a fabric mask? Patricia Lewis (<u>patlewis05@yahoo.com</u>) is sewing up a batch! For a contribution to the Berkeley Rotary Solo Mio project she will make you one, or more if needed. (They retail for between \$8 and \$10 on Etsy; you may contribute anything you like.) To pay, click on the DONATE button on berkeleyrotary.org. and send a check or use your credit card. She will drop them on your front porch, or you can arrange a pickup. Email Patricia for more information.



# Where's the Word on Who's Got Take-out Food or Delivery, Loans, Whatever?

#### By Elizabeth Roessner

During these uncertain times, it's important to have resources to help navigate all of the different questions that members may have. Berkeley organizations have been working around the clock to provide the most up to date information. You may find the following sites useful.

Read More

## Members' Recommendations of Books/Shows to

?

April 30th <u>Robert G. Randall</u> May 1st <u>Pamela M. Doolan</u> May 3rd

# **View in Isolation**

By Frederick C. Collignon

The appreciations expressed by some last week for the suggestions in e-Rev of things to try during home-sheltering were gratifying. See below for additional ideas that were submitted this week, and much thanks to all who shared during the effort. If future suggestions come in, we will wait until we have a large enough collection for a longer story.

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## The Berkeley Relief Fund

By Elizabeth Holl Tyler



Club member John Caner who serves as the CEO of the Downtown Berkeley Association, along with Berkeley Mayor Jesse Arregu and the Mayor s Chief of Staff Jacquelyn McCormick, presented a program about the Berkeley Relief Fund to the club on April 1. The Berkeley Relief Fund was recently established by the city, working in conjunction with the Downtown Berkeley Association, Berkeley Chamber, and many other groups and individuals, to provide emergency relief grants to local small businesses, nonprofit arts organizations, and residential tenants that are hardest hit by the COVID-19 pandemic. The City Council approved \$3 million in funds for the program and are looking to the greater community to match this amount. The Berkeley

Rotary Club has stepped up to provide \$5,000, and thus far \$681,000 has been raised by the community. It is anticipated that additional fundraising efforts will be necessary as the shutdowns continue and we look to future recovery.

John, Mayor Arregu In, and Ms. McCormick described how the fund got started and all the groups that have been involved in this critical effort to keep our small businesses afloat. John introduced us to the website at <a href="https://berkeleyrelieffund.org/">https://berkeleyrelieffund.org/</a> and showed some moving short videos from local businesses about their struggles during the COVID-19 shut-down and why the relief fund is important at this time. There are dozens of these heartfelt YouTube videos linked on the website and they are well worth watching. The presenters urged Rotary members to spread the word about the Relief Fund and help to promote its success using the materials provided on the website.