



e-Revolutions

Berkeley Rotary Club

AT THE INTERSECTION OF COMMUNITY AND SERVICE SINCE 1916



[Click here](#) for a printable club calendar

Speakers

February 28, 2024

[Emily Seelenfreund, Exec. Dir., BOPR \(Bay Area Outreach and Recreation Program\)](#)

"BOPR: Empowering People with Disabilities Through Adaptive Sports and Recreation"

March 06, 2024

[Dobby Boe, Author + Retired Lecturer in English, UC Davis](#)

"Humor and Life"

March 13, 2024

[Henry Symons, BART Principal Government + Community Relations Representative](#)

"BART's Safe and Clean Plan"

March 20, 2024

[Commissioner Stephanie Singer, Alameda County Elections Commission](#)

"How Democracy Is Doing"

Club Announcements

Next Meeting. Wednesday, February 28, 2024, 12:30-1:30 PM: Emily Seelenfreund, Executive Director of BOPR (Bay Area Outreach and Recreation Program), will present "**BOPR: Empowering People with Disabilities Through Adaptive Sports and Recreation.**" Emily has devoted her career to advocating for persons with disabilities. Before joining BOPR, she worked for the City of Oakland as their Programmatic Access Coordinator and for Disability Rights Advocates as an attorney litigating disability rights class-action cases. She is also the co-founder of ParaCliffHangers, a nonprofit facilitating indoor and outdoor adaptive climbing nationwide. Emily has been an adaptive sports participant since age five. She played collegiate wheelchair basketball and has medaled in three Paraclimbing World Cups. Adaptive recreation transformed her life and her priority is ensuring that everyone has access to BOPR's programs, which foster confidence, community, and independence in the disability community. The speaker is provided by Team #6, the Sequoia Sempervirens Team; Shivani Grover and Irene Hegarty, Captains.



Civil Discourse. Hosted by the Berkeley Rotary Peace Committee, the next in a series of Civil Discourse meetings is on February 28, 2024, via Zoom, 2:30-3:30 PM PT. **Topic:** "Do older presidential candidates deserve additional scrutiny because of their potential mental lapses, or is this just more ageism?" Contact Dan Thomas (dthomas@tc-associates.com) for more information and the Zoom link.

Events

February 28th
[Civil Discourse Meeting via Zoom](#)

March 5th
[Membership Committee Meeting via Zoom](#)

March 14th
[Thirsty Thursday](#)

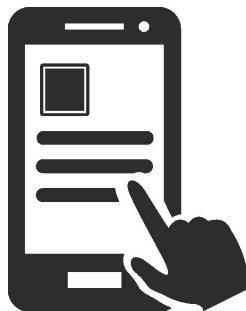
March 20th
[Meetings of the Boards \(Club and Endowment\) via Zoom](#)

Birthdays

Grier Graff
February 27th
Richard M. Betts
March 1st
email BRC
March 3rd

Oscar H. Luna
March 3rd
Tina Etcheverry
March 6th
Terrence M. Regan
March 11th
Donata Hubert
March 21st

Field of Rotary Dreams. Don't miss this! The District 5160 Conference is April 26-28, 2024, in Sacramento, CA. Sign up via the customize link emailed to you on February 19. Got questions? Registration: registrar@Rotary5160.org, conference: shry5@aol.com. (Pictured: District Governor Claire Sammon Roberts)



On the Go? The DACdb mobile application places the information you need in the palm of your hand, allowing you to quickly to check the BRC calendar (and more) when away from your computer. DACdb Mobile uses the same login name and password as you use on the main DACdb site. Download it now!

Covid Update: A Post-Pandemic View

By Helena Meyer-Knapp

Dr. Monica Gandhi has a new book out and she is a very busy woman in her practice, specializing in virology at UCSF, so she had one reason to speak to us and probably plenty of reasons why it might have been a challenge to fit our talk into her schedule. We are lucky she did.



She opened by eliciting questions from the audience and, with the mastery of a skilled speaker, she managed to find ways to fit her answers into her talk. Though on Zoom and across the Bay, she was among us well.

Each person in the audience has had their own encounters with COVID, and she began with one of hers – that she knew from comparing the challenges faced by her patients with the relative ease of her own life (her children in private schools that stayed open), that closing all public schools for months and months has been terribly costly to the children, to their families, and to society. Her sense of the research is that closing schools did not make that much difference to the overall course of the disease.

The focus of her talk was not to place blame on anyone for the policies we did follow last time, and yet with COVID now –endemic,– a disease that is with us for the foreseeable future, we need to take a different approach.

[Read More](#)

Hey, Committee Chairs: What's New?

Recent polling shows that club members want to hear about what our club committees are doing. Please take a minute and send us your updates. Are you planning a new project or event? Need new committee members? How can the club support your efforts? We want to hear from you!



Publisher: Jason Draut

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Club Announcements: Linda Cogozzo

Club Calendars: Linda Cogozzo (online); Anne Pardee (printed)

Copy Deadline: Send to hgrty@sbcglobal.net by Saturday noon for next week's e-Rev.