

Speakers

January 15, 2020

<u>Club Mental Health</u> <u>Professionals</u>

Panel Discussion on Mental Health

January 22, 2020

Dr. Bob Sorenson

Hospital de la Familia: Rotary Project 2019

Events

January 15th
Social Committee Meets

January 15th

Peace Committee (May) Meet

January 22nd

Casting About

January 22nd

Board of Directors

<u>Meeting</u>

January 29th

Communications
Committee Meeting

January 29th

Opportunities for Friend Raising

February 5th

Membership Committee Meets

April 1st

Membership Committee Meets

Birthdays

Irene R. Hegarty
January 13th
Steven Beckendorf
January 17th
Austin Henderson
January 25th

Jeffrey L. Hunt February 2nd

Peter D. Campbell

February 9th

Submit Your Questions for Jan. 15 Mental Health Panel

By O'Neil Dillon

For this Wednesday's meeting the speaker slot will be taken by club members who provided a 2-hour mental health panel to Rotaracters earlier this month. The topic will be "Mental Health and Mental Illness: A Club Discussion." Drs. O Neil and Marcia Dillon and Drs. Arlene and Maury Marcus, with the addition of Dr. Lynne Henderson, will answer questions submitted anonymously in advance from club members. Take this final opportunity to submit questions online: https://tinyurl.com/rotarymentalhealth

A thorough list of the Rotaracters questions, which some Rotarians may be asking themselves, can be found by clicking the read more link. Read More

Guatamala Team to Present on January 22

By Grier Graff on Friday, January 3, 2020



Berkeley Rotary has been supporting the work at the Hospital de la Familia in Nuevo Progreso, Guatemala for over 20 years. In October 2019, Berkeley Rotary sent a team of 27 Rotarians, Rotaractors, and friends of Berkeley Rotary to rehabilitate the hospital laboratory and paint several of the hospital wards. The ten-day trip included work (eye exams and 100 surgeries) in the ophthalmology clinic, visits to the Mexican/Guatemala border, visits to refugee camps in Guatemala and Mexico, visits to several Mayan villages on Lake Atitlan, and

much more. Come to the Club Meeting on January 22 to hear Team Members share their experiences and show how Berkeley Rotary is supporting international causes.

Housing Committee Reviews Our Work and Challenges the Club

By Frederick C. Collignon

Last week's meeting was put on by the club's Affordable Housing (formerly Homeless) committee. It reaffirmed a lot about the club: We do so much that even our most active members don't know everything we do. Our best speakers continue to be club members speaking about their vocational expertise, passions, and service. There is so much more we would like to do, and could do, if more members were willing to give an hour or two a week in hands-on service and if all gave the minimal financial support asked in the annual 3-2-1 fundraising of the club. Read More

BRC Committee Updates

By Austin Henderson

Here are some recent updates from our club

committees:.

1) House Committee: Arlin Peters is taking over as chair of the House Committee. Arlin is familiar with all three sets of responsibilities of the House Committee that must be carried our about 49 times a year: managing of guests and visitors, taking lunch money and handing out plates, and setting up and taking down the meeting technical support - AV equipment, furniture arrangement, banners. We thank Tom Reed and Joe Pena for their many years of service on the House Committee. Note: Arlin will be looking for more members to help with these important roles. For more information, see Arlin Peters.



- 2) Club Storage: Austin Henderson, as Club Secretary, has established a small team (including himself, Rick Betts, and Grier Graff) to develop a procedure for storage of club materials, both electronic and physical. Each committee will be responsible for determining what materials need to be saved for posterity associated with their events and then integrating those materials into the club-wide structure. For more see Rick Betts, Austin Henderson, and Grier Graff.
- 3) Messaging: The Communications Committee has started a project to define and develop a plan for the content of our messaging and branding that is delivered through our many contacts with our members and the general public. This is being coordinated with RI's "Public Image" initiative. The work is happening in part at the Communications Committee meetings. For more, see Joan Collignon, Irene Hegarty, Charlene Stern, and Linda Cogozzo.
- 4) Corporate Membership: For months, the Membership Committee has been developing a proposal to explore what RI calls "Corporate Memberships." Each club has its own take on this idea, and BRC is working to understand what needs such memberships will meet and whether there is a market for them. For more, see Fred Collignon.