

4-WAY FLYER

Rotary



Club of
Redmond

SERVICE ABOVE SELF

AUGUST 13, 2020 - Volume #12

FOR MEMBERS - BY MEMBERS

PRESIDENT'S MESSAGE



CALL TO ACTION: As you will see within this issue, we need some help from our Rotarians in various ways and now is the time to pitch in. Some things we just need ideas and feedback while some things we need participation and leadership. Here is what we have in mind:

FUNDRAISING: Paul Spain would like a Rotarian to step up to help create and execute a survey of our patrons from our Fruit Fundraisers (berries and citrus). 541-968-0168 spainer58@yahoo.com

SOCIAL: BRING US YOUR IDEAS. We tentatively are planning a Rotary BBQ Lunch in the American Legion Park as well as a Bike Ride from our Rotary park in Redmond to another Rotary park in Bend. If you've got some social ideas for how we can get together while practicing social distancing, get with your Social Committee Chairs Tiffany Christopher or Tyler Nokes. 541-604-1315 tiffany.christopher@pacresmortgage.com 541-379-4788 tnokes75@gmail.com

YOUTH: We're looking for a Youth committee Chairperson. See Dave Brenneman for details. DandBBrenneman@gmail.com 503-944-9498

COMMUNICATION: We're looking for a Communication Committee Chairperson. See Louise Kaplan for details. 503-799-0269 louise.s.kaplan@gmail.com

The Rotary Foundation (TRF): We're looking for a Rotary Foundation committee Chairperson. See Rick Phelps for details. 760-258-6704 rick.phelps93546@me.com

RRCC: See the article enclosed about 2 new members.

Many thanks to everyone in advance. We have some great opportunities to learn from each other, mentor each other, engage within our committees, and be social together.

Let's do it!!

~ President Keever

 **Next ZOOM Meetings** 

Rotary Zoom Business Info Meetings

We look forward to your Internet participation

Thursday - August 13, 2020 12:00 Noon
Speaker: Savanna Cate – Harney County

Next Thursday - August 20, 2020 12:00 Noon
Speaker: Keith Witcosky, Redmond City Manager

ADOPT-A-ROAD THANKS



It was time again last week to do duty on the streets, when three hard-working club members and a dedicated spouse spiffed up our section of Redmond downtown sidewalks and curbs. Thanks to club leader Butch Henry and wife Jerri, Marv Kaplan and Shannon O'Doherty. Pics provided by Shannon, when she wasn't picking up trash.

DISTRICT HOME PAGE INFO

To access each of these stories and more, click [here](#) to get to the District LogIn page.

The Rotary world is just a sign-in away!

- *Looking for some provocative conversation on hot topics?* The first Rotary Now!/Leading Change session is scheduled for August 20th at 7 PM, and offers a great opportunity to do just that. (Continued next page)



'Diversity, Equity and Inclusion' is the title of this Zoom session, where DG Nominee Aimee Walsh will start the conversation, then lead participants into break out sessions (virtually) and conversation. It's not designed as a training, but there is a video and some information participants will be asked to look at ahead of time. Register through DACdb to get the ZOOM information, or click on the website calendar.

- *What's that Great Stay-at-Home Race all about?* Sign in to DACdb and find out....it's on the District Home Page, and may be just your thing, if you are into fundraising and fitness.
- Do you have the urge to travel to Peru, but don't want to get on that plane to go there? Why not take a vicarious virtual trip by reading about some Eugene Rotarians' travels via a Friendship Exchange to that country? Great pics!

BRANEGAN DIXON - 4X4

Branegan was born in 1979 in California, and lived in Long Beach until he and his mom moved to central Oregon. He



was 10 years old then. As a kid, Branegan grew up just outside of town riding dirt bikes, enjoying the outdoors, spending time with friends and swimming in the pond. After high school, he took a few years to play and be an adult for a while.

He has always enjoyed helping those in need, mostly troubled teens, as he was one himself. Through his desire to help others, Branegan volunteered his time with many local non-profits, including Cascade Youth and Family Center, Big Brother, Big Sisters, and Camp Sunrise with Hospice. He didn't stop there.

He studied business at COCC in hopes of opening a cool place for kids to congregate and have fun, still spurred by his early years of mischief and desire to change that for local kids. Branegan was honored as Big Brother of the Year in 2006 while going to college, working full-time, and hanging out with his 2 "Littles". He launched "Full Body Fitness – gym and in-home personal training" in 2008 and graduated the next year with a degree in Business Administration. Despite his lack of enthusiasm for starting a business, he didn't stop there, either.

While studying, mentoring and launching his home fitness business, he was a trainer at the Redmond Athletic Club. He eventually took over the PT department and went from being an employee to a contractor, engaging in all the PT happenings at the club.

In 2015, Branegan had the chance to buy the RAC. He took it. He enjoys his work as the owner of a business where folks can achieve their health and fitness goals. Along the way, he found time to meet "an adorable little lady and her son, Tasha and Jules", and they became a family in 2014. In 2016, they had their youngest son, Onyx.

He still really enjoys helping people, and the club and community involvement (besides Rotary, Branegan recently joined the Redmond Chamber board) serve as his vehicle to fulfill his life's purpose – *"You can have everything you want in life, by helping enough other people get what they want"*. Zig Ziglar.

Seems as though Branegan isn't ever going to stop, and that's great news for Redmond!

FRUITS PAST AND FUTURE

Club project leader Paul Spain reports progress on distribution of a post-sales survey to berry customers. He shared a draft version of the survey last week, and hopes to send it out soon. Feedback from the survey will be valuable guidance for next year's fundraiser. Be watching your emails for the survey, so you can help us build on this year's record performance!



There's no time to rest on our laurels, of course. Talk of doing a citrus version as a fundraiser later this fall will need to become a formal fundraising effort in order for it to come to fruition. Look for discussion and updates on where it's headed in future club meetings. September is just around the corner.



RRCC NEEDS YOU !



If you ever wondered about the Treasurer's Report section titled "Charitable Corp", with a couple of line items for the "Main" account and something called the "Tony Hill Endowment", now's your chance to learn the inside scoop.

There are openings on RRCC's board of directors, which consists of four current club "at large" voting members and the current club president. This body oversees the Redmond Rotary Charitable Corporation, an independent 501(c)(3) non-profit charitable corporation with current assets of almost \$230,000. It is through this entity that scholarships are funded and administered.

The board meets as necessary a couple of times a year. For more information, members may contact Lon Johnson or Marv Kaplan. Let President Keever know by end of August if interested in serving.

LEADERSHIP REDMOND ROTARIANS

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. ~ Margaret Mead



According to club members who have been or are now going through Leadership Redmond, the main value in participating is the chance to learn how things work in Redmond, what the needs and issues are, and where to offer a hand to help our community thrive.

That may be true, but it's also clear each individual's journey through the usually 9-month-long program is unique. That's never been more true than the 2020 class of 25 participants, including club members Louise Kaplan and John Nielsen. Not surprisingly, the year of COVID-19 impacted this Chamber-sponsored program designed to bring groups of people together for learning, discussing, and collaborating for the purpose of changing our Redmond 'world' for the better.

What is Leadership Redmond (LR)?

Initiated jointly by the Redmond Executive Association and Redmond Chamber of Commerce in 2003, the program is designed to "educate, enhance and develop leaders to participate in key decision-making positions within our community" by exposing potential community leaders to issues faced by local leaders, volunteer and elected. Broadening the network through speakers, projects and participants representing a cross-section of Redmond has helped deepen Redmond's leadership base. Since the first class's completion in 2004, over 300 participants have graduated and 25 more are in progress.

The Chamber advertises each year (usually) for participants. There are a limited number of scholarships available, as the program costs about \$600 per person. Alumni are encouraged to help recruit an individual who may be interested in the program as part of maintaining a diverse pool of applicants.

From Louise

It was pretty easy to figure out where Louise's interests lay when she suggested an article about Leadership Redmond. It took less than a minute during the phone interview for her to give a solid overview about the program in general, but then it was all about the kennels project, and rightfully so. Since her class had just commenced, about the only focus her group was able to carry on during the coronavirus lock-down was planning of their community project.

Each LR class is asked to pick a project that benefits Redmond. For the class of 2020, the class was divided into two groups due to its size. As Louise put it, "individuals in our group just fell naturally into their own niche" once the Bright Side kennel replacement idea was agreed on. City permitting processes, construction knowledge, communications and other skills were represented within the group. Even partnering with Cascade Lakes Brewery, aided in part by Louise's bingo calling at the 7th Street pub, turned out to be a natural fundraiser for the paws cause. For a terrific recounting of the project's development, you can listen to the radio interview on a segment of KPOV's program 'The Point' on this topic. [Go to KPOV](#)

From John

This wasn't John's first attempt at completing the program, which gives him double the depth of perspective to share. As John told it, he "got to see the program through two different sets of eyes. I learned that while each group was

(continued next page)

very different, both cohorts came in with a thirst for knowledge about the community in which they live and work.”

John’s insights into the process revealed the initial anxieties common to many group experiences. You may know a face sitting across the table that first day, but not their name. Or you know the person by superficial quirks, like the perpetual dieter who can’t pass up the doughnuts, but you’ve never worked together on anything.

This time around, John’s group was just getting into the groove of planning and working together when the COVID-19 rules stopped progress. It “messed up every plan we made, every goal we set and every timeline we laid out.” Still, determination to finish was evident in John’s outlook for completing the program...his exact phrase was “come hell or high water”. Make no mistake, he and his group will finish strong. Meanwhile, his efforts go to keeping his family and workers safe. John accepts the situation for what it is, but that doesn’t mean he likes how things are right now. He’s eager to get back to the LR group’s work of doing good for Redmond.

The Rotary/LR Fit

The themes are strong between Rotary and member participation in LR. Working together to fill a need, collaborating on making things work better in our community and beyond are primary tenets for each. No wonder our club has no lack of leaders who know Redmond’s needs and who to partner with to change our corner of the world for the better. Margaret Mead wouldn’t be surprised at how well that works.

REDMOND LEADERSHIP Rotarian Alumni

Name	Year
Liz Farruggia	2006
John Meyer	2012
Jeff Casserly	2017
Andrew Fitch	2017
Branegan Dixon	2018
Keever Henry	2018

WHAT’S COOKING ?



A Late Summer Potato Salad Recipe

This is the best potato salad...so much healthier, mayo free, and extra creamy. Because there’s no mayo, letting it sit out becomes worry free. Most importantly...it’s delicious!

INGREDIENTS

- 2 pounds mixed baby new potatoes
- 3 cloves garlic
- kosher salt
- 1/2 cup raw cashews, soaked in hot water for 30 minutes, then drained
- 1 tablespoon grainy dijon mustard
- 1/3 cup extra virgin olive oil
- 1 cup fresh basil, chopped
- 1/4 cup fresh dill, chopped
- 2 chives, chopped
- flakey sea salt and black pepper
- 1 pinch crushed red pepper flakes
- juice of 1 lemon

INSTRUCTIONS

1. Place the potatoes, garlic and a tablespoon of salt in a large pot and fill with water. Bring to a boil over high heat and then reduce the to heat to medium, simmer 10-15 minutes or until the potatoes are just fork tender. Drain. Place the potatoes back in the hot pot. Remove the garlic cloves. Cover the pot and let the potatoes steam for another 20 minutes.



2. Meanwhile, combine the cooked garlic, drained cashews, mustard, and olive oil in a food processor. Pulse until smooth and creamy, adding water if needed to thin slightly.
3. Cut the potatoes in half and add to a large serving bowl. Add the cashew sauce, basil, dill, chives, lemon juice, and a pinch each of salt, pepper, and crushed red pepper flakes. Toss well to combine. Taste and adjust salt and pepper to your liking. Serve warm or cover and place in the fridge. *Can be served at room temp or cold. ENJOY*

Editor - Becky Lu Hummer

Publisher - Joe Kosanovic

