



SAFETY GUIDELINES ADOPT-A-ROAD PROGRAM

Road Department

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GETTING STARTED

Remember, SAFETY is the first priority when working along a County road.

Review this guide at least once a year. The group's spokesperson needs to be sure that each participant has reviewed this information, has signed a liability release, and that the liability release form is submitted to the Road Department before volunteering to work.

Pick up safety vests, litter patrol signs, litter bags, and flags, (all provided by the Road Department). **Safety vests** are required to be worn on the outside of all clothing.

Know the area you'll be working in and dress accordingly. Appropriate clothing includes long pants, a shirt with sleeves such as a t-shirt and sturdy shoes. Bright colored clothes will help you be more visible to traffic. Shoes should be leather with a substantial sole such as hiking boots or work boots. Leather or other cut-resistant gloves are recommended. You may also want to wear a hat and have sunscreen, water and a first-aid kit available.

Age Requirements. No individuals under 16 years of age are permitted to participate in the clean up or to be present at the work site.

WORKING IN TRAFFIC

Set-up Litter Patrol signs before beginning work!

On two-lane roads place one sign at each end of the work area.

On multiple lane roads place at least one sign at the beginning of the area on the shoulder closest to where the work is happening.

When working in the median, generally place signs on both sides of the median. Work facing traffic on one side, then cross over to the other side of the median and begin work facing traffic.

Work on one side of the road at a time for your own safety and that of your coworkers and motorists.

Crossing the road should be kept to a minimum and only on two-lane roads. If necessary, cross at a right angle and as quickly as possible. Show CAUTION, check each direction, and watch WHILE crossing. Don't cross on a curve, hilltop, or other location where sight distance is limited.

PROTECT YOURSELF

Drive safely!!

- 1) Obey all laws.
- 2) Always be courteous.
- 3) Stay alert for accident-potential situations.
- 4) Be careful when backing a vehicle.
 - a) As much as possible, park so that backing is unnecessary.
 - b) Check to see if the way is clear or have a passenger get out of the vehicle to be a spotter.
 - c) Honk horn twice before backing.
 - d) Back slowly.
 - e) Do not back for long distances or around corners.
- 5) Keep all windows clean.
- 6) Turn around in safe places with adequate sight distance in either direction.

Park your vehicles in a safe place. Use good judgment and be sure to turn on your hazard lights. Vehicles are not to be parked in gore points, acceleration lanes, deceleration lanes, or ramps except when adequately protected by traffic control devices (signs, flaggers, etc.) as described in the Manual of Uniform Traffic Control Devices and the Oregon supplements. When working in the median of a low traffic area, park on the right side of the roadway and cross to the median at a right angle.

Report Accidents. Injuries and vehicle accidents are to be reported to the Road Department contact person as soon as possible on the day it occurs.

Work only during daylight hours between one hour after sunrise and one hour before sunset.

Stay in view of at least one other Adopt-A-Road volunteer at all times.

Be aware of traffic. Stereos, CD players, iPods, MP3s, headphones, video games, and other electronic devices shall not be used while on the work site.

Securely close filled trash bags and place them on the shoulder of the road way along with any large items such as tires or furniture. Items placed on the highway shoulder should be left far enough from the pavement to prevent them from being struck by traffic.

SPECIAL HAZARDS

Roadsides can be full of unexpected hazards. Watch for uneven terrain, sunburn, stinging insects, and snakes as well as poisonous plants.

Protect yourself from infectious diseases. Basic preventative measures include wearing gloves, washing hands before eating, and avoiding contact with eyes, open cuts, and scratches.

Watch out for potentially dangerous items. Hypodermic needles, broken glass, and sharp items are not to be picked up or placed in trash bags. Flag these items and report them to the Road Department contact person as soon as possible. Also mark items that are suspected to be a hazardous substance such as fertilizers, flammable solvents, insecticides, and by-products from drug laboratories.

* To request this information in an alternate format please call (541) 322-7149, or send an email to vikki.opie@deschutes.org.