AUTISM SOCIETY OF OREGON Improving the Lives of All Affected by Autism

Call us at: 1-888-AUTISM-1 (toll-free) E-mail: Info@AutismSocietyOregon.org Website: www.AutismSocietyOregon.org



# **OUR VISION:**

To be Oregon's leading organization providing resources, education, advocacy and support for individuals and families living with Autism.

# What is Autism?

Autism is a neuro-developmental disability

- Characteristic difficulties with:
  - Communication
  - Social interaction
  - Repetitive/Stereotypical behaviors
  - Restricted interests
  - Sensory processing challenges



"When you've met one person on the autism spectrum, you've met one person on the autism spectrum"

- Autism is a life-long disability
- Early identification and supportive therapies are key

### **Rate of Diagnosis:**

1 in 68 children diagnosed with ASD by 8

- Across <u>all</u> ethnic, racial and economic groups
- Cancer in children is found at 1-2: 10,000
- From CDC report, March 2014
  2012: 1 in 88
  2010: 1 in 110
  1994: 1 in 2,500



Over 9,000 children in
 Oregon schools have an autism identification

# Let's talk money!



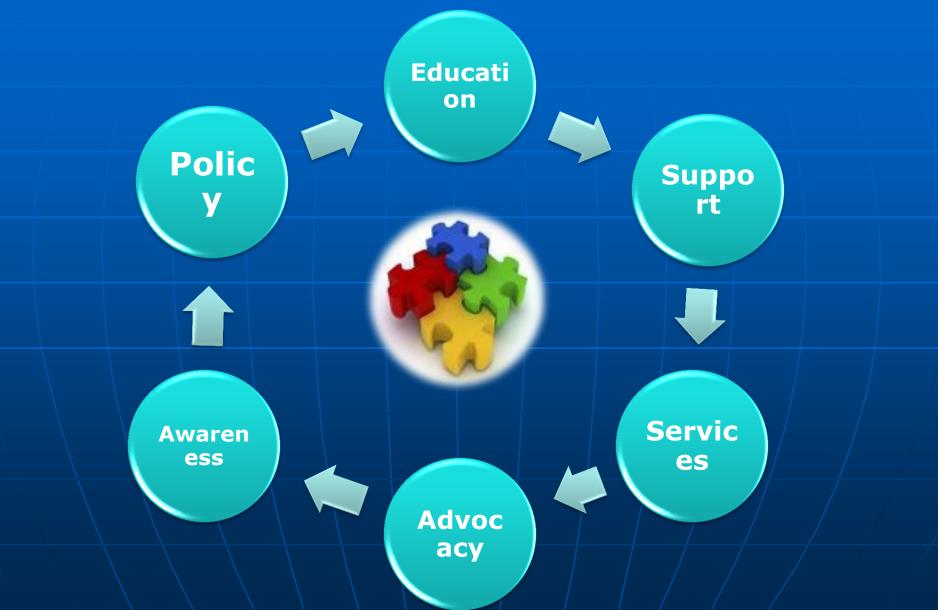
■ \$4,000 - 6,000 MORE per year in medical expenses Behavioral therapy: \$25,000 - \$40,000 per year Oregon schools: \$200 million per biennium on autism services Adult care services Economic costs

# What is ASO?

- Established in 1981 by parents of children on the autism spectrum
- State affiliate of Autism Society of America
- Serving the entire state of Oregon
- Address needs throughout the lifespan and across the autism spectrum
- 11 volunteer Board members, 24 regional volunteers & 1 full time Executive Director
- 501(c)(3) organization privately funded



### **CORE AREAS OF SERVICE**



## **Education:**

#### WORKSHOP SERIES:

- Potty Training
- Sleep Issues
- Puberty
- Special Education
- Anger Management
- Transition to Adult Services
- Housing
- Employment
- Law Enforcement Training



## **Support:**



#### 22 Support & Activity Groups throughout State:

- Parents, Grandparents, Siblings
- Game Clubs
- Children, Girls, Teens, Adults on spectrum
- Online support networks

On-line Resource/ Referral Guide:

From therapists to camps to hair cuts!

## Service:

- "Take a Break on ASO!" Program
- Autism-Friendly Family Events
- Summer Camp Support
- Sensory Friendly Films
- Gas card program
- Respite programs



## **Advocacy:**

ASO is working to ensure health insurance coverage for autism therapies

 Provide access to medically necessary autism therapies for every person who would benefit <u>www.AutisminsuranceOR.org</u>



### Awareness:

## April is Autism Awareness Month!

- Autism Awareness Walk in Portland is the largest autism awareness event in Oregon
  - New walks in Central Oregon and Clatsop County!
  - Over 3,000 people standing together to support Oregon's autism community!





### **Resources in Oregon:**

#### **County and State services:**

- County Developmental Disability Services (all ages)
- Early Intervention/Early Childhood Education (up to age 5)
- Special Education (ages 5-22)
- Brokerages (Adults)
- Office of Vocational Rehabilitation (Adults)

#### Private services:

- OHSU's CDRC
- Swindell's Center for Children
- Many private therapeutic practitioners and some private schools
- Other Non-Profit Organizations
  - FACT
  - ARRO
  - Northwest Autism Foundation
  - Autism Empowerment

#### Do you have concerns about a child's development?

- Contact the county for a free assessment- this leads to early intervention services and individualized educational plans
  - County Developmental Disability Services
  - Early Intervention/Early Childhood Special Education
- <u>ASQ Oregon- Ages and Stages questionnaires</u>: University of Oregon's premiere parent questionnaire/assessment that leads to specific direction on intervention.
  - www.ASQOregon.com
- <u>Outside Assessments:</u> speech therapy, occupational therapy, behavioral consultation, medical, psychological evaluation.
  - Resource list at www.AutismSocietyOregon.org

## **Questions?**



(503) 636-1676 1-888-AUTISM1 <u>www.AutismSocietyOregon.org</u> Tobi Rates, Executive Director