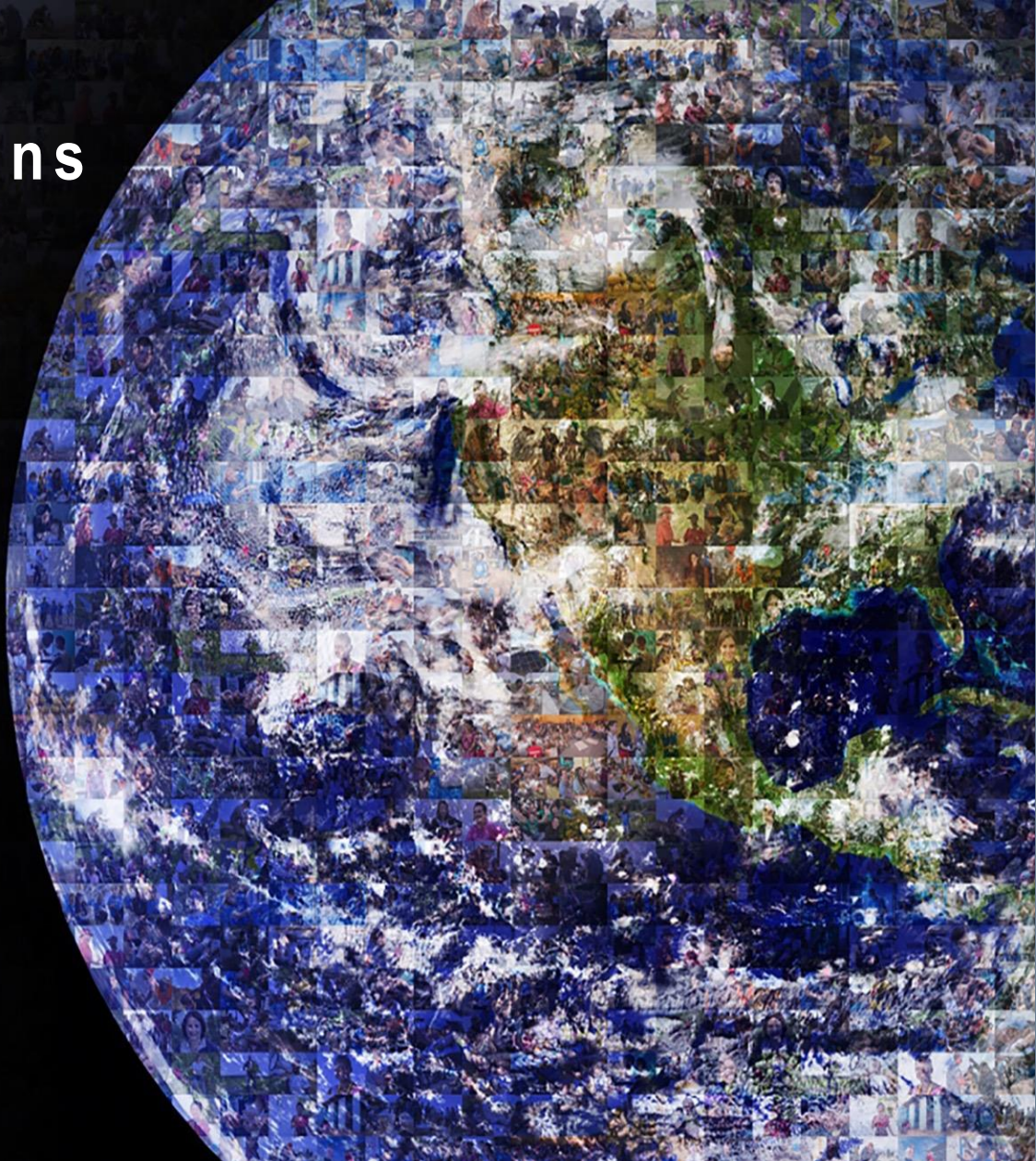


# Healthy Conversations In Difficult Times



**Rotary**  
District 5080



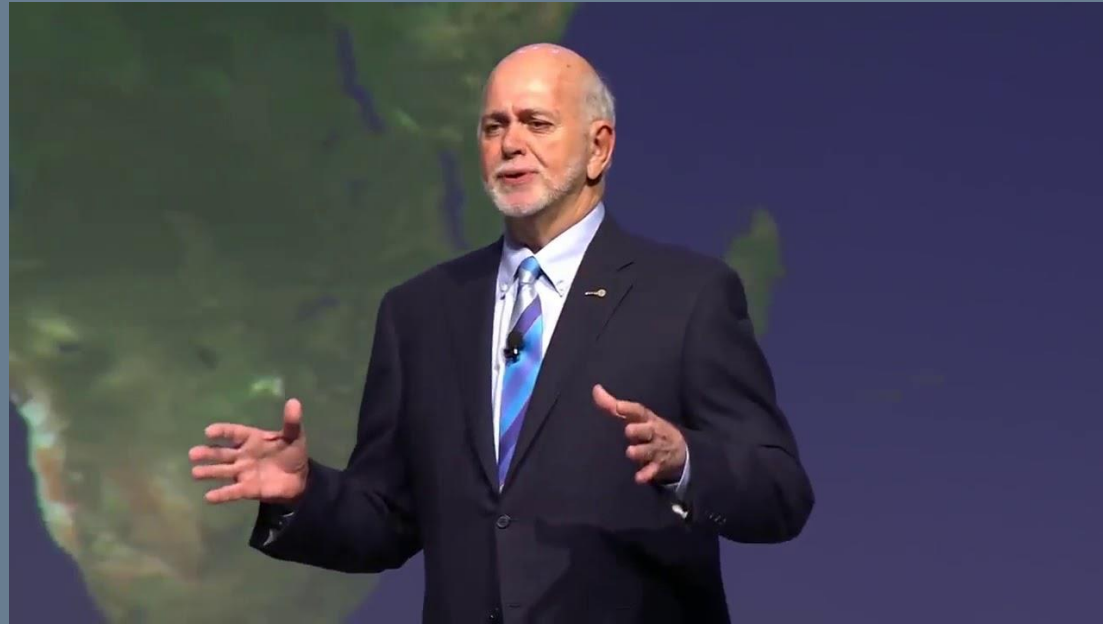
# Rotary's Vision

Together, we see a world where people unite and take action to create lasting change across the globe, in our communities, and in ourselves.



What role does healthy conversations play in this vision for the globe, for our community and for ourselves?

# YOU are an instrument of PEACE



“Peace happens one conversation at a time”  
- Past R.I. President, Barry Rassin

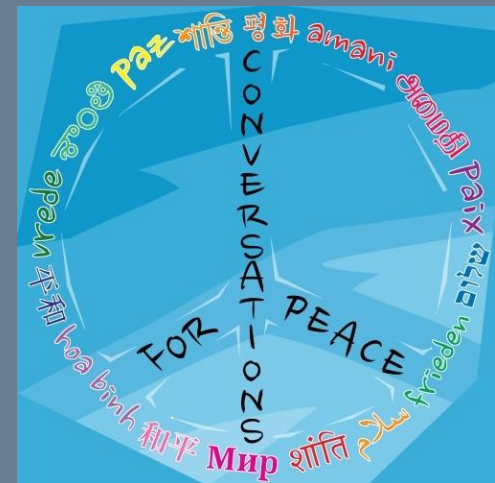
# Need for Conversations

## ➤ Current Climate

- Politicizing of Issues
- Impatience with Dialogue
- On-Going Stress due to Global Pandemic

## ➤ Polarizing Opinions

- Individual Rotarian Level
- Club Level
- District Level
- Global Level



# How to Have Peaceful Conversations

## H.O.T. Topic Conversations

(Honest, Open, Transparent) –Dan Oswald

Group Agreements – Developed by Maria Kliavkoff

- Confidentiality
- “I” Speak
- No Judgement or Unsolicited Advice
- Be Kind and Courteous
- Honour and Respect Each Other
- Inclusiveness
- Trust the Process
- Gratitude



# Role of the Facilitator

- Communicate and Manage Group Agreements
- Maintain Safety of the Environment
- Ensure All Voices are Heard
- Include all Points of View in the Conversation
- Summarize Conversation Responsibly





Healing the World by promoting Positive Peace, Healthy Conversations,  
Understanding and Service in SE British Columbia, Eastern Washington,  
Northwestern Idaho and across the Globe



**Supporting the Growth of  
Peacebuilding  
Knowledge World-wide with**

~ ~ ~

Peacebuilder Conferences  
Leadership Development  
Education  
Club Speakers Bureau

**Rotary**  
District 5080



## Rotary District 5080 Peace Committee

A Peacebuilder Action Team

Serving E Washington, NW Idaho, and SE British Columbia

Rotary District 5080 Peace Committee - A Peacebuilder Action Team

## Peace Academy Speakers Bureau

- The History of Peacebuilding and Rotary
- Peacebuilder Clubs: People of Action
- Healthy Conversations in Difficult Times
- Waterton Glacier International Peace Park Association:  
An Introduction to the World's First International Peace  
Park

**Contact Nadine Parker to schedule a speaker at your Club**  
[ubigmooserents@gmail.com](mailto:ubigmooserents@gmail.com)

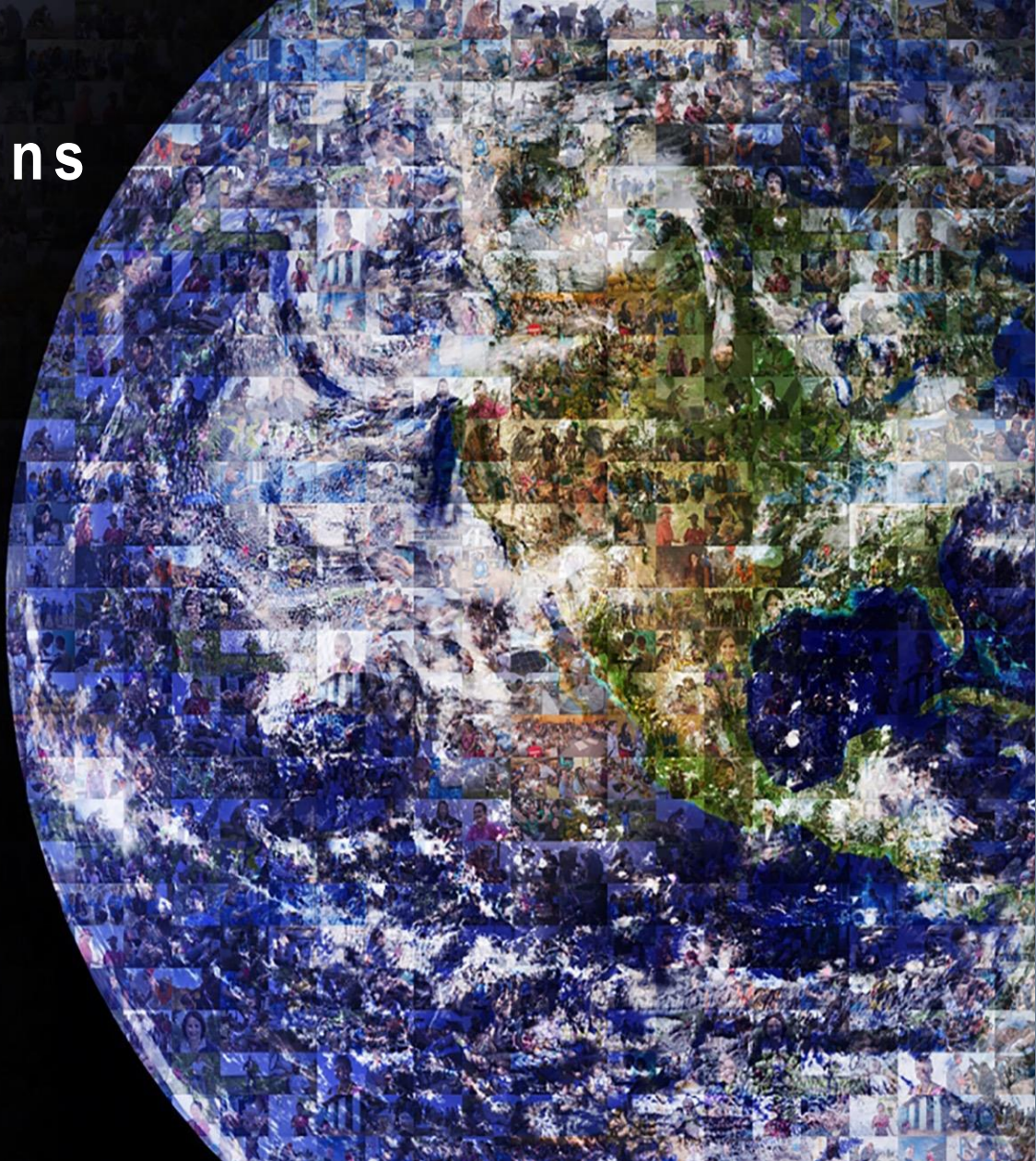
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# Healthy Conversations In Difficult Times



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