

**Psycho-lab for people with  
post-traumatic stress disorders**



- Psychological counseling
- Drug treatment
- Inpatient treatment
- Palliative care

**Rotary** 

### **Project: Psycho-lab for people with post-traumatic stress disorders**

**Abstract.** It is planned to create a laboratory on the basis of a specialized health care institution in Lviv (Ukraine) with the aim of providing psychological support and psychiatric assistance to persons with mental and behavioral disorders. The institution will be provided with the necessary infrastructure and equipped with the appropriate equipment necessary for establishing the process of treatment, rehabilitation and professional psychotherapeutic support in the future.

It is planned to develop and implement modern innovative protocols of psychological counseling, drug treatment, inpatient treatment, receiving palliative care, tested in world practice, by involving highly qualified Ukrainian and foreign specialists. The functioning of the laboratory will be designed primarily for the needs of combatants, their family members, internally displaced persons from the regions of Ukraine where hostilities are taking place, children of various ages, and all those who seek psychological or psychiatric help. Involved specialists will develop a series of trainings at which all those willing will be taught self-help techniques and methods of psychological support in crisis situations.

**Budget:** 150,000 UAH (\$3750)

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