



**IMAGINE
ROTARY**

UKRAINE
Rotary
Club Kharkiv
Nadiya



**Rotary Resort
for women and children
from Kharkiv basements and devastated territories**

Actual problems	<ul style="list-style-type: none"> ⚠️ more than 100 000 women and children are staying in Kharkiv under rocket attacks and bombing ⚠️ women don't want to leave Kharkiv region for various reasons ⚠️ children don't have opportunities to continue their education ⚠️ more than 1/3 of Kharkiv district is mined now (play garden, parks, schools, hospitals, forests, other places)
Project idea	Rotary Resort is a special program for mothers and their children from Kharkiv basements and recupched territories. This program includes special activities for psychotrauma prevention, physical and emotional recovery, classes of basic education according to Ukrainian curriculum for children, training of behavior skills in mined areas. Rotary Resort is organized in a safe part in the south of the Kharkiv region.
Areas of focus	<ul style="list-style-type: none"> ✅ Maternal & Child Health ✅ Basic Education & Literacy ✅ Community & Economic Development
Target audience	<ul style="list-style-type: none"> 💡 Mothers and their children (ages 4-14) from Kharkiv, local refugees from devastated territories. Preference is given to families of volunteers, combatants, families who lost their homes and people with special needs. 💡 Local enterprises and businesses.
Time	14 days per group for 30 people total. Three groups are planned from July to September. Further extension to other territories of Ukraine, as well as the training of trainers according to this program are possible.
Implementation status	The first course was successful, July,3 to July,17, 2022. 12 women and 17 children participated and showed good results after the program. Their level of stress decreased by half and mental resilience increased by 10% after a two-week program (Karen-Lappert test), subjective feelings of anxiety decreased too. Every participant noted the psychological and physical relaxation, normalisation of spleen, restoring faith in the future. Some pictures of the first course are added (not for publication with open face in media)
Budget	14 days per group for 30 participants is 24750\$ (825\$ per one person). Include: <ul style="list-style-type: none"> 💡 accommodation and food for 30 participants — 11400\$ 💡 accommodation and salary for 7 specialists — 6740\$ 💡 transfer for participants — 1060\$ 💡 learning and training equipment — 750\$ 💡 books, brochures, educational materials — 3100\$ 💡 Rotary branded products and souvenir products — 1700\$
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