



## University District Rotary Club Bulletin

Wednesday, October 11, 2023



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Lisa Edwards, President

### Meeting Location

Seattle Yacht Club  
1807 E. Hamlin St.  
Seattle, WA 98112

To join via Zoom:

<https://us02web.zoom.us/j/88235453974>

When: Fridays

Business: 12:00-12:30 pm

Lunch: 12:30-1:00 pm

Program: 1:00-1:30 pm

**VISITORS ARE WELCOME**

### Future Programs

#### Oct 20

Steven Mason,  
motivational singer

#### Oct 27

Bilan Aden: East African  
refugees

#### Nov 3

Veteran's Day  
celebration

### Links

[Club Photos](#)

[Club Facebook Page](#)

[Club Website](#)

[DACdb](#)

[District 5030 Website](#)

### Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos  
in .jpg

Send material to:

[paulalaschober@gmail.com](mailto:paulalaschober@gmail.com)

### Program for October 13

## 2 Non-SYC Options

### October 13th - No Meeting @SYC /Alternatives

- Dim Sum @Jade Garden with Vicki Robbins
- Trees for Seattle Walk and Burke Museum with Sally Porter Smith

#### Dim Sum at Noon

Dim Sum at Jade  
Garden, 424 7th Ave.  
S., Seattle, with Vicki  
Robbins. **Contact Vicki**  
at [vickilee53@aol.com](mailto:vickilee53@aol.com).



#### Tree Walk at Noon: Meet in front of the Burke Museum Cafe

Trees for Seattle, an umbrella for all the City of Seattle's urban forestry efforts has created neighborhood Tree walks.

On Friday, October 13, join in for the University District Tree Walk. The full map and photos of the trees may be found at the following link: <https://www.arcgis.com/apps/MapTour/index.html?appid=115bf4b3f73d4a5784f9b687ca2c6e3a>

You may also download a map with directions to each tree.

We will meet in front of the Burke Museum Café (4303 Memorial Way NE, Seattle) at noon to begin our tour. If the weather is terrible, we will tour the Museum and enjoy the café together.

**Please email Sally Porter Smith,**  
[sallypor789@gmail.com](mailto:sallypor789@gmail.com), if you plan to attend.



### Help with Weekly Bulletin Requested in November *(by Paula Laschober)*

Is anyone game for editing and publishing our club bulletin the weeks of Nov. 13 and 27? I won't be available to do it those two weeks. I'll be happy to share the template, formatting tips, and emailing instructions. If you want to give it a try, please contact me at [paulalaschober@gmail.com](mailto:paulalaschober@gmail.com).



# **OCTOBER 2023**

## **University District Club Meetings**

### **October 13th - No Meeting @SYC /Alternatives**

- Dim Sum @Jade Garden with Vicki Robbins
- Trees for Seattle Walk and Burke Museum with Sally Porter Smith

### **October 19th - Rotary After Hours, 6:00 - 7:30PM**

**Details Coming Soon**

### **October 20th - Steve Mason, Motivational Singer**

- Wolfgang Kluge, Vocational Talk
- Rotarian of the Month
- October Birthdays
- Paul Harris Fellow Presentations

### **October 27th - Bilan Aden, East African Refugees**

- Community Outreach Strategies
- Halloween Hat/Mask Contest (participation optional)





## World Polio Day 2023



### World Polio Day 2023: Let's Make Polio History

Tuesday, Oct. 24

In-person: 5 to 7 p.m. at the [Discovery Center](#) at the Bill & Melinda Gates Foundation

Virtual via Zoom: 5:30 to 6:30 p.m.

ASL & captioning services | All-ages | Free

[RSVP Now](#)

Join the Bill & Melinda Gates Foundation Discovery Center and [Rotary International](#) for a hybrid event commemorating World Polio Day 2023: Let's Make Polio History. This event will be an opportunity to celebrate progress in the fight against the disease and discuss the obstacles that remain to achieve a polio-free world.

Learn about what gives us hope in the pathway to eradication, how polio eradication is supporting women on the frontlines, and how the program continues to innovate and adapt to changing situations.

Engage with [Ezra Teshome](#), a local Rotarian who has been leading vaccination campaigns in Ethiopia for over 20 years, and [Tehniyat Khan](#) from the Gates Foundation's polio team working to end polio in Afghanistan. The conversation will be moderated by [Penny Legate](#), former TV anchor for KIRO TV.

**All Rotarians and friends encouraged to sign up and attend.**



## Seattle 4 Changes Meeting Cadence *(submitted by Rosemary Aragon)*



Seattle 4 (Seattle Rotary Club) has made a change in its meeting schedule, as shown in the graphic (by Carma McKay). This change is consistent with District 5030 survey research indicating that 50% of clubs are offering 1-2 meetings per month as evening or service gatherings.

In addition to increases in membership and attendance, clubs that have made the change have experienced lower monthly meeting expenses.

## Rotarians with October Birthdays *(by Judy Lovelace)*

Ken Kraft	October 3 (Honorary)
Tom Andrew	October 6
Carolyn Hathaway	October 10 (Honorary)
Wendy Reilly	October 10
Terry F Cicero	October 10
Asha Iovin	October 10
Doug Frick	October 14
Mike Shimizu	October 21 (Honorary)
Rick Reimer	October 22







## The UDRC absolutely CRUSHES IT at the \$4 Food Walk! *(by Rick Jones)*

Saturday, September 30, was a beautiful day in the UDistrict. The streets were full of happy people enjoying the weather and the \$4 food items offered by over 70 restaurants along the Ave. From 52<sup>nd</sup> all the way south to 40<sup>th</sup> there were food and drink items on offer. For the third year the UDRC furnished folks to staff the two information booths, handing out maps, buttons, recommendations, and directions to specific locations (bathrooms). Our club's participation freed up the personnel of the U District Partnership to manage the actual event and ensure it was a success.

Participating from our club were Carol Butler, Marilee Fuller, Sala Sweet, Sally Porter Smith, Angelina Jimenez, Dale Hicklin, Jim Rechtien, Betsy Amick, Tom Andrew, Vicki Robbins, Michael and Shari Reid, Jeff Werthan and Rick Jones.



*Vicki, Betsy and Michael*

Katy Ricchiuto, the event manager for the UDP, was enthusiastically grateful for our ongoing support for this landmark event. She appreciates the easy-going but highly competent attitude our folks bring to this customer-facing work. Thanks to all who helped!

## New Member Application Approved by Club Board



At its October 10 meeting, the Club Board approved the application of Stephanie Feldt. Her sponsor is Betsy Amick.

Stephanie is the Principal of Feldt Healthcare Consulting. She is a biotech marketing professional with tenured marketing and sales capabilities. She has a strong business and analytical background with wide-ranging expertise in global marketing and primary and secondary market research. She also has broad-based experience in strategic planning and business development, and is team-oriented with proficiency in complex collaboration agreements.

Stephanie has a BA in History. Her hobbies are boating, skiing, travel and fly-fishing. She lives in the northeast area of Seattle. Her cell phone number is 206-473-1951 and her email is [s.feldt@comcast.net](mailto:s.feldt@comcast.net).

## Request from Reese Reddemann (UDRC Public Image Intern)

Dear Rotarians,

I need content for promotion of the club. At any event, please take vertical videos (while holding your phone upright). I have found that iPhones work best but I can work with video from Android phones as well. Short videos of people talking, working together and smiling/laughing and actually doing something (for example: Ushering at the Husky Game, making sandwiches, assembling hygiene kits, and clearing invasive plants) will help me tremendously. Pictures are also great but 10-15 second short videos have more impact. Please send them to me at [reese.reddemann@gmail.com](mailto:reese.reddemann@gmail.com). Thank you!



## Rotary Service Mission to Viet Nam (#31), Oct. 31-Nov. 11 (by Son Michael Pham)

Participants from our club: Betsy Amick, Russ Amick, Liz Causby-Miles, Angie Jimenez (with husband and son), Marilee Fuller and Son Michael Pham.

Some of the items we are collecting for the upcoming Viet Nam mission in early November:

- First Aid supplies
- Cetaphil Moisturizer
- Askina Transorbent 10x10 cm (or similar)
- Neosporin (antibiotic ointment)
- Hydrocortisone (anti-itch ointment)
- Omega 3 Supplement
- Glucosamine Supplement
- Osteo Bi-Flex Joint Health Triple Strength
- Brain Power Omega 3 DHA
- Scott's DHA Gummies
- Stethoscope
- Thermometer (with Fahrenheit)
- Arts and crafts supplies
- School supplies: pens, pencils, crayons
- Toothbrushes and tooth paste
- Bath soap and hair shampoo
- Battery-operated or electric (220v) hair cutter/trimmer
- Individual wrapped candies (not chocolate)
- Sports equipment/supplies: badminton sets, soccer/volley/basketball balls, air pumps, frisbees, ...
- Prescription glasses
- Cell phone (in working condition)
- Laptop or Notepad (in working condition)

You can:

- Bring any of the above items to Friday meetings and hand them over to Son Michael.
- Order any of the items from Amazon and have them shipped/delivered to Son Michael (please contact for address).
- Donate money to purchase these items.

In addition to the listed items, our team will have donated new children clothes and products. Some of the places on our itinerary:

- Children's projects supported by the Rotary Club of Hanoi.
- Hoa Phuong Orphanage in Hai Phong City (Seattle's Sister City).
- Cocoon Project (hospitality training for street children and orphans) supported by the Rotary Club of Danang.
- Joint event with New York area Rotarians distributing wheelchairs and bicycles.
- Go Vap Orphanage in Saigon.



*Cocoon Project by the Rotary Club of Danang, hospitality training for orphans and street children. Our 2023 team will attend a dinner prepared and served by these students.*



*2015 Rotary mission to Viet Nam*





## International Service Committee Invites Additional Applications by January 5



The ISC, chaired by Sheila Hosner, started its application process early this year. So far it has had two rounds of application, in May and early September. The committee still has funds available to allocate to new projects, and invites all club members to apply. The application is available on our club website, [Rotary Club of University District, Seattle \(udrotary.org\)](http://Rotary Club of University District, Seattle (udrotary.org)); click on the Member Information tab. The deadline for receipt of electronic applications by Sheila, at [breadpudding@aol.com](mailto:breadpudding@aol.com), is January 5, 2024.

## UW Jackson School Speaker-Invitation

Our Aug, 25 meeting speaker, Professor Danny Hoffman, sends us the following invitation via Russ Amick:

Join us for a talk and Q&A featuring [Steven Simon](#), Jackson School of International Studies Professor of Practice in Middle East Studies 2023-2024, award-winning author and former U.S. National Security Council member and diplomat, on U.S. policy in the Middle East.



**RSVP HERE:** [Overview - The Rise and Fall of American Ambition in the Middle East \(uw.edu\)](#)

**TALK:** [THE RISE AND FALL OF AMERICAN AMBITION IN THE MIDDLE EAST](#)

**DATE:** THURSDAY, OCTOBER 19, 2023

**TIME:** 7:30-9:00 P.M.

**LOCATION:** KANE HALL ROOM 210

**UNIVERSITY OF WASHINGTON**

*This event is being held in person and is free and open to the public. RSVP is required.*

## 2023-2024 Community Service Grant Applications—**Due October 15!** (by Carol Butler)

The revised 2023-2024 CSC application for funding is now available on DACdb, My Club, Club Files/Public. Here are a few things to note:

- New application date is October 15th, which is one month sooner than for 2022-2023
- All applications must be submitted electronically to my new email: [Peabody087@gmail.com](mailto:Peabody087@gmail.com)
- Required attachments need to be bundled together in ONE document (Proposal, Budget, IRS 990, Certification letter, etc.)
- Any other documents can also be submitted in a second single document (photos, design drawings, etc.)

Let's work together to get some outstanding applications from non-profits so we can continue to make a difference!

Rotarians and friends invited



**Royal Room PRESENTS**

the **lisa fox**  
group

Tickets: [The Lisa Fox Group Tickets](#) | [Royal Room](#) | [Seattle, WA](#) | [Sat, Oct 21 at 5pm](#) |

**Address**  
5000 Rainier Ave. S.  
[theroyalroomseattle.com](http://theroyalroomseattle.com)  
[lisafoxgroup.com](http://lisafoxgroup.com)

October 21, 2023  
5:00pm

**Cover Charge**  
\$15.00 advance tickets  
\$20.00 doors

**Lisa Fox Latchford:**  
**David Weidig:**  
**David Lux:**  
**Chris Patin: Drums**



**UHEIGHTS**

**BEFORE THEN, YOU CAN:**

- Email us at [info@uheightscenter.org](mailto:info@uheightscenter.org) to provide services at the Warm Winter Drive
- Email us to volunteer
- Collect and donate warm clothes, backpacks, and sleeping bags
- Purchase items on the UHeights Amazon Charity List: <https://a.co/4I7sSyK>



# SAVE THE DATE.

**WARM WINTER DRIVE**  
**Sunday, Nov 5, 10 AM - 1 PM**

**5031 University Way NE Seattle, WA 98105**

**Finally, It's Here!** *(by Paula Day Williams)*

University District Rotary Club has sprouted a mini-me (well, technically, a mini-us).

Our SE Seattle Satellite Club began meeting in September. The monthly meetings will be virtual. The next meeting will be October 21st from 11:00 to noon. The following one will be November 21st, also at 11.00. We'll publish the Zoom links as soon as they're available.

Let's welcome our offspring by showing up at both meetings en masse to support it—and to show what Rotary's all about!







## Foodie News *(by Paula Day Williams)*

"Would you like fries with that?"

"No, but I'll take a few of those tater tots, some shrimp and a taco or two."

September's URock Foodie event—a celebration of fast food—was a resounding success hosted by Sally Porter Smith. Thanks, Sally! Guests noshed on everything from African Akara (Black-Eyed Pea Fritters) to salads to a ramen bar. We polished off the evening with a delectable Apricot Tart.



Our next event is [October 27th at 6:00](#), hosted by Betsy Amick. The theme is the foods of England, Scotland and Ireland. We hope to see you there!

Bon Appétit!







## 2023 Hunger Strike Recap *(by Marella Alejandrino)*

Several members of our club participated in this year's District Fundraiser for Harvest Against Hunger. The event is entitled "Hunger Strike" and was a District wide bowling event that took place on October 2nd.

Our Club bowled at Spin Alley in Shoreline. The bowling captains were Marella Alejandrino & Jeff Werthan and the other bowlers were Doug Frick, Linda Fukuda, George Mauer, Betsy Amick, Angelina Jimenez, Judy Lovelace and Michael Reid. Rick Jones & Vicki Robbins also came by to cheer us on.

Our Club raised a total of \$1,903.00 with Angie Jimenez as our top fundraiser, bringing in \$476.00 (way to go Angie!) and we placed 9<sup>th</sup> overall out of the 22 Clubs that participated in the event.







Greetings ROOTS Community,

We have heard your feedback that you would like more opportunities to meet the ROOTS team, so we are *Branching Out* our community engagement events .

## **RISE UP SCHEDULED FOR OCTOBER 26th**

Our annual Rise Up celebration is **Thursday, October 26th, 5:30pm-7:30pm**.

This year's Rise Up will be an opportunity to come together in Pioneer Square over cocktails and hors d'oeuvres, socialize, bid on silent auction items, and hear about our amazing work in service of young adults experiencing homelessness. Buy tickets here: [Rise Up 2023: Branching Out — ROOTS Young Adult Shelter \(rootsinfo.org\)](https://rootsinfo.org).

## **COMMUNITY SHELTER TOURS THIS FALL**

We will also be hosting a series of *Community Shelter Tours* in early November. This is your chance to see ROOTS' new home and learn more about our future.

- **Thursday, November 2nd, 6pm-7pm**
- **Tuesday, November 7th, 6pm-7pm**
- **Wednesday, November 8th, 6pm-7pm**

Sign-up for Community Shelter Tours at [ROOTS Community Shelter Tour Sign-Up \(google.com\)](https://rootsinfo.org).

U District Rotary Club has supported several projects benefitting ROOTS, including large hot water heaters, expenses of moving to their new building, windows and commercial cooking equipment. Before the pandemic, we also provided and served several hot breakfasts each year for ROOTS youth.



# The University Rotary Service Fund the Foundation of the Rotary Club of the University District

## Service Fund Board Funding Policy and Guidelines August 5, 2021

As protectors and caretakers of the University Rotary Service Fund, we, the Board of the foundation, offer the following guidance for committees and sponsors requesting support for partners and service projects:

1. Only projects proposed by RCUD members who have financially supported our foundation will be funded.
2. General operating expenses, administrative costs, and salaries for staff of the partner organization will not be funded. This does not preclude funding of those administrative costs narrowly specific to the project. It does preclude off-setting general supervision or oversight by salaried staff for incidental attention to the project.
3. Only Non-Rotary organizations which are non-profit/501(c)(3) will receive funding. (This requirement does not apply for international projects or IRS-approved government institutions, e.g.: public schools, public libraries, etc.)
4. Project funding should be a significant portion of the total project budget or fund a major component of the project. (This requirement may not apply to projects partnered with other Rotary Clubs or Districts.
5. While not a requirement, Committees should give priority to funding equipment or other tangible assets that will provide multi-year benefits (i.e., furniture, machines, printers, etc.). Projects for service programs may be funded so long as the funds are not used for administrative or overhead expenses (i.e., salaries, utilities, rent, etc.) and typically will not be funded for more than one year.
6. Upon notification of a committee meeting to consider project funding, URSF president will assign one or more board members to attend such meeting.
7. Organizations that exclude service to people of various races, religions, or other protected classes under Washington State law will not be funded.
8. Follow-up reports with photos will be required upon completion of each project. Committees will forward a summary and photos of completed reports to the URSF. No organization will be considered for additional funding requests while such reports are still pending.
9. The UDRC's contribution to the project will be recognized by the organization with appropriate signage, publicity and/or notice in organization newsletters.
10. Project sponsors will recuse themselves from meetings while committee members discuss or vote on their projects. They may only return to such meetings to answer questions concerning the project.
11. URSF Board may return Requests for Funding with comments and request additional information from sponsors.

Examples of projects that meet these guidelines include:

- International water projects.
- International school enhancement projects (e.g., desks).
- Dictionaries for local students.
- Elevator addition costs in U-District community center.
- Playground equipment serving low-income housing.
- Kitchen appliances or printers for local service organization.







## Upcoming Club Activities and Deadlines

- Oct 13-15** Rotary District 5030 Conference, Empress Hotel, Victoria, B.C. Registration: \$425. Register at [Home page - 2023 Rotary District 5030 Conference](#)
- Oct 14** Ushers needed for Husky football game vs Oregon. Contact Dale Hicklin, dalebroker@comcast.net.
- Oct 15** Community Service grant applications due to Chair Carol Butler, [Peabody087@gmail.com](mailto:Peabody087@gmail.com). The application is available on DACdb, My Club, Club Files/Public.
- Oct 21** 11:00-12 noon. UDRC Rotarians invited to SE Seattle Satellite Club meeting. Contact: Paula Day Williams, pdaywims@gmail.com.
- Oct 21** Ushers needed for Husky football game vs Arizona State. Contact Dale Hicklin, dalebroker@comcast.net.
- Oct 21** 5:00 pm. Lisa Fox Group, Royal Room, 5000 Rainier Ave. S., \$15 in advance, \$20 at the door. Tickets: [The Lisa Fox Group Tickets | Royal Room | Seattle, WA | Sat, Oct 21 at 5pm | Stranger Tickets](#)
- Oct 24** 5:00-7:00. Celebrate World Polio Day 2023, Discovery Center, Bill & Melinda Gates Foundation. Register: [Personal Information - World Polio Day 2023: Let's Make Polio History \(cvent.com\)](#)
- Oct 27** 6:00 pm. UROC Foodies meet at Betsy Amick's home. Theme: cuisine of England/Ireland/Scotland.
- Oct 31** Rotary Mission, 31st HumaniTour, Vietnam. Led by Son Michael Pham, sonmichael.kwb@gmail.com.
- Nov 3** 8:00-9:00 am. Membership Committee meeting. Contact: Lisa Latchford, lisa@foxassociatesllc.com.
- Nov 7** 5:30-7:00 pm. Service Fund Board meeting, Zoom. Club members welcome. For link, contact Paula Laschober, paulalaschober@gmail.com.
- Nov 11** Ushers needed for Husky football game vs Utah. Contact Dale Hicklin, dalebroker@comcast.net.
- Nov 13** 4:00 pm. Club Board meeting, Zoom. Club members welcome. For link, contact Lisa Edwards at lisasimoneedwards@outlook.com.
- Nov 21** 11:00-12 noon. UDRC Rotarians invited to SE Seattle Satellite Club meeting. Contact: Paula Day Williams, pdaywims@gmail.com.
- Nov 25** Ushers needed for Husky football game vs WSU. Contact Dale Hicklin, dalebroker@comcast.net.
- Nov 30** Annual Warm Winter Drive at UHeights. Our club co-sponsors with U Heights Center and YMCA. Join us to deliver new coats and supplies to our neediest neighbors! Contact: Rick Jones, rick.jones@schooleymitchell.com.
- Dec 5** 5:30-7:00 pm. Service Fund Board meeting, Zoom. Club members welcome. For link, contact Paula Laschober, paulalaschober@gmail.com.
- Jan 5** International Service grant applications due to Chair Sheila Hosner, [breadpudding@aol.com](mailto:breadpudding@aol.com). The application is available on the Club Website (link on page 1), Member Information tab.
- Jan 16** International Service Committee meets to review applications. Contact: Sheila Hosner, breadpudding@aol.com.
- May 25-29** 2024 Rotary International Convention, Singapore. Info and registration: [Convention \(rotary.org\)](https://www.rotary.org/en/convention).



## We Heart Seattle, Link to Presentation from September 27

[https://docs.google.com/presentation/d/1KwGqAnxRLyjQ97ZXNNxOOLx9-xEtFOBJ/edit?usp=drive\\_link&ouid=101657568909625599764&rtpof=true&sd=true](https://docs.google.com/presentation/d/1KwGqAnxRLyjQ97ZXNNxOOLx9-xEtFOBJ/edit?usp=drive_link&ouid=101657568909625599764&rtpof=true&sd=true)

The Foundation of the Rotary Club of the University District is called "University Rotary Service Fund." It is a charitable organization with a 501(c)(3) tax-exempt status. The Service Fund's EIN, or tax ID, is 91-1123239.