

CLICK HERE to see and print the GREEN CALENDAR

Speakers

December 01, 2021 **Grier Graff and Tina Etcheverry** "Where Does Our Money Go?

December 08, 2021 John Swartzberg, Professor Emeritus, School of Public Health, UC Berkeley "What Will the New Normal Post-Pandemic Look Like?"

Events

December 3rd "Let's Chat About Rotary" December 8th **Last Day to Reserve Your** Spot for the Holiday Party! December 9th **Supportive Housing Toiletries Packing Day** December 16th **Berkeley Rotary Holiday** Gala (Hopefully Live!)

Birthdays

Judith Anderson Glass November 29th John Pardee December 2nd Sheila Sabine December 3rd **Arlene Marcus** December 3rd Kathy Huff December 9th Matt Hastings December 11th

Preston Staley

December 15th

Larry E. Kinsey December 15th

Club Announcements

By Linda Cogozzo



Next Meeting. Wednesday, December 1, 2021, 12:30 PM PT. Attend in-person at First Presbyterian or via Zoom, according to your comfort level. Where Does Our Money Go? will be presented by Grier Graff and Tina Etcheverry.

Their annual report on the Berkeley Rotary Endowment and the Ted Ockels Awards will detail how we support many activities: from Connection Grants to hygiene kits, from COVID-

19 supplies for India to the Berkeley Food Network, from Richmond RotaCare to scholarships for Berkeley High School students. The speakers are presented by President Arlene Marcus.



The Axe Is Back in Berkeley! Terry Regan issued the following Big Game Challenge and several club members raised their hands to join in. Here's how it works:

Rotarians betting on Stanford: The winning team's (Cal s) score will be doubled and a check will be made in that amount (\$82) to Berkeley Rotary Endowment designated to support Cal Rotaract. Sorry, Terry.



Rotarians betting on Cal: The losing team's (Stanford♦s) score will be doubled and a check will be made in that amount (\$22) to Berkeley Rotary Endowment designated to support Cal Rotaract. Go Bears!

The big winner will be Cal Rotaract (Stanford does not have a Rotaract Club).

Order Lunch. Now you can order a salad or sandwich from Table Catering, the same folks who fed us before the COVID-19 restrictions. Just order and pay for it online by Tuesday, and they will they will deliver a fresh, made-from-scratch lunch (in a compostable container or a glass one) to Wednesday s meeting. Bring your own drink; we haven that aspect ironed out yet! Order: https://www.thetablecatering.com

Holiday Party!

When: Thursday, December 16, 6:00 PM

Where: Northbrae Community Church (where we've partied before)

Featuring: Catered dinner by Poulet, wine

included

Theme: ♦ Friendship ♦ Come dressed as

Larry Chernila
December 16th
Frederick C. Collignon
December 17th
James Ivan Masters
December 19th
Beverly Crawford Ames
December 24th
Katherine Campbell King
December 24th
Frederick G. Fassett
December 29th



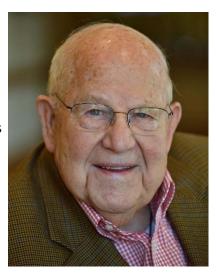
famous friends or just wear your gala clothes. (Won't it be nice to get dressed up again?)

Tickets: \$88 per person, on sale now. See O'Neil Dillon for tickets or email him at oneilsdillon@gmail.com. Vaccine required.

We've Lost a Rotary Legend

By Frederick C. Collignon

District Governor Kathy Suvia informed District leaders late Thursday that she had heard from Cliff Dochterman's family that he had died this past week. Details won't be available for awhile. Cliff started his Rotary career with Berkeley Rotary while working with UC Berkeley, became club president, then a District Governor, and rose to become president of Rotary International. One of his favorite anecdotes was always that he had been rejected by our club multiple times before being admitted. He was rejected the first time because we had others in the same job classification already in the club (a restriction at that time), and his management position was judged not high enough. Read More



First New Wild Polio Cases in 11 Months

Rotary and the world's hope that we might go the first year in human history without a new case of the wild polio virus was aborted this week when two new cases were found in a village in Kundez, Afghanistan that had not been visited by a vaccination team since 2019. The clock starts ticking again in Afghanistan and the world for the final end of polio. No new cases have emerged in 2021 yet in Pakistan.

There are some positive sides to the story. See below. Read More

Palliative Care and End-of-Life Decisions

By Robert L Sorenson

Our speaker on November 17 was Doctor Adam Janik, Director of Palliative/Hospice Medicine at Summit/Alta Bates Medical Center. Dr. Janik trained in Internal Medicine at Penn State and finished his Fellowship in Palliative/Hospice Medicine in 2016 at Drexel University in Philadelphia.

Hospice care deals with helping patients live each day the best they can with terminal illness. Palliative care deals with helping patients live each day the best they can with serious illness. Palliative care is a patient/family-centered care, aimed at minimizing suffering, using an interdisciplinary approach in the hospital, involving medical/surgical specialties, social workers, chaplains, etc.

There is a discordance between patient wishes and results. While most patient want to die at home, in reality, most die in the hospital.

What can we do to make sure our end of life care is given appropriately?

- -Start talking to friends and relatives about advance care planning.
- -Assign a clear surrogate decision maker.
- -Share your goals. This helps relieve the burden of guilt for others in making difficult decisions.

The followig diagram illustrates the course of illness, and when different phases of care come into play. The red arrow indicates when the palliative care physician usually gets involved.

