



Click [HERE](#) for a printable calendar of upcoming events!

## Speakers

**July 28, 2021**

[Kimberly Deterline](#),  
Communications Dir for the  
Alliance for Safety and Justice  
"Lessons Learned from 30  
Years in Racial Justice"

**August 04, 2021**

[Valerie Kratzer](#), [Berkeley  
Public Schools Fund](#)  
"A Seamless Way for  
Rotarians to Volunteer with  
the Berkeley Public Schools"

**August 11, 2021**

[Ed McFarlan](#), [Principal, JRVD  
Urban International](#)  
"The Challenges of Building a  
New Hotel in Downtown  
Berkeley"

**August 18, 2021**

[Jennifer Cogley and Jessica  
Hays](#)  
"BAYER BERKELEY.  
DEVELOPMENT PLAN  
UPDATE FOR THE BAYER  
CAMPUS"

**August 25, 2021**

[Theodore Ellison](#), [Stained  
Glass Artist](#)  
THEODORE ELLISON  
DESIGNS

## Events

August 12th  
[Supportive Housing  
Committee Hygiene Kits  
Packing Service Event](#)

## Birthdays

[Jason Draut](#)  
July 27th  
[Ignacio Franco](#)  
July 30th  
[Robert Gullett](#)  
August 3rd

## Club Announcements

By Linda Cogozzo



**Wednesday, July 28, 12:30 pm, via Zoom:** Kimberly Deterline, Communications Director for State Campaigns for the Alliance for Safety and Justice (<https://allianceforsafetyandjustice.org>), presents "Lessons Learned from 30 Years in Racial Justice." She will cover campaigns in California, New Orleans, and Florida that shifted the media narrative and changed policy. These campaigns sought to dismantle juvenile and criminal justice policies that disproportionately harmed people of color, increase police accountability, and create support for crime victims of color. The speaker is provided by Team #3, the Lisa Meitner Team (<https://bit.ly/3eLOBcv>); Bob Sorenson, Lynne Henderson, and Austin Henderson, Captains.

**Save the Date:** Pack toiletry kits with the Supportive Housing Committee on the second Thursday of the month. Next up: August 12, 11 am-3 pm (two shifts), at 3115

Elton St., Berkeley. (Counts toward Blue & Gold!) For more information, email Jackie Hammond at [jphbooks74@gmail.com](mailto:jphbooks74@gmail.com).

**About Us:** Watch this video to learn about BRC history. (Counts toward Blue & Gold!) <https://berkeleyrotary.org/documentary-video.php>.

## First Social Event of the Year

By Arlene Marcus

About 40 Rotarians plus food and drink arrived at Austin and Lynn Henderson's beautiful house last Saturday to celebrate our first in-person get-together since our COVID isolation. The sun came out just in time, and everyone just beamed to have person-to-person contact. Nothing like it! We hope there will be many more of these events as the Social Committee gears up for our return to normal times.



## Another Kind of Madness

By Valerie E. Bach

[Elizabeth Roessner](#)

August 10th

[Larry Goldenberg](#)

August 10th

[Helena Meyer-Knapp](#)

August 14th

[Katherine T. Wei](#)

August 15th

[Michael Endlich](#)

August 16th

[Daniel Thomas](#)

August 17th

[Jocelyn Pittel](#)

August 25th



On July 21, the Hedy Lamarr Team presented Stephen P. Hinshaw, internationally known author and Professor of Psychology at UC Berkeley and Psychiatry at UCSF, who spoke about the stigma and shame of mental illness that has haunted families for centuries and lurks heavily in our culture even today. He showed a painting from 1496 called "The Mark of Shame," depicting the extraction from the skull of a conscious man of the "stone of madness," an example of one of the horrors that mentally ill people have been suffering because of misguided treatment methods.

Prof. Hinshaw's most recent book, "Another kind of Madness," is a personal memoir of growing up with the pain of wondering and worrying about his beloved father who mysteriously kept disappearing for undisclosed stints in hospitals. Stephen sensed the cover-up from a very young age. He described the fraught silence that his mother had maintained on doctors' orders (they admonished his parents not to

tell the children of his then misdiagnosed schizophrenia, later diagnosed as bipolar disorder). His father revealed the truth to Stephen when he was 18, a revelation that changed his life and inspired him to pursue the goal of destigmatizing mental illness. Prof. Hinshaw emphasized that hiding mental illness causes much shame, damaging secrecy, even blame to family members, and that such hidden secrets prevent family members from providing much needed support.

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## Service Opportunity: Tutor/Mentor Public School Students

By Charlene Y Stern

We members of the Social Justice Committee are aware of the significant loss for 50% of students in public schools because of COVID's unjust harm to children who have not been able to benefit from distance learning. They will be re-entering their classroom at a disadvantage to their peer students who had the technology, parental presence, and continuous supervision to progress despite the real challenges of remote learning.

This year we will each partner with a Berkeley public school classroom teacher and help students gain self-confidence, interest, and progress in learning, so that being back in school can be truly beneficial for their lives and future success.

We plan to give at least 1 hour per week during the school year to mentor and/or tutor students at a grade from K-12 that we are comfortable with and in the subjects we know best. Or, if our schedules and lives can't make room for a once-a-week commitment, we'll sign up for short projects during the year that can fit into our schedule. Join us on Wednesday, August 4 at our Rotary Club meeting to hear a senior administrator of the Berkeley Public Schools Fund speak and bring your questions. Before then, just email me your interest (no commitments required yet).

Below are just a few thoughts on one mentoring experience:

***Being a mentor this past year for Berkeley Scholars has been an enriching experience. It has given my mentee and me the opportunity to learn from one another and establishing lasting connections. This has brought pure joy into my life and I would highly recommend this mentoring experience at any level in the Fall.*** -Nicky Lindquist

Thank you so much!

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## Foundation Incentive to Newer Members to Reach Their First Harris Fellowship

By Frederick C. Collignon

The Foundation Committee announced at our last meeting major incentives to help newer club members achieve their first Paul Harris Fellowship. Other members will match, with points, the amount contributed to the Rotary Foundation this year by a member who has not achieved their first Paul Harris Fellowship and who has joined the club in the last six years, up to \$200. They also are matching the Foundation contributions last year of all who joined the club this past 2020-21 year. Normally if a new club member donates the \$200 annual "ask" for the Foundation - part of the 3-2-1 program - they will achieve their first Harris Fellowship after 5 years. The match should allow newer members to achieve it in three years or sooner. The goal is to encourage the practice of regular giving by members.

[Read More](#)

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