



[CLICK HERE](#) to see and print the **GREEN CALENDAR**

Speakers

June 08, 2022

[Dr. Ken Brummel-Smith of the Mt. Shasta Rotary Club](#)
"Staying Healthy at Any Age"

June 15, 2022

[Jason Draut](#)
"Running the Boston Marathon"

June 22, 2022

[Dr. Gregory Marcus, MD, MAS](#)
"Alcohol, Caffeine, and the Heart's Rhythm"

Events

June 9th

[Supportive Housing Toiletries Packing Day](#)

Birthdays

[Ingrid Gavshon](#)

June 8th

[Khawaja Mohammad Ashraf](#)

June 10th

[Pamela V. Emerson](#)

June 19th

[Jason Aupperle Russell](#)

June 20th

[Maxim Schrogin](#)

June 28th

[Valerie E. Bach](#)

July 5th

Club Announcements

By Linda Cogozzo

Next Meeting. On Wednesday, June 8, 12:30 PM PT, **in person at First Presbyterian and via Zoom**, we're hosting a joint meeting with the Mt. Shasta Rotary Club!

- Dr. Ken Brummel-Smith, a member of Mt. Shasta Rotary, presents "Staying Healthy at Any Age."

- Mt. Shasta Rotarians will join us on Zoom.

- The speaker is provided by Team #10, the Ada Lovelace Team (Judith Glass and Sheila Sabine, Captains) and the Berkeley Rotary Health and Wellness Committee (O'Neil Dillon, Chairperson).

- PDG Tina Atkins will be on hand to present us with the 2020 Club of the Year Award. (This presentation was a bit delayed by COVID-19!)

- A Double Major Donor Award will be given to a very special Berkeley Rotarian.



Support for Uvalde

Berkeley Rotarian Sheila Sabine extends her sympathies to the children of Uvalde:



My latest sketch
For the children of Uvalde, Texas

May eternal peace and beauty surround you.
We hold you and your families deeply in our broken hearts.

Note: Rotary District 5840, South Central Texas, in partnership with the Uvalde Rotary Club, has set up an Uvalde Community Relief Fund. For more information or to donate. see [District Newsletter - June 2022 \(Jun](#)

[01, 2022\) \(rotary5840.org\)](#)

Why BRC is Co-Hosting a Meeting with Mt. Shasta

By O'Neil Dillon

Why on earth is Berkeley Rotary having a joint meeting with Mt. Shasta Rotary on June 8 on "Staying Healthy at Any Age"? Well, glad you asked. Here is the story:

Six or seven months ago, Fred Collignon said that Mt. Shasta Rotary had approached us for any help we (specifically our Covid Interest Group, which they had heard about) might offer in their effort to deal with vaccine hesitancy in their rural community. We heard them out and began to brainstorm about possible programs that might impact vaccine hesitancy, especially high in rural California. It turns out that "vaccine hesitancy" is a euphemistic term for what the problem was, which is closer to "vaccine antagonism."

We (Berkeley Rotarians, Mt. Shasta Rotary President Kathy Morter, and Shasta Rotarian Dr. Ken Brummel-Smith) kept meeting and realized we could not focus on vaccine hesitancy without creating a firestorm of problems, so we morphed a step-up to health in general. Who could be against that? What an eye-opening cultural experience!
[Read More](#)

One Month Left to Donate to Rotary Foundation This Fiscal Year

By Frederick C. Collignon

Out of our 112 members, there are only a few handfuls of members who have yet to donate to the Foundation in the 2021-2022 year as the club tries to achieve Every Rotarian Every Year. If you get an appeal for just \$25 by email, phone, or letter, please respond quickly for the sake of the club, but also for your own sake in knowing you've been part of what the Foundation has done this year with our club's support. Below we present a summary just out by the Foundation, which reviews that. It's brief, which is rare for the Foundation, because it does so much each year. And note it leaves out the money that came back to our club for our own club projects: our environmental projects, the tree planting at Camp Tuolumne, RotaCare Clinic, and so on.
[Read More](#)

Addressing Equity and Climate Together

By Grier Graff

Last week's program was presented by the Berkeley Merze Tate team, Beverly Adams and Grier Graff, co-captains. During the Jim Crow era, when African Americans were fighting for the rights to sit at the front of buses and eat in restaurants, Merze Tate was traveling the world. She was the first African American to graduate from Oxford University in 1935, and the first to earn a Ph.D in government and international relations from Harvard. She was awarded multiple Fulbright scholarships, was nominated as a UNESCO representative, and became an expert advisor to world leaders on disarmament throughout the Cold War era. Throughout her travels in Europe, she was an international correspondent for a Black newspaper in the United States.

Our speaker, City Councilmember and Berkeley Rotarian Kate Harrison, spoke on "Addressing Equity and Climate Together." Kate was elected to the Berkeley City Council in March 2017. Her prior work focused on protecting the most vulnerable in our society. As vice-mayor, she is a champion of programs addressing climate change. Her work on the council includes introducing legislation to phase out natural gas in new buildings, transitioning to a zero-carbon future, and establishing electrification incentives for retrofitting gas buildings.

Her work on environmental justice has been an education for the council and she helped us open our eyes to the reality of our carbon footprint. Berkeley residents are proud of how we have reduced our carbon footprint, but we have a larger footprint than we admit. We assign the carbon pollution for manufacturing and transporting those many goods we buy from Amazon and other online providers to the country of origin when we are the real polluters.

[Read More](#)
