

Rotary International President
Francesco Arezzo
District Governor 5230 Brinet Greenlee
Rotary Club of Hanford President Steve Stout

October SSA's
Jason Fry
Maritza Lemus
Victor Rosa

**UNITE
FOR
GOOD**



October 23, 2025
Editor Joan Darling
Pictures Joan Darling



President Steve Stout

Adventist Health Heart to Heart!



A Critical Moment for Heart Care

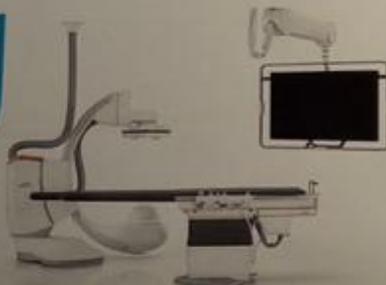


Adventist Health Hanford's \$10 million fundraising campaign will expand our capabilities to provide advanced heart care, and is part of a \$40 million investment in cardiovascular services. The project will increase our cath labs to five. Construction is expected to be complete at the end of 2027.

What the cath lab will provide:

- Diagnostic and interventional cardiac catheterization
- Coronary angioplasty and stenting
- Pacemaker and defibrillator implantation
- Electrophysiology studies and cardiac ablation

Advanced 3D Technology



Your support can save lives!

Schedule a private tour to learn more about the expansion project. Call Lauren Day, Central Valley Health Foundation Philanthropy executive, at 559-537-0760 or email CVHFoundation@ah.org.



Lauren talked about the new cath lab. 44- million- dollar project. Completion date is 2027.

Lauren organizes and oversees key fundraising events, such as the Adventist Health Central Valley Gala at Tachi Palace, which raises funds for cardiac care expansion at Adventist Health Hanford.





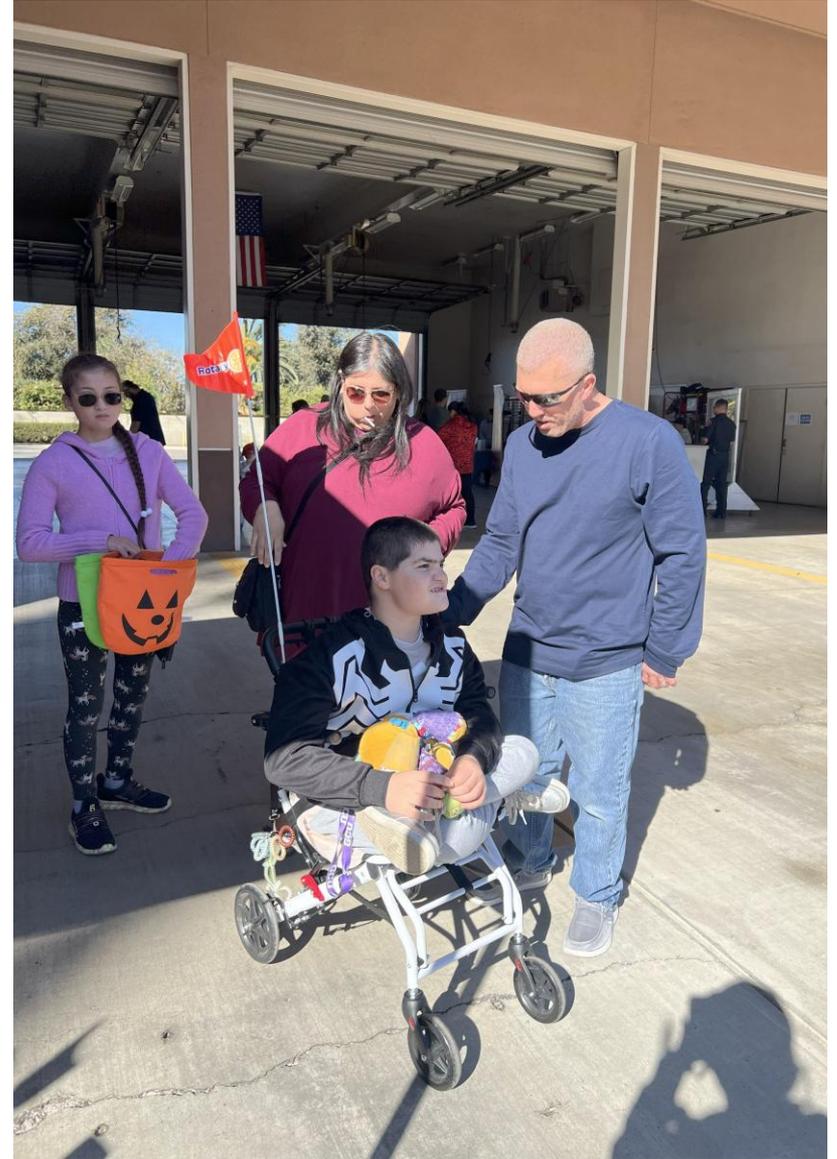






We installed flags at the COH Fire Department Open House on 10.12.2025

Photos courtesy of Lori Bentley







Fines!

Victor paid \$10.00 for not wearing the SAA vest.

Maritza paid \$5.00 for not wearing the SAA vest.

Phil paid \$25.00 for being the longest member in the club. Phil thinks he should be exempt because he has the most years in Rotary. Good try Phil!

Carl missed Patrick's inaugural meeting because he was on a cruise to Greece/Italy. Carl paid \$100.00.

Ken B birthday/Anniversary are in October plus he warned do not lose your real ID when traveling. It is an ordeal to get through an airport.

Todd ruined his birthday surprise. Cost him \$10.00.



Don't Text And Fly



Patrick

Welcome!



Lauren Day



Maria Cabrera RC
Avenal

TSA Cares provides information on security procedures aimed to help passengers with disabilities, medical conditions and individuals needing additional assistance to better prepare for the security screening process.

Disabilities and Medical Conditions

All passengers and their property are required to undergo screening at the checkpoint.

If you need assistance during screening, you or your traveling companion may talk to the TSA officer about the best way to complete the screening process. You may inform the TSA officer of your disability or medical condition verbally, by using the TSA Notification Card or by providing medical documentation.

At TSA Precheck® lanes, you do not need to remove shoes, laptops, 3-1-1 liquids, light jackets or belts during the screening process. If available, you can request screening by the body scanner machine, also known as Advanced Imaging Technology (AIT). However, removal of light jackets will be required.

To be eligible for AIT screening, you must be able to stand and walk unassisted for the duration of the screening. You must also be able to stand shoulder width apart with your arms above your head for five to seven seconds without support. If you do not want to be screened by AIT, you will receive a pat-down. Pat-downs are conducted by a TSA officer of the same sex and will require the removal of items such as shoes, belts, or light jackets.

Also, take a picture of the bar code on the last page of your passport. If lost the bar code will help you get a new one fast.

The website for TSA Cares is www.tsa.gov/contact/tsa-cares.

TSA Cares is a helpline that provides travelers with disabilities, medical conditions, and other special circumstances with additional assistance during the security screening process. You can call them at 855-787-2227 (toll-free) or email TSA-ContactCenter@tsa.dhs.gov. They recommend contacting them at least 72 hours before your flight.



You can use!

Tomato Basil Soup!



Easy Clean Tomato Basil Soup

1 ½ lbs organic tomatoes (I like to use a variety!)

1 organic red bell pepper

1 onion

Head of organic garlic

1 tablespoon balsamic vinegar

3 tablespoon olive oil

2 teaspoon salt

2 teaspoon tomato paste

4 cups organic chicken bone broth

1/2 cup puréed organic low fat

organic cottage cheese

½ cup fresh basil leaves

Salt & black pepper to taste

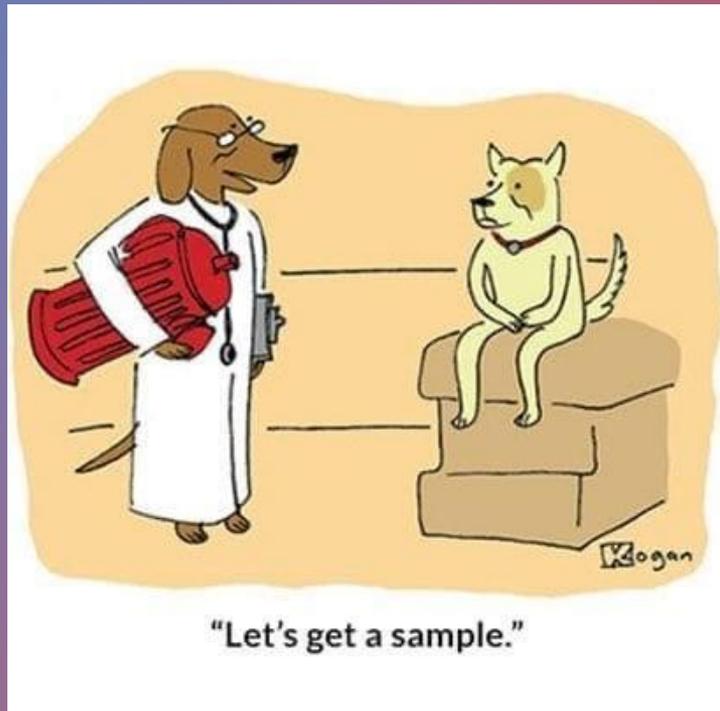
1. Grab an oven safe pan for roasting. Preheat your oven to 400 degrees.
2. Quarter your tomatoes, onion, and red pepper! Wrap your garlic head and some tinfoil and drizzle with olive oil.
3. Drizzle olive oil, balsamic vinegar, and salt over the top.
4. Roast for about 25 to 30 minutes.
5. Place your vegetables, including the juice in a pan on the stove. Use an immersion blender to blend everything up!
6. Add your puréed cottage cheese, basil, and salt and pepper to taste! I added quite a bit of pepper and salt to really make the flavors come out! Purée again!
7. Simmer to slightly thicken and cook everything down!
8. Serve with delicious organic sourdough grilled cheese or swap for protein if you were on a diet like me!



**Recipe
Corner
Make it!**



Special Club Events



October 30 Wreaths of America
November 6 A trip to Berlin Roger and Dahne Watson
November 13 Boys and girl's clubs of the Sequoias Delia Medrano-Nuno
November 20 Red Cross Maria Stevens
November 27 *DARK*



It's easy to make a monthly donation to H.R.C.F. Just ask Bruce to bill you!

- **Announcements!**
- **From Kathy**

Hi Everyone! went in and updated the YT channel. The link is <https://www.youtube.com/@RotaryHanford>

Joan, you may share the above with a note to everyone to please subscribe to the channel.



From Bruce Mackey

Congratulations! The Rotary Club of Hanford will be receiving the Rotary International Foundation award for 2024-25 as the First Place Club for Annual Fund per capita donations in District 5230. Your support for both the International Rotary Foundation and our District is appreciated.

The luncheon will be held on Wednesday, November 5, 2025, from 12:00 pm to 1:30 pm. PDG Michael Rabara and the Rotary Club of North Fresno will be hosting. We are very excited that the Rotary International President Designee for 2027-28, Larry Lunsford will be the featured speaker. The event will be held at The Painted Table Event Center, 5080 N. Blackstone Avenue, Fresno. Tickets are \$35.00 and are available through this link:

[EventGroove](#)

Birthdays/Club Anniversaries

October Birthdays

John Van Andel 10/14
Bobby Garcia 10/18
Ken Baird 10/21
Tim Harper 10/22
Crystal Jackson 10/24
Victor De Castro 10/31



Happy
Birthday!

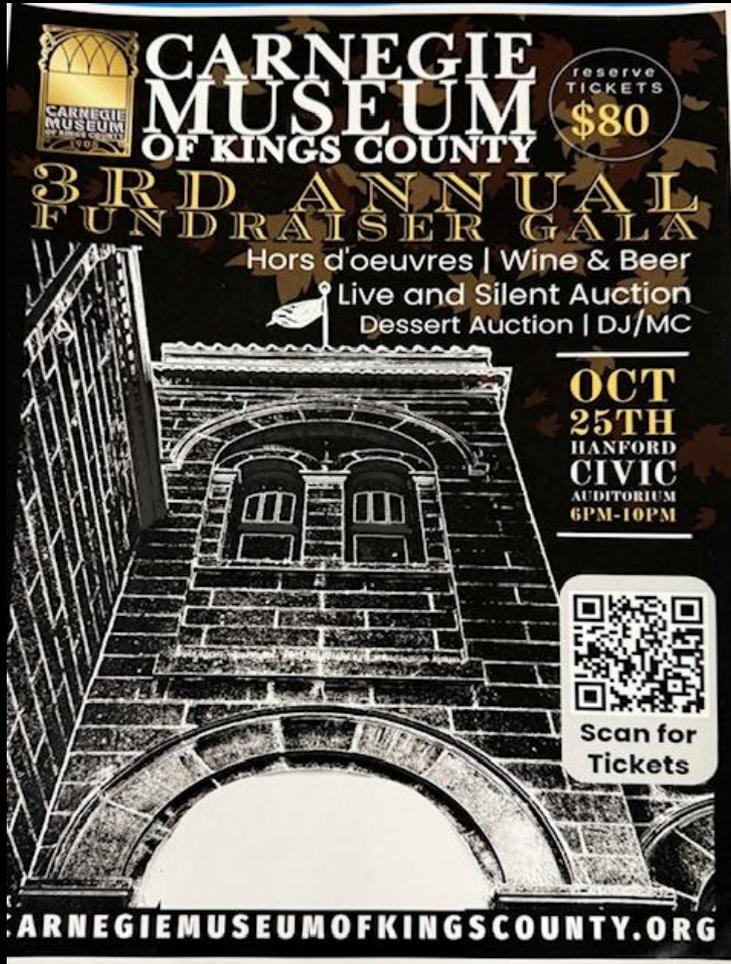
October Anniversaries

Bruce Mackey 10/7
Tom Davis 10/10
Rodney Moffitt 10/10
Patrick Nelson 10/13



Ken Baird/Susan 10/2
Ken Nordberg/Monica 10/4
Judy Holwell/Scott 10/08
Michael Semas/Christine 10/14
Patrick Nelson/Johanna 10/21





CARNEGIE MUSEUM OF KINGS COUNTY

reserve TICKETS **\$80**

3RD ANNUAL FUNDRAISER GALA

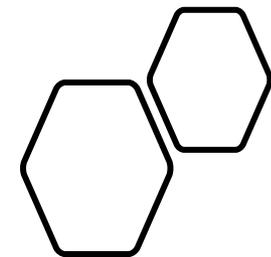
Hors d'oeuvres | Wine & Beer
Live and Silent Auction
Dessert Auction | DJ/MC

OCT 25TH
HANFORD CIVIC AUDITORIUM
6PM-10PM

Scan for Tickets

CARNEGIE MUSEUM OF KINGS COUNTY.ORG

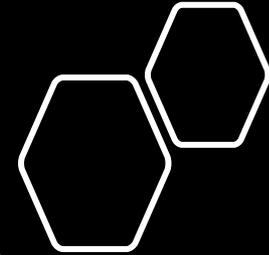
The poster features a black and white architectural illustration of a stone building with arched windows and doorways. A small logo in the top left corner reads 'CARNegie MUSEUM OF KINGS COUNTY 1902'. A circular badge in the top right corner says 'reserve TICKETS \$80'. The event details are listed in the center, and a QR code with the text 'Scan for Tickets' is in the bottom right. The website URL is at the very bottom.



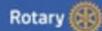
See Michael Semas for tickets!

District Conference:

May 1-3, Grand Sierra
Resort, 5 Districts, open
for registration and hotel



**UNITE
FOR
GOOD**



Far West Fest

May 1-3, 2026 - Grand Sierra Resort
Reno, Nevada

Welcome Rotarians
District 5130 - District 5170 - District 5190
District 5220 - District 5230



Any interest in going by
train?

See Susan for tickets!

KINGS ART CENTER
SECOND ANNUAL
SCARECROW FESTIVAL AND
PUMPKIN CARVING CONTEST

605 N. DOUTY STREET

FESTIVAL DATE:
SATURDAY, NOVEMBER 1ST
12PM TO 4PM

CORNHOLE
AND TABLE
GAMES

ENTRY FEES BY CATEGORY

- INDIVIDUAL SCARECROW CONTEST
- BUSINESS CREATED SCARECROW CONTEST
- PUMPKIN CARVING/PAINTING CONTEST

FOOD, FUN, MUSIC
AND CASH PRIZES!

FESTIVAL DATE: NOVEMBER 1ST

SCARECROWS ON VIEW FROM
WEDNESDAY, OCTOBER 29TH UNTIL
SATURDAY, NOVEMBER 1ST

KINGSARTCENTER
KAC

605 N. Douty Street
Hanford, CA

TICKETS AVAILABLE
ONLINE AND
AT THE KINGS ART
CENTER

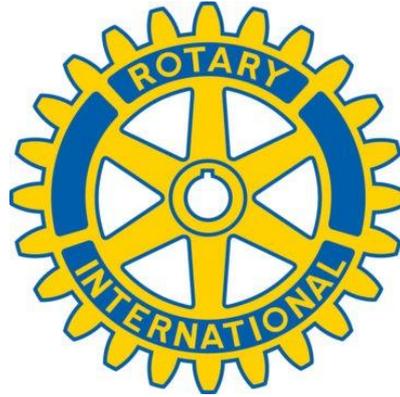
SCAN HERE
FOR
GATE
TICKETS



MEMBERSHIP

When you invite a guest please introduce the person as your guest, not as a potential member. After your guest attends a few meetings and we think they are a good fit for the club, then you as the member will fill out a short form proposing membership. It then goes to the board for approval. After the board approves, it will go to the membership for approval or disapproval. If approved, then you can approach your guest to see if they would like to join the club. We are an invite club. We need to get back to the structured way of proposing people for membership. If you have questions, ask Kathy or Lori!

***If you Remember the truth, you
don't have to remember
anything!***



Monthly Board Meetings: All members are welcome to attend board meetings which occur the second Thursday of the month right after the noon meeting. Board President Steve Stout, President-Elect, Patrick Nelson, Vice President, Gaby Curtis, Kristi Lee, Immediate Past President, Joan Darling, Secretary, Bruce Bentley, Treasurer, Member at large Judy Holwell, Joe Casey Member at large, Joan Darling, Sergeant at Arms, Club Administration, Gaby Curtis, Kathy Andes, Membership Director, and Lori Bentley Public Image Director, Director PP Victor Rosa, New Generations Director, PDG Bruce Mackey, Rotary Foundation Director, PP, Robert Butts, International Director.

Our mailing address is PO Box 11 Hanford CA 93232-0011

