

Rotary



Club of Medford Rogue

February 9 Communicator

Medford Rogue Rotary: Chartered April 20, 1977
President Larry Hildebrandt
Past President Host: Sue Kupillas
Bulletin Editor: Debbie Graunke: dmchargue@hotmail.com

Location: Rogue Valley Country Club at 2660 Hillcrest Rd. - ballroom on upstairs level

Time: 12:10 pm

-OR-

Zoom for those Rotarians who are unable to attend the in-person meeting. The zoom link will open at 12:00

Join Zoom Meeting

<https://us06web.zoom.us/j/84350983006?pwd=Y0R2YUE1ZDA4MmFEM0NTZWZVRzhZQT09>

Meeting ID: 843 5098 3006

Passcode: 614044

One tap mobile

+17207072699,,84350983006#,,,,*614044# US (Denver)

+12532158782,,84350983006#,,,,*614044# US (Tacoma)

Involved Rotarians

Inspirational Moment: Barbara Laskin

Sergeant at Arms: Ian Foster

Greeters: Paul Christy

Attendance: Shaun Frank

Technology: John Van Sickle

Upcoming Meeting Schedule

February 9th

Speaker: St Mary's Students, a rep from SOHumane and Amy Cudy, OCF

Topic: What's the Interact Club and what are they doing?

February 16th NO MEETING

Speaker:

Topic:

February 23rd

Speaker: Professor Joe Peterson

Topic

Meeting schedules can be found on our new website. [Click Here](#)

Fellowship:

Learn to Play Pickleball Fellowship Event February 12th (Postponed - will announce a new date soon)

Please join us for the Medford Rogue Rotary Mt. Ashland Fellowship.

Come ski, snowboard, or just hang out at the lodge! Day and twilight skiing. Dinner and drinks. Friday, March 11. More details to follow.

If interested, email Bruce Garetto bgaretto@gmail.com. or call Bruce or call 541-890-0431

Volunteer Opportunities

Rogue PowerPack Backpack Program: You will have an opportunity to volunteer with not only our club members but members from other area clubs.

ACCESS & Rogue Powerpack Program provides backpacks full of nutritious, child-friendly food to elementary school children who are receiving free breakfast or lunch at school during the week but are lacking adequate food at home over the weekend. Backpacks are filled every Friday from 9-11 to ensure they do not go hungry while away from school. There are also options to drive and deliver prepared sacks of food to different school routes. To SignUP on dates that work best for you, click this link:

<https://signup.com/go/UhqfKmB>.

For any questions, please contact Danette Moss at dmoss@laclinicahealth.org.

Signature fundraising event June 24-26 2022 Pickleball Tournament

Our first tournament was a great success! The steering committee is already planning our next tournament. If you would like to join in the fun, we are looking for you! Our next meeting is January 20th at 4:30 via zoom

Cheryl Dyer @ cherylddyer@yahoo.com or Debbie Graunke @ dmchargue@hotmail.com.

Board of Directors News: Board of Directors meetings are held the 3rd Tuesday of each month at 4:30 via zoom. If you have an agenda item, please contact President Larry. The meetings are open to all club members. Contact Debbie for the meeting link or [Click here](#)

New Member Applicants and Sponsor Responsibilities: The Membership Committee has revised the mentor program for new members. Instead of the committee assigning a mentor, the new members sponsor will now be responsible for that role. Sponsor/mentor responsibilities will include assisting the new member with finding the right fit for two committee assignments, accompanying the new member to a fellowship event, and also sitting with the new member at two or more of our regular meetings in order to introduce them to fellow Rotarians. We hope that these changes will help to quickly integrate the new member to our club.

Health News: By Rita Sullivan

Research has shown that living with pets provides certain health benefits. For instance, they can lower blood pressure or lessen anxiety. They also increase opportunities for exercise, to go outside and to socialize. And as we can see from the pandemic, when people were adopting pets from shelters in record numbers, they can help with loneliness and depression. Pets give unconditional love; they are intuitive and good listeners, and they meet you at the door with an enthusiastic welcome. Wouldn't life be good if we treated each other like pets treat their owners.
