



THE ROTARY

ANCHOR



The Weekly Newsletter of
THE ROTARY CLUB OF NEW LONDON

District 7980 Club 6741

Chartered April 11, 1917

PO Box 654, New London, CT 06320

CLUB NEWS

MARCH 14, 2024

Community Meal Center

Our club volunteers on the 2nd Thursday of each month to serve at CMC. Please let Anna Lathrop know if you can help, anna@gourmet-galley.com. We begin at 4pm and are done by 6:15pm. Your help is always appreciated.

Waterford Rotary

Meetings First and Third **Tuesday** of the Month, beginning November 21, 2023 at Filomena's in Waterford.

Little Free Libraries

The Little Free Library project is a daily club initiative to locate books, secure, label and distribute them throughout the city. Please bring books to our meetings or let one of our stewards (Gail, Christine, Mel, Ray or Julia) know if you need someone to pick them up. Good sources of material are family, libraries, schools, friends, neighbors, places of worship and workplaces. Contact Julia Kushigian-Secor with questions jakus@conncoll.edu.

Instagram

Thank you to new member Sophia Gipstein Scirico for creating and activating a brand new Instagram account. Please follow on your personal and business pages. Find the account at:

RotaryClubofNewLondonCT

Stay tuned for Instagram activity to promote our club and our service activities.

Rotary International Foundation

Giving to the Rotary International Foundation is a great way to make a difference in the lives of millions. Programs in the United States and around the world benefit from your generosity. It's easy to give through automatic withdrawals and there is no minimum—every donation matters! To donate to Rotary International, please go to myrotary.org/donate or scan the QR code below.

If you have not yet registered, you will need to log in with password.

Choose amount of donation and Fund you would like it to go to. Please be sure to include Club number 6741 and your Rotary membership number. If you do not have it, please contact Ed Cramer at winetalk177@aol.com.

Thank you for supporting the Rotary International Foundation.



TODAY'S PROGRAM

NO MEETING

Weekly Meeting

12:00 Noon

at THE THAMES CLUB
290 State Street, New London

Mar 21 Rich Lisatano, CEO
LMH Update

For those unable to attend in person, please join us for our weekly Rotary meeting via Zoom. Go to [ZOOM.COM](https://zoom.us) and click "JOIN A MEETING" and enter the info below.

ID=895 9471 7490
PW=512184

GREETER

Mar 14 None

INVOCATION

Mar 14 None

SONG LEADER

Mar 14 None

BIRTHDAYS

Mar 19 Valerie West

ANNIVERSARIES

None



BREWFESt
at the Beach

SEPTEMBER 13
6:00pm – 9:00pm
Ocean Beach

TICKETS NOW AVAILABLE!



SCAN ME

Rotary
Club of New London



THE FOUR-WAY TEST

of the things we think, say or do...

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL**
and
BETTER FRIENDSHIPS?

Will it be **BENEFICIAL**
to all concerned?

Rotary Around the World



United States

Most North American plant species depend on insects, predominantly bees, for pollination. “Your whole food web is supported by bees,” says Dave Hunter, a member of the Rotary Club of Woodinville, Washington. The club leads a project that nourishes bees while beautifying the Seattle suburb. Members use donated wine barrels to construct planters to attract pollinators. Local businesses can sign up to have one placed at their storefront for a donation of \$150 a year to the club’s foundation. The planters have QR codes that take visitors to information on the club’s website about the program and pollinators’ importance. “We are not just putting planters out; we’re educating through them,” says Hunter, proprietor of Crown Bees, which sells bees, bee houses, and other materials. The club also partnered with the city, businesses, a garden club, and a nonprofit organization to host a Pollinator Fest in May that attracted about 500 people to hear the latest buzz on bees.

*This story originally appeared in the March 2024 issue of **Rotary** magazine.*

CLUB REPORT

MARCH 7, 2024

By Kris Magnussen

Kris Magnussen, a Public Health Nurse and Infection Preventionist at Ledge Light Health District spoke on the Rotary's March theme of "Water, Sanitation, and Hygiene". She shared how her experience living and working in Saudi Arabia in the early 80's exposed her to diseases never seen in the US mostly due to the lack of water, poor sanitation, and hygiene especially with the Bedouins. We were reminded how lucky we are to have safe drinking water all thanks to the EPA and state regulations. One of the many roles of the sanitarians at Ledge Light Health District is to ensure that septic systems and wells are installed properly to protect against contamination.

Water, Sanitation, and Hygiene, known as WASH, is a focus of Rotary International. The Rotary Foundation works closely with the United Nations, USAID, and other organizations to improve WASH standards globally. Why is this a concern and focus of Rotary Foundation? First and foremost, access to safe water, sanitation and hygiene is the most basic human need for health and well-being. If people lack the basic needs to survive, there can't be well-being, social, educational, and economic development. Billions of people lack access to these basic services. Ms. Magnussen pointed out what happens when people do not have access to clean water, sanitation, and hygiene.

- **Diseases:** many diseases can be spread through the lack of clean water, sanitation, and hygiene. Hand hygiene, washing hands with soap and water for 20 seconds or using a 60% alcohol-based hand sanitizer is one of the easiest ways to prevent getting ill. Hand hygiene prevents about 50% diarrheal diseases and 20% respiratory illnesses. Hand hygiene also helps to prevent antibiotic resistance which is a big issue. When there is resistance, the antibiotic doesn't work anymore. Diseases such as polio, cholera, typhoid are just some diseases that can occur due to polluted water. If there is no soap and water to even wash their face, they can be at risk for trachoma that can lead to blindness.
- **Death:** The World Health Organization (WHO) study estimates that 1.4 million deaths could be prevented each year through improving access to safely managed water, sanitation, and hygiene services.
- **Gender Inequality:** Women and children tend to gather water which can be miles away that can keep



them from an education. Another issue is violence against women when going to communal toilets at night.

- **Malnutrition:** Many diseases, especially diarrheal, can lead to malabsorption of nutrients.
- **Education:** Schools without bathrooms make it difficult to attend, especially for young women.
- **Economy:** If people are ill, they can't work.

Some fun facts shared.

- Over the past 200 years, toilets have added 20 years to the human life span.
- More people in the world have access to mobile phones than toilets.
- The first flushable toilet was invented by John Harrington in 1591. He was the godson of Queen Elizabeth I and she tried the toilet and liked it so much she had one installed in the castle.
- Jack Sim, known as the #2 man, formed the World Toilet Organization and will be a featured speaker at the 2024 Rotary International Convention in Singapore.

The Rotary Foundation has invested in more than \$130 million in over 2000 projects worldwide. For every \$1 invested brings a return of \$4.30 in reduced health care costs. Ms. Magnussen remarked that this opened her eyes to the good work of the foundation and the importance of supporting it.



4TH ANNUAL GOLF TOURNAMENT

TO BENEFIT THE NEW LONDON COMMUNITY MEAL CENTER

Monday, June 3rd
Great Neck Country Club

Registration: 10:30am – Noon Lunch: 11:00 – 11:45 Shotgun: Noon
Post-Golf: Dinner & Awards ~5pm Live Auction / Drawings

HELP OUR COMMUNITY – BE A SPONSOR!!

GOLD SPONSOR: \$3500.00

Benefits include 1 free foursome, a professionally placed full-page ad in the program booklet, prominent mentions in all advertising media, and 1 FREE tee sign.

BAR SPONSOR: \$750.00

ONLY 1 AVAILABLE

LUNCH SPONSOR: \$750.00

ONLY 1 AVAILABLE

SILVER SPONSOR: \$2500.00

Benefits include 1 free foursome, a professionally placed half-page ad in the program booklet, prominent mentions in all advertising media, and 1 FREE tee sign.

DINNER SPONSOR: \$750.00

ONLY 1 AVAILABLE

PRACTICE GREEN SPONSOR: \$750.00

ONLY 1 AVAILABLE

BRONZE SPONSOR: \$1000.00

Benefits include free golf for 2 players, a professionally placed quarter-page ad in the program booklet, prominent mentions in all advertising media, and 1 FREE tee sign.

Benefits for Bar, Lunch, Dinner, and Practice Green sponsors include large, professionally designed signage displayed prominently, a free listing in the program booklet, 1 free tee sign for each sponsor, and mentions in event advertising media.

CART SPONSOR: \$500.00- ONLY 1 AVAILABLE

Benefits for the Cart Sponsor include professionally designed signs placed in each golf cart (approximately 50 carts), a free listing in the program booklet, and 1 free tee sign.

FRIEND OF ROTARY/CMC: \$250.00

Benefits include a program book listing and 1 free tee sign.

TEE SPONSOR: \$110.00

PAYMENTS MADE TO:

NEW LONDON ROTARY FOUNDATION

BY MAIL: PO BOX 654 NEW LONDON, CT 06320

CREDIT CARD PAYMENTS ACCEPTED AT THE EVENT

NEW LONDON ROTARY GOLF TOURNAMENT
Monday June 3, 2024
Great Neck Country Club, Waterford

GOLFER REGISTRATION

1. Team Captain: _____ **HDCP** _____

Address: _____

City/State/Zip: _____

Phone: _____ **Email (required):** _____

2. Player: _____ **HDCP** _____

Address: _____

City/State/Zip: _____

Phone: _____ **Email (required):** _____

3. Player: _____ **HDCP** _____

Address: _____

City/State/Zip: _____

Phone: _____ **Email (required):** _____

4. Player: _____ **HDCP** _____

Address: _____

City/State/Zip: _____

Phone: _____ **Email (required):** _____

Foursome cost is \$200 per person.

Make all checks payable to New London Rotary Foundation and mail with registration to:
New London Rotary Foundation P.O. Box 654, New London, CT 06320
Or email form to: nlrotarygolf@gmail.com

Club Officers, 2023-2024

President	Valerie West
President-Elect	Mel Foti
Vice President	Mary Lenzini
Secretary	Andy Russell
Treasurer	Alan Lyon
Sergeant-at-Arms	John Bysko
Immediate Past President	Brian Cole

Board Of Directors

2024	John Bysko, Kate Lee, Mark Spinnato
2025	Lee Cole-Chu, Pam McNulty Hennessey, Todd Gipstein
2026	Andrew Gilday, Mirna Martinez, Tracee Reiser

Club Committees

Rotary Youth Service Todd Gipstein, Director

Student Of The Year	Barry Neistat
High School Awards	Barry Neistat

Rotary Membership Mel Foti, Director

Fellowship/RAH	Reid Burdick
Classification	Andy Russell
Information	Kris Magnussen
Sunshine	Millie Devine
Diversity/Membership Dev.	Jerry Fischer

Rotary Community Service Gail MacDonald, Director

Camp Rotary	Tracee Reiser
Centennial Playground	Rick Gipstein
Holiday Book Drive	Anna Lathrop
Community Meal	Anna Lathrop
Service Person/ Veteran's Day Program	Mary Lenzini
Little Free Libraries	Julia Kushigian Secor
Yale Harvard Regatta	Lee Cole-Chu
Thanksgiving Turkey Fund	Pam McNulty-Hennessey

Rotary International Service Julia Kushigian Secor, Director

Rotary Club Service Lee Cole-Chu, Director

Audit	John Bysko
Awards	
Paul Harris	
Carl Wies	
Tom Wetmore	
Phil Turner	
Nominating	Ed Cramer
Anchor	Todd Gipstein
Music	Chris Neilan
Program	Mary Lenzini
Fundraising Committee	Mel Foti
Golf	Kate Lee, Alex Marku
Brewfest	Keith Turner, Victoria Mueller
By-Laws	Lee Cole-Chu
Picnic	Val West/Ted Rossi
Anchor Ad Sales	Mark Spinnato
Installation Committee	Victoria Mueller
Public Relations	Brian Cole
Website	Catherine Foley, Gail MacDonald
RI Foundation	Ed Cramer

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E-mail: winetalk177@aol.com

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