

Newark Rotary Committees 2023-2024

President	Jim Cooper III	Home	740-587-4817		
President-Elect	Janice LoRaso	Cell	740-334-9058		
President-Nominee	Brendan Underwood	Office	740-450-2265	Cell	740-605-1981
Secretary	Tom Slater	Home	740-366-6143	Cell	740-398-1690
Treasurer	Ray Barber	Home	614-834-0657	Office	740-366-4444
Immediate Past President	Angle Ryan	Cell	740-258-3498	Office	740-522-2149
Club Service	Janice LoRaso	Cell	740-334-9058		
Fellowship/Logistics	Eric Ricketts	Home	740-344-8709		
Club Programs	Kim Manno	Cell	740-403-0961	Office	740-366-9135
Chaplains	Carol Thress	Cell	740-404-9551		
Music	Tom Slater	Home	740-366-6143		
Sergeant-at-Arms	Pat Jeffries	Home	740-344-3980	Cell	740-334-8302
Communications	Natasha Short	Cell	740-405-7742	Office	740-348-1228
Historical	Steve Ehret	Home	740-366-8923	Office	740-345-9791
Social	Susan Leithauser	Cell	614-507-0751		
Technology	Ruben Clark	Office	740-392-9246	Cell	740-326-4154
Vocational Service	Brendan Underwood	Office	740-450-2265	Cell	740-605-1981
Membership	Chuck Moore	Cell	740-877-7272		
Orientation	Tom Marcelain	Home	740-344-7895		
	Kate St. James	Home	614-365-1580		
Mentorship	Jeff James	Home	740-587-4447	Office	740-587-2746
Community Service	Nate Adams	Cell	740-323-6824		
Special Needs	Talya Greathouse	Home	614-496-7883	Office	740-348-1706
Rotary Awards	Jerry Besanceney	Home	614-394-3908		
Rotary Volunteers	Deb Tegtmeyer	Home	740-587-2647	Office	740-345-1970
Engagement	Melissa Owens	Cell	740-507-3603		
Newark Rotary Foundation	Molly Ingold	Home	740-366-3184	Cell	740-975-4967
Fundraising	Dustin Neely	Cell	740-403-7336		
International Service	Peter Larson	Cell	614-226-2640	Office	740-321-1012
Rotary International Foundation	Jim Francis	Home	740-366-7677		
Grants	Pat Jeffries	Home	740-344-3980	Cell	740-334-8302
Global Projects	Joe Sinsabaugh	Cell	740-501-0875	Cell	
Polio Plus	Heather Powell	Cell	419-233-2930	Cell	
Youth Service	Joe Sinsabaugh	Cell	740-501-0875		
Youth Exchange	Beth Graff	Cell	740-225-9417	Office	740-920-4795
Junior Ethics	Trevor Thomas	Home	740-877-2591	Office	740-788-3118
Student Visits	Barb Quackenbush	Home	740-334-9107	Office	740-670-7041

ALWAYS IN OUR MEMORY 2015-16 PRESIDENT ERIN KENNEDY (1960-2015)

DISTRICT GOVERNORS FROM NEWARK ROTARY

•FRANK L BEGGS: 1927-28 •ROBERT C. BATTAT: 1970-71 •DONN E. ALSPACH: 1988-89
•DARREL JONES: 1957-58 •THEODORE D. GRILEY: 1976-77 •ROBERT H. MCGAUGHY: 2003-2004

DIRECTOR, ROTARY INTERNATIONAL

THEODORE D. GRILEY: 1990-1992

TRUSTEE, ROTARY INTERNATIONAL FOUNDATION

THEODORE D. GRILEY: 2001-2005

ROTOGRAM

2023-2024

Rotary



WEEK OF APRIL 7, 2024

All Meetings At Noon Tuesday

THIS WEEK'S MEETING

Mardi Gras Indians: Newark in New Orleans



Presented by Dr. Virginia Cope, Ohio State Newark Associate Dean for Academic Enrichment

Sometimes called Black Indians, the Mardi Gras Indians are African Americans who mask (parade) in New Orleans during Carnival, wearing elaborate handmade suits of beads and feathers that they design a new each year. Dr. Cope will give an overview of the tradition and talk about a documentary service learning project completed by Ohio State Newark students that highlights the Mardi Gras Indian culture.

UPCOMING PROGRAMS

Apr 16 – Janice LoRaso & Susan Reid / 60th Anniversary of Jerrie Mock's Solo Flight

Apr 23 – Pat Tiberi / Ohio Business Roundtable

A ROTARY INTERNATIONAL CLUB

newarkohiorotary.org

District6690.org

[f NewArkRotaryClub](https://www.facebook.com/NewarkRotaryClub)

LAST WEEK'S MEETING NOTES

President Jim Cooper rang the bell. **Tom Slater** and **Peter Larson** sarded the group singing R-O-T-A-R-Y. **Carol Thress** led us in the invocation and Pledge of Allegiance. **Tom Slater** and **Peter Larson** led the group in singing an additional song, "April Showers".

Student Guests: **President-Elect Janice LoRaso** introduced the student guests from Ohio State at Newark and Central Ohio Technical College.

Red Badge Exchange: **Kristen Evers** came forward with **Patty Whisman**, **Ben Shirley** and **Bob McGaughy** for her red badge exchange.

Three Minute Talk: **Caitlin Wilson**

Sergeant-at-Arms: **Pat Jeffries** fined those without pins or badges. **Tom Mullady** shared that tomorrow is his and Ann's 43rd wedding anniversary, and so he will contributed \$25. **Caitlin Wilson** was fined for her 3 minute talk, even though she landed right at 2:58! **Kristen Evers** was fined for her red badge exchange.

Last week's reporter: **Sally Heckman**

ANNOUNCEMENTS

- **Heather Powell** thanked those who already contributed to this month's fundraiser, the Food Pantry Netwanned that it's time to start talking about our Ride for Polio taking place on May 11th. You can ride at the YMCA again this year. Please let **Heather** know if you are interested!
- **Lori Carlson** announced that April's service project is for feminine hygiene products for girls at Newark High School. Over the next few meetings, **Lori** will have a box that you can put them in, or you can ship them to **Kelly Parker's** house directly.
- **Peter Larson** and **Joe Sinsabaugh** shared that we are going to again support Ukraine by doing a painting raffle, done by **Joe**, as well as an evening of piano playing with **Peter** at your house.
- **President Jim Cooper** announced that we continue to ask for members of the 125 Club. Our goal is to get to 100 members by June 30th.
- Our thoughts and prayers are also with **Jerry Bescanseny** who is ill.

PROGRAM

Colleen Henden introduced our program, which was a special panel discussion on mental health. The following professionals comprised our discussion panel:
Emily McConville (moderator) – Community Relations Coordinator, Mental Health and Recovery for Licking and Knox Counties
Kay Spergel – Executive Director, Mental Health and Recovery for Licking and Knox Counties
Dr. Kate St. James – CEO, Behavioral Health Partners of Central Ohio
Amy Henning – 211/988 Crisis Hotline Program Director, Pathways of Central Ohio
John Jordan – Executive Director, Licking County Alcoholism Prevention Program
Colleen Henden – Executive Director, Mental Health America of Licking County

Question: Kay, given your role at ADAMH, how do you navigate funding challenges? Answer: Like many, ADAMH has a business plan and big part of that is to determine what the need is in the community. We try to purchase services that will meet the greatest need that we can determine. Right now, we are partnering with OSU to do a study to try to figure out how best to serve Licking and Knox Counties. Coming out of the pandemic, we refer to this as collective community trauma. We know that there is a lot of untreated depression and anxiety that can lead to substance abuse and addiction. Many times, people don't seek treatment because they don't think they can afford it, and they are worried about the stigma.

Question: Kate, as a CEO, what innovation and changes need to take place to keep up? Answer: We're facing workforce shortages along with high demand coming out of the pandemic, therefore wait times are long. On average, to see someone is 5 weeks and for youth it is longer. At Behavioral Healthcare Partners, we started to think about developing a behavioral health urgent care facility. We were able to develop a model around this, and 2 and a half years ago, we opened the first facility like this in Ohio, right here in Newark. 60% of the folks who have come in stated they've never sought out behavioral health services before. BH urgent care is a concept they understood and they had immediate access to services. 95% of the people who have come in have been diverted from higher levels of care (an emergency room, a psychiatric hospital). In May, BHP will launch mobile urgent care.

Question: Amy, the 211 hotline is critical for those seeking help. What is the most urgent need and how can we help? Answer: In 2023, our top needs were housing assistance, food, and utility expense assistance. Our crisis needs through the hotline are anxiety, relationship problems, and loneliness. We send a lot of people to BH urgent care, and it's been an important resource for us in Licking County. We have had to adapt as technology becomes more available, particularly when younger generations don't want to pick up the phone. We text, we have a searchable database for those who don't want to talk to someone directly. It involves a lot of creative problem solving.

Question: John, addiction treatment encompasses a lot of treatments and philosophies and how do you measure success? Everyone has their own outlook on addiction. Many people are hesitant to enter treatment. The perception is that they lose a lot—jobs, relationships, etc. The key components to addiction are to get to know their needs. We need to meet them where they are in the community. The majority of our clients are court-ordered, they don't come in voluntarily. It's virtually impossible to recover when you don't have stable employment and a place to lay your head at night. We measure success by looking at days of sobriety, but it's really different for each person. It takes an average of 6-7 times in treatment for it to be "successful".

Question: Colleen, MHA has been instrumental in advocacy and education. What are the barriers to mental health access and care? Answer: The mission of MHA is to promote and reinforce mental health and wellness. Some of the ways we do this is by raising awareness around mental health, suicide, and substance use disorders. We have a wide range of programs that help to educate people. Our mental health first aid program teaches people how to recognize and triage a mental health crisis. We can all be aware of our language by using "person-first language" (i.e. "a schizophrenic" vs. "a person with schizophrenia").

THOUGHT OF THE WEEK

"One who moves a mountain must start by moving small stones." –Chinese Proverb