



# Milford Rotary Chat For 9/17/20 Meeting

Welcome to the Club, Dominique!

## 9/10/20 Meeting Minutes:

**Visitors:** Jennifer Champagne (Derby Rotary), Dr. Tuck Kantor (speaker), David Adams, Ellie Bishop (Curran’s daughter)

**Induction:** Dominique Lee Tracy, hairstylist

- Fines:** Don- guest being here
- Frank- anniversary, welcome Dominique
- Sam- hoping football gets reopened
- Frosty- made a Frosty joke, has granddaughter staying at his house the next couple months. Got a COVID test at the walk-in clinic, was negative
- Carrie- had nightmares about diaper drive, but it'll be great. Happy Dominique is being inducted. Thank you Lorna for helping with the contact list
- Dominique- Salon finally opened, saw best friend and new baby finally
- Mark- accidentally left sink on for 5 hours, flooded house
- John- restaurant rebound going well. Yankees doing well
- Greg- last in
- Lorna- saw granddaughter 4 times in the past week
- Dr.- thanks to Don for inviting him, happy to be alive and healthy
- Jennifer- proud of our club
- Roger- met another Rotarian who said they haven't had a physical meeting since February

**Announcements:** We need a host site for our November board meeting. If you can host, please talk to Carrie! The next board meeting will be at Mike Granata’s workplace on 10/8.

We sold \$10k of our \$18k worth of gift certificates for Restaurant Rebound. Get them while you still can!

**Speaker description:** Dr.Tuck Kantor is a chiropractor in Westport specializing in weight control through a holistic medicine approach developed by John Hopkins University called the Optavia system. It consists of eating 6 small meals a day, and staying active. Dr.Kantor talked about the evolutionary traits correlated with our modern overeating and obesity crisis, and how it isn’t our fault because we were designed to eat whenever possible.

## Our Lunchtime Speakers: Upcoming Milford Rotary Club Lunch/Breakfast Meetings:

*Subject to change*

9/17/20 Alan from Milford Land Conservation Trust	

## Upcoming Milford (and other) Rotary Club Events:

- [Ongoing] Restaurant Rebound. Purchase your gift certificates from Eventbrite today before they sell out!
- 9/24/20 BREAKFAST MEETING @ Kimberly, NO LUNCH, 7:30AM
- 9/24/20 “Fifth Thursday” Lobster Bake party @ Stonebridge, 5:30PM. \$50/pp, includes two lobsters and tax/tip
- 9/26/20 Frontiers: The Ultimate Journey Tribute Band drive-in concert @ CT Post Mall, Milford. 7PM
- 9/27/20 Creamery Station drive-in concert @ CT Post Mall, Milford. 6PM

Tickets must be pre-purchased at [www.MilfordPerformanceCenter.org](http://www.MilfordPerformanceCenter.org)  
10/8/20 Board meeting @ Mike Granata's office: 203 Broad St # C-10, 5:30PM social 6:00PM meeting

### [Beth El Meals Schedule](#)

Leaders: Shaileen Landsberg and Roger Cox

### 2020

9/13/20 Lunch. Prep and cooking will be from 9:00-11:30, meal service from 11:30-1:00, then cleanup until approx. 1:30.

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Let Shaileen know if you are helping: [shaileenh@gmail.com](mailto:shaileenh@gmail.com) or 203-258-0841. And **WEAR A HAT!** per Milford Heath Dept.

### [Who's Who for the 2020-2021 Rotary Year](#)

Officers:	Sergeant-At-Arms: Bob Bogert	1 <sup>st</sup> Year Board of Dir:	2nd Year Board of Dir:
President – Carrie Reed	Assistant Sergeant-At-Arms: Bill Parry	Lise Robinson	Sam Bergami
President-Elect – John DaRin	Treasurer: Mike Granata	Phil Ucci III	Curran Bishop
Vice President – Don Wetmore	Asst Treasurer: Jeff Wilson	BJ Frazier	Max Case
Secretary – Tad Smith	Gary Opin (Immediate Past Prez)	Bob Bogert	Mark Sandillo

**Your Rotary Chat Team:** Scribe: Ray Carissimi ~ Circulation: Roger Cox

Board Meeting the second Thursday, 5:30 PM social, 6 PM meeting -- every month unless noted otherwise

***Milford Rotary, PO Box 381, Milford, CT 06460*** <http://www.milfordrotary.org>

### **Outstanding Do-Good Bets:**

Bob B: 7/23/20- \$50 that the Yankees will do better than the Red Sox this season

Bob B: 7/30/20- \$50 that the Mets will do better than the Red Sox this season

Win Smith Jr: July- \$150 that the Red Sox will do better than the Yankees or Mets this season

Ray C: \$150 for every prediction Bob gets spot-on (see below)

### **“Bob’s Baseball Predictions”**

Mets go 32-28

Boston goes 29-31

Yankees go 38-32

***“Political power grows out of the barrel of a gun... war can only be abolished through war, and in order to get rid of the gun it is necessary to take up the gun.”***

*- Selected Works of Mao Tse-tung, Vol. II (1938)*

***Did you know:*** More guns have been sold in the US since March than any other time in history, including our previous domestic wars and world wars. The ammunition and body armor shortages are even hitting law enforcement agencies and the military.