

Rotary



Club of Spring Valley (Columbia)

July 23, 2020

Invocation

Peter Stahl

Health and Happiness

Kathleen Ganley

Join Zoom Meeting

<https://zoom.us/j/94527830672>

Meeting ID: 945 2783 0672

One tap mobile

+16465588656,,94527830672# US (New York)

Grant Receipt: Kabrina Bass with Midlands Mediation

Speakers

[Dr. Sylvia Whitlock](#) - July 23rd

Reflections from Rotary's First Female Club President

July 23 ♦ Dr. Sylvia Whitlock, the first female president of a Rotary Club - hosted by Paula Matthews

This week it will be an honor to hear from Dr. Sylvia Whitlock, the first female president of a Rotary Club. Sylvia Whitlock was born in New York City but was educated, through high school, in Kingston, Jamaica. After returning to New York City she earned a B.A. in Psychology from Hunter College. Sylvia worked for the United Nations, as a Statistical Clerk, at the Secretariat Building in New York, before moving to California to start a career in Education. In California she went on to earn a Masters Degree, cum laude, in Education from Cal Poly, Pomona, and a Ph.D., cum laude, in Education, from Claremont Graduate School. Subsequently, she earned another Masters Degree, in Marriage and Family Therapy, from Azusa Pacific University, and began a second career as a psycho-therapist. She is licensed by the Board of Behavioral Sciences in California. In 1982, while an Elementary School Principal in Duarte, CA., she was invited to join the history-making Ex-Rotary Club of Duarte. Sylvia became President of that club in 1987, the year the United States Supreme Court ruled that the club be reinstated, thus making her the first woman in the Rotary World to head a club as President. She has served as President twice, Secretary, Treasurer, and Foundation Representative. At district level, she chaired the Four Way Test Speech committee for six years, the Ambassadorial Scholarship Committee for six years, receiving a Service Award from DG Don Aikin, and Simplified Grants for two years. She has been an assistant governor, presenter in Governors Institutes, and speaker in Rotary Clubs conventions and meetings, here and overseas, including South Africa, Jamaica, Washington and Texas.

[Bootie Cothran, American Ninja Warrior from Greenville, SC](#) - July 30th

An Inside Look at "American Ninja Warrior" by One of Its Most Popular Contestants

Now in its 10th season, ♦American Ninja Warrior♦ follows competitors as they navigate a series of obstacles for an ultimate prize of \$1 million. Cothran has become one of the show♦s most popular contestants, with spectators chanting ♦Bootie! Bootie!♦ as he swings, pulls and balances his way toward the finish line.

Brian Dunphy will host Mr. Cothran. He says, ♦I stumbled across ♦Ninja Warrior♦ on TV right after Season 4, and I was just amazed at what I was seeing, because it was the sport that I never had growing up,♦ Cothran, who is 5 feet, 6 inches tall and weighs 110 pounds ♦soaking wet,♦ said. ♦I♦ve always been fairly athletic, but I never played high school-level or college-level sports and I somewhat regretted that ♦ When I was a kid I loved the monkey bars on the playground. I loved climbing trees in the woods growing up. To see all those same elements applied in one kind of sport and show, it was just an ideal and perfect fit for me.♦ Furman fan Cothran trains in the weight room at Timmons Arena to prepare for "American Ninja Warrior." When not supporting himself with his upper body, Cothran works as the media and technology coordinator at First Baptist Church in Greenville and is planning to open a gym in Greenville specializing in ♦American Ninja Warrior♦-type training.

[John Nanni](#) - August 6th

A Polio Survivor: Then and Now

Paula Matthews will introduce Mr. Nanni as we listen to his first hand experience with Polio

[Mary Roe, Director, Palmetto Conservation Foundation](#) - August 13th

The SC Statewide Trail System

Paula Matthews will introduce Ms. Roe who share the story of the state's 500 miles of Palmetto hiking & biking trails and more.

Birthdays

No Birthdays Found

Wedding Anniversaries

Herbert A. Wood Jr.
July 28th

Years of Service

No Years Of Service Found

2019/2020 Rotary Club of Spring Valley Rotarian of the Year

Club Meeting

Spring Valley
(Columbia)
Meets at Northeast
Presbyterian
Church
601 Polo Road
Columbia, SC
29223
Time: Thursday at
01:00 PM



Club Leaders

Belinda Portnall
President

Bart Bartlett
Satellite Club
Chair

**Michael J
Burney**
President - Elect

**William A.
Johnson Jr.**
Secretary

**Donald Wayne
Purcell**
Treasurer

**Brian P.
Dunphy**
Club Director /
Board Member

Holly Swan
Club Director /
Board Member
Youth Services
Chair

**Diane Wood
Junis**
Club Public Image
Chair

Ted Rausch
Club Foundation
Chair

**Jamal S
Singleton**
Membership Chair

Peter J. Stahl
Sergeant-at -Arms

**Lindsay B
Agostini**
Community
Service Chair

**Anna Paige
DuRant**
Club Service Chair

**Kathleen M.
Ganley**
International
Service Chair

**William Keith
Chichester**
iPast President

Sandra J. Olson
Assistant
Governor

Events

July 23rd

By William Keith Chichester on Thursday, June 25, 2020

Rotary Club of Spring Valley announces 2019/2020 Co-Rotarians of the year. The 2019/2020 year was a tale of 2 years in one. With the onset of Covid19, it really messed up Rotary. Reminder plug, Rotary isn't cancelled, it's just different. This year, Steve Junis and Michael Burney were our recipients of the Rotarian of the Year award. Congratulations to both amazing individuals and what they have done for Rotary.

[Read More](#)

Rotary Club of Spring Valley Hosts Blood Drive

By William Keith Chichester on Wednesday, July 22, 2020



The Rotary Club of Spring Valley hosted a blood drive for the American Red Cross on July 21st at Spring Valley Presbyterian Church. Diane Junis spearheaded the drive. We collected 60 units of blood!!!! Thank you to all who participated. There were 12 first time Donors for this

blood drive,woohoo.

[Read More](#)

Reminders

Please consider donating to CART. The CART Fund has rolled out a new portal (www.mycartfund.org) which will allow clubs and individuals to make contributions electronically. The process will be safe and secure.

MEALS ON WHEELS - Sign up now. We are back to delivering meals to folks in need. This is an important community service project. Please sign up on line or contact Abdul Ghaffar.

TRANSITIONS: We need help in preparing to go boxes to their patrons. Please contact Marty Wells.

ADOPT A HIGHWAY: Save the date - August 22nd. Contact Bruce Bakaj and help our Club clean up a portion of Polo Road.

Dr. Sylvia Whitlock, First Female President of a Rotary Club

July 30th
Bootie Cothran, Contestant on

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