

Rotary



Club of Spring Valley (Columbia)

July 16, 2020

Invocation
Craig Curry

Health and Happiness
Stevie Johnson

Topic: Spring Valley Rotary Club Meeting July 16th

Time: Jul 16, 2020 01:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/97012511221>

Meeting ID: 970 1251 1221

One tap mobile

+16465588656,,97012511221# US (New York)

Custom Text

Speakers

Allison Balash, Account Representative - July 16th
Red Cross Updates on Giving Blood

Diane Junis will host & introduce Ms. Balash

Dr. Sylvia Whitlock - July 23rd
Reflections from Rotary's First Female Club President

July 23 ♦ Dr. Sylvia Whitlock, the first female president of a Rotary Club - hosted by Paula Matthews
This week it will be an honor to hear from Dr. Sylvia Whitlock, the first female president of a Rotary Club. Sylvia Whitlock was born in New York City but was educated, through high school, in Kingston, Jamaica. After returning to New York City she earned a B.A. in Psychology from Hunter College. Sylvia worked for the United Nations, as a Statistical Clerk, at the Secretariat Building in New York, before moving to California to start a career in Education. In California she went on to earn a Masters Degree, cum laude, in Education from Cal Poly, Pomona, and a Ph.D., cum laude, in Education, from Claremont Graduate School. Subsequently, she earned another Masters Degree, in Marriage and Family Therapy, from Azusa Pacific University, and began a second career as a psycho-therapist. She is licensed by the Board of Behavioral Sciences in California. In 1982, while an Elementary School Principal in Duarte, CA., she was invited to join the history-making Ex-Rotary Club of Duarte. Sylvia became President of that club in 1987, the year the United States Supreme Court ruled that the club be reinstated, thus making her the first woman in the Rotary World to head a club as President. She has served as President twice, Secretary, Treasurer, and Foundation Representative. At district level, she chaired the Four Way Test Speech committee for six years, the Ambassadorial Scholarship Committee for six years, receiving a Service Award from DG Don Aikin, and Simplified Grants for two years. She has been an assistant governor, presenter in Governors Institutes, and speaker in Rotary Clubs conventions and meetings, here and overseas, including South Africa, Jamaica, Washington and Texas.

Bootie Cothran, American Ninja Warrior from Greenville, SC - July 30th
An Inside Look at "American Ninja Warrior" by One of Its Most Popular Contestants

Now in its 10th season, ♦American Ninja Warrior♦ follows competitors as they navigate a series of obstacles for an ultimate prize of \$1 million. Cothran has become one of the show♦s most popular contestants, with spectators chanting ♦Bootie! Bootie! Bootie!♦ as he swings, pulls and balances his way toward the finish line.
Brian Dunphy will host Mr. Cothran. He says, ♦I stumbled across ♦Ninja Warrior♦ on TV right after Season 4, and I was just amazed at what I was seeing, because it was the sport that I never had growing up,♦ Cothran, who is 5 feet, 6 inches tall and weighs 110 pounds ♦soaking wet,♦ said. ♦I♦ve always been fairly athletic, but I never played high school-level or college-level sports and I somewhat regretted that ♦ When I was a kid I loved the monkey bars on the playground. I loved climbing trees in the woods growing up. To see all those same elements applied in one kind of sport and show, it was just an ideal and perfect fit for me.♦ Furman fan Cothran trains in the weight room at Timmons Arena to prepare for "American Ninja Warrior." When not supporting himself with his upper body, Cothran works as the media and technology coordinator at First Baptist Church in Greenville and is planning to open a gym in Greenville specializing in ♦American Ninja Warrior♦-type training.

John Nanni - August 6th
A Polio Survivor: Then and Now

Club Meeting

Spring Valley
(Columbia)
Meets at Northeast
Presbyterian
Church
601 Polo Road
Columbia, SC
29223
Time: Thursday at
01:00 PM



Club Leaders

Belinda Portnall
President

**Michael J
Burney**
President-Elect

**William A.
Johnson Jr.**
Secretary

**Donald Wayne
Purcell**
Treasurer

**Brian P.
Dunphy**
Club Director /
Board Member

Holly Swan
Club Director /
Board Member
Youth Services
Chair

**Diane Wood
Junis**
Club Public Image
Chair

Ted Rausch
Club Foundation
Chair

**Jamal S
Singleton**
Membership Chair

Peter J. Stahl
Sergeant-at-Arms

**Lindsay B
Agostini**
Community
Service Chair

**Anna Paige
DuRant**
Club Service Chair

**Kathleen M.
Ganley**
International
Service Chair

**William Keith
Chichester**

Paula Matthews will introduce Mr. Nanni as we listen to his first hand experience with Polio

[Mary Roe, Director, Palmetto Conservation Foundation](#) - August 13th
The SC Statewide Trail System

Paula Matthews will introduce Ms. Roe who share the story of the state's 500 miles of Palmetto hiking & biking trails and more.

Birthdays

Manuel Gaetan
July 17th

Peggy Merrill
July 18th

Stephanie S. Johnson
July 18th

Wedding Anniversaries

Marion Hanna Harold L.
July 19th Hudson
July 22nd

Years of Service

Craig J. Currey Jamal S
7 Years Singleton
1 Year

2020/2021 Rotary Club of Spring Valley Rotary Inductions / Meeting Recap:

By Belinda Portnall on Thursday, July 16, 2020

Rotary Club of Spring Valley Inductions performed by new Assistant Governor, Sandy Olson. Past President, Keith Chichester, was presented a plaque for his service and dedication to our club. At the heart of Rotary, is a commitment to volunteerism. While we continue to do things a little different due to the pandemic, I encourage you to take advantage of the numerous community service opportunities we have available. The community need YOU. We also may have some members currently struggling (health, socially, financially, etc.). We need to be there for each other. Please reach out to at least one member, at least once a week, to make sure they are okay and catch up. We all need personal interaction. We also need to do business with our fellow rotarians. People want to do business with people they know. By helping our own members, we are in a much better position to help others. TOUGH TIMES DO NOT LAST TOUGH PEOPLE DO. Lets have some FUN!

[Read More](#)

Reminders

Please consider donating to CART. The CART Fund has rolled out a new portal (www.mycartfund.org). which will allow clubs and individuals to make contributions electronically. The process will be safe and secure.

MEALS ON WHEELS - Sign up now. We are back to delivering meals to folks in need. This is an important community service project.

TRANSITIONS: We will be a regular partner preparing food for their patrons. Please contact Marty Wells.

Getting bored? Transitions and Harvest Hope could use your help, talk to Diane about working a shift.

iPast President
Sandra J. Olson
Assistant
Governor

Events

July 16th
Allison Balash,
American Red
Cross

July 21st
Rotary Club of
Spring Valley
Blood Drive

July 23rd
Dr. Sylvia
Whitlock, First
Female
President of a
Rotary Club

July 30th
Bootie Cothran,
Contestant on

August 6th
John Nanni, A
Polio Survivor:
Then and Now

August 13th
Mary Roe, The
SC Statewide
Trail System