



WEEKLY NEWSLETTER/MEETING NOTES

SEPTEMBER 9, 2021



Club Service, Birthdays and Anniversaries:

Anniversaries:

Katherine Gibson - September 13 (3 years)

Ronald Burris - September 15 (16 years)

Birthdays:

Dee Pankey Thompson - September 8

Sandy Selvy-Mullis - September 9

Stephen Chambers - September 9

Melanie Holles - September 13

Douglas Mattox - September 14

Wedding Anniversaries:

Mandi and Stephen Rogers - September 9

James and Karen Laurence - September 9

Greeter: Mike Riemann

Invocation: Paul Peters

Song: On Top Of Spaghetti

Announcements:

The club is having a Family Fun Day on October 9, 2021 at the YMCA Park in Albemarle from 11am to 2pm.

The West Stanly Rotary Club is hosting their annual golf tournament on October 8, 2021, at Red Bridge Golf Club with a start time of 1pm.

There was a Covid exposure during last week's meeting.

Easton West will be going home from rehab on Friday.

There will be a board meeting after today's meeting.

CLUB INFO:

Albemarle Club #6051 web site:
<http://albemarlencrotaryclub.org/>

Find us on Facebook:
<https://www.facebook.com/Albemarle-Rotary-Club-128519389623/>

Rotary District 7680 web site:
<http://rotary7680.org>

HEALTH AND HAPPINES - Dave Andrews

Joke: What is green and sings? Elvis Parsley. On September 9 1956, Elvis Presley made his first appearance on the Ed Sullivan show and was shot from just the waist up.

Today is National School Picture Day, National Teddy Bear Day, and National Wiener Schnitzel Day. This week is National Payroll week.

Tonight is the opening game of the 21-22 National Football League season. One of the greatest players to play the game was Walter Payton, born on July 25, 1954 in Columbia Mississippi - one of 3 children. His father was a factory worker who had played semi-pro baseball. Payton was a boy scout, played in the little league as a child and was an active member of his church. He had an outstanding collegiate football career at Jackson State University, where he was All American. He started his professional career with the Chicago Bears in 1975 as the Draft's overall 4th pick. He won the 1977 AP NFL MVP Award and won Super Bowl XX with the Bears. He is regarded as one of the greatest football players of all time, a nine-time Pro Bowl selectee, previous record holder for career rushing yards, touchdowns, carries, yards from scrimmage, all-purpose yards and others. He was elected into multiple Halls of Fame and described by coach Mike Ditka as "the greatest football player he had ever seen - but even greater as a human being". Payton retired in 1987 and died on November 1, 1999 after struggling with a rare liver disease. His legacy includes being the namesake of the Walter Payton Man of the Year award and increasing awareness for the need for organ donations.

The #1 song on the day Dave Andrew started high school in 1978 was "Boodie Oogie Oogie" by A Taste of Honey.

Baseball history- on this day in 1965, Sandy Koufax of the LA Dodgers pitched the 8th perfect game in MLB history.

WEEKLY PROGRAMS: Josh's Recycling and Speech Pathology

Josh Walker, Stanly County resident and participant of Covenant Case Management Services, is the CEO of Josh's Lunchbox & Recycling. Josh started the business to provide snacks and drinks to downtown Albemarle businesses and recycle cans and scrap metals. Anyone wishing to use Josh's services can contact him at :704-986-2403, Joshslunchboxandrecycling@gmail.com or Facebook.com/Joshslunchboxandrecycling. Drop offs can also be made at: 2000 West Main St.

Michelle Hill, owner of Resurgence Neuro Rehab, specializes in the evaluation and treatment of cognitive, language, speech, swallowing and voice disorders for adults in Cabarrus and surrounding counties. Michelle is a certified provider through the Parkinson Voice Project, and performs flexible endoscopic evaluations of swallowing and video stroboscopy in her office. She also provides manual therapy for muscle tension dysphagia and muscle tension dysphonia.

Michelle explained that the roles of a Speech Language Pathologist include: helping adults with swallowing and speech difficulties, trouble swallowing and communication, improving quality of life for seniors, increasing goodwill and peace, skill development, assistance with relearning skills, family support, decreasing frustration from speech and swallowing difficulties, decreasing social isolation/depression/cognitive decline/risk of falls/hospitalizations, teaching energy conservation techniques, assisting with home adaptations, help with obstructive sleep apnea, reflux management, decreasing chronic cough and cognitive retraining to slow down dementia.

Michelle can be contacted at 704-264-0528, michelle@resurgenceneurorehab.com, Facebook.com/ResurgenceNeuroRehab

UPCOMING PROGRAMMING

September 16: presenter The Uwharrie Players - Russ Sharples is sponsor

September 23: presenter Dan Worl (Public Utilites) - Gene Starnes is sponsor

September 30: presenter Mick Mixon (voice of the Panthers) - sponsor is Matt Smith

October 7: presenter and sponsor is Doug Maddox - coin collecting)

October 14: presenter and sponsor is Dr John Enamait - Economic Impact of Stanly Community College



A Project of the Rotary Clubs of North America

- CART bucket contributions support Alzheimer's research.
- The 50/50 drawing also supports CART Alzheimer's research.
- Chris Bramlett drew the winning ticket but not the lucky card on September 2.
- There are now 45 cards remaining.
- The current 50/50 pot is \$92.
- Support CART when you play 50/50!!