

Rotary



Club of Charlotte Providence

The Weekly Rundown



I hope you are all staying safe and well!

As we begin our new Rotary Year 2020-2021, respecting COVID-19, the club is meeting virtually each week via ZOOM. I have been encouraged by the participation thus far. If any of you have not been able to participate via ZOOM due to technical challenges but would like to, give me a buzz on my cell phone or send me an email, and I will try to assist you.

Many have floated the idea of having a socially distanced get together. One idea is to meet at the Grist Mill one evening, with each bringing a chair and, of course, social distance and wear our masks. This would give us an opportunity to socialize. We could get food boxes or have pizza delivered.

OR
We could we could meet at Olde Mecklenburg Brewery where they are positioning picnic tables 8' apart. Fran has been there since they reopened and says it was quite nice. Please be prepared to discuss at the club meeting this week where we will gauge interest. If you're not able to make the meeting please send your thoughts to Fran or myself.

JULY 9 - Chuck Sawicki and Steve Laine 122 years of Rotary Memories!

Chuck: Lessons learned over 55 years as a Rotarian member of 14 clubs and 8 districts, as a Club president where membership grew from 52 to 70, as a District Membership Chair and as an AG for 3 years. PDG Steve: With 67 years in Rotary, joining in 1954, currently at Boca Raton Sunset Club. Numerous assignments in his Rotary career including National Permanent Fund chair and honored with the Service Above Self Award in 2000 and the Citation for Meritorious Service in 2006.

Join Zoom Meeting
<https://us02web.zoom.us/j/821610675?pwd=MXZnVUpmOEFiaSs4VyswRkpXd29NQOT09>

Meeting ID: 821 610 675
Password: 622982

CPR Meetings Upcoming Presentations

- JULY 16** ♦ Club Assembly
- JULY 23** - Influential Listening Skills Part 2

Michael Reddington to speak again about Influential Listening Skills Part 2. He spoke to us June 4th about being Influential Under Stress. As a Certified Forensic Interviewer, he spent over a decade training investigators globally on the successful application of non-confrontational interview and interrogation techniques. Michael had two key realizations while expanding his persuasive skill sets. Michael created the Disciplined Listening Method by integrating current business communication research and best practices with non-confrontational interview and interrogation techniques. He teaches participants to activate the truth in the areas of leadership communication, sales, negotiation, conflict resolution, customer service, candidate interviews, family conversations and public speaking.

- JULY 30** ♦ **Rob Luisana** will speak to our Club about ♦ **A Conversation in Healthcare.** ♦

Rob graduated from East Carolina University in 1973 and is a former Guilford County teacher and basketball coach, and served as President of the North Carolina Association Educators for Guilford County Schools for 3 years. He has worked as a health insurance broker and consultant for the past 35 years, working with corporations and individuals on all aspects of healthcare and insurance. Over the past five years, he has been a frequent presenter on healthcare issues, including NPR and Politico. Rob is also proud that he is captain of the Guilford County Senior Games Basketball Team ♦.. ♦Deadmen Dribbling. ♦

Atrium Health on the Coronavirus

From Christy Smith who works for Atrium Health

Atrium Health updated the list of common COVID-19 symptoms according to the [CDC](https://www.cdc.gov).

As a trusted healthcare partner, please know that Atrium Health is here to help our community through this. From sharing prevention tips to offering free and reduced-cost remote care options, we're making every effort to keep you and the people you serve safe and informed. Be sure to check out www.AtriumHealth.org/Coronavirus for the latest information. The Atrium Health [Community Resource Hub](#) is also available for support. From food pantries to transportation and housing, the Community Resource Hub provides an easy way to access local programs and services.



Club Meeting

Charlotte Providence Meets at Maggiano's Little Italy
4400 Sharon Road
Charlotte, NC 28211
Time: Thursday at 12:30 PM

Club Leaders



Ronald Wimberly
iPast President
Past President
President



Mary Ellen Shuntich
President-Elect



Richard J. Pockat
Secretary



Howard B. Fogel
Rotary Foundation Chair
Treasurer



Mark Daniels
Club Director



Frances E. Fesmire
Club Director



J. Grason Hudson III
Public Relations Chair



Georgia Oakes
Club Trainer



Alan Turner Jr.
Sergeant-at-Arms



Scott Purcell
Club Service Chair



Christine E. Smith
Interact Chair

Linda Rakvic
Assistant

In this challenging time, we're asking for your help. Awareness and education are key to preventing the spread of this virus and by sharing information with your network, you can make a meaningful difference. Whether you share via email or social media, we appreciate anything you can do to support these efforts.

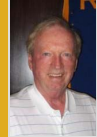


Governor-Mecklenburg County South

Birthdays



Scott Purcell
July 9th



Joseph Daingerfield Dulaney Sr.
July 14th



Margaret R. Ford
July 28th



Howard B. Fogel
August 3rd

District Leaders



John Michael Walker
District Governor



Nicolino Iannelli
DG - Elect



Kamlesh C. Chandan
DG - Nominee



Beth E. PS Trotter
iPDG



Rotary Opens Opportunities



Current as of June 9, 2020



What you need to know about coronavirus (COVID-19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus

- | | | |
|--|-------------------------------------|-----------------------------------|
| Fever | Chills | Headache |
| Cough | Repeated shaking with chills | Sore throat |
| Shortness of breath or difficulty breathing | Muscle pain | New loss of taste or smell |
| Nausea or vomiting | Diarrhea | Congestion or runny nose |

What to do if you feel sick

- Stay home**
Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 14 days.
- Get checked and cared for at home**
For more mild symptoms, keep yourself and others safe by getting medical care from the comfort of home. If you need help, use our free COVID-19 risk assessment to learn about the care you need.
- Call ahead for in-person care**
If you need in-person care for severe respiratory symptoms, call before you arrive at the doctor's office, urgent care or emergency room. This will help your healthcare providers take steps to get you the right care and keep others from being exposed.
- If your health problems are a threat to your life, call 911 right away.**

Tips for staying healthy

- Wash your hands with soap and warm water**
- Don't touch your face**
- Avoid close contact with someone who's sick**
- Clean and disinfect surfaces and objects people touch often**
- Stay at home as much as you can, even if you feel well**
- Wear a mask or cloth face covering in public**
- Stay informed with accurate information**

Free Assessments
AtriumHealth.org/Coronavirus

24/7 Health Line
704-468-8888

Care Options
AtriumHealth.org/GetCareNow