

Rotary



Club of Charlotte Providence

The Weekly Rundown



I hope you are all staying safe and well!

The club is meeting virtually each week via ZOOM. I have noticed that our weekly attendance has reduced to average maybe 10 each week (Alan can probably correct me!). If any of you have not been able to participate via ZOOM due to technical challenges but would like to, give me a buzz on my cell phone or send me an email, and I will try to assist you.



CPR Thursday July 30th - Rob Luisana - A Conversation about Healthcare

JULY 30 ♦ **Rob Luisana** - ♦ **A Conversation in Healthcare.** ♦



Rob graduated from East Carolina University in 1973 and is a former Guilford County teacher and basketball coach, and served as President of the North Carolina Association Educators for Guilford County Schools for 3 years. He has worked as a health insurance broker and consultant for the past 35 years, working with corporations and individuals on all aspects of healthcare and insurance. Over the past five years, he has been a frequent presenter on healthcare issues, including NPR and Politico. Rob is also proud that he is captain of the Guilford County Senior Games Basketball Team ♦.. ♦Deadmen Dribbling. ♦

Join Zoom Meeting

<https://us02web.zoom.us/j/821610675?pwd=MXZnVUpmOEFiaSs4VyswRkpXd29NQOT09>

Meeting ID: 821 610 675

Password: 622982

CPR Meetings Upcoming Presentations

AUG 6 - COVID-19 Status Charlotte, NC - Dr. Catherine Passaretti, Atrium

Dr. Passaretti completed college, medical school, Internal Medicine Residency and Infectious Disease Fellowship at Johns Hopkins. She worked as the hospital epidemiologist at Johns Hopkins Bayview before transitioning to Atrium Health to become Medical Director of Infection Prevention in 2011. She is an Associate Professor in Internal Medicine and Infectious Diseases at Atrium Health and Adjunct Assistant Professor in Infectious Diseases at Johns Hopkins. Dr. Passaretti is a member of the Society of Healthcare Epidemiology of America and The Infectious Diseases Society of America and has special interests in hospital acquired infections, highly infectious disease management and containment, and multidrug resistant organisms



AUG 13 - Recycle Right with Maitri Meyer and Walker Spruill, Recycling Educators for Mecklenburg County

Mecklenburg County Waste Reduction Educators, Maitri Meyer & Walker Spruill will teach us how to *Recycle Right*. Their interactive program includes an overview of the residential curbside recycling program, the challenges and costs of improper recycling, a fun game to solidify learning and clarify common mis-information and ample time for questions. Follow up resources, including a copy of the presentation and a handout will be provided to the host organization to email to attendees after the webinar. Your experience and understanding of the content will be enriched greatly by watching this 4-minute video in advance:

<https://youtu.be/wbTTAU0kQG8>

AUG 20 - China Relationship Update with Tate Nurkin, Specialist on China US relations

Tate Nurkin visited our club in February with an interesting and educational look at the US China relations. Tate's career has been in researching and working with a number of high government offices specializing in relations with China. Many of our members asked to have a continuation of this presentation and updates with this hot topic today.

AUG 27 - TBA

SEPT 3 - OPEN

SEPT 6 - Welcome District Governor Mike Walker for club visit

Club Meeting

Charlotte Providence Meets at Maggiano's Little Italy
4400 Sharon Road
Charlotte, NC 28211
Time: Thursday at 12:30 PM

Club Leaders



Ronald Wimberly
iPast President
Past President



Mary Ellen Shuntich
President-Elect



Richard J. Pockat
Secretary



Howard B. Fogel
Rotary Foundation Chair
Treasurer



Mark Daniels
Club Director



Frances E. Fesmire
Club Director



J. Grason Hudson III
Public Relations Chair



Georgia Oakes
Club Trainer



Alan Turner Jr.
Sergeant-at-Arms



Scott Purcell
Club Service Chair



Christine E. Smith
Interact Chair

Linda Rakvic
Assistant



Excerpts from Rotary International



Incoming Rotary International President 2020-2021 - Holger Knaack

Holger Knaack has a fresh vision for Rotary of the future. With a little help from his friends, things should go swimmingly. While Mr. Knaack is now Rotary International President, he's a regular Rotarian, a 27-year member of his home Rotary Club of Herzogtum Lauenburg-Mölln in Germany. There is a German phrase: man holt die Leute ins Boot. It means getting people on board to work together toward a common goal. Knaack will not merely lead or stand on the sidelines while others do the work. Equally important is his philosophy that working hard doesn't mean you can't also have a good time. It is a basic principle, "When we get together, it has to be fun."

Knaack is most known for his involvement in Rotary's Youth Exchange program. One of his main goals is to continue to bring Rotary and Rotaract closer together. Though no children of his own, he and his wife open their home - and their hearts - to dozens of exchange students. Holger and Susanne Knaack love to travel, but they have lived their entire lives not far from where they were born.

According to a friend, Knaack is successful because his enthusiasm is infectious - and because he set the example, exemplifying positive characteristics, so it's relatively easy for him to get others involved. He is never in a bad mood.

Knaack wants everyone to enjoy Rotary - and to be proud to be part of it. ♦All of us love this organization, and all of us should feel we ought to do something to make Rotary stronger, ♦ he insists. ♦It ♦s not hard to do more: be more involved in your club, more interested in your friends, more involved in projects and programs. Ask yourself: Is our club involved in youth service? Can we come up with better ideas for fundraising? And the club also has a responsibility to make people feel good, feel welcome, feel proud. It has to feel special to be a Rotarian.♦

From Paddy Rooney, DG 7390 Pennsylvania. Rotary was built for this. In the coming months, governmental agencies and political groups will seek to rebuild our economy while other groups will help rebuild our healthcare system which is stretched almost to breaking point. But for me the question is: who will help rebuild our broken communities? Who will heal the rifts and divisions exposed by the pandemic, reach across the divide, and rebuild a sense of unity that says we can and will make a difference in the lives around us?

As Rotarians, we are best positioned to lead the rebuilding, reforming, and reshaping that will be needed in our communities. This is who we are and this is what we do. Indeed, you *could* say that ♦we were built for this.♦ We know our communities better than anyone else. We know its strengths and weaknesses, good and bad, joys and sorrows. We know, and in many cases, we love our communities. We care about what happens and seek the very best for our communities.

Whether in clubs large or small, whether in e-clubs or passport clubs, whether we meet in person or virtually, whether we are Interactors, Rotaractors or Rotarians, we are one in Rotary spirit. With the resources of Rotary International behind us, we can help rebuild our broken and shattered communities. Indeed ♦we were built for this.♦ This is our time, this is our moment, this is our call. We can and will do this because we are Rotarians.

Feeding the community

Knowing that many people have lost their jobs due to the coronavirus pandemic, incoming club presidents in our district (3780) were looking for a way to spread a little bit of hope to those who lacked it. So we partnered with a mobile kitchen, run by the Armed Forces of the Philippines, to make and distribute meals for residents in need.

Since we started the joint effort two months ago, Rotary members, volunteers and the military personnel onboard the mobile kitchen have fed thousands of people a day in areas such as in Quezon City, San Juan, Malabon, Marikina, and Manila. We will soon be sending the kitchen to Barangay Pinagbuhatan and Parañaque City.

The government of the Philippines issued a statement that ♦no Filipino will be left behind in this battle against COVID-19.♦ This is our way of supporting that effort. We are also feeding workers who have been stranded because of the virus, students who are living on little or no financial support, residents of informal settlements, and families living in poor communities.

The mobile kitchen relies mostly on donations in-kind and cash from different organizations including Anghel ng Masa, Midnight Manna, United Off Roaders, and the Tzi Tzu Foundation to name a few. Our members, who have also donated funds, are volunteering side-by-side with these inspiring people from the armed forces and partnering organizations. Rotary members are at their best during challenging times, and we have never been prouder to be Rotarians than right now.

By Ekaterina Tashlykova, secretary, and Julia Fedeneva, president-elect, Rotary Club of Novosibirsk-Initiative, Russia

The COVID-19 pandemic has changed many aspects of our self-awareness. Virtual meetings are now common, but what about doing service projects? Can these be virtual too? As a club, we explored this idea with our first service project since the pandemic hit.

As a doctor, I am in touch with a lot of essential medical workers. These men and women are on the front lines, battling to keep us healthy and alive. They risk their own health and hardly see their families to provide us with high-quality, timely medical care. Many of them work in hospitals that have a shortage of protective supplies. The facilities do not have enough masks, gloves, or antiseptics to keep them protected from the virus.



Governor-Mecklenburg County South

Birthdays



Howard B. Fogel
August 3rd



George Michael Walker
August 17th



Alan Turner Jr.
August 26th

District Leaders



John Michael Walker
District Governor



Nicolino Iannelli
DG - Elect



Kamlesh C. Chandan
DG - Nominee



Beth E. Trotter
iPDG



We decided to focus our attention on donating masks to these hospitals, and created two plans. First, we connected with women who were currently on maternity leave who were sewing masks for multiple purposes. We found people who could supply us with textile and elastic bands, and worked out the logistics for delivering more than 1,000 masks to 10 area hospitals. Second, we raised money to buy more masks. We were able to secure a discount on masks that were more comfortable and ecological. We let the community know what we were doing, and when they found out, many people donated to our cause. After that, we decided we wanted to help kindergartens that were still in operation through these times. We provided them with sanitizers and masks. The teachers, many of whom were in a state of anxiety over the threat of contracting the virus, were delighted to receive our help.

Atrium Health on the Coronavirus

From Christy Smith who works for Atrium Health

Atrium Health updated the list of common COVID-19 symptoms according to the [CDC](#).

As a trusted healthcare partner, please know that Atrium Health is here to help our community through this. From sharing prevention tips to offering free and reduced-cost remote care options, we're making every effort to keep you and the people you serve safe and informed. Be sure to check out www.AtriumHealth.org/Coronavirus for the latest information. The Atrium Health [Community Resource Hub](#) is also available for support. From food pantries to transportation and housing, the Community Resource Hub provides an easy way to access local programs and services.

In this challenging time, we're asking for your help. Awareness and education are key to preventing the spread of this virus and by sharing information with your network, you can make a meaningful difference. Whether you share via email or social media, we appreciate anything you can do to support these efforts.



What you need to know about coronavirus (COVID-19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus



Fever



Chills



Headache



Cough



Repeated shaking with chills



Sore throat



Shortness of breath or difficulty breathing



Muscle pain



New loss of taste or smell



Nausea or vomiting



Diarrhea



Congestion or runny nose

What to do if you feel sick



Stay home

Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 14 days.



Get checked and cared for at home

For more mild symptoms, keep yourself and others safe by getting medical care from the comfort of home. If you need help, use our free COVID-19 risk assessment to learn about the care you need.



Call ahead for in-person care

If you need in-person care for severe respiratory symptoms, call before you arrive at the doctor's office, urgent care or emergency room. This will help your healthcare providers take steps to get you the right care and keep others from being exposed.



If your health problems are a threat to your life, call 911 right away.

Tips for staying healthy



Wash your hands with soap and warm water



Don't touch your face



Avoid close contact with someone who's sick



Clean and disinfect surfaces and objects people touch often



Stay at home as much as you can, even if you feel well



Wear a mask or cloth face covering in public



Stay informed with accurate information

Free Assessments
AtriumHealth.org/Coronavirus

24/7 Health Line
704-468-8888

Care Options
AtriumHealth.org/GetCareNow