

Rotary



Club of Charlotte Providence

The Weekly Rundown



I hope you are all staying safe and well!

Special prayer Jim Calder, who is currently in the medical unit at Sharon Towers. Unfortunately, with COVID, no visitors are allowed. Jim Peck will try to keep us abreast of status with Mr. Calder.

There has been some discussion regarding having a club social, but the decision has been made to postpone until COVID further clears.

As we begin our new Rotary Year 2020-2021, respecting COVID-19, the club is meeting virtually each week via ZOOM. I have been encouraged by the participation thus far. If any of you have not been able to participate via ZOOM due to technical challenges but would like to, give me a buzz on my cell phone or send me an email, and I will try to assist you.

JULY 16 ♦ Club Assembly

Join Zoom Meeting

<https://us02web.zoom.us/j/821610675?pwd=MXZnVUpmOEFiaSs4VyswRkpXd29NQTO9>

Meeting ID: 821 610 675

Password: 622982



CPR Meetings Upcoming Presentations



JULY 23 - Influential Listening Skills Part 2

Michael Reddington to speak again about Influential Listening Skills Part 2. He spoke to us June 4th about being Influential Under Stress. As a Certified Forensic Interviewer, he spent over a decade training investigators globally on the successful application of non-confrontational interview and interrogation techniques. Michael had two key realizations while expanding his persuasive skill sets. Michael created the Disciplined Listening Method by integrating current business communication research and best practices with non-confrontational interview and interrogation techniques. He teaches participants to activate the truth in the areas of leadership communication, sales, negotiation, conflict resolution, customer service, candidate interviews, family conversations and public speaking.

JULY 30 ♦ **Rob Luisana** will speak to our Club about ♦ **A Conversation in Healthcare.** ♦

Rob graduated from East Carolina University in 1973 and is a former Guilford County teacher and basketball coach, and served as President of the North Carolina Association Educators for Guilford County Schools for 3 years. He has worked as a health insurance broker and consultant for the past 35 years, working with corporations and individuals on all aspects of healthcare and insurance. Over the past five years, he has been a frequent presenter on healthcare issues, including NPR and Politico. Rob is also proud that he is captain of the Guilford County Senior Games Basketball Team ♦.. ♦Deadmen Dribbling. ♦

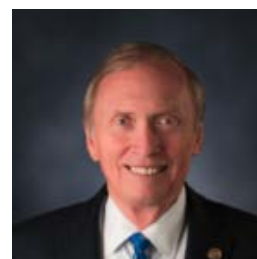
DG Mike's Corner

Congratulations to Mike Walker, our 2020-2021 Rotary District 7680 Governor! We look forward to Mike's leadership of the district this year.

Message from Mike:



First, "A big thank you to Beth Trotter for her service as District Governor. She led our District through uniquely challenging times with grace, an amazing capacity for work, and a huge heart. She was a wonderful role model not just for the District Governor following her, but for all Rotarians. We owe her a large debt of gratitude."



Club Meeting

Charlotte Providence Meets at Maggiano's Little Italy
4400 Sharon Road
Charlotte, NC 28211
Time: Thursday at 12:30 PM

Club Leaders



Ronald Wimberly
iPast
President
Past
President
President



Mary Ellen Shuntich
President-Elect



Richard J. Pockat
Secretary



Howard B. Fogel
Rotary
Foundation
Chair
Treasurer



Mark Daniels
Club
Director



Frances E. Fesmire
Club
Director



J. Grason Hudson III
Public
Relations
Chair



Georgia Oakes
Club Trainer



Alan Turner Jr.
Sergeant-at-Arms



Scott Purcell
Club Service
Chair



Christine E. Smith
Interact
Chair

Linda Rakvic
Assistant

It is a great honor and privilege to serve Rotarians of District 7680 as District Governor for 2020-2021. And I do look forward to serving. Rotary International President Holger Knaack has asked all 1.2 million Rotarians worldwide to unite under the theme **Rotary Opens Opportunities**. Since March, I would say it should be modified slightly - "**Rotary Opens NEW Opportunities**". Our *Service Above Self* culture makes Rotary more attractive during challenging times. At the same time, the need for Rotary just grew dramatically. It's a perfect combination of NEW opportunity and much greater need. Significant membership growth is both our opportunity and our strong need for this Rotary year.

My definition of the ideal Rotarian is someone with classy values, who likes to get things done, and who is a leader by mindset. I see them at every Rotary club I attend, even virtually, and am always in awe at the work being done around the District. I encourage you to visit other clubs in the District. You might come away in awe too, maybe with a new idea or two.

Our District historically contributes well over \$500,000 annually to The Rotary Foundation for the Annual Fund, PolioPlus and other initiatives. In our Six Areas of Focus, we promote peace, fight disease, provide clean water and sanitation, help save mothers and children, support education and grow local economies. You are part of an extraordinary organization!

So, thank you for being a Rotarian!

Mike

Excerpts from Rotary International



Incoming Rotary International President 2020-2021 - Holger Knaack

Holger Knaack has a fresh vision for Rotary of the future. With a little help from his friends, things should go swimmingly. While Mr. Knaack is now Rotary International President, he's a regular Rotarian, a 27-year member of his home Rotary Club of Herzogtum Lauenburg-Mölln in Germany. There is a German phrase: man holt die Leute ins Boot. It means getting people on board to work together toward a common goal. Knaack will not merely lead or stand on the sidelines while others do the work. Equally important is his philosophy that working hard doesn't mean you can't also have a good time. It is a basic principle, "When we get together, it has to be fun."

Knaack is most known for his involvement in Rotary's Youth Exchange program. One of his main goals is to continue to bring Rotary and Rotaract closer together. Though no children of his own, he and his wife open their home - and their hearts - to dozens of exchange students. Holger and Susanne Knaack love to travel, but they have lived their entire lives not far from where they were born.

According to a friend, Knaack is successful because his enthusiasm is infectious - and because he set the example, exemplifying positive characteristics, so it's relatively easy for him to get others involved. He is never in a bad mood.

Knaack wants everyone to enjoy Rotary - and to be proud to be part of it. **All of us love this organization, and all of us should feel we ought to do something to make Rotary stronger,** he insists. **It's not hard to do more: be more involved in your club, more interested in your friends, more involved in projects and programs. Ask yourself: Is our club involved in youth service? Can we come up with better ideas for fundraising? And the club also has a responsibility to make people feel good, feel welcome, feel proud. It has to feel special to be a Rotarian.**

From Paddy Rooney, DG 7390 Pennsylvania. Rotary was built for this. In the coming months, governmental agencies and political groups will seek to rebuild our economy while other groups will help rebuild our healthcare system which is stretched almost to breaking point. But for me the question is: who will help rebuild our broken communities? Who will heal the rifts and divisions exposed by the pandemic, reach across the divide, and rebuild a sense of unity that says we can and will make a difference in the lives around us?

As Rotarians, we are best positioned to lead the rebuilding, reforming, and reshaping that will be needed in our communities. This is who we are and this is what we do. Indeed, you *could* say that **we were built for this.** We know our communities better than anyone else. We know its strengths and weaknesses, good and bad, joys and sorrows. We know, and in many cases, we love our communities. We care about what happens and seek the very best for our communities.

Whether in clubs large or small, whether in e-clubs or passport clubs, whether we meet in person or virtually, whether we are Interactors, Rotaractors or Rotarians, we are one in Rotary spirit. With the resources of Rotary International behind us, we can help rebuild our broken and shattered communities. Indeed **we were built for this.** This is our time, this is our moment, this is our call. We can and will do this because we are Rotarians.

Feeding the community

Knowing that many people have lost their jobs due to the coronavirus pandemic, incoming club presidents in our district (3780) were looking for a way to spread a little bit of hope to those who lacked it. So we partnered with a mobile kitchen, run by the Armed Forces of the Philippines, to make and distribute meals for residents in need.

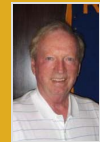
Since we started the joint effort two months ago, Rotary members, volunteers and the military personnel onboard the mobile kitchen have fed thousands of people a day in areas such as in Quezon City, San Juan, Malabon, Marikina, and Manila. We will soon be sending the kitchen to Barangay Pinagbuhatan and Parañaque City.

The government of the Philippines issued a statement that **no Filipino will be left behind in this battle against COVID-19.** This is our way of supporting that effort. We are also feeding workers who have been stranded because of the virus, students who are living on little or no financial support, residents of informal settlements, and families living in poor communities.



Governor-Mecklenburg County South

Birthdays



Joseph Daingerfield Dulaney Sr. July 14th



Margaret R. Ford July 28th



Howard B. Fogel August 3rd

District Leaders



John Michael Walker District Governor



Nicolino Iannelli DG - Elect



Kamlesh C. Chandan DG - Nominee



Beth E. Trotter iPDG



Rotary Opens Opportunities

The mobile kitchen relies mostly on donations in-kind and cash from different organizations including Anghel ng Masa, Midnight Manna, United Off Roaders, and the Tzi Tzu Foundation to name a few. Our members, who have also donated funds, are volunteering side-by-side with these inspiring people from the armed forces and partnering organizations. Rotary members are at their best during challenging times, and we have never been prouder to be Rotarians than right now.

By Ekaterina Tashlykova, secretary, and Julia Fedeneva, president-elect, Rotary Club of Novosibirsk-Initiative, Russia

The COVID-19 pandemic has changed many aspects of our self-awareness. Virtual meetings are now common, but what about doing service projects? Can these be virtual too? As a club, we explored this idea with our first service project since the pandemic hit.

As a doctor, I am in touch with a lot of essential medical workers. These men and women are on the front lines, battling to keep us healthy and alive. They risk their own health and hardly see their families to provide us with high-quality, timely medical care. Many of them work in hospitals that have a shortage of protective supplies. The facilities do not have enough masks, gloves, or antiseptics to keep them protected from the virus.

We decided to focus our attention on donating masks to these hospitals, and created two plans. First, we connected with women who were currently on maternity leave who were sewing masks for multiple purposes. We found people who could supply us with textile and elastic bands, and worked out the logistics for delivering more than 1,000 masks to 10 area hospitals. Second, we raised money to buy more masks. We were able to secure a discount on masks that were more comfortable and ecological. We let the community know what we were doing, and when they found out, many people donated to our cause. After that, we decided we wanted to help kindergartens that were still in operation through these times. We provided them with sanitizers and masks. The teachers, many of whom were in a state of anxiety over the threat of contracting the virus, were delighted to receive our help.

Atrium Health on the Coronavirus

From Christy Smith who works for Atrium Health

Atrium Health updated the list of common COVID-19 symptoms according to the [CDC](#).

As a trusted healthcare partner, please know that Atrium Health is here to help our community through this. From sharing prevention tips to offering free and reduced-cost remote care options, we're making every effort to keep you and the people you serve safe and informed. Be sure to check out www.AtriumHealth.org/Coronavirus for the latest information. The Atrium Health [Community Resource Hub](#) is also available for support. From food pantries to transportation and housing, the Community Resource Hub provides an easy way to access local programs and services.

In this challenging time, we're asking for your help. Awareness and education are key to preventing the spread of this virus and by sharing information with your network, you can make a meaningful difference. Whether you share via email or social media, we appreciate anything you can do to support these efforts.



What you need to know about coronavirus (COVID-19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus



Fever



Chills



Headache



Cough



Repeated shaking with chills



Sore throat



Shortness of breath or difficulty breathing



Muscle pain



New loss of taste or smell



Nausea or vomiting



Diarrhea



Congestion or runny nose

What to do if you feel sick



Stay home

Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 14 days.



Get checked and cared for at home

For more mild symptoms, keep yourself and others safe by getting medical care from the comfort of home. If you need help, use our free COVID-19 risk assessment to learn about the care you need.



Call ahead for in-person care

If you need in-person care for severe respiratory symptoms, call before you arrive at the doctor's office, urgent care or emergency room. This will help your healthcare providers take steps to get you the right care and keep others from being exposed.



If your health problems are a threat to your life, call 911 right away.

Tips for staying healthy



Wash your hands with soap and warm water



Don't touch your face



Avoid close contact with someone who's sick



Clean and disinfect surfaces and objects people touch often



Stay at home as much as you can, even if you feel well



Wear a mask or cloth face covering in public



Stay informed with accurate information

Free Assessments
AtriumHealth.org/Coronavirus

24/7 Health Line
704-468-8888

Care Options
AtriumHealth.org/GetCareNow