

Rotary

Club Mecklenburg County South, Charlotte, NC



www.mecksouthrotary.org

Home Club of District Governor Beth Trotter 2019-2020

Oct 2 Speakers Pre Info Medicare for all with Dr. Ed

By Steve Strand on Monday, September 28, 2020

This weeks speaker, George Bohmfalk, MD has asked for you to review these documents before his talk this Friday and...

Here is an interesting short article on our speaker unrelated to health care initiatives.....it is on the CMS website featuring volunteers at schools..... nice writeup if you want to use it in the bulletin

<https://www.cischarlotte.org/george-bohmfolk/>

George Bohmfalk, MD
Chair, Education Committee
Health Care Justice NC
The Charlotte NC chapter of PNHP
Physicians for a National Health Program
www.healthcarejusticenc.org
www.newimprovedmedicareforall.org
704-369-1318

Club Meeting

Mecklenburg County-South
Meets at Another Broken Egg Restaurant
11324 N. Community House Rd.
Charlotte, NC 28277
Time: Friday at 07:15 AM

Speakers

October 02, 2020

[George Bohmfalk MD, Chair, Education Committee Health Care Justice NC](#)
What are the implications of Medicare for all?

October 09, 2020

[John Michael Walker](#)
DG Official Visit

October 16, 2020

[Nathan Thomas, District Governor 2022-2023, RI District 7710](#)
International service through the "All We Are" program

October 23, 2020

[Tom Smith, Kelly Gaines](#)
Tom will give us a brief update on the current polio situation. Kelly will update us on ongoing projects/needs in Tanzania.

Club Leaders



[Daniel Z. Fogarty](#)
President



[Jon C. Hall](#)
President-Elect



[Frank Henry](#)
Secretary



[Bryan E. Cochran](#)
Rotary Foundation Chair
Treasurer



[Temeka Brantley](#)
Club Director



[Alan L. Davidson](#)
Club Director



[Zachary M. Jett](#)
Club Director

[Wallace E. Olson Jr.](#)
Bulletin Editor

Medicare for All in a Nutshell

The current U.S. healthcare system is unsustainable and does not serve the American public nor economy well. We spend twice per capita what other developed countries spend (over \$11,000/person/year), yet most of our health outcomes and life expectancy rank far below theirs. These other countries cover all or nearly all of their residents, while we still have nearly 30M uninsured, and 44M underinsured, whose insurance often becomes useless due to unaffordable cost-sharing. Despite being the world's largest market, we pay the highest costs for prescription drugs and medical devices. Nearly 20% of our GDP is spent on healthcare and costs rise annually, a trend that shows no sign of slowing.¹

Our current system puts American businesses at a disadvantage when competing with foreign companies unburdened with providing employee healthcare insurance. Labor negotiations are complicated by contentious debates over healthcare insurance and cost shifting to employees. This cost shifting is the principal reason wages have been flat in many sectors, even as productivity has risen.²

High prices for medical services, drugs, and devices contribute to our overspending, but the greatest single factor is the administrative overhead driven by our complex multi-payer system, with hundreds of insurance companies and plans and several government payers. Of \$3.6T spent on healthcare in 2017, around 34%, over \$1T, was due to administrative overhead.³ That includes billing and insurance processes at insurance companies, hospitals, and physician offices made unnecessarily complex and burdensome by pre-authorizations for treatment, denials, appeals, and other bureaucratic obstacles to medical care. With shareholder returns as a principal obligation of for-profit insurance companies, not paying for healthcare is a driving component of their business model.

A single-payer system expanded (to include everyone) and improved (to eliminate cost sharing and cover dental, hearing, vision care, and prescription drugs), **Medicare for All** could save over half of that administrative expense (\$600B) by streamlining the billing and insurance system. Another \$150B could be saved by negotiating drug and medical devices prices. Those and other savings are more than sufficient to provide universal and comprehensive protection with no out-of-pocket spending.⁴

As is the case with traditional Medicare, Medicare for All would be financed by the federal government. The delivery of healthcare would be largely unchanged, a private, independent function, with no more government intervention or control than now occurs with Medicare. Medicare is a successful, highly popular, and very efficient program, spending less than 4% of its budget on administrative overhead in contrast to 10-20% spent by for-profit insurance companies.⁴

To finance this, rather than paying health insurance premiums, deductibles, copayments, and costs for prescription drugs, dental, hearing, and vision care, everyone above a certain economic level would pay a variety of progressive taxes, primarily through payroll deductions. Estimates suggest that those taxes would amount to less than current household healthcare spending for people with annual incomes under \$400K (95% of population).⁵ The average business would save around 10% on its employee health insurance costs while providing all employees with dependable, comprehensive coverage and removing this contentious issue from their HR obligations.¹ This would finally put



[June Thoreson-Rogers](#)
President-Nominee



[Richard R. Bowden](#)
Sergeant-at-Arms



[William W. Woodruff](#)
Membership Chair



[Steve Strand](#)
Club Programs Chair



[Julie W. Nee](#)
iPast President



[Linda Rakvic](#)
Assistant Governor -
Mecklenburg County South

Events

October 2nd
[Virtual Weekly Club Meeting](#)

October 16th
[Virtual Weekly Club Meeting](#)

U.S. businesses on a level playing field with global competitors and likely slow the outward migration of manufacturing and service jobs while raising wages.⁶

People would indeed lose their current insurance plans – in exchange for something far superior and less costly. Over one-third of U.S. workers lose their job-related plan every year. Few have their plans replaced by plans that are better in any way.⁷ Medicare for All would be a one-size-fits-all plan, but it would truly fit all and fill everyone's needs. Unlike nearly any of the current job-related plans, Medicare for All would be a reliable plan with an unlimited, nationwide network of nearly all physicians and hospitals with no cost sharing beyond taxes to finance it.

Medicare for All would save money for individual households, businesses, and the country while achieving universal healthcare coverage. It would reduce racial and economic health disparities and bring our dismal outcomes closer to those of other modern and wealthy nations. It would improve worker productivity and, by eliminating job lock, lead to greater innovation and entrepreneurship. It would eliminate profound and costly confusion from our current system and finally bring healthcare costs under control. Rather than being a drain, Medicare for All would likely be a tremendous stimulus to our national economy.

Two Medicare for All bills have been submitted in Congress. Representative Pramila Jayapal has over 115 cosponsors for H.R.1384,⁸ and Senator Bernie Sanders' bill, S.1129,⁹ currently has 14 cosponsors. Discussions and further information about these bills can be found at the PNHP¹⁰ and Health Care Justice—NC¹¹ websites.

¹ Economic Analysis of Medicare for All. Pollin, et al. Political Economy Research Institute report, November 30, 2018. At peri.umass.edu/publication/item/1127-economic-analysis-of-medicare-for-all

² America's Biggest Lie: We Can't Afford Medicare for All, Les Leopold, April 23, 2019. At www.commondreams.org/views/2019/04/23/americas-biggest-lie-we-cant-afford-medicare-all#

³ Health Care Administrative Costs in the United States and Canada, 2017. Woolhandler, et al. AnnIntMed Jan 2020. At <https://annals.org/aim/article-abstract/2758511/health-care-administrative-costs-united-states-canada-2017>

⁴ Single-Payer Reform: The Only Way to Fulfill the President's Pledge of More Coverage, Better Benefits, and Lower Costs, Woolhandler & Himmelstein, Annals of Internal Medicine, April 18, 2017. At annals.org/aim/fullarticle/2605414/single-payer-reform-only-way-fulfill-president-s-pledge-more

⁵ Funding HR 676: How we can afford a national single-payer health plan. Gerald Friedman, July 31, 2013. At pnhp.org/sites/default/files/Funding%20HR%20676_Friedman_7.31.13_prototed.pdf

⁶ The Costs of a National Single-Payer Healthcare System, by Charles Blahous. Mercatus Working Paper, July 2018. At mercatus.org/system/files/blahous-costs-medicare-mercatus-working-paper-v1.1.pdf, p.19

⁷ People Lose Their Employer-Sponsored Insurance Constantly. By Matt Bruenig. At peoplespolicyproject.org/2019/04/04/

⁸ H.R.1384 - Medicare for All Act of 2019. At congress.gov/bill/116th-congress/house-bill/1384

⁹ S.1129 - Medicare for All Act of 2019. At congress.gov/bill/116th-congress/senate-bill/1129

¹⁰ Physicians for a National Health Program. At pnhp.org

¹¹ Health Care Justice – North Carolina. At healthcarejustice-nc.org

October 23rd
Virtual Weekly Club Meeting

Birthdays

Adam H Snelling
October 12th
Kim Bolt-Davidson
October 25th

Wedding Anniversaries

James Pagano
October 4th
Wallace E. Olson Jr.
October 5th
June Thoreson-Rogers
October 16th
Seth Marlowe
October 21st
William W. Woodruff
October 22nd

Years of Service

Abigail P. Allocco
10-18-2013
7 Years
Adam H Snelling
10-19-2018
2 Years
Jill Bastian
10-19-2018
2 Years
Jay Bastian
10-19-2018
2 Years
Zachary M Jett
10-04-2019
1 Year

How We'll Pay for Medicare for All

In the end, we will **easily pay** for Medicare for All because we are presently paying more in aggregate national healthcare spending than Medicare for All will cost. The total cost will likely **decrease by around 10%**, meaning that both businesses and households should, on average, see savings of that magnitude.¹

Precisely how we get there will remain unclear until Congress passes a bill, but there are numerous sources for adequate revenue. In general, everyone above a certain economic level would pay a variety of **progressive taxes**, primarily through **payroll deductions**. Estimates indicate that those taxes would amount to less than current healthcare spending for families with annual incomes under \$400K (95% of population).² Some, who are currently uninsured and pay no premiums, may pay more than they have so far in healthcare costs, as will wealthy households that will pay their fair share via progressive taxes.

From the **Political Economy Research Institute** at Amherst University:^{1,3}

Estimated annual cost of Medicare for All:	\$2.93T (\$3.6T in 2018)*
Existing public sources of healthcare funds**	-\$1.88T
Remaining funds to be raised:	\$1.05T

* - total national healthcare spending

** - including Medicare, Medicaid, and other public health care revenue

Potential annual sources of new funds:^{1,3,4}

- 7.5-8.2% payroll tax or 1.78% gross receipts tax = \$390-623B
- 4% income-based premium (\$844/yr for \$50,000 income) = \$350B
- 0.38% tax on net worth above \$1M = \$193B
- 3.75% sales tax on non-necessities = \$196B
 - excluding necessities such as food, housing, clothing, education, etc.
- Tax long-term capital gains as ordinary income = \$69B
- Raise marginal income tax rates over incomes of \$250K
- More progressive estate tax = \$25B
- 1% tax on wealthiest 0.1 percent of U.S. households = \$130B

For average household:

Now:

Average family plan costs	\$20,000
Employer typically pays $\frac{3}{4}$ =	\$15,000, Employee pays \$5000

With Medicare for All:

8% payroll tax divided between employer & employee

8% of avg. \$50,000 salary = \$ 4,000 ÷ 2 = \$2000

4% income-based premium

for avg. \$50K salary +\$ 844

Max total paid by employee

\$ 2,844

The bottom line:

- the United States can easily afford this
- 95% of households will pay less than they currently pay in premiums, copays, deductibles, and other healthcare spending
- **everyone** will finally have comprehensive, guaranteed, permanent coverage.

¹ Economic Analysis of Medicare for All, Pollin, et al. Political Economy Research Institute report, November 30, 2018. At peri.umass.edu/publication/item/1127-economic-analysis-of-medicare-for-all

² Funding HR 676: How we can afford a national single-payer health plan. Gerald Friedman, July 31, 2013. At pnhp.org/sites/default/files/Funding%20HR%20676_Friedman_7.31.13_proofed.pdf

³ Medicare For All - I like it! How do we pay for it? At <https://www.sandersinstitute.com/blog/medicare-for-all-i-like-it-how-do-we-pay-for-it>

⁴ Options to finance Medicare for all. At <https://www.sanders.senate.gov/download/options-to-finance-medicare-for-all?inline=file>

Promising Pages & Friendship Trays Project

By Linda Rakvic on Monday, September 28, 2020





3 Gal Project for Promising Pages



Spouses working hard making bookmarks for Promising Pages



These were Handpainted by our in-house artist Jill Bastian for Friendship trays. The friendship Trays writing project was a Jill and Linda and Neighbors.



These Friendship Trays cards/ notes were created by non-artist Linda and Neighbors. In the thank you letter I sent you from Lucie the director of Friendship Trays she would very much like us to continue with this I'm hoping I could find some hidden artists in our group??

Linda,

Thank you so much for the lovely notes, and YES! Just perfect for our recipients. Our folks live socially distant all the time and LOVE to receive personalized notes. So anytime that you have volunteers to create them, we would love to have them. Take good care and stay safe.
Lucy

Lucy Bush Carter, Executive Director
Friendship Trays, Inc
PO Box 241046
Charlotte NC 28224
704-333-2112

Dunn's Again!

By Wallace E. Olson Jr. on Monday, September 28, 2020

Prayer Session at Dunn's, Sep 28, 2020.



The Rotary Foundation Minute Week IV

By Wallace E. Olson Jr. on Wednesday, September 23, 2020



THE WRITTEN OBJECTIVE FOR THE ROTARY FOUNDATION IN 1945

1. The promotion of The Rotary Foundation fellowships for advanced study
2. The fostering of any tangible and effective projects which have as their purpose the furthering of better understanding and friendly relations between the peoples of different nations
3. The providing of emergency relief for Rotarians and their families wherever war or other disaster has brought general destruction and suffering

Thank you for supporting The Rotary Foundation and its work.

Is anyone impressed I know Roman numerals?

HEARTBREAK IN THE HIMALAYAS Update Oct 5, Zoom

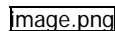
By Joanne Stanley Brown on Monday, September 28, 2020

Please join the Top-of-the -Week Rotary Club

Zoom Meeting

<https://zoom.us/j/92071090871>

Monday October 5, 2020 at 7.30 am EST.

 src="blob:https://www.dacdb.com/bb019544-96d1-4070-aa40-99feacad6b4" style="cursor:pointer; outline:0px; opacity:1" yahoo_partid="2">

Dr. Ray is a surgeon and associate professor of obstetrics and gynecology at the University of New South Wales.

He recently published a book called

'HEARTBREAK IN THE HIMALAYAS'

describing the heart-wrenching challenges he and his teams face during their surgical camps in remote Nepal.

Dr. Ray Hodgson will speak with an update on the construction of the

Mothers and Children's Hospital in Charikot, Nepal.

For further information about the hospital please click on

<https://a4wh.org/>

Please join us on to hear Dr. Hodgson from Australia

Monday October 5, at 7:30 AM EST via Zoom

Thanks for your interest and support.

David

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David Hare

District 7680

Governor 2018-19



Charlotte Top-of-the-Week Rotary Club

Cell: 704-231-1128

e-mail: dchhare@gmail.com

impact, reach, engage, and adapt

By Jill Bastian on Wednesday, September 23, 2020

"TOGETHER, we see a world where PEOPLE unite and take action to CREATE lasting CHANGE---across the globe, in our communities, and in ourselves."

Rotary's Vision Statement

With this vision statement the development of Rotary's new Action Plan emerged encouraging clubs to reflect on four priorities: **impact, reach, engage, and adapt**. The current pandemic has influenced our world's population: *impacting, reaching, engaging*, and precipitating *adaptation* in ways never imagined.

I've personally reflected on the words of Rotary International's President, Holger Knaack, these past few months. "Rotary is not just a club that you join; it is an invitation to endless opportunities." An *invitation*... He is a visionary. It is through the collective collaborations of Rotary clubs around the world, keeping its values, and applying the Four Way Test that these "endless opportunities" will materialize, addressing each of the seven focus areas. Although our ways of doing things have been altered, our drive to create change should not be idle.

Perhaps now is the opportune time to place purposeful thought into Rotary's Action Plan. There's no better time than the present. The four phases of the strategic planning process provides an exceptional roadmap to look deeper into our clubs. What are our strengths/weaknesses? Identify opportunities/challenges in the community. What characteristics do we want our club to have? Develop a club vision statement, and then set priorities to not only achieve them but exceed them.

Revisiting the words of fellow Rotarian James Pagano, "Let's take inventory of what needs some attention and what may need an alternative approach: our one-to-one engagements, group meetings, service projects...The bottom line is that we need to keep moving forward..."

Jill Bastian

bastianjill@gmail.com



ROTARY OPENS OPPORTUNITIES

By Jill Bastian on Wednesday, September 23, 2020

ROTARY OPENS OPPORTUNITIES

ANSWER SCHOLARSHIP

Tailgate for Team Pride Virtual Fundraiser October 10 from 1-3 p.m.

This year they have four different sponsorship levels available, ranging from \$250 to \$3,000. Each level provides excellent visibility for your organization while supporting the college education of moms. They are also seeking out highly coveted auction items! With your sponsorship, they are sure to achieve this season's fundraising goal and will continue to provide scholarship and mentorship to deserving moms in the Carolinas.

TreesCharlotte

Outdoor service activities are open with TreesCharlotte. Great for families and/or clubs.

1. They have partnered with the Carmel Crossing neighborhood to plant trees in their common areas, and are looking for 35 volunteers to help plant the morning of **October 25. *25 spots remain.**
2. TreesCharlotte will be planting approximately 100 trees around the campus of South Mecklenburg High School. They are recruiting 50 volunteers for 2 hour shifts on **October 31. *50 spots remain**

Register here: <https://treescharlotte.org/calendar/2020-10/>

HeartMath

HeartMath tutoring will be taking place virtually this year. Two of the schools we have partnered with offer this program: Pineville Elementary and Sterling Elementary. In-depth training will begin within the next three weeks, and tutoring will begin late October. <https://hearttutoring.org/volunteers/become-a-volunteer/>

Samaritan's Purse Operation Christmas Child

Linda Rakvic sent this out earlier in the week. The Charlotte Providence club will be involved in making shoe boxes at home for children in need via Samaritan's Purse.

If interested contact: Mary Ellen Shuntich mshuntich@carolina.rr.com

Classroom Central

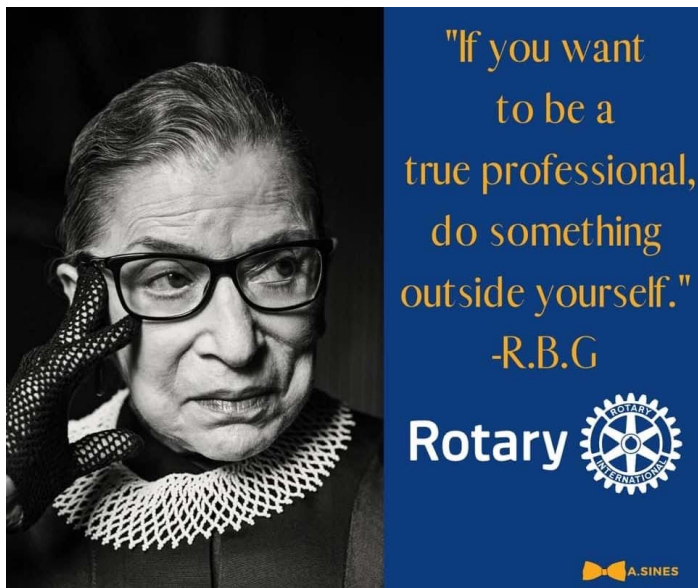
Volunteering at Classroom Central is a fun way to support students and teachers. They can accommodate club members, corporate groups, families with children as young as six and adults of all ages and abilities. Numerous dates and times are available to assist in the warehouse.

<https://classroomcentral.org/volunteer-opportunities-charlotte/>

ShareCharlotte has over 100 opportunities to serve our community at large.

<https://sharecharlotte.org/search/volunteer-opportunities>

It you want to be a



Our club is still accepting new members, you can still apply to join our club and be part of the world movement.

Have a friend stuck in quarantine? What a better way to introduce him/her to Rotary than our very upbeat online meeting. Forward this bulletin to that person with your personal invitation to join us this Friday.

If you are interested, and plan on attending one of our Zoom meetings, please give us a courtesy heads up about attending, so we can let you into the meeting in a timely way.💡

We don't need to be meeting in person to perform **"Service Above Self"**.

Interested, contact Membership Chair Bill Woodruff at Bill@ravenhurstllc.com

[New Member Packet](#)

Bill

Cell: 704-819-6055

Join Us For Our OnLine Rotary Meeting

ZOOM LINK IS BELOW



All members & vistorers are welcome to attend our meeting, and we're happy to have you.

Rotary



Mecklenburg County South Online Zoom Meeting

Agenda

7:30 AM Log Onto

Join Zoom Meeting

[https://us02web.zoom.us/j/89872508929?
pwd=OE1hVkgybE5hc2Q3dFIUVVBQ3JrQT09](https://us02web.zoom.us/j/89872508929?pwd=OE1hVkgybE5hc2Q3dFIUVVBQ3JrQT09)

Meeting ID: 898 7250 8929

Password: 861763

One tap mobile

+19292056099,,89872508929#,,,,0#,,861763# US (New York)

+13017158592,,89872508929#,,,,0#,,861763# US (Germantown)

Fellowship till 7:45 am

7:45 AM will be Announcements & Comments

8:00 AM - Our program is found on the right side of this bulletin

8:30 AM - Meeting adjourned

2020/2021 Positions

- Past Pres. Julie Nee
- Pres. Daniel Fogarty
- Pres Elect. Jon Hall
- Pres Nominee June Rogers
- Secretary Frank Henry
- Bryan Cochran Treasure
- Sargent at Arms Dick Bowden/James Pagano
- Directors (4)
- Daniel Beckman 19/20 & 20/21
- Alan Davidson 19/20 & 20/21
- Dr Temeka Brantley 20/21 & 21/22
- Zach Jett 20/21 & 21/22
- Bill Woodruff Membership
- Jill Bastian Community Service
- Deb Corbett Todd Greene Social
- Steve Strand Programs
- Wally Olson Bulletin

Board Meeting Dates for 2020/2021:

Oct. 9th, Nov 13th

Dec 11th, Jan 8th, Feb 12th

March 12th, April 8th, May 7th

Rotary's Mission & Vision Statement

Tuesday, September 22, 2020

Rotary



People of Action

Our mission

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

As our speaker Tiffany Ervin mentioned last week, Rotary's Vision statement is the perfect elevator speech when someone ask us "What is Rotary?"

Together, we see a world where people unite and take action to create lasting change ♦ across the globe, in our communities, and in ourselves.

Meck South Rotary small groups

By Debra L. Corbett on Wednesday, September 16, 2020

Feel free to send Wally Olson photos or stories of your get togethers. Share you ideas and send them to bikervoe@icloud.com.

Howdy Friends!

We are entering round two with our Meck South Rotary small groups. Thanks to everyone for your feedback from round 1! How many of you read this email all the way to the end before looking at who is in your new group? Ha!

A few things to keep in my mind as we connect with our groups:

1. Join together- assume everyone wants to be active with the group and include everyone in your group on all communications regardless of their activity level.
2. Take action- don't wait for someone else to initiate the email or text saying hi to everyone and coordinating meeting times
3. Be generous- Be generous with your thoughts. Someone may not be quick to respond or even respond at all. Assume our members are doing the best they can, where they are, with what they have. We all have different circumstances that influence whether we meet in person, meet virtually, meet sporadically, or meet often.
4. Connect- the purpose of the groups is to provide a structure for us to meet with a small handful of members at a time. We get to learn about other Meck Southerners, have meaningful conversations, and do stuff together. I loved getting to know a new member and reacquaint with veteran members! If your group appears small or inactive, simply tap into another group to expand your interactions, but do not abandon your group. Keep reaching out!
5. Allow the bingo cards to guide your gatherings. It's simply a guide to help us all serve our club, be intentional with our actions, reach goals, and ultimately serve in the spirit of Rotary.
6. Enjoy! Have fun with the small groups and the bingo card!

Fee free to reach out to Todd Greene or myself with any questions.

Club Social: Let's Party!

When: October 3, 6pm-?

Where: Corbett Casa, 8921 Cumberland Ct, Waxhaw, NC, 28173

It's October! So, we are blending Oktoberfest fun (ie, beer) with NC Barbecue (ie catered barbecue meal)

Bring your favorite beverages and food will be provided by the club.

Try your skill with corn hole, beer pong, spike ball, yodeling (tip the hat to Oktoberfest), and karaoke!

We have seating for 30 people and room for more. Feel free to bring extra chairs if you'd like (but not necessary). Feel free to bring a friend who might be a good fit for our crazy, fun, productive, generous, big-hearted club!

You'll get an evite shortly so we can easily keep track of RSVP's

See you soon!

Cheers,

Debb

Meck South Rotary Club-RandomGroups 9:11-11:11

Group 1	Group 2	Group 3	Group 4	Group 5
James Pagano	Edward Tillman	Elizabeth Woodruff	June Thoreson-Rogers	Wally Olson
Daniel Beckmann	John Potter	Gail Allocco	Zach Jett	Beth Trotter
Kelly Gaines	Dick Bowden	Bill Burnham	Marcus Dunn	Jay Bastian
Janet Newton	Kim Bolt-Davidson	Kelly Muse	Adam Snelling	Luis Licon
Group 6	Group 7	Group 8	Group 9	Group 10
Alan Davidson	Steve Strand	Nancy Roberts	Keith Maurer	Wil Brooks
Julie Nee	Joni Stanley Brown	Linda Rakvic	Winifred Ereyi	Scott Pavlish
Bill Woodruff	Sally-Jane Busk	Sandi Darst	Todd Greene	Tenny Shifley
Frank Henry	Lawrence Kraujalis	Sandra Cika	Temeka Brantley	Johanna Stewart
Group 11	Group 12			
Bryan Cochran	Debb Corbett			
Michael Twer	Rodney Holtzmuller			
Clay Ferguson	Jill Bastian			
Jon Hall	Seth Marlowe			