

Rotary



Club of Asheville THE COG

Tuesday, December 7, 2021



SERVE TO CHANGE LIVES

Club Meeting

Asheville
Meets at TUTION HALL, TRINITY EPISCOPAL CHURCH--Proof of Covid-19 vaccination or recent (72 hrs) negative Covid-19 test required to attend in-person. To request a Zoom simulcast link email avrotary1915@gmail.com.
60 Church St
Asheville, NC 28801
Time: Thursday at 12:30 PM

Speakers

December 09, 2021
[David LaMotte, Musician-Author-Rotary Peace Fellow](#)
"Worldchanging 101"

December 16, 2021
[Mike Stevenson](#)
Rotary Youth Exchange and Rotary Youth Leadership Academy

Coming Events

December 12th
[Holiday Party](#)
December 16th
[Thirsty Third Thursday Social](#)

Club Leaders



[Katherine Morosani](#)
President



[Ross Sloan](#)
President-Elect

[Richard T. Devereaux](#)
Past President
Secretary

THIS WEEK'S PROGRAM

By Janet L. Whitworth

Worldchanging 101 with David LaMotte



David LaMotte is a singer/songwriter, author, and speaker from Black Mountain, NC. He is a Rotary Peace Fellow, and a co-founder of PEG Partners, a non-profit working to support programs in Guatemala that focus on education, arts, and mentoring. LaMotte is currently working on his thirteenth album and his fourth book.

David will be visiting bearing good news from Guatemala, where a Rotary Foundation Simple Schools Grant initiated by our club has led to the construction of a new school building, now nearing completion, in the village

of Tzanchaj. He will also be sharing information about the Rotary Peace Fellowship and the ways it continues to inform his work.

MEMBER SPOTLIGHT - LISA CUTSHAW

By Linda Nelson

Lisa Cutshaw joined Rotary to make new friends and to meet like-minded people who care about the Community. Her caring nature is evident by her immediate call



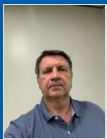
to action when she assumed the responsibility for publishing the weekly COG after Helen Stefanidis left for Boston. I'm sure you will all agree, she's doing a fabulous job!



Lisa grew up in Ohio, believing she would be a farmer like her family before her. Instead, her love of nature and plant ecology led her into pursuing a career in Landscape Architecture. She graduated with a Masters of Landscape Architecture from Ohio State University and a BA in Environmental Studies from UNC Asheville.



David A. Kozak
Treasurer



Patrick A. Snyder
President-Nominee
Treasurer



Janet L. Whitworth
Past President
Treasurer



Bradley A. Arnold
Rotary Foundation
Chair



Celeste B. Collins
Diversity Equity &
Inclusion



Albert Davis
Community Service
Chair



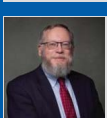
Melissa R. Drennan
Club Admin Chair



Tanya N. Fletcher
Interact Club Sponsor
Youth Services Chair



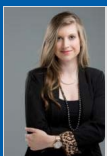
David T. Kaverman
Membership Chair



Sharon Kay LeDuc
International Service
Chair



Eva-Michelle G. Spicer
Club Director



Ford Willis
Attendance Secretary
Sergeant-at-Arms



Kristy Wilson
Vocational Service
Chair



Joseph T. Hackett

Lisa loves to hike and read, especially Jane Austen novels. But her greatest joy is spending time with her six-year-old son, Jeremy, and her dog...Pryna.

When asked if she had a magic wand and could transport herself anywhere in the world, it would be Ireland. However, France would be a close second as it would be a perfect opportunity to practice her language skills because she also has an undergraduate degree in French!

LAST WEEK'S PROGRAM

By Kristy Wilson



We had the pleasure of hearing from Kathey Avery who is a Community Nurse for the Asheville area. She has worked for over 30 years as an oncology RN and realized the need of helping people understand about their overall health and how preventative healthcare may benefit them. She has a non-profit called the Institute for Preventive Healthcare & Advocacy which helps to promote optimum health for all residents in Buncombe County by addressing the social determinants of health & the inequities in access to affordable and preventive healthcare.

She & others are passionate about helping and educating people in regards to their overall health. So often, Kathey & her team have encountered how overall social

situations affect people's overall health. More often than not, a physician may tell someone in a medical crisis to do this and do that. How often do we retain those 10 minute conversations? Community nursing helps the most vulnerable citizens by going into their homes and gaining their trust to be able to talk at length of how their overall medical conditions could be improved on. Or simply, to help that person navigate and gain the support they need by being an advocate during the process.

Kathey & her group at Institute for Preventive Healthcare & Advocacy are allies to African-American & Latinx communities across the Western North Carolina region making those daily calls, door-to-door home visits when needed to ensure families have resources available to them. Even such things as nutritious food, housing, transportation, Covid vaccinations and more are part of their service.

Kathey, thank you for your passion and service to our communities!

MARK YOUR CALENDARS



Club Programs Chair



[Charles M. Peabody III](#)
Sgt-at-Arms



[Sara L. Marshall](#)
Club Public Image
Chair



[Sophia Stefanidis
Ungert](#)
iPast President



[Richard T. Devereaux](#)
Assistant Governor

Birthdays

Steven B. Shechter
December 7th

John C. Palmer
December 10th

Glenn W. Wilcox
December 11th

Paul Hyler
December 12th

Scott B. Carter
December 13th

David K. Snider Sr.
December 13th

Carol C. Hensley
December 13th

Lawrence E. Thompson III
December 14th

Carol L. King
December 16th

Edward Broadwell Jr.
December 17th

Robert C. Kendrick
December 20th

Donald K. Reback
December 25th

J. Steven Taylor
December 25th

Carolyn Cronin
December 26th

Eva-Michelle G. Spicer
December 27th

Anna Peddy
December 28th

Edward L. Bleyntat Jr.
December 31st

Colleen S. Dieterly
January 4th

Wedding Anniversaries

Philip W. Swyers Jr.
December 21st

David Andrew Mans
December 29th

Holiday Party

Our holiday party is back and, thanks to member David McCartney, we have a beautiful venue atop the AC Hotel on Broadway Ave in downtown. Hors d' oeuvres will be served and there will be a cash bar for beer, wine and cocktails. Bring the kids and grandkids - Santa is planning to attend!!

4:00-7:00 PM, Sunday, December 12th

PLEASE RSVP by [clicking this link](#). We must have a head count!

If you would like to participate in our always lively white elephant gift exchange, please bring a wrapped present - \$20 limit...or so....(maybe less??) Pretty much anything goes as long as it's family-friendly!

Street parking is free on Sundays. There is a parking garage behind the hotel and the Rankin Ave parking garage is a short walk away.

This party was originally announced as being on the 5th in error!

Thirsty Third Thursday

Join us on the third Thursday of each month around 5 pm at Highland Brewery for Thirsty Third Thursday. Join with fellow Rotarians, spouses and partners, friends, guests and anyone else who is interested, sip a libation, and get to know each other a little better. Weather permitting, we'll be out on the Meadow at Highland--if not, we'll be inside.

CLUB ANNOUNCEMENTS

Rotary International Convention

Now is the time to register for the Rotary International Convention which will be held from June 4-8, 2022 in Houston Texas. Don't miss out on this rare opportunity to experience Rotary on a global scale by meeting the RI leadership and other Rotarians from around the world. Besides the House of Friendship and interesting programs that provide opportunities to expand your network, share best practices, and stay informed, you can participate in many special ticketed events such as a visit to the Kemha Boardwalk and a tour of the Houston Space Center. To learn more about all of the happenings, please go to <https://www.houstonri2022.org>.

It is important to register before December 15, 2021 to save \$100 on your registration fees. President Katherine has set aside money in her budget so that each member of our Club who registers before December 15th will receive a full reimbursement from the Club for their registration fees. If you register after that date, you will be reimbursed at the current registration fee level of \$475. Please note that you can receive a refund of all registration fees minus a \$50 per person administrative fee until April 30, 2022. Below is a table outlining the registration fees and showing how they increase the longer you wait. To register, please go to <https://convention.rotary.org>.

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REGISTRATION CATEGORY	12-16 JUNE 2021	17 JUNE TO 15 DECEMBER 2021	16 DECEMBER 2021 TO 31 MARCH 2022	1 APRIL TO 8 JUNE 2022
Club member, Nonmember, or guest, age 31 or over	\$425	\$475	\$575	\$675
Club member, Nonmember or guest, age 30 or under	\$100	\$125	\$175	\$225
Guest age 5-18	\$20	\$20	\$30	\$40
Guest under age 5	Free	Free	Free	Free
Saturday, House of Friendship only	\$60	\$60	\$60	\$100

Thanks to Our Thanksgiving Breakfast Volunteers



Our Rotary group serving breakfast Thanksgiving morning at the ABCCM VRQ!

Rotary Attire Available



Club member Lacy Hagan has Rotary attire available for purchase. With our upcoming Community Service Mondays, let's show up proudly displaying the Rotary logo! You can e-mail Lacy at lacyh@lantanaemb.com.

Update on In-Person Meeting Policy

A new order from the Buncombe County Board states that "**face coverings are required of all Buncombe County citizens, residents and visitors in any indoor spaces in public spaces to**

maximize protection from the Delta variant and prevent possibly spreading it to others. Indoor public places means ... any indoor place the public is invited or allowed to enter and gather." The order also says, "for restaurants, bars, and other food establishments, this includes that all guests wear face coverings at their tables **unless actively drinking or eating.**"

In order to comply with this order, our club **now requires that all meeting attendees continually wear a face covering** unless actively eating or drinking, regardless of vaccination status.

Donations and Scholarships

Donations to our **Club Foundation** can now be made directly on our website. Couldn't make the fundraiser but want to contribute to our projects this year, owe happy dollars for birthdays and anniversaries, been fined for looking too good in the media ♦ hit the EASY button by going to RotaryAsheville.org.

Please bring raffle items for our weekly drawing that benefits the **Tennent Scholarships**. Promote your business, your passion, or your creativity.

Cart Fund



The CART Fund is dedicated to raising funds to provide ♦seed♦ money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer♦s disease. Consider contributing \$1 a week per quarter; \$13.

For Birthday/Anniversary/Happy Dollars/CART Funds
please mail your check to
Rotary Club of Asheville Foundation
P.O. Box 1954
Asheville, NC 28801

Additional Volunteer Opportunities :

*Please submit any volunteer opportunities you feel your fellow Rotarians would enjoy being a part of.

Youth Services Committee is looking for Rotarians to serve as coaches for the Rotary Youth Leadership Academy (RYLA) Mar 24-27, 2022 at the YMCA in Black Mountain. This three day weekend for high schoolers in our district is a great opportunity to have an impact in young leaders' lives. Please contact Tanya Fletcher tfletcher@sterlingtransitions.com to learn more about what it is all about.



If you would like to add an announcement in an upcoming COG, please email [Lisa Cutshaw](mailto:Lisa.Cutshaw) no later than Saturday, prior to Tuesday publishing.

FOUR WAY TEST



THE FOUR-WAY TEST

Of the things we think, say or do:

first

Is it the **TRUTH**?

second

Is it **FAIR** to all concerned?

third

Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

fourth

Will it be **BENEFICIAL** to all concerned?