

# Rotary



## Club of Asheville THE COG

Wednesday, January 20, 2021



### THIS WEEK'S PROGRAM

By Sally Ekaireb

#### Rotary Club of Asheville ♦s Harry R. Morrill Community Grant Awards Recipient Presentations

Mark of Excellence



In 1981, Harry R. Morrill donated funds to the Rotary Club of Asheville with the intent to use the spendable income only ♦for educational or local charitable donations that conform to Rotary ideals. ♦ These donations are called Community Grants Awards and are made from the Harry Morrill Endowment Fund held at The Community Foundation of Western North Carolina (CFWNC).

Eligible charitable purposes for these grants include support for health, human services, the arts and education. Grants are administered by the Rotary Club of Asheville. At our January 21st meeting we will be hearing from five of the ten 2021 award winning organizations. These Award Recipients include:

- **Delta House Life Development of Asheville, Inc.**
  - Presentation by Shirley W. Whitesides
- **Marvelous Math Club**
  - Presentation by Samuel R. Kaplan, Ph.D.
- **LEAF Global Arts**
  - Presentation by Heather Deifell
- **Big Brothers Big Sisters of Western North Carolina**
  - Presentation by Lelia Duncan
- **Asheville Museum of Science**
  - Presentation by Stephen A. Forbus, Director of Development

Come join us Thursday to hear about the impressive work each of these organizations does to enrich our community.

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### CLUB ANNOUNCEMENTS

#### Rotary Hike - February 3rd 4:30PM

Meet George Lycan at Keller Williams 86 Asheland Ave. for your parking pass. Hike will about 1.5 miles and traverse some new streets not in previous city hike. Debrief will be at South Slope.

### Club Meeting

Asheville  
Meets online via Zoom.  
Pre-meeting chats begins  
at noon. Email  
avlrotary1915@gmail.com  
to request Zoom link.

Asheville, NC 28801  
Time: Thursday at 12:30  
PM

### Speakers

#### January 21, 2021 Community Grants Presentations

5 winners of 2021 Rotary  
Community Grants will  
present their programs

#### January 28, 2021 New Member Talks short autobiographical talks from our newest members

#### February 04, 2021 Stacie Saunders, Buncombe County Public Health Director COVID-19 Pandemic

#### February 11, 2021 Mayor Esther Manheimer State of the City

#### February 18, 2021 Richard Genz Introduction to Modern Monetary Theory

## Coming Events

February 2nd  
[Club Board Meeting](#)  
February 3rd  
[Hike with Rotary](#)

## Club Leaders



[Sophia S. Ungert](#)  
President



[Katherine Morosani](#)  
President-Elect



[Richard T. Devereaux](#)  
Past President  
Secretary  
Webmaster



[David A. Kozak](#)  
Treasurer



[Stephen F. Anderson](#)  
Club Director



[Bradley A. Arnold](#)  
Rotary  
Foundation Chair  
Club Director



[Celeste B. Collins](#)  
Diversity Equity & Inclusion



[Melissa R. Drennan](#)  
Club Admin Chair  
Club Director



[Mark A. Knollman](#)  
Club Director  
Vocational Service  
Chair



[Sharon Kay LeDuc](#)  
Club Director  
International  
Service Chair

[Sara L Marshall](#)  
Public Image  
Chair

## The Rotary Club of Asheville Blood Drive - Feb 25th

Thursday, February 25th 11:00am-3:30pm at Trinity Episcopal Church located at 60 Church St. in the fellowship hall. Please contact Carmen Cabrera to schedule an appointment [carmen@mastgeneralstore.com](mailto:carmen@mastgeneralstore.com).

## Calling all Traveling Rotatians

Our fun monthly ♦Around the World with the Asheville Rotarians♦ (an initiative of the Fellowship Committee) is growing in popularity. **We would love for YOU to share your travel story with us.**

We know a lot of our members have travel memories that others would enjoy. Would you be willing to talk with us for about 20 minutes and include some photos (easily shared via Zoom)? We can help with the technology.

Foreign travel, domestic travel, a guided bus tour or a solo adventure, a tent or the Ritz.

**What♦s been fun for you? What are your best memories? Won♦t you share?**

We gather via Zoom on the second Wednesday evening of the month at 7 pm. If you would be willing to share, please contact Dave Kaverman ([dave@acuityma.com](mailto:dave@acuityma.com)) or Betty Doll ([BettyADoll@gmail.com](mailto:BettyADoll@gmail.com)). It♦s vicarious living at its finest!



## Cart Fund



The CART Fund is dedicated to raising funds to provide ♦seed♦ money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer♦s disease. Consider contributing \$1 a week per quarter; \$13.

## Weekly Meeting Zoom Instructions

Please look for Dustin Schlabach to email the weekly meeting Zoom. Click on the link or copy and paste in your web browser. If that will not work go to [zoom.com](https://zoom.com), click join a meeting and enter the meeting ID included in Dustin's email.

**For Birthday/Anniversary/Happy Dollars/CART Funds  
please mail your check to**



Donna W. Prinz  
Club Director  
Youth Services  
Chair



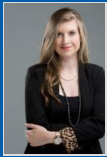
Ross Sloan  
President-  
Nominee



Patrick A. Snyder  
Club Director  
Community  
Service Chair



Eva-Michelle G. Spicer  
Club Director



Patricia M. Puckridge  
Membership Chair



Dustin L. Schlabach  
Sergeant-at-Arms



Ford Willis  
Sergeant-at-Arms



Megan E. Robinson  
Club Programs  
Chair



Janet L. Whitworth  
iPast President



Donna Rogers  
Ensley  
Assistant  
Governor



## Birthdays

Andrew Mercurio  
January 23rd  
Melissa A. Driver  
January 24th  
Carmen Cabrera

## Rotary Club of Asheville Foundation P.O. Box 1954 Asheville NC 28801.

*If you would like to add an announcement in an upcoming COG please email to Sara Marshall [smarshall@firsthorizon.com](mailto:smarshall@firsthorizon.com) by 5pm on Saturday prior to Tuesday publishing.*

### Additional Volunteer Opportunities :

\*Please let your friends, family, and neighbors know that Asheville City Schools is hiring substitute teachers for the 2020-2021 school year. All candidates need to complete an online application that includes three references. The application is located on the ACS homepage under the careers tab. Applicants must be a minimum of 18 years of age and hold a high school diploma. Substitute teaching allows individuals to work with our amazing K-12<sup>th</sup> grade students and have a flexible schedule. To learn more about how to become a substitute teacher, please contact Kimberly Dechant, Ed.D. at 828-350-6140 or email [Kimberly.dechant@acsgmail.net](mailto:Kimberly.dechant@acsgmail.net).

\*Contact Salvation Army Commander and fellow club member [Phil Swyers](#) if you'd like to help out with Covid-19 relief efforts

\*Contact the Red Cross of WNC at [redcross.org/volunteer](http://redcross.org/volunteer). (Rotarian Megan Robinson, Executive Director Red Cross of WNC)

\*Contact the Asheville Y downtown or Ferguson branch to give shopping bags for their food packages. (Rotarian Jessica Hendrix, Executive Director Asheville Y)

\*Contact [handsonasheville-buncombecounty.org](http://handsonasheville-buncombecounty.org) for all volunteer opportunities in the area. (Rotarian Kevin Montgomery, Director of Resource Development)

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## LAST WEEK'S PROGRAM

By Melissa R. Drennan

### KARI WILLIAMS: ROTARIAN FOR SUSTAINABLE PEACE



After a week that has been so unsettling in our nation, it was reassuring to hear from someone dedicated to the study of peace. Our speaker was Kari Williams. Her impressive vitae includes Rotary International Peace Fellow, Paul Harris Fellow, and an Institute for Economics and Peace Ambassador. She works with

January 28th  
Eric W. Michael  
January 30th  
John Davis Matheson  
February 8th  
Mandie J Carlson  
February 8th  
Gregory N. Brown  
February 10th  
Donald P. Weidemann  
February 11th  
Stephen F. Anderson  
February 12th  
Carter B. Webb  
February 13th  
Harold Bradley Rouse  
February 19th

## Wedding Anniversaries

William K. Haggard  
January 20th  
David N. Wilcox  
January 24th  
Daniel J. Lepore  
January 30th  
Steven B. Shechter  
February 1st  
Patrick A. Snyder  
February 11th

domestic and international partners in the areas of sustainable development and peace building. Her talk shared the Institute for Economics & Peace research findings on peace. It focuses on peace that is more sustainable than the absence of violence or fear and the elements in a society that create peace. She also shared a wealth of resources to help us **operationalize peace** in our own lives, interactions, and community. Many of these resources were created by Rotary. If you missed the presentation, please see the recording and take a moment to reflect on the meaning peace.

## SPOTLIGHT ON SALLY EKAIREB

By Kirk Borland

### SALLY EKAIREB: TOUCHING LIVES

It has been said we should measure our lives not in years but by the lives of those we touch. For Sally Ekaireb, the journey to embracing that philosophy was importantly influenced at an early age by Rotary International.

Born into a multi-generational New England family, Sally was raised in Ohio as a mid-western girl in a home filled with vestiges of her New England heritage. With the last name of **Smith**, Sally sometimes thought of her antique filled home in its exclusive neighborhood as **the Smith-sonian Institute**. It was a traditional environment that felt safe although a bit isolated without a lot of other children.



That **bubble** broke in 1974 when Sally went to Sweden as a recipient of a Rotary student exchange scholarship. That year would be transformative. It was a year spent with people of other cultures with different traditions. It was an opportunity to see the U.S. through a completely new perspective and to have parochial beliefs challenged. Sally also remembers it being a year filled with an amazing

level of generosity from the wonderful Rotarian families she met.

Sally returned to the States and entered Colgate with a broader perspective on life but not especially career focused. After graduating as an English major, she was determined to emulate the **working woman** model in Sweden. She bounced around a variety of fields from finance to real estate to sales of corporate interior design and construction services. But, with the loss of her job soon after the birth of her first child, the desire to be an at-home mom took over.

Early health issues with her two children made Sally a student first of western medicine and then alternative healing approaches practiced by other cultures. Eventually she embarked on a decade of study into the health and healing practices of homeopathy with practitioners from

around the world. This culminated with a graduate diploma from the School of Homeopathy, NY. Ultimately Sally became ordained and certified as a Tzaddi Healer and Counselor.

Sally moved to Weaverville in 2014 where she has maintained a part time practice as a Holistic Counselor while being active as an instructor at UNCA College for Seniors and the Blue Ridge Community College. She has also coordinated the OLLI Meditation Special Interest Group (SIG) for the last four years. Her decision to join our Rotary Club two years ago came from a desire to give back to the organization that had impacted her life so dramatically. When she rediscovered the tenets of the Rotary 4-way test, Sally realized they mirrored the ethics and intentions she practiced in her life, especially the intention *to create the most benevolent outcome for all*.



Sally is currently helping publish stories on our website and deliver our weekly newsletter, the COG, keeping members informed and inspired. Thank you, Sally, for all you do.

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## NOTEWORTHY NEWS

Congratulations to Eric & Tanya who were married on 12/12/2020 at a small venue on Little St. Simons Island, a preserve off the coast of Georgia." *It was the best day of my life!*" -Eric Bryant



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## FOUR WAY TEST



## THE FOUR-WAY TEST

*Of the things we think, say or do:*

*first*

Is it the **TRUTH**?

*second*

Is it **FAIR** to all concerned?

*third*

Will it build **GOODWILL** and  
**BETTER FRIENDSHIPS**?

*fourth*

Will it be **BENEFICIAL** to  
all concerned?

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