

Rotary



Club of Asheville THE COG

Tuesday, January 12, 2021



THIS WEEK'S PROGRAM

By Sally Ekaireb

STRIVING FOR SUSTAINABLE DEVELOPMENT AND PEACE BUILDING

Kari Williams will be the guest speaker at our virtual meeting on January 7. Kari is a Rotary International Peace Fellow, Paul Harris Fellow, and an Institute for Economics and Peace Ambassador. She works with domestic and international partners in the areas of sustainable development and peace building. Kari completed her Rotary Peace Fellowship at the University of Bradford, England with Distinction and received the David Yates Memorial Prize.

We invite you to join us this Thursday.



Club Meeting

Asheville
Meets at Online via Zoom.
Pre-meeting chats begins
at noon. Email
avlrotary1915@gmail.com
to request Zoom link.

Asheville, NC 28801
Time: Thursday at 12:30
PM

Speakers

January 14, 2021
Kari Williams, Rotary
Peace Fellow
Waging Sustainable
Peace

January 21, 2021
Community Grants
Presentations
5 winners of 2021 Rotary
Community Grants will
present their programs

January 28, 2021
New Member Talks
short autobiographical
talks from our newest
members

February 04, 2021
Stacie Saunders,
Buncombe County Public
Health Director
COVID-19 Pandemic

February 11, 2021
Mayor Esther Manheimer
State of the City

CLUB ANNOUNCEMENTS

Sip N' Learn - Tonight, Jan 12th at 5:30PM

'Making Sense of the Capitol Insurrection.' - We will discuss how we as Rotarians can make sense of what happened last week and what, if anything we can do to elevate the tone and tenor of civil discourse in our country. *We'll steer clear of partisan or political party/ideology advocacy/criticism, but focus on using the 4-Way Test, Rotarian Code of Conduct, and other principles to consider ways to be a force for good during this challenging time.*

Zoom Link: <https://us02web.zoom.us/j/81288000368?pwd=eTFiTmd1U1JmYmUwN2NISFRxcURSdz09>

Coming Events

January 12th
[Sip 'n Learn](#)

January 13th
[Around the World
With Asheville
Rotarians](#)

February 2nd
[Club Board Meeting](#)

February 3rd
[Hike with Rotary](#)

Club Leaders



[Sophia S. Ungert](#)
President



[Katherine Morosani](#)
President-Elect



[Richard T. Devereaux](#)
Past President
Secretary
Webmaster



[David A. Kozak](#)
Treasurer



[Stephen F. Anderson](#)
Club Director



[Bradley A. Arnold](#)
Rotary
Foundation Chair
Club Director



[Celeste B. Collins](#)
Diversity Equity &
Inclusion



[Melissa R. Drennan](#)
Club Admin Chair
Club Director



[Mark A. Knollman](#)
Club Director
Vocational Service
Chair

The Rotary Club of Asheville Blood Drive - Feb 25th

Thursday, February 25th 11:00am-3:30pm at Trinity Episcopal Church located at 60 Church St. in the fellowship hall. Please contact Carmen Cabrera to schedule an appointment carmen@mastgeneralstore.com.

Calling all Traveling Rotarians

Our fun monthly ♦Around the World with the Asheville Rotarians♦ (an initiative of the Fellowship Committee) is growing in popularity. **We would love for YOU to share your travel story with us.**

We know a lot of our members have travel memories that others would enjoy. Would you be willing to talk with us for about 20 minutes and include some photos (easily shared via Zoom)? We can help with the technology. Foreign travel, domestic travel, a guided bus tour or a solo adventure, a tent or the Ritz.

What♦s been fun for you? What are your best memories? Won♦t you share?

We gather via Zoom on the second Wednesday evening of the month at 7 pm. If you would be willing to share, please contact Dave Kaverman (dave@acuityma.com) or Betty Doll (BettyADoll@gmail.com). It♦s vicarious living at its finest!



Cart Fund



The CART Fund is dedicated to raising funds to provide ♦seed♦ money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer♦s disease. Consider contributing \$1 a week per quarter; \$13.

Weekly Meeting Zoom Instructions

Please look for Dustin Schlabach to email the weekly meeting Zoom. Click on the link or copy and paste in your web browser. If that will not work go to zoom.com, click join a meeting and enter the meeting ID included in Dustin's email.

**For Birthday/Anniversary/Happy Dollars/CART Funds
please mail your check to
Rotary Club of Asheville Foundation**



Sharon Kay LeDuc
Club Director
International
Service Chair



Sara L Marshall
Bulletin Editor
Club Public
Image Chair



Donna W. Prinz
Club Director
Youth Services
Chair



Ross Sloan
President-
Nominee



Patrick A. Snyder
Club Director
Community
Service Chair



Eva-Michelle G. Spicer
Club Director



Patricia M. Puckridge
Membership Chair



Dustin L. Schlabach
Sergeant-at-Arms



Ford Willis
Sergeant-at-Arms



Megan E. Robinson
Club Programs
Chair



Janet L. Whitworth
iPast President



Donna Rogers Ensley
Assistant
Governor

**P.O. Box 1954
Asheville NC 28801.**

If you would like to add an announcement in an upcoming COG please email to Sara Marshall smarshall@firsthorizon.com by 5pm on Saturday prior to Tuesday publishing.

Additional Volunteer Opportunities :

*Please let your friends, family, and neighbors know that Asheville City Schools is hiring substitute teachers for the 2020-2021 school year. All candidates need to complete an online application that includes three references. The application is located on the ACS homepage under the careers tab. Applicants must be a minimum of 18 years of age and hold a high school diploma. Substitute teaching allows individuals to work with our amazing K-12th grade students and have a flexible schedule. To learn more about how to become a substitute teacher, please contact Kimberly Dechant, Ed.D. at 828-350-6140 or email

Kimberly.dechant@acsgmail.net.

*Contact Salvation Army Commander and fellow club member [Phil Swyers](#) if you'd like to help out with Covid-19 relief efforts

*Contact the Red Cross of WNC at redcross.org/volunteer. (Rotarian Megan Robinson, Executive Director Red Cross of WNC)

*Contact the Asheville Y downtown or Ferguson branch to give shopping bags for their food packages. (Rotarian Jessica Hendrix, Executive Director Asheville Y)

*Contact handsonasheville-buncombecounty.org for all volunteer opportunities in the area. (Rotarian Kevin Montgomery, Director of Resource Development)

LAST WEEK'S PROGRAM

By Melissa R. Drennan

DISASTERS, EMERGENCIES AND REFUGEES

Birthdays



David N. Wilcox
January 13th
David T. Kaverman
January 15th
Heinz K. Grohs
January 15th
William K. Haggard
January 16th
Andrew Mercurio
January 23rd
Melissa A. Driver
January 24th
Carmen Cabrera
January 28th
Eric W. Michael
January 30th
John Davis Matheson
February 8th
Mandie J Carlson
February 8th
Gregory N. Brown
February 10th
Donald P. Weidemann
February 11th

Wedding Anniversaries

William K. Haggard
January 20th
David N. Wilcox
January 24th
Daniel J. Lepore
January 30th
Steven B. Shechter
February 1st
Patrick A. Snyder
February 11th

It was our privilege to have Michael Gerber PhD, MPH as our first speaker of the New Year. Dr. Gerber is the Associate Director for Preparedness and Global Health in the National Center for Immunization and Respiratory Diseases (NCIRD) at CDC. He has over twenty years of experience in the humanitarian health field working closely with US government agencies and other organizations around the world. His talk focused on disasters and humanitarian emergencies. He demonstrated ways these emergencies are a consequence of social structures and failures of infrastructure to cope. While the importance of robust public health systems has gained focus in the pandemic, we have become all too desensitized to suffering in humanitarian emergencies. Dr. Gerber's presentation concluded with ways Rotarians can help as advocates for peace and humanitarian aid.

The European Sports Trifecta and Finding Family In Peru

By Betty A. Doll

Wednesday, January 13th is our next *Around the World with the Asheville Rotarians*. Tune in to <https://us02web.zoom.us/j/89000348835> at 7 pm that evening.



Al Davis will be sharing his European trip that included attending Wimbledon, the Women's World Cup, and the Tour de France.

Scott Hicks will be sharing his trip to Peru to meet distant relatives. His grandfather, Guillermo Ballón y Landa, left Peru when he was in his

20s and never went back. Scott was able to meet 15 relatives! And no trip to Peru is complete without a visit to Machu Picchu!



SPOTLIGHT ON SALLY EKAIREB

By Kirk Borland

SALLY EKAIREB: TOUCHING LIVES

It has been said we should measure our lives not in years but by the lives of those we touch. For Sally Ekaireb, the journey to embracing that philosophy was importantly influenced at an early age by Rotary International.

Born into a multi-generational New England family, Sally was raised in Ohio as a mid-western girl in a home filled with vestiges of her New England heritage. With the last name of ♦Smith♦, Sally sometimes thought of her antique filled home in its exclusive neighborhood as ♦the Smith-sonian Institute♦. It was a traditional environment that felt safe although a bit isolated without a lot of other children.



That ♦bubble♦ broke in 1974 when Sally went to Sweden as a recipient of a Rotary student exchange scholarship. That year would be transformative. It was a year spent with people of other cultures with different traditions. It was an opportunity to see the U.S. through a completely new perspective and to have parochial beliefs challenged. Sally also remembers it being a year filled with an amazing

level of generosity from the wonderful Rotarian families she met.

Sally returned to the States and entered Colgate with a broader perspective on life but not especially career focused. After graduating as an English major, she was determined to emulate the ♦working woman♦ model in Sweden. She bounced around a variety of fields from finance to real estate to sales of corporate interior design and construction services. But, with the loss of her job soon after the birth of her first child, the desire to be an at-home mom took over.

Early health issues with her two children made Sally a student first of western medicine and then alternative healing approaches practiced by other cultures. Eventually she embarked on a decade of study into the health and healing practices of homeopathy with practitioners from around the world. This culminated with a graduate diploma from the

School of Homeopathy, NY. Ultimately Sally became ordained and certified as a Tzaddi Healer and Counselor.

Sally moved to Weaverville in 2014 where she has maintained a part time practice as a Holistic Counselor while being active as an instructor at UNCA College for Seniors and the Blue Ridge Community College. She has also coordinated the OLLI Meditation Special Interest Group (SIG) for the last four years. Her decision to join our Rotary Club two years ago came from a desire to give back to the organization that had impacted her life so dramatically. When she rediscovered the tenets of the Rotary 4-way test, Sally realized they mirrored the ethics and intentions she practiced in her life, especially the intention *to create the most benevolent outcome for all*.



Sally is currently helping publish stories on our website and deliver our weekly newsletter, the COG, keeping members informed and inspired. Thank you, Sally, for all you do.
