



Today's Speaker: Perry Ditch, "The Cheery Music Project"

Music teacher and Rotarian Perry Ditch set up a connection between Jacksonville, NC's White Oak High School and those at Cheery Education Center, in the slums of Nairobi, Kenya. Ditch said his students performed a concert live over Skype for the CEC students and found the Kenyans had no music program or instruments. The students undertook a multi-phased project, starting with upgrading the wi-fi at CEC so that their Kenyan counterparts could have joint lessons with them via Skype. Then they began teaching scales and how to read music. The students helped secure 100 recorders for the CEC students, allowing them to begin putting into practice what they are hearing and seeing. Ditch said the experience is opening the eyes of his students.

25 September Speaker: PDG Dr. Mary Berge, "Coping with Covid-19"

Dr. Mary B. Berge is a Licensed Clinical Psychologist with over 25 years of eclectic experience. She received her undergraduate training from The California State University of Long Beach and her Ph.D. from the California School of Professional Psychology, Los Angeles. Dr. Berge is highly trained in individual, family and couples therapy, court ordered psychotherapy, general and forensic psychological assessment, as well as fitness for duty and work related evaluations. She works with a variety of populations and diagnostic issues such as depression, anxiety, family problems, relationship issues and trauma experiences (PTSD). She also has notable experience working with first responders and military populations. Mary is a member of the Rotary Club of Johnstown, Pennsylvania and served as District Governor.

Calendar Call – 25 September: Food for Others 5K and Fun Run

Last year, some of us ran in the annual Food for Others 5K. This year's run will be different due to COVID and social distancing. It will take place on Friday, 25 September through Sunday, 27 September 2020 and will be anywhere you'd like it to be! Be sure to record your time and take photos to share. Post your race photos on social media using the hashtag #Foodforothers5K. Prizes will be awarded for photos of the best race costume, most creative route, and more! Your \$30 registration fee provides rice and beans to 25 families. If you would like to be part of the BXRC "team", contact POC Kate

Calendar Call – 2 October: BINGO!

Want to win some prizes and help a sister Rotary club? The Gainesville-Haymarket RC will host their 1st Annual Silent Auction and Bingo Fund Raiser. The Auction starts on 25 September and the Bingo will be at 1800 on Friday, 2 October. Go to www.GHRotary.com for more information.

Welcome Elizabeth!

Last week, BXRC proudly voted to bestow membership to Elizabeth. She attended many of our meetings, enjoyed our energy (who wouldn't?) and decided BXRC was the right choice for her. Today, Elizabeth will be inducted into our club. Once we get to meetings again, please pull up a chair and have breakfast with the world's newest Rotarian. Scheduled to join us today for Elizabeth's induction are her parents and her brother Ben, president of the also best ever Rotary Club in District 7610, the Lake Ridge Rotary Club.



Here's Our Guest!

Do you remember when we would meet at Goodwin House and every so often, we would welcome a guest or two to our breakfast? Just because we are meeting via Zoom doesn't mean we can't invite some guests. We have had several guests for our International Zoom Series, so why not our regular meetings? How did you become a Rotarian? Probably because someone invited you to a meeting. Why not extend the same invitation you got to someone you know? Every present member knows someone that might be interested. I did not notice any guests last week, or the week before, or the week before that, or the week before that either.



<u>Today's Program</u>		<u>Rotary Birthdays</u>	<u>Rotary Anniversaries</u>
Pledge of Allegiance	Announcements	None	Rob, 21 Sep 1981
Invocation	Program / Speaker		John, 24 Sep 2004
Birthdays / Songs	4-Way Test		
Guests			

Speaker Schedule

18 Sep	Rotarian Perry Ditch, "The Cheery Music Project"
25 Sep	PDG Dr. Mary Berge "Coping Strategies in Our New Covid-19 Environment"
2 Oct	Johnetta, Introduction Talk
9 Oct	Club Forum
16 Oct	Principal Maria Eck, Justice High School
23 Oct	Paul on Medicare

Zoom Facilitation

Do you want to mute other people? If you would like to learn how to host our Zoom club meetings, please let Bob know. Training is very quick and easy. Having a Zoom account is not necessary. This will give you credit toward your blue badge.

2020 White House Christmas Ornament Now Available

This year's White House Christmas Ornament features President John F. Kennedy's portrait and a quote from First Lady Jacqueline. It is beautiful and priced \$21.00 each. BXRC now has two contacts to get your ornament. Contact Alice at baileyaw@aol.com Phone 703-220-6904 or Pam at pammartinov@gmail.com Phone 703-887-4411 to purchase yours.

Nationals Update – A Split Against the Rays

For the past couple of weeks, I have had a running commentary with my Step-Mother-in-Law down in Florida. After losing the series against the Braves last weekend, the Nats went down to St. Petersburg to take on those red-hot Tampa Bay Rays (the stadium is in St. Pete, not Tampa). Tuesday, the Nats lost to the Rays. Ducky was not surprised when I didn't call. Then Wednesday afternoon, it looked like the Nats might take the game. But, with the Rays down to their last strike, a no doubt home run tied the game at 2, meaning extra innings. I had the phone ready to call Ducky to gloat, but suddenly, I had to eat some crow. If you have not seen the new extra inning rules yet, it makes the teams fight and scratch to score that runner from second base. What is the quickest way to make an impact? On the first pitch of the extra frame, Nationals rookie hitter Luis Garcia hit a tape-measure home run to score two runs. The bullpen then closed the Rays down in the 10th. It was at that point that I could call Ducky to gloat. Ducky said that this year the Rays have come through in the last innings to win their games. I told her that is what the Nats did last year. Perhaps the Rays will be this year's comeback kids.



Garcia's Homer--See! You! Later!