



# The New Warbler

Rotary Club of Bailey's Crossroads

11 September 2020



## ***Today is A Day to Remember and Reflect***

As we meet this morning and recite our Pledge of Allegiance to the flag of the United States of America, take a moment to remember that today is the 19<sup>th</sup> anniversary of the 9/11 attacks on our country. That day, the terrorists tried to divide us but they failed; on 12 September 2001, our country was more united than we had been in many years. However, in the almost two decades since, we have drifted apart and now find ourselves at odds with other Americans. So again, let us remember that horrific Tuesday 19 years ago and reflect toward a day when all Americans are united again.

## ***Today's Speaker: Dr. Benjamin Schwartz***

Dr. Benjamin Schwartz is Adjunct Faculty in the Department of Global and Community Health. Dr. Schwartz's research interests are communicable disease epidemiology and documenting effective strategies to improve population health outcomes and reduce disparities. He is an expert in the public health aspects of acute communicable diseases and the investigation and prevention of disease outbreaks. Before coming to Mason, Dr. Schwartz was the Deputy Director of Acute Communicable Disease Control at the Los Angeles County Department of Public Health; the Director of the Global Health Program at CARE; the Senior Science Advisor at the National Vaccine Program Office, Department of Health and Human Services; and he served in multiple positions at the Centers for Disease Control and Prevention, including as an Associate Director for Science in the National Immunization Program.

## ***18 September Speaker: Perry Ditch, "The Cheery Music Project"***

Music teacher and Rotarian Perry Ditch set up a connection between Jacksonville, NC's White Oak High School and those at Cheery Education Center, in the slums of Nairobi, Kenya. Ditch said his students performed a concert live over Skype for the CEC students and found the Kenyans had no music program or instruments. The students undertook a multi-phased project, starting with upgrading the wi-fi at CEC so that their Kenyan counterparts could have joint lessons with them via Skype. Then they began teaching scales and how to read music. The students helped secure 100 recorders for the CEC students, allowing them to begin putting into practice what they are hearing and seeing. Ditch said the experience is opening the eyes of his students.

## ***25 September Speaker: PDG Dr. Mary Berge, "Coping with Covid-19"***

Dr. Mary B. Berge is a Licensed Clinical Psychologist with over 25 years of eclectic experience. She received her undergraduate training from The California State University of Long Beach and her Ph.D. from the California School of Professional Psychology, Los Angeles. Dr. Berge is highly trained in individual, family and couples therapy, court ordered psychotherapy, general and forensic psychological assessment, as well as fitness for duty and work related evaluations. She works with a variety of populations and diagnostic issues such as depression, anxiety, family problems, relationship issues and trauma experiences (PTSD). She also has notable experience working with first responders and military populations. Mary is a member of the Rotary Club of Johnstown, Pennsylvania and served as District Governor.

## ***Calendar Call – Food for Others 5K and Fun Run***

Last year, some of us ran in the annual Food for Others 5K. This year's run will be different due to COVID and social distancing. It will take place on Friday, 25 September through Sunday, 27 September 2020 and will be anywhere you'd like it to be! Be sure to record your time and take photos to share. Post your race photos on social media using the hashtag #Foodforothers5K. Prizes will be awarded for photos of the best race costume, most creative route, and more! Your \$30 registration fee provides rice and beans to 25 families. If you would like to be part of the BXRC "team", contact POC Kate

## ***Here's Our Guest!***

Do you remember when we would meet at Goodwin House and every so often, we would welcome a guest or two to our breakfast? Just because we are meeting via Zoom doesn't mean we can't invite some guests. We have had several guests for our International Zoom Series, so why not our regular meetings? How did you become a Rotarian? Probably because someone invited you to a meeting. Why not extend the same invitation you got to someone you know? Every present member knows someone that might be interested. I did not notice any guests last week.

Rotary Club of Bailey's Crossroads, Club #5788: [www.BXRRotary.org](http://www.BXRRotary.org)

District 7610: [www.Rotary7610.org](http://www.Rotary7610.org)

Rotary International -- [www.Rotary.org](http://www.Rotary.org)

Meets Fridays at 0730 at Goodwin House, 3440 South Jefferson Street, Falls Church, VA 22041



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<u>Today's Program</u>		<u>Rotary Birthdays</u>	<u>Rotary Anniversaries</u>
Pledge of Allegiance	Announcements	Johnetta, 17 Sep	None
Invocation	Program / Speaker		
Birthdays / Songs	4-Way Test		
Guests			

**Speaker Schedule**

11 Sep	Dr. Benjamin Schwartz, Covid-19 in Fairfax County
18 Sep	Rotarian Perry Ditch, "The Cheery Music Project"
25 Sep	PDG Dr. Mary Berge "Coping Strategies in Our New Covid-19 Environment"
4 Oct	Johnetta, Introduction Talk

**New Member Banns**

Elizabeth has applied for membership in BXRC. She is an alum of the University of Minnesota with a BA in Political and Global Sciences. She studied in Austria and China and considers herself a world traveler. Professionally she is a federal employee as the Northeast Outreach Manager for the US, building support for the International Affairs Budget and is an advocate for the federal delegation. She interned with advocates of human rights on rules and laws dealing with standards. She was impressed by our members' energy and wants to be involved with several of our projects.

**Zoom Facilitation**

Do you want to mute other people? If you would like to learn how to host our Zoom club meetings, please let Bob know. Training is very quick and easy. Having a Zoom account is not necessary. This will give you credit toward your blue badge.

**2020 White House Christmas Ornament Now Available**

This year's White House Christmas Ornament features President John F. Kennedy's portrait and a quote from First Lady Jacqueline. It is beautiful and priced \$21.00 each. BXRC now has two contacts to get your ornament. Contact Alice at [baileyaw@aol.com](mailto:baileyaw@aol.com) Phone 703-220-6904 or Pam at [pammartinov@gmail.com](mailto:pammartinov@gmail.com) Phone 703-887-4411 to purchase yours.

**Nationals Update – Let's Get Some Runs!**

Last week, I used this forum to do some trash talking with my wife's father's second wife (that's a mouthful) about how the Nationals were going to trounce her red-hot Tampa Bay Rays. Well, those two games did not disappoint this Nationals fan. Ducky said if the Rays were going to lose a couple of games, it was OK if they lost to the Nationals, just so long as the Rays keep their lead in the AL East. Coming off their wins against the Rays, the Nationals take on the NL East leading Atlanta Braves, then go to Tampa for a rematch with the Rays on Tuesday and Wednesday. If the Nats can beat the Braves and then trounce the Rays again, they may still have a chance for the playoffs. Hope springs eternal in my house.



Safe or Out? You Make the Call!