



### **Today's Program: Sally Lawton**

Sally Lawton trained as a nurse in Edinburgh before moving to Aberdeen. Sally has worked in nursing/healthcare education for most of her career, in a variety of roles. She completed a PhD in 1996 and although she has published a number of academic papers over the years, *The Nurse Who Found Herself in 1916* is her first foray into writing fiction. She has always had a fascination with how nurses worked in World War I. It was while she was reading a case study in a nurse's diary from 1915 that she wondered, "What would I have done?" and the idea for the book began. It has taken over eight years to write and, over that time, she has accumulated many more textbooks and diaries.

### **Upcoming Speaker: 5 Feb, Mark Little**

Mark Little is a Founding Member of the Rotary Club of Norwich St Edmund, England, is a Paul Harris Fellow and was Club President in 1999/2000. He was appointed an Assistant Governor in District 1080 in 2002 and in the same year led a GSE team to the USA. In 2003 he received the "Rotary Service Above Self Award" from the Board of Directors of Rotary International for his humanitarian work abroad. After completing his three year term as an Assistant Governor, he served for another three years as the Chair of his Rotary District's International Service Committee. In 2001 Mark made his first visits to two Child Slave Rehabilitation Centres in India and has been active in his support of anti-slavery organizations ever since, visiting several other rehabilitation centres and safe houses in other countries and initiating many anti-slavery projects abroad. In 2009, he formed an Action Group of Rotarians against Slavery which received approval from the Board of Rotary International as a Rotarian Action Group in January 2013. He was Chairman of the Action Group for 10 years until he stepped down in July 2019. He is still on the Board of the Action Group. Mark Little will speak about Human Trafficking.

### **Volunteer Opportunity: Food Packaging for ALIVE, Inc**

BXRC received a request to use our trained home food packaging network to package 20,000 meals for ALIVE, Inc. in Alexandria. This effort is fully funded by ALIVE – they just need our helping hands. While you are watching the NFL Playoffs this weekend, why not help those dealing with food insecurity at the same time? What does it take to be a home packager? Ava created a video of the home packaging event she sponsored, which gives a great feel for the process. Other BXRC Rotarians who hosted a home event include Carl, Kari, Kate, Pam and Sam – any one of them would be glad to give you feedback! If you would like to package meals in your home, please contact Kate ASAP at ktwalter@cox.net to make arrangements. Supplies are ready to be delivered.

### **Calendar Call: 29 Jan, Club Bylaws Discussion**

Recently the Board proposed some new Bylaws. All of you should have received a copy of the proposed bylaws and key issues for discussion from Curtis. Please take an opportunity to review these documents and contact Curtis with any questions or comments. These bylaws will be presented to the membership at our regularly scheduled meeting on 29 Jan. During this meeting we plan to discuss the key points and possibly adopt, or at least amend, the proposed bylaws. This is YOUR club and you HAVE a say in how it is run.

### **Calendar Call: 20 Feb, International Presentation**

International Director Sarah announced Alif and Jim will be doing a presentation on Malasia. Date is Saturday, 20 Feb at 1900. Event will be presented via Zoom. Looking forward to hearing about a country many of us may not have visited.

### **Here's Our Guest!**

Do you remember when we would meet at Goodwin House and every so often, we would welcome a guest or two to our breakfast? Just because we are meeting via Zoom doesn't mean we can't invite some guests. How did you become a Rotarian? Probably because someone invited you to a meeting. Why not extend the same invitation you got to someone you know? Every present member knows someone that might be interested. This is a great opportunity to find potential members and Zoom makes it an easy commute.

<u>Today's Program</u>		<u>Rotary Birthdays</u>	<u>Rotary Anniversaries</u>
Pledge of Allegiance	Announcements	Mona, 23 Jan	Ed, 24 Jan 2020
Invocation	Program / Speaker		
Birthdays / Songs	4-Way Test		
Guests			

### Speaker Schedule

22 Jan	Sally Lawton Author of The Nurse Who Found Herself in 1916
29 Jan	Bylaws Discussion
5 Feb	Mark Little, Human Trafficking
19 Feb	Elizabeth Introduction Presentation
12 Mar	Mike Maher, Northern Virginia Literacy Council

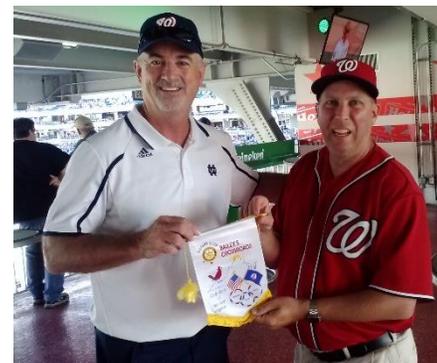
### Wrap up From Last Week: MicheLo and AAC

Bravo to Meesh for her presentation regarding the MicheLo Project. It is amazing to listen to Meesh every year and be fired up by her passion. During her presentation, she actually spoke of two projects in Africa: MicheLo and Aspire African Communities (AAC). While both projects seem similar in their support for schools in Africa and both are very inspirational, there is one big difference between the two: **MicheLo is a Rotary Project but AAC is not.** Fundraising for MicheLo is through Rotary Clubs, District 7610 and Global Grants; individuals who wish to donate to MicheLo can contribute through the BXRC Foundation and designate the funds for MicheLo. While AAC was created by Rotarians Meesh and Tijani, all the fundraising and financial accountability is done outside of Rotary through their pending 501c3 charity. Donations and information for AAC can be found at [www.aspireafricancommunities.org](http://www.aspireafricancommunities.org).

### Editor's Prerogative



Last week, I showed a picture of BXRC members at a Nationals game in 2016. I left you with the question, "Who was the losing Nationals pitcher and what is his connection to BXRC?" A couple of readers answered the question, either in whole or in part. So today, I wanted to bring you, as Paul Harvey used to say, "The Rest of the Story." At the game on 2 Jul 2016, Nationals pitcher Sammy Solis ended up being the losing pitcher that night. If you look at the photo to the left, you will see me with Sammy (as well as Anthony Rendon photobombing over Sammy's shoulder). A year or so later, I was able to meet Sammy's father, Bob Solis, at a Nationals game and present him with a BXRC



banner (picture to the right). Bob Solis is a Rotarian in Arizona and spoke to our club about a project he started, Open Arms Orphanage in South Africa. At least one BXRC member said, "Bob was one of the top 5 speakers EVER to speak at the club. People walked out of there inspired, touched, and saying that is why I became a Rotarian. Still gives me chills years later!" The photo at the bottom is Bob at the orphanage (or as the picture was captioned "The Open Arms Orphanage Washington Nationals Fan Club") in 2018. During my year as president, we gave funds to Bob's project in order to allow the great work to continue. This is another one of those "Service Above Self" moments for which we should strive.

