## April Is Maternal and Child Health Month



Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger.

We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

Rotary provides education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission, how to breast-feed, and how to protect themselves and their children from disease.



Rotarians funded incubators, ventilators, heated cribs, vital-sign monitors, and other equipment for a state-run hospital outside São Paulo.

#### **April Setup and Take Down**

Shawn Huwar, Captain Tom Friedel and Cyril Hart

Come a few minutes early to help set up the room.

### **Stafford Rotary Highlighter**



April 3, 2019

April Is Maternal and Child Health Month

#### **CLUB SCHEDULE**

### April 3 2019 – Maria Riegger Classification Talk April 4-7 – District Conference Registration now open

www.rotary7610.org/D7610%20Conference%202019.html

April 10 - Janel Donohue of the Rappahannock United Way

April 17 - Jeff Small, Fredericksburg City Clerk

May 4 - End Polio Now - DC United

May 8 - Charles Russell of SAWS, Inc.

May 15 - Jaraad Hines

May 22nd - Greg Riddlemoser

May 29th - Social

June 5th - Club Assembly

June 15-19 International Convention (Hamburg)

# This Week: Club Assembly and Classification Talk by Maria Riegger





Do You Shop on Amazon? Go to AmazonSmile instead and support Stafford Rotary Foundation.



Representative Rob Wittman was our guest speaker on March 20.



Rotarian Journey into Cambodia 10-Day Excursions — Rotarian Led 3 Upcoming Trips: Oct 3-13, 2019 ... Jan 9-19, 2020 ... Jan 30-Feb 9, 2020 Participate from only USD \$995/pp Join fellow Rotarians on a trip into ancient Cambodia...

Rotarians from various clubs around the world are joining together with Sustainable Cambodia on a journey into the heart of Cambodia.



A Project of the Rotary Clubs of North America

Introducing CART to District 7610 by Jonathan Thomas Chadwick Lucus, DGE, District CART Chair

In 2018, District 7610 became the second of three districts in the Commonwealth of Virginia and the 24th in zones 33/34 to become a CART (Coins for Alzheimer's Research Trust) member. Furthermore, there is no more important time to do so. Leading researchers, worldwide, are advancing their understanding of this pervasive disease and potentially how to cure it. However, there is more work to be done as Alzheimer's disease becomes more and more prevalent. According to the Alzheimer's Association—every 65 seconds, someone in the United States develops Alzheimer's disease. Moreover, it affects touches us all!

How are Rotary Zones 33/34 utilizing CART to make an impact on the research? From its beginning in 1999, CART has been a novel fundraising program. Rotarians are encouraged to voluntarily empty their pockets and purses of change, or whatever amount they choose, whenever they attend a Rotary meeting. While the focus is to collect Rotarians' change, contributions of currency, checks or credit cards are always welcomed. As of May 2018, forty five grants to thirty four institutions have been awarded totaling \$7,200,000. Specifically, what does the change collected go to? The goal of the Fund is to encourage and substantially advance exploratory and developmental biomedical research projects within the United States. 100% of the funds go to these research projects. To learn more about the grant recipients, visit: http://www.cartfund.org/cart/cart-grants/.

How does my club get involved? Assistant Governors (AGs) and club presidents will be e-mailed more information about this program to share with members. It is encouraged that Clubs that are interested in support this effort—select a CART Chair and consider implementing future fundraisers. In early 2019, blue CART buckets were distributed to Clubs, to collect change, along with instructions on where to send donations. All contributions are tax deductible. CART is a registered 501(c)(3) organization.