

Rotary



Club of Cranberry Township - Sunrise

Speakers

Events

No Events found

Birthdays

Shawn Firster
December 21st
Ronald Gigler
December 24th

Wedding Anniversaries

Michael Peuler
December 9th

Club Leaders



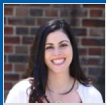
[Ronald Gigler](#)
President



[Mark W Segar](#)
President-Elect



[Karen S Newpol](#)
Vice President



[Erica Anne Sabatini](#)
Bulletin Editor
Secretary



[Shawn Firster](#)
Treasurer



[Christine Ley](#)
Club Director



[Michael J. Ozdinec](#)
Bulletin Editor



[Kimberly Reuss](#)
Club Director

[Michael Peuler](#)
Rotary Foundation

Bulletin - Club Meeting 12.4.2020

By Erica Anne Sabatini on Sunday, December 6, 2020

Guests in attendance (via Zoom): Sandhya Maheshwari

Members in attendance (via Zoom): Karen Newpol, Kim Reuss, Erica Sabatini, Cynthia Maser, Michael Pologruto, Shawn Firster, and Nancy, Iglesias

Members in attendance (at Marriott): Mark Segar, Ron Gigler, Elayne Wilhelm, Vic Conrad, Mike Patsy, Christine Ley, and Kevin Flaherty

Happy Bucs:

- Everyone is happy!

News:

- *Holiday Raffle:* No winners yet. Mark is going to organize all of the tickets so that he can quickly check for winners. If you could track the tickets that you sold, that would be great. If you find that one of your tickets sold won, please let Mark know. The more people who can help, the better.
- *World Affairs Institute:* They were asking for a \$250 sponsor to allow for students to attend. The Club was unable to do this. The event was held last Wednesday and will try to do this next year.
- *Zombie Parking:* The Club needs to present the check to VOICe with the money we raised. The Club would like to set a date here soon to present the check.
- *Dictionary Program:* Ron is waiting on some updated information from Michael Peuler. We will still be holding the event and it will likely be via Zoom.
- *Rotarian of the Year Dinner:* The Club would like to hold the event in January. This is just something to think about regarding how to proceed given the situation with the pandemic.
- *Disease Prevention Month:* December 7, 2020 Zone 33/34 will be a Zoom meeting at 12:00 pm on the COVID vaccine distribution and Rotarians on the ground response.
- *Leadership Summit:* Ron thought it was an interesting event.

Member Spotlight:

None today.

Presentation:

Ms. Maheshwari is a life coach. She supports people in living the lives they want. Knowing the language of success can help you accomplish any goal to create the results that you want. Dreams and goals are born out of the challenges that we are facing. According to Ms. Maheshwari, it is the feeling of discontent with our current situation that causes us to grow.

The Results Formula state that our thoughts cause our feelings. When you think joyful thoughts, you are happy. Same goes for negativity. Furthermore, feeling cause actions. When you are confident, you are more energized. Finally, actions, or lack thereof, cause your results.

She next presented three (3) of her 10 tips for success. First, You need to design a dream - what you want in your life. This can apply to any area of your life. Without a clearly defined blueprint, you cannot achieve your dream. Clarity is power! Second, you need to decide what you want for your dream. When you decide for your dream, you will leave some things behind. The third principle Ms. Maheshwari shared is befriending your fear. Do the thing that you really want to do even when fear rises up and tries to prevent you from doing what you want to do. You have to give yourself permission to fail in order to succeed.

Ms. Maheshwari offers free discovery sessions. If you are interested, make the commitment to create a life that you love!

Here is her contact information:

Sandhya Maheshwari - LOTUS LIFE MASTERY
Life Mastery Consultant / Transformational Life Coach
Call or text for moving in the direction of a LIFE YOU LOVE 304-218-9689



Chair



[Matthew S Fiore](#)
Webmaster



[Michael Pologruto](#)
iPast President



[Elayne P. Wilhelm](#)
Interact Club Sponsor
Membership Chair
Past President

lotuslifemastery@gmail.com

Fun Facts:

- December 4 is National Cookie Day! Happy National Cookie Day!
- Fruitcake has traveled to space! A pineapple fruitcake was brought along on the Apollo 11 space mission. But it wasn't sitting cozily in Neil Armstrong or Buzz Aldrin's bellies when they became the first humans to walk on the moon. The fruitcake is currently on display at the Smithsonian Air and Space Museum in Washington, D.C., because, according to the museum's website, "As it was not consumed during the mission it was returned to earth."