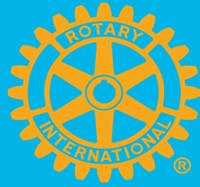


Rotary



SERVE TO CHANGE LIVES

Invocation:

Matthew Corrigan

Pledge: *Ashley Dopf*

Club Officers

Lori Anderson
President

Doc Renuart
President-Elect

Jennifer Logue
President Nominee

Sam Hall
Immediate Past President

Emily Rhodin
Secretary

Lorraine Dorsa
Treasurer

Michele McManamon
Sergeant at Arms

Lee Lockett
Legal Counsel

Board Members

Vickie Cavey
Beverly Flanagan
Toni Boudreaux-Godwin
Wayne Gordon
Shelley Morgan
Marc Ressler
Rob Stursberg

Appointed

Ashley Folladari
Andre Green
Sherry Mahoney
Bethany Mathewson
Marc Savy

Richard Cooper II
*District Governor Elect
2021-2022, District 6970*

Shekhar Mehta
*Rotary Club of Calcutta-
Mahanagar,
West Bengal, India
2021- 2022
Rotary International
President*

*Rotary Rote Published Weekly
by the Rotary Club of PVB*

President-Elect himself **Doc Renuart** was this weeks Ooh baby baby! Keep those pics coming! **Rob Stursberg** shared important facts regarding our Foundation. Please see the two attachments to this weeks Rote for more information on how to find out about your levels of giving. Please take a few minutes and take the survey that **Lori** emailed to all of us last week. We



need your input and you know the saying... If you don't vote? Well the same goes for taking surveys. Click [here](#) to take it! We need mentors to volunteer to serve as Rotaract mentors-13 of you to be exact for a one-to-one match to

the need. Positive responses need only send an email to toni.chrabot@yahoo.com, with the subject line "Mentor". Thank you! We heard a very special presentation from newlyweds and member of TBRCITW **Paul Cosgrave** and wife Robin Williams. They shared all their savvy travel trips and insights into what it takes to travel these days. Read more in the PowerPoint attached to this weeks Rote. Thank you for sharing all your stories with us!

October 14th: Program



Jeff Yalden is a four-time bestselling author, Marine Corps and Gulf War Veteran, and motivational mental health speaker whose speaking career has taken him to all 50 states, 49 countries, and every province in Canada over the past three decades. He has served as a consultant and educator for school communities across the country in the aftermath of student suicide deaths. He has educated and consulted with mental health professional leaders, top rank military personnel, and over 5 million people. Jeff is a TEDx speaker and the author of four best-selling books on Amazon, including *Teen Suicide: The "Why" Behind America's Suicide Epidemic*. Jeff proudly lives in recovery with mental health conditions and loves talking to local community organizations, businesses, and schools on behalf of Here Tomorrow. He says, being diagnosed with major depression, bi-polar type 2, and PTSD was one of the greatest moments of his life. It was being diagnosed that he came to realize that all along he was the problem and the source of situations, circumstances, and things that happened in his life. Jeff described what happened next. "Mental health became a passion of mine as I acknowledged I was the issue. I accepted it, and I sought help and education. My life has changed because I changed and do the work." This is the work and the conversation I love and want to change in the world. As Director of Business Operations and Technology at Here Tomorrow, Jeff works tirelessly, reaching members of our community with the goal of normalizing the conversation about mental health and letting folks know they can turn to Here Tomorrow for support and assistance. Jeff also works hard with the Peer Support Professionals to teach and inspire them to be compassionate, empathetic, but to not carry the burden of other people's darkness. He loves the work we do and wants to create a model at Here Tomorrow that is carried through communities nationwide. As a Marine, Jeff was stationed in Jacksonville from 1990 to 1992.





**Good looking crew for last weeks Outing at the Zoo
We hope everyone had a howling good time!**



**Due to the overwhelming response to this awesome event-Connie has asked everyone to BYOB! She will have all the accoutrements and set-ups necessary so just bring the good stuff!
*She will handle to the rest!***



**Sign up for the Potluck today!
Click [here](#):**

October Speakers & Events

October 14th: Jeff Yalden, Mental Health in Duval & SJC

How YOU can Advocate & Silence the Stigma

October 16th: Rotary Leadership Institute

October: 19th: Board Meeting at Sawgrass Marriot

(Stadium Room) -see **Lori** to attend!

October 21st: World Polio Day International Potluck Supper

October 23rd: Cocktails and Croquet: BYOB

November 5th: District Celebration and Vibrant Club

Seminar

*Board meetings are from 7:30-8:30am

every third Tuesday of each month. - **red badgers are encouraged to attend!**

Jennifer Ryan needs your baby pics! Please email her your baby pics and include three clues for us to try to guess who it is. Her email address is: Jennifer Ryan: Ryan@vim-jax.org



On the Web Club #21038
Just click the links!

[PVB Rotary Club](#)

[Rotary District 6970](#)

[Rotary International](#)

[Rotary Youth Exchange](#)

[Beaches Rotaract](#)

