

Rotary



Club of Seminole Lake

February 26, 2021 Edition --- Live meeting is being held at the Cambria Hotel, 15015 Maderia Way in Maderia Beach, FL

Club Meeting

Seminole Lake
Meets at
Chapel on the Hill 12601 Park Blvd.
Seminole, FL 33776
Time: Friday at 07:15 AM

Club Leaders



David A. Buzza
President



Gerald J. Cachia
President-Elect



Sharon Harper
Secretary



Glenn Stamm
Treasurer



Gene G. Stern
Club Rotary
Foundation Chair



Karen Main
Social Media
Chair



Timothy C. Schuler
Club Executive
Secretary



Edward J. Hallock
District Assistant
Governor AG

Paul Harris Fellows

| Designation | Name |
|-------------|------|
|-------------|------|

Future Speakers

March 5th
[Weekly Club Meeting](#)
Speaker: Former Congressman David Jolly Host: Wally Hopkins
March 19th
[Weekly Club Meeting](#)
Speaker: Michele Snyder Host: Deb Bebell
Subject: Empowered to Change

March 12th
[Weekly Club Meeting](#)
Speaker: Lauri Tillotson Host: Mark Vernick
Subject: Hospice
March 26th
[Weekly Club Meeting](#)
Speaker: Robby Groover Host: Deb Bebell
Subject: Haevendropt

Rotarian of the Month - Karen Main

Today's Agenda

| | |
|-----------------------------------|--|
| Invocation | Tom Hudgins |
| Pledge of Allegiance & 4 Way Test | Deb Bebell |
| Eye Opener | Wayne Reynolds |
| Introduction of Guests & Visitors | Rosa Sang |
| Foundation Moment | Gene Stern |
| Membership Moment | Mark Vernick |
| Health & Happiness | Vivian Lurie |
| Club Business | Dave Buzza |
| Today's Program | Dr. Andrea Yarbrough, Pelvic Floor Dysfunction - Guest of Deb Bebell |

Health & Happiness

Happy Birthday
Mar 1- Al Valk
Mar 5 ♦ Bob Castle

Happy Anniversary
Feb 27 ♦ Candi & Dave Buzza

Contact Vivian Lurie to Send Flowers from the Club

Message from the President - New Members

| | |
|--------------|-------------------|
| PHF+4, CM | Barreiro, Francis |
| PHF+1 | Bebell, Debra |
| PHF+3, PP3 | Bessler, George |
| PHF+6, P | Buzza, David |
| PHF+1 | Cadzow, Robert |
| PHF+1 | Cachia, Gerry |
| PHF | Curry, Bob |
| MD, PP2 | Fisher, Marianne |
| PHF+1 | Harper, Sharon |
| PHF+8, PP | Hendry, Michael |
| PHF+8 | Hurtack, Michael |
| MD, PP2 | Lilo, Sandra |
| MD 2, PP | Lurie, Vivian |
| PHF | Main, Karen |
| PHF | Malone, Scott |
| PHF, PP2 | Marcus, Gary |
| PHF | Marr, Michael |
| PHF+1, PP | McConnell, Jim |
| PHF+1 | Miller, Laurie |
| PHF+2, PP2 | Oldanie, Chuck |
| PHF | Outlaw, Dave |
| PHF, PP | Reynolds, Wayne |
| PHF+8 | Sang, Rosa |
| MD, PP2, PDG | Schuler, Tim |
| PHF+5, PP4 | Stamm, Glenn |
| PHF+2 | Steinheimer, Walt |
| MD 2, PP2 | Stern, Gene |

By David A. Buzza on Wednesday, October 21, 2020

Dr. Gregory Flynn with assigned classification of 22-08 Physician is applying for membership within the Rotary Club of Seminole Lake. This individual has completed an application, had a background check, and has attended a Rotary Information Session. If no written objection stating reasons are received by any member to the Membership Chair within seven (7) days of this official notice, then the prospective member upon payment of their initial fee shall be elected to membership.

David Gerald with assigned classification of 77-01 Not for Profit Organization is applying for membership within the Rotary Club of Seminole Lake. This individual has completed an application, had a background check, and has attended a Rotary Information Session. If no written objection stating reasons are received by any member to the Membership Chair within seven (7) days of this official notice, then the prospective member upon payment of their initial fee shall be elected to membership.

Luz Randolph, Ed. D with assigned classification of 12-01 Administrator ♦ Post Secondary is applying for membership within the Rotary Club of Seminole Lake. This individual has completed an application, had a background check, and has attended a Rotary Information Session. If no written objection stating reasons are received by any member to the Membership Chair within seven (7) days of this official notice, then the prospective member upon payment of their initial fee shall be elected to membership.

Young Life (Corporate Member with representative members Steven Sorrells and Tiffany Brown) assigned classification of 77-01 Not for Profit Organization is applying for membership within the Rotary Club of Seminole Lake. This individual has completed an application, had a background check, and has attended a Rotary Information Session. If no written objection stating reasons are received by any member to the Membership Chair within seven (7) days of this official notice then the prospective member upon payment of their initial fee shall be elected to membership.

Today's Speaker

Dr. Andrea Yarbrough attained her undergraduate degree in Kinesiology and Biology at Charleston Southern University. She went on to University of St Augustine for health sciences to obtain her Doctorate of Physical therapy. After PT school, Dr. Andrea worked in outpatient orthopedics where she became interested in treating pelvic floor dysfunction after seeing it as the missing link in many of her orthopedic patients (hip and/or low back pain that never 100% resolved).

Dr. Andrea is passionate about educating men and women on pelvic floor dysfunction and treating them very successfully without medications or surgery. Pelvic Floor Dysfunction can include urinary leakage, erectile dysfunction, prolapse, hernias, and so much more.

Announcements

- Mark Vernick Induction of 4 new members; Mar 5 at Friday Meeting
- Dave Buzza The 10th Annual Gulf Beaches Rotary Club Spring Break Waterfront Festival; Mar 18 to 21; Volunteers Needed for Parking, Beer & Wine Concessions & VIP Room
- Grant Noakes Next Adopt-A-Mile event will be May 1st
- Gerry Cachia 2021-2022 Installation Event - June 27th
- Dave Buzza Applications for District Grants are due by April 30th and must be submitted in the DacDb format (application is found under the GRANTS icon).
- Dave Buzza Rotary International Convention; June 12-16, 2021 in Taipei, Taiwan

| | |
|-----------|--------------------|
| PHF+1 | Tennant, Mac |
| PHF | Vernick, Mark |
| PHF+6, PP | Williams, Robin |

Recap of Weekly Meetings

By Karen Main



On 1/29/21 we held a collaborative meeting with the Rotary Club of Nassau Abaco with 71 attendees!! Club Member Dr. Sandra Lilo coordinated this meeting and she has served a crucial role in sending supplies to Nassau after the devastation of Hurricane Dorian, which was the most intense tropical cyclone on record to strike the Bahamas. Dr. Lilo was involved in at least six flights of supplies which included basic living needs, mattresses, blankets, Christmas gift boxes, masks, books, tools, generators, laptops and a donation of operating room equipment from Dr. Gregory Flynn. President Steven Dean of the Rotary Club of Nassau gave us an update on the progress of rebuilding in the Bahamas. Our Club gives special thanks to SOL Relief of St. Petersburg for providing a private plane at no cost to get these supplies to those in such desperate need.

On 2/5/21, we had 16 members attend in person and 17 via Zoom. We had an excellent speaker on this day, Dr. Beth Mitchell an Osteopathic physician, who shared the benefits of ozone therapy, ozone medicine, ozone sauna and light therapy. Dr. Mitchell is the Medical Director at Hillsborough County Jail and also owner of a wellness center in Tampa, called Restorative Healing & Wellness Center. Her presentation gave all of us a new perspective on alternatives to traditional medical treatments, including Covid. To learn more, visit her website at: www.healingrestored.com.

Additionally, at this meeting, Dr. Gregory Flynn was presented with the prestigious Paul Harris Fellowship for his donation of operating room equipment as mentioned above to Nassau Abaco Hurricane Relief efforts!

On 2/19/21, Club Member Chuck Oldanie hosted our presenter Fred Johnson who spoke about the Abrahamic Reunion. The Abrahamic Reunion, founded in 2004, is a bottom-up grassroots organization designed to overcome the problem of segregation and separation in Israel and Palestine by bringing together small to large groups of people from the four major religions to spend time together, work together, study together, and create an atmosphere of trust and understanding. This group works to bring peace and unity to the holy land. For more information visit <https://www.abrahamicreunion.org>. We were also honored that Fred sang to us during his presentation and at to close the meeting as well. His voice is sweet as angels!