

Rotary



Club of Seminole Lake

February 5, 2021 Edition

Club Meeting

Seminole Lake
Meets at
Chapel on the Hill 12601 Park
Blvd.
Seminole, FL 33776
Time: Friday at 07:15 AM

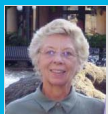
Club Leaders



David A. Buzza
President



Gerald J. Cachia
President - Elect



Sharon Harper
Secretary



Glenn Stamm
Treasurer



Gene G. Stern
Club Rotary
Foundation Chair



Wallace Hopkins
Club Director



Karen Main
Social Media Chair



Timothy C. Schuler
Club Executive
Secretary



Edward J. Hallock
District Assistant
Governor AG

Paul Harris

Rotarian of the Month - Marianne Fisher

Today's Agenda

Invocation	Tom Hudgins
Pledge of Allegiance	Sandra Lilo
4 Way Test	Sandra Lilo
Eye Opener	Wayne Reynolds
Introduction of Guests & Visitors	Rosa Sang
Foundation Moment	Gene Stern
Membership Moment	Mark Vernick
Health & Happiness	Vivian Lurie
Rotarian of the Month	Maryann Fisher
Club Business	Dave Buzza
Today's Program	Dr. Beth Mitchell, Restorative Healing & Wellness Center

Health & Happiness

Happy Birthday

Feb 1 - Mark Vernick's Wife Emily

Feb 7 - Sandra Lilo

Feb 8 - Glenn Stamm

Feb 10 - Doug Meyer

Happy Anniversary

Feb 9 - Dora & Spiro Komninos

Contact Vivian Lurie to Send Flowers from the Club

Fellows

Designation	Name
PHF+4, CM	Barreiro, Francis
PHF+1	Bebell, Debra
PHF+3, PP3	Bessler, George
PHF+6, P	Buzza, David
PHF+1	Cadzow, Robert
PHF+1	Cachia, Gerry
PHF	Curry, Bob
MD, PP2	Fisher, Marianne
PHF+1	Harper, Sharon
PHF+8, PP	Hendry, Michael
PHF+8	Hurtack, Michael
MD, PP2	Lilo, Sandra
MD 2, PP	Lurie, Vivian
PHF	Main, Karen
PHF	Malone, Scott
PHF, PP2	Marcus, Gary
PHF	Marr, Michael
PHF+1, PP	McConnell, Jim
PHF+1	Miller, Laurie
PHF+2, PP2	Oldanie, Chuck
PHF	Outlaw, Dave
PHF, PP	Reynolds, Wayne
PHF+8	Sang, Rosa
MD, PP2, PDG	Schuler, Tim
PHF+5, PP4	Stamm, Glenn
PHF+2	Steinheimer, Walt
MD 2, PP2	Stern, Gene
PHF+1	Tennant, Mac
PHF	Vernick, Mark
PHF+6, PP	Williams, Robin

Announcements

- Dave Buzza Applications for District Grants are due by April 30th and must be submitted in the DACdb (application is found under the GRANTS icon).
- Dave Buzza Rotary International Convention; June 12-16 2021 in Taipei, Taiwan

Zoom Meeting Speaker for Feb. 5th

This Friday our program this week is hosted by Club Member Sandra Lilo and our presenter is Dr. Beth Mitchell an Osteopathic physician. Dr. Mitchell will speak on the subject of ozone therapy and wellness, who has been using it regularly for many maladies and particularly recently.

She was trained at the University of Medicine & Dentistry School of Osteopathic Medicine in New Jersey. She completed a residency in internal medicine at Shands/Jacksonville hospital in 1999 and then specialty training in infectious diseases at the University of Washington in Seattle in 2003. She also has a Masters in Public Health, in which she studied the epidemiology of viruses, obtained also at the University of Washington. In 2005, Dr. Mitchell moved back to Florida and has been working as the Medical Director at Hillsborough County Jail since then. She also opened her own wellness center in 2018 in Tampa, called Restorative Healing & Wellness Center.

Rotary Leadership Institute International Seats Inaugural Board of Directors

By Karen Main on Friday, January 15, 2021

Rotary Leadership Institute International Seats Inaugural Board of Directors

New Board Members Include Rotarians from RLI Sunshine Division

(Evanston IL) ♦ January 15, 2021 Under the direction of Michael McGovern, Rotary International Chair and Past Rotary International Vice President, Rotary Leadership Institute (RLI) International will seat its inaugural board of directors this month. Two Rotarians from the RLI Sunshine Division (covering Florida, Georgia, Puerto Rico and the Caribbean) have been tapped to serve on this new board: Past District Governor Timothy Schuler of District 6950 and Past District Governor Margie Kersey of District 6900.

Schuler can be reached at tcs@timschulerlaw.com; Kersey can be reached at margie@callkbs.com

About Rotary Leadership Institute

Founded in 1992, RLI delivers training to over 400 Rotary districts around the world, operating successfully and efficiently with a small group of dedicated people who volunteer their time and experience. Michael McGovern, Rotary International Chair and Past Rotary International Vice President, took the helm in 2020 after the retirement of founding Chair, Past Rotary International Director David Linett.

About Rotary Leadership Institute Sunshine Division

RLI Sunshine Division is one of the biggest and most successful RLI Divisions, serving fourteen Districts in Florida and Georgia as full members and one District in Alabama as an online-only member. Currently, Sunshine is operating the most successful online RLI program in North America.

The Seminole Lake Rotary Club is proud of our leader and long-time member Tim

Shuler!!! Congratulations Tim for this accomplishment!

AmazonSmile Benefits Seminole Lake Rotary

By Karen Main on Saturday, January 16, 2021

Are you a frequent Amazon shopper? If so, you can support the Seminole Lake Rotary Club with every AmazonSmile purchase!

What is AmazonSmile?

AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you.

How do I shop at AmazonSmile?

To shop at AmazonSmile simply go to smile.amazon.com on your web browser or activate AmazonSmile on your Amazon Shopping app on your iOS or Android phone (found under settings on your app). On your browser, you may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile. When you are using the app, always check for the AmazonSmile logo to ensure you are activated for AmazonSmile.

How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to smile.amazon.com, you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make through AmazonSmile will result in a donation.

PLEASE SELECT Rotary Club of Seminole Lake Charitable Foundation Inc and our Club will benefit from your purchases.

February 12th Weekly Club Meeting Speaker: Deb Bebell Subject: Feel the LOVE	February 19th Weekly Club Meeting Speaker: Fred Johnson Host: Chuck Oldanie Subject: Abrahamic Reunion
February 26th Weekly Club Meeting Speaker: Andrea Yarbrough Host: Deb Bebell Subject: Pelvic Floor Dysfunction	March 5th Weekly Club Meeting
March 12th Weekly Club Meeting Speaker: Lauri Tillotson Host: Mark Vernick Subject: Hospice	March 19th Weekly Club Meeting Speaker: Michele Snyder Host: Deb Bebell Subject: Empowered to Change
March 26th Weekly Club Meeting Speaker: Robby Groover Host: Deb Bebell Subject: Haevendropt	

COVID 19 Protocol for Live Meetings

Sargent At Arms ALL ROTARIANS & GUESTS MUST WEAR MASKS TO ENTER THE HALL
Temperature Check for each Rotarian/Guest
Sargent At Arms and anyone at the entry table to wear a mask
ALL ROTARIANS to sanitize hands w/provided sanitizer
Rotarian to sign COVID19 waiver (1x) and complete the health form
Rotarian gets their own badge from the board

Suspend sale of 50/50 tickets

Sargent At Arms reminds Rotarians of Social Distancing upon entry

Tables/Seating

Maximum FOUR Rotarians per table

Room capacity is 300. 25% is 75. Normal attendance is approx. 35

Bulletins will be on-line only

Sanitizer will be located on each table

Food Service

Full Breakfast service based on CDC guidelines and at the direction of Geroge Bessler

Masks may be removed while eating or drinking

Meeting

Room set up and full sanitation is done in advance by the Church custodian

6' distance around all tables

Connect Zoom and display on the screen for those who are not comfortable attending

Rotarians keep their badges and bring them back for next meeting

After meeting dismiss Rotarians one table at a time

No close contact congregating before, during, or after the meeting

ALL Rotarians to sanitize hands w/provided sanitizer upon departure