Sept. 15, 2020

Program Speaker -- John Trombetta

(In-person at Bricks & Brass if registered and online via Zoom)



John Trombetta is a native of Tallahassee. In June he became the Executive Director of Alzheimer so Project of Tallahassee. Prior to his current position he served as President and CEO of the Florida State Alliance of YMCAs where he oversaw programs related to drowning prevention, literacy, civics education and chronic disease prevention. John also served in various fundraising roles at Florida State University, the University of Georgia and Valdosta State University, his alma mater.

Alzheimer so Project began as a ministry of St. Paul so United Methodist Church. In 1992 the organization incorporated becoming it so own 501 c 3. The Alzheimer so Project provides comfort, support, and assistance to persons with memory disorders and their caregivers across the Big Bend area.

Here is the information to connect:

Topic: Rotary Sunrise

Time: Sept. 15, 2020 07:30 AM Eastern Time (US and Canada)

Join Zoom Meeting: https://zoom.us/i/817821039

Meeting ID: 817 821 039

Find your local number: https://zoom.us/u/apsYqOmAG

Spirits for Sunrise Tickets Available

Join Sunrise Rotary via Zoom for a fun event to support local organizations negatively impacted by COVID-19. Drawings will be held from tickets purchased for 30 mystery bottles of premium liquor and wine. All bottles are valued at a minimum of \$25, with many worth far more. Support local organizations and enjoy the suspense of unveiling each bottle throughout the evening.

We will see you on Thursday, September 24, at 6:30 p.m. Tickets are available now at https://www.eventbrite.com/e/spirits-for-sunrise-tickets-118381982697.

The Four Way Test

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned

Inspiration

Sept. 15:

Pam Doffek

Sept. 22:

Christopher Campbell

Sept. 29:

Open

Oct. 6:

Open

Oct. 13:

Dave Fiore

Oct. 20:

Open

Birthdays

Pamala Doffek September 15

Daniel N. Shrine October 18

Doug Fisher

October 25

Melanie Quinton November 5

Elise P. Smith November 5

Rick Owen

November 18

Valerie J. Hubbard

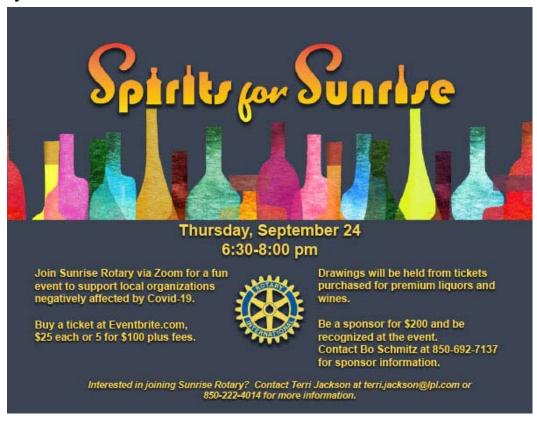
November 21

Bob Wilgus

November 25

Alex F. Falb

Please share on your personal Facebook page and encourage friends to buy tickets!



Sign up to Give an Inspiration

Have something inspiring to share? Sign up for your day here: https://www.signupgenius.com/go/4090949a5ab2fa1fd0-sunrise4

Sunrise collects for CART

Coins for Alzheimer s Research Trust

Thank you, Sunrise, for funding U.S.-based research seeking a cure for Alzheimer s and other dementia. Please continue to toss your change into the blue bucket on your table at each Tuesday Sunrise meeting. Your small change can make a big difference.



A Project of the Rotary Clubs of North America

CART started in 1996 with Rotarians voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2020 CART had awarded \$9.2 million in 55 grants to recognized US research institutions.

CART collection 9/8/20: \$9.01 Sunrise CART total 2020-2021: \$40.22

December 13 Robert Knight December 19 Sean Martin December 30 Linda Nelson December 31

Rotary House Donations End This Thursday

The Rotary House donation drive ends this Thursday, **September 17**.

IMS Business, in conjunction with Sunrise Rotary, is calling for donations to provide food and cleaning supplies for the Rotary House in Tallahassee.

Donations accepted include non-perishable goods as well as cleaning products to help sanitize the house.

Donations may be dropped off at 2601 Capital Medical Blvd between Monday-Thursday from 7:30 am-3:30 pm until September 17.

Donations are to be dropped off in front of the building to help limit contact with others. There will be a box outside the building clearly marked for donations.



What is Rotary House?

Rotary House supports students who lack financial resources, demonstrate excellent academic merit, and exemplify good character by providing them with rent-free housing.

Donation items include:



- Masks & Gloves
- Non-perishables

 (ex. canned food, pasta, etc.

We also accept these:



- Aluminum Foil
- Ziploc Bags
- Cleaning Supplies
- Paper Towels
- Toilet Paper

Drop off your donations at:

2601 Capital Medical Blvd

- We will be accepting donations from Aug.17th to Sept. 17th
- Monday-Thursday ONLY
- Drop-off between 7:30am-3:30pm

For inquiries or more details please visit our social media accounts or send us a direct message!



We Appreciate You!







From all of us at IMS and Sunrise Rotary, we thank you for your donations.

IMS



Walk to End Alzheimer s, Oct. 3

Join the Rotary District 6940 Team http://act.alz.org/goto/Rotary_District_6940



We are just less than a month out from our Walk to End Alzheimer . Please donate online today to our Rotary District 6940 Team. Every dollar makes a difference! We are fighting the most expensive disease in the US.

Sunrise will host a Walk to End Alzheimer S Oct. 3 on the Miccosukee Greenway. Gregg Patterson will lead the Rotary District 6940 Team, starting at 8:30 a.m. from the Thornton Road Trailhead. You don to register just show up and Walk to End Alzheimer's.

Sponsor of the Month -- How I Got Here Podcast

On the How I Got Here podcast, host Dave Fiore talks with Tallahassee-area leaders, business owners and neighbors about their personal stories • all the challenges, opportunities and influences that led them to where they are today.



Emotional, inspirational and almost always surprising, How I Got Here gives listeners real insight into the lives of our area so most interesting people. Recent guests include Sunrisers Danny Shrine and (former member) Rachel Pienta. It is available wherever you listen to podcasts.

The podcast is produced by Fiore Communications, a full-service marketing firm founded in 2001. The company uses the creation and delivery of compelling content to help its clients throughout the region attract new customers, engage their audiences and strengthen relationships with the people who matter to them most.



Sunrise: tallahasseesunriserotary.org

District: <u>rotary6940.org</u> International: <u>rotary.org</u>