

# Rotary



## Club of Downtown Macon

### Club Leaders



Cile Hardwick Lind  
President



Steven Michael Bell  
President-Elect



Christi Horne James  
Secretary  
Secretary-Elect



Jennifer Lautzenheiser  
President-Nominee  
Club Service Chair



Caroline Drinkard Edenfield  
Club Admin Chair



David S. Hollingsworth  
Rotary Foundation  
Chair



Horace Holmes, Jr.  
Sergeant-at-Arms



Ben Sapp  
CCO-Club Comm.  
Offcr



Blair Train  
Club Admin Chair



Rachel Hollar Umana  
Membership Chair

Linda L. Brennan  
Club Programs Chair

### Board Meeting Followed By Weekly Meeting

Join us for the monthly board meeting at 11:30 AM. Our weekly meeting will follow the board meeting at 12:30 PM.

**This week's speaker is Atrium's Director of Innovation, Isabelle Magnin.**

Join Zoom Meeting <https://us02web.zoom.us/j/83906377709>  
Meeting ID: 839 0637 7709

Dial in with One tap mobile +16465588656,,83906377709# US (New York)  
OR Dial Direct +1 646 558 8656 US  
Meeting ID: 839 0637 7709

### If You Missed Rotary Last Week...

By Linda L. Brennan

Wesleyan College professor of psychology, Dr. Shelley Martin, related her experiences as a thru hiker on the Appalachian Trail. Not only was it a grueling physical journey, it was a challenging psychological one as well. Her lessons learned included: happiness comes from: living through discomfort; setting micro goals and celebrating achievements; practicing positivity and optimism; and avoiding being self occupied. She encouraged us to be open to joy through gratitude and openness to others, emphasizing the power of community. We were challenged by her to live in the moment and face our fears. Dr. Martin noted that material possessions literally and figuratively weigh us down.

### Rotary Clubs of Macon Hunger Relief

On Saturday, May 30, the Rotary Clubs of Macon will host a drive-thru food distribution event at World Changers Church, 630 Wimbish Road, Macon. The event will start at 8:30 AM for volunteers. We anticipate distributing 26,000 pounds of food to 850+ families in need while allowing recipients and volunteers to maintain social distancing.

Immediate Volunteers Needed: Two volunteers to drive 26' trucks loaded with food from the Middle GA Community Food Bank to World Changers Church at 8:30 AM on Saturday, May 30.

We will need two shifts of 25-30 people each. A sign-up sheet link will be shared via email later this week. This is a Rotary Family and Friends event. All are welcome.

### Family of Rotary

Concerns and prayer requests should be sent to Alyson Cozart at [AlysonCozart@gmail.com](mailto:AlysonCozart@gmail.com) or Cile Lind at [CileLind@gmail.com](mailto:CileLind@gmail.com).

### Birthdays



George M.  
McCanless  
May 17th



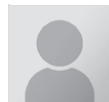
Timothy J  
O'Mahony  
May 30th



Joel F.  
Ginaldi  
June 4th



Frank  
Shurling  
June 14th



Mindy Temple  
Hart  
June 14th



Rick Maier  
June 16th



Emily Jane Hopkins  
Webmaster



Robert Edwards  
Treasurer/Treas-Elec



John B. Nichols  
iPast President



Thomas Woodbery  
Assistant Governor



## Years of Service



Horace  
Holmes, Jr.  
25 Years



Donald B.  
Benton  
25 Years



Henry K.  
Koplín  
25 Years



Bonnie  
Hopkins  
16 Years