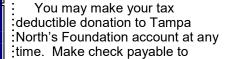
The Four Way Test
Of the things we think, say or do
first... Is it the TRUTH?

second... Is it FAIR to all concerned? third... Will it build GOOD WILL and

BETTER FRIENDSHIPS? fourth... Will it be BENEFICIAL to all

concerned?

Rotary (



#### Rotary Foundation of Florida

And give it to John Sheahen, club



Funds for Rotary Year 2019-2020: \$592.17

#### Happy \$\$\$\$



Funds for Rotary Year 2019-2020 \$1,500



"One small positive thought in the morning can change your whole day."



# Rotary Club of Tampa North District 6890 ~ Club # 4293 Chartered 1954

#### A 100% Paul Harris Fellow Club

August 31, 2020

Volume 2020-2021, Issue 9



This Week: Jessica Paly
Jessica will speak to us
today about "Managing
Your Medications."
Jessica Daly currently
serves as the Consumer
Health Librarian for
Orlando Health Hospital
System in Orlando,
Florida. Each day she
connects the importance

of patient and caregiver health literacy to over-all health outcomes and quality of life for those within her community.

Her passions include health literacy education, medical research, communication, and patient experience. Jessica's professional strengths include leadership, online learning, outreach development, and relationship building.

She received a Bachelor of Science in Education as well as a Master of Library Science both from East Carolina University. Jessica is a published author, columnist and public speaker. She possesses the ability to inspire and encourage people through innovative and creative methods of instruction.

With over 22 years' experience as a professional educator and research librarian, Jessica brings to presentations innate warmth paired with research based knowledge.

Additional interesting facts: online educator; life-long caregiver; wife and mother; Disney World fanatic.

## ORLANDO HEALTH®

8

#### **Upcoming Meetings**

Sep 7 No meeting in observance of Labor Day Sep 14 Paul Grove, President & CEO, WEDU PBS

Sep 21 TBA

Sep 28 Jim Williams, Good Will Industries

Inform ~ Inspire ~ Ignite



#### Thought for the Day

"It's hard to fail, but worse never to have tried to succeed."

~ Theodore Roosevelt, 26th president of the United States



### African Region Certified Wild Polio-Free

Dear Rotarians,

It is our pleasure to announce to you that the African region has just been certified wild poliovirus-free.

Rotary members have played an invaluable role in the effort to rid the African region of world polio. We should be proud of all the hard work

that we've done to eliminate the wild poliovirus through Africa and nearly every country in the world.

This progress is the result of a decades-long effort across the 47 countries of the African region. It has involved millions of health workers traveling by foot, boat, bike and bus, innovative strategies to vaccinate children amid conflict and insecurity, and a huge disease surveillance network to test cases of paralysis and check sewage for the virus.

Over the last two decades, countless Rotary members in countries across the African region and around the world have worked together to raise funds, immunize children, advocate with local and national leaders, and raise awareness about the importance of vaccination, enabling the Global Polio Eradication Initiative (GPEI) to effectively respond to and stop polio outbreaks.

This milestone is an incredible public health achievement for Rotary members, the African region, and our GPEI partners, and a huge step forward on the road to global polio eradication. But we still have important work to do in order to eradicate wild polio in the last two endemic countries.

We have faced many challenges in our journey to eradicate polio. But we've made remarkable progress, and the polio infrastructure that Rotarians helped build will serve as a lasting legacy that will continue to help protect vulnerable children against other diseases for decades to come.

(continued on page 3)

#### Rotary Club of Tampa North



07.20.20

Last	First	Souse	Classification	Phone
+**Adcock	Michael	Margaret	Property & Casualty Ins	933-6691
+Barlar	Doug	Becky	Education-College	833-8121
+Breslin	Jerry	Recyl	Education-Medical Res	316-8601
+Brouillard	Andy	Vibeke	Hospitality Manager	326-5360
+Cole	Niki	Drew	Property Management	468-6296
+**Cook	Reba		Community Services	975-5887
+DeWeese	Bill	Martha	Medicine-Neurosurgery	971-8101
+Federspiel	Lynn	Ron	Education-College	988-2256
+Fox	John	Ann	Insurance	985-3889
+Geer	Alan		Accounting-CPA	988-9564
+Gilliam	Brian	Jacqueline	Education-College	714-745-9479
+**Grant	John	Beverley	Legal, Wills & Trusts	787-9900
+**Hammontree	Joe	Margaret	Lumber Products-Mfg	752-7546
Longstreth	Jason	Stephanie	Education-College	765-7337
+**McVean	Dick	Sandy	Investment Mgmt	988-4009
+Owen	Bob	Janelle	Education-College	220-2580
+Papesch	Jack		Car Sales	933-6667
+Payne	Buddy	Marilyn	Education-College	988-5131
+Rickner	David	Kathy	Funeral Director	932-6157
Rickner	Kathy	David	Honorary Member	932-6157
+Schaffer	Laura	Jimmy	Banking	505-0258
+Sheahen	John	Judy	County Government	335-6747
+Streeper	Michael	Marty	Assoc Management	988-0737
+**Tomasino	Paul	Sherrill	Civil Engineer	690-4114
**Benefactor			+Paul Harris Fellow	

This directory is for the exclusive use of members of Tampa North Rotary and is not for public distribution.

Membership is the Lifeblood of Rotary Invite a member and/or friend to a meeting today!



Thank you Rotarians, Rotaractors and Florida College Students!

We had a total of 19 people help with the trash pick-up along Fowler Avenue between 30th and 56th Streets! The Rotaractor president. Abraham Mayberry, brought 9 Rotaractors and were the first at the Village Inn. There were 7 large orange bags of trash that included some car parts! We were finished shortly after 10:00 a.m.

### A job well done!!!!

#### Rotary Virtual Convention Breakout Sessions

If you missed the featured breakout sessions during the 2020 Rotary Virtual Convention, it is not too late! All the recordings are available on the convention website:

(https://convention.rotary.org/en/honolulu/featured-breakouts) with free registration required to access them. Sessions like Using Virtual Tools to Engage Members and Digital Trends of 2021: Using Tech to Engage Millennials discuss the best ways to attract participants and keep them interested online. Be inspired to create experiences that members will find memorable and meaningful! Find the virtual breakout session files, such as PowerPoint slides and PDFs, in the Learning Center (My Rotary login required).

TOGETHER we see a world where PEOPLE unite and take action to CREATE lasting CHANGE across the globe in our communities and in ourselves.

#### Mark Your Calendars!

Sep 25 ~ Infinite Possibilities: Past RI Vice President Dean Rohrs, via Zoom Oct 24 ~ World Polio Day talk with Ravi Ravindran, past RI President, 1:00 p.m. via Zoom

Oct 29 ~ Shrimp Boil, Rotary's Camp Florida, 6:00 p.m.

Oct 30 ~ Infinite Possibilities: Very Special Guest Speaker, via Zoom

Nov 5 ~ Foundation Celebration and Recognition Dinner, Hilton Garden Inn. Lakeland

Nov 7 ~ Adopt a Highway trash pick-up, Village Inn, 30th Street, 8:00 a.m.

Feb 6 ~ Adopt a Highway trash pick-up, Village Inn, 30th Street, 8:00 a.m.

Mar 30 ~ Family Wiener Roast, Rotary's Camp Florida, 6:00 p.m.

Apr 17 ~ Adopt a Highway trash pick-up, Village Inn, 30th Street, 8:00 a.m. May 14-16 ~ District 6890 Celebration of Our Rotary Year, RP Funding Center, Lakeland

Jun 12-16, 2021 ~ Rotary International Convention, Taipei

#### (continued from page 2)

We are calling on you today to recommit yourselves to ending polio. We need each and every one of you to help finish this fight and continue raising \$50 million each year for PolioPlus. The eradication of world polio in the African region shows us that polio eradication is achievable, and shows how our hard work, partnerships and financial commitment continue to propel us forward, even during a global pandemic.

Thank you for your continued efforts, for achieving a wild polio-free African region, and for remaining committed to fulfilling our promise of a polio-free world.

K.R. Ravindran Sincerely,

Chair, The Rotary Foundation Holger Knaack

President, Rotary International

ROTARY INTERNATIONAL PRESIDENT HOLGER KNAACK AND NIGERIAN NATIONAL POLIOPLUS CHAIR DR. TUNJI FUNSHO CONGRATULATE ROTARIANS ON ERADICATING WILD POLIO IN THE AFRICAN REGION.

#### Officers

Sqt-at-Arms:

District Governor: Mark Scolnick Asst Gov. Area 1: Lesley Zajac Jerry Breslin President: V Pres/IPast Pres: Doug Barlar President Elect: Brian Gilliam President Nominee: Jason Longstreth Secretary: Lvnn Federspiel Treasurer: John Sheahen

Jack Papesch

Laura Schaffer Mike Streeper

Niki Cole

John Fox

Reba Cook

**Board of Directors** 

Bulletin Editor: Lynn Federspiel Webmaster: Christian Breslin

Meetings: Olive Garden 2801 E. Busch Boulevard

Mailing Address: P.O. Box 16068 Tampa, FL 33687

Website: www.tamparotary.org

Tampa, FL 33612 813-933-9194 Mondays, 12:15-1:15 p.m.



SING OUT A SONG OF ROTARY
(Sing to Tune: Give My regards to Broadway)

Sing out a song of Rot'ry,
Echoing throughout the land.
Give of yourself to serve another
With a helpful Rot'ry hand.
Working together helps us
To remember our purpose grand.
Sing out a song of Ro-ta-ry, and let it
Echo throughout the land.

#### Rotary in the News

Rotary members who are survivors of polio are talking about their experiences and the parallels to the COVID-19 pandemic. Rotary member Shirley Griffin reflects on having polio as a child in an interview with AARP.org, and discusses her efforts with Rotary to raise funds and administer vaccines in the fight to end polio.

A media trip to India with Rotary for a National Immunization Day program inspired an article in *Forbes* that covers India's efforts to mobilize country-wide vaccinations. The piece then explores the similarities and differences between polio and COVID-19, with interviews from polio survivor Ann Lee Hussey, Rotary member and past district governor, and Peter Salk, president of the Jonas Salk Legacy Foundation and infectious disease professor at the University of Pittsburgh. His father Dr. Jonas Salk developed one of the two polio vaccines.

Despite immense challenges, India was declared wild polio-free in 2014. In a column that appears on the India-based news platform The Quint, Rotary's India National PolioPlus Committee Chair Deepak Kapur explains what it took to achieve that success in eradicating wild poliovirus, including mass vaccination campaigns organized by thousands of Rotary clubs across India. Kapur also emphasizes the need to remain dedicated to global polio eradication so that children stay protected from polio and other diseases.

#### FOUR YEARS AGO IN THE TAMPA BAY TIMES:

I'm not a Rotarian, but I hold great admiration for Rotary's Four-Way Test. Developed in 1932, it asks members to ensure that the things they think, say or do must pass the Four-Way Test.

Now, 75 years later, it's a perfect antidote for social media users' worst intentions. Imagine if we—and I mean all of us—used the Four-Way test to vet everything we post on Facebook. Either Facebook would be far more courteous—especially in these politically heated days—or the vast majority of us would be unable to post anything.

~ Columnist Ernest Hooper

#### Membership and New Club Development Month

August is Membership and New Club Development month, a time to recognize our members and the amazing work they do in their communities. In 2020, Rotarians around the world are :finding ways to open opportunities, showing their incredible dedication and commitment to making the world a safer and :better place.

Membership Month is also a great time to consider how people can engage with Rotary.

Here are just a few ideas on how to keep your members :involved:

"Travel" around the world with Rotary. Many Rotary and :Rotaract clubs are holding virtual events and meetings instead of gathering in person. Now is a perfect time to visit! Find a club, see if it is meeting online, and request an online meeting invitation link. Whether you are visiting a different club in your hometown or a club halfway across the world, you will meet new people and :enjoy a new Rotary experience.

Get creative with your own meetings and events. If your club is thinking about moving club meetings online exclusively or simply offering a virtual option, look at the Meeting Online learning topic (My rotary login required) for tips on virtual engagement.

Learn something new. You can develop and practice your communication skills with new courses in the Learning Center :(My Rotary login required). The Develop a Speech course teaches ways to organize a speech that will leave a lasting impression on your audience. The Deliver a Speech course focuses on the :use of body language and the effective use of vocal variety. These courses, developed exclusively for Rotary members by Toastmasters International, are part of a series on leadership :development.

Make sure your club members are heard. To be engaged, members need to feel they are getting value out of their Rotary experience. Clubs should ask their members what they are interested in and how they would like to be involved. Conduct a :member satisfaction survey, host a virtual group discussion, or brainstorm new ideas at an upcoming club meeting. Then start :planning how you will use those ideas.

Don't ignore your club's challenges. Answer a few iguestions in the Club Planning assistant to get solutions that are tailored to the issues you are facing. Talk with others in your club about how to put those solutions into practice. More membership resources available in My Rotary.